



EVENTS / COMPETITIONS

1. *Idli Eating Competition*
2. *Pookalam Competition*
3. *Onam Paattu (Group song)*
4. *Malayali Mannan & Malayali Manka*
5. *Nalla Maveli*
6. *Pillow fight Competition*
7. *Musical Chair*
8. *Tug of War*

1. IDLI EATING COMPETITION

Venue: In Front of Senate Hall

Time: 8:15 am to 09:00 am

Rules & Regulations

1. One contestant from each team. Separate competition for Males & Females
2. Maximum time allowed is 2 minutes. If draw happens, one more minute will be given.
3. Drinking water will be provided.
4. Reporting time – 7:45 am
5. Cash prizes will be given Viz 1st, 2nd and 3rd. The amount will be Rs.1000/-, Rs.750/- and Rs.500/- respectively.

Staff Incharge:

2. POOKALAM MALSARAM

Venue: Exam Hall, 1st floor, Academic Building, PIMS&RC

Time: 09:00 am to 11:00 am

Rules & Regulations

1. The diameter of the Pookkalam shall not exceed 1.5 meters.
2. Emphasis should only be for colour combination, perfection and neatness.
3. There will be weightage for using traditional flowers (Thumba, Chethi, Vadamulla etc)
4. No theme is necessary.
5. **Natural flowers and leaves are only allowed.**
6. **Only the Pookalam will be judged.**
7. Only one team from a group can participate.
8. Only eight members are allowed in a team. Two more persons can be deputed for helping the team, supplying materials, if needed, but they shall stay away from the venue.
9. Reporting time – 7:45 am at Senate Hall
10. Exact location of putting the pookkalam will be on lot basis.
11. There will be 3 prizes Viz, 1st Prize-Rs.5,000/, 2nd Prize-Rs. 3,000/ and 3rd Prize-Rs.2000/-

Staff Incharge:

3. O N A P A T T U

Venue: In Front of Senate Hall

Time: 09:00 am to 10:00 am

Rules & Regulations

1. Count of Participants (Min-4, Max-9)
2. Time allotted for the performance is 5+2 minutes (On stage to off stage)
3. At the end of 5th minute a warning bell will be rung and end of 7th minute final bell will be rung
4. Only songs are allowed and the language must be Malayalam
5. Lip-sync with karaoke will lead to disqualification
6. Maximum one team from each team
7. Reporting time – 8:15 am and chest number will be decided on lot basis
8. There will be 3 prizes Viz 1st, 2nd and 3rd prizes with a cash award of Rs. 3,000/-, Rs.2,000/- and Rs. 1,000/- respectively

Staff Incharge:

4. MALAYALI MANNAN & MALAYALI MANKA

Venue: In Front of Senate Hall

Time: 10:00 am to 11:00 am.

Rules & Regulations

1. The costumes shall be as of Kerala Culture.
2. Only one team from each group
3. Maximum of three male and three female participants in each team
4. Each team will be given only 5 minutes on the stage
 - a. 2 minutes - Ramp Walking
 - b. 3 minutes - Theme presentation
5. Theme given on stage- Discussion among members 2 mins, performance 1 min)
6. Reporting time is 9:30 am
7. There will be 3 prizes Viz 1st, 2nd and 3rd prizes with a cash award of Rs. 3,000/-, Rs.2,000/- and Rs. 1,000/- respectively

Staff Incharge:

5. NALLA MAVELI

Venue: In Front of Senate Hall

Time: 11:30 am to 12:00 pm

Rules & Regulations

1. Traditional attire of Maveli shall be used.
2. There can be a maximum of one participant from a team.
3. Each contestant will be given only two minutes on the stage
4. Reporting time is 10:30 am.
5. There will be 3 prizes Viz 1st, 2nd and 3rd prizes with a cash award of Rs. 3,000/-, Rs.2,000/- and Rs. 1,000/- respectively

Staff Incharge:

6. PILLOW FIGHT/THALAYANA ADI

Venue: Ground, Volley Ball Court

Time: 02:30 pm to 03:00 pm

Rules & Regulations

1. Only for Male participants
2. There can be a maximum of one participant from each group

3. The playing teams will be formed based on lot and matches will be conducted at knock out basis
4. No kicking, biting, punching or hair pulling
5. One arm should be kept back
6. Dropping pillows after starting game will be disqualified
7. Reporting time is 11:15 am.
8. Cash prizes will be given Viz 1st, 2nd and 3rd. The amount will be Rs.1000/-, Rs.750/- and Rs.500/- respectively.

Staff Incharge:

7. MUSICAL CHAIR

Venue: Ground, Basket Ball Court

Time: 03:00 p.m. to 04:00 p.m.

Rules & Regulations

1. Only for Female participants
2. Number of contestants required from each team is 26.
3. 251 chairs will be placed in a circle facing outwards
4. The participant will walk in a circle (clockwise) as the music plays
5. As soon as the music stops, all participants must find a place to sit. The participant who cannot find seat will be removed from the circle
6. The last participant with a seat wins
7. Reporting time is 1:30 pm.
8. Cash prizes will be given Viz 1st, 2nd and 3rd. The amount will be Rs.1000/-, Rs.750/- and Rs.500/- respectively.

Staff Incharge:

8. TUG OF WAR

Venue: Ground, Basket Ball Court

Time: 04:00p.m. to 5:00 p.m.

Rules & Regulations

1. A team consists of nine persons. There can be additional two persons as reserves. In a single pull there shall be only nine persons.
2. Footwear can be used, but footwear with spikes or any kind of metal cannot be used. Hand gloves are also not allowed.
3. There will be separate competitions for Male and Female. From each group, there can be two teams, one male and one female.
4. The playing teams will be formed based on lot and matches will be conducted at knock out basis. Every match will be best of three pulls.
5. Reporting time is 2:45 pm.
6. There will be three prizes Viz 1st, 2nd and 3rd prizes with a cash award of Rs. 5,000/-, Rs.3,000/- and Rs. 2,000/- respectively.

Staff Incharge:

TENTATIVE TIME SCHEDULE OF COMPETITIONS

1. Idli Eating Competition	-	8.15 a.m. to 09:00 a.m.
2. Pookalam Competition	-	09:00 a.m. to 11:00 a.m.
3. Onam Paattu	-	09:00 a.m. to 10:00 a.m.
4. Malayali Mannan & Malayali Manka	-	10:00 a.m. to 11:00 a.m.
5. Nalla Maveli	-	11:30 a.m. to 12:00 p.m.
6. Pillow fight	-	02:30 p.m. to 03:00 p.m.
7. Musical chair	-	03:00 p.m. to 4.00 p.m.
8. Tug of War	-	4.00 p.m. to 5.00 p.m.

JURY OF APPEAL

The following members are the jury of appeal.

1. Fr. George Valiyaparampil, Director, Medical College
2. Dr. Abraham Varghese, Medical Director
3. Sri. Jacob Job IPS (Advisor- Vigilance & Personnel Grievances)

There will be a nominal fees of Rs. 100/- per each appeal.

TEAMS OF PUSHPAGIRI ONAGOSHAM 2023

1. Doctors, PIMS & RC
2. Nursing Service
3. Lab, Pharmacy, Technicians, HR, Finance, Radiology, Dietary, Physiotherapy – PMCH
4. Housekeeping, Biomedical, Drivers, Security, PRO's, Quality, Auxiliary, Fire Safety Administration
5. Billing, Credit, KASP & Medisep, OPD, CSSD, CSD, Stores, MRD, IT, Telephone, Electrical, CDC
6. Students & staff PIMSRC
7. Dental Collage staff & Students
8. Pharmacy College staff & Students
9. Nursing College staff & Students
10. College of Allied Health Sciences staff & students

REGISTRATION OF EVENTS AND NAMES OF CONTESTANTS

The registration for events along with the names of contestants shall be submitted to Mrs. Ranjini Devi, Vice Principal (Academics), PCON, Coordinator, Program Committee (Mob: 9446021289) on or before 5 pm 18.08.2023.

REQUIREMENTS OF COMMITTEES

In case any committee requires any arrangements or facilities for the conduct of the event / programme, such requirements shall be brought to the notice of Adv. Reno Zac, Chairman, General Committee (Mob: 9961325001) in writing on or before 5 pm 10.08.2023.

POINTS FOR COMPETITIONS

Sl. No	Item	1st	2nd	3rd
1	<i>Idli Eating Competition</i>	5	3	2
2	<i>Pookalam Competition</i>	10	6	4
3	<i>Onam Paattu</i>	10	6	4
4	<i>Malayali Mannan & Malayali Manka</i>	10	6	4
5	<i>Nalla Maveli</i>	5	3	2
6	<i>Pillow fight</i>	5	3	2
7	<i>Musical chair</i>	5	3	2
8	<i>Tug of war</i>	10	6	4

OVERALL CHAMPIONS

Based on the total points an ever-rolling trophy will be given away to the team who secures maximum points.
