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### ANNUAL REPORT – 2016-2017

Pushpagiri College of Dental Sciences started in the year 2006 with an annual intake of 50 students. The Department of Health & Family Welfare, Government of India, through the Dental Council of India, recognized this institution. The College is affiliated to the Mahatma Gandhi University, Kottayam, Kerala and New Batches to Kerala University of Health Sciences, KUHS. The first batch of Pushpagiri College of Dental Sciences secured a 100% pass result in the Final BDS examination conducted by Mahatma Gandhi University, Kottayam. Pushpagiri College of Dental Sciences was the only dental college to achieve this feat among other dental colleges affiliated to Mahatma Gandhi University, Kottayam. Ms Varsha Jeyaprakash secured the first rank in the Final BDS examination 2011 conducted by Mahatma Gandhi University, Kottayam. Pushpagiri College of Dental Sciences stood first among the 24 dental colleges affiliated to the Kerala University of Health Sciences, Thrissur in the first BDS examination held in August 2014. Ms Jasmin Mary George (2013 batch) secured the 1st Rank in the I BDS Examination (August 2014) conducted by Kerala University of Health Sciences, Thrissur. The first batch of MDS students secured 100% result in the examination conducted in August 2016.

Pushpagiri College of Dental Sciences is housed in the second campus of Pushpagiri Medical Society, The Pushpagiri Medicity; which is just 3 kilometers away from Tiruvalla town and is beside the state highway (S.HI) (previously Main Central Road). The International airports Thiruvananthapuram and Cochin are 128km and 112km away in the south and north directions respectively. The coastal belt of the country is 25 km away in the west direction and the Western

Institutions under Pushpagiri Medical Society

- ▶ Pushpagiri Institute of Medical Sciences and Research Centre ▶ Pushpagiri Medical College Hospital ▶ Pushpagiri Medical College Hospital
- ▶ Pushpagiri Heart Institute ▶ Pushpagiri College of Dental Sciences ▶ Pushpagiri College of Pharmacy
- ▶ Pushpagiri College of Nursing ▶ Pushpagiri College of Allied Health Sciences ▶ Pushpagiri College of Dental Sciences
- ▶ Pushpagiri Centre for CGFNS and IELTS Training ▶ Pushpagiri Research Centre



*[Handwritten Signature]*  
**Dr. K. GEORGE VARGHESE**  
PRINCIPAL

Ghats lies 70 km east of the town. Geographically, the town lies at 9.6<sup>0</sup> longitude and 76.5<sup>0</sup>. The vast paddy fields form the south and west boundaries of the college campus. The southwestern breeze ever passing through the paddy fields and patting the treetops provides a cool climate in this scenic location, which is quite distant from the hustle and bustle of the town.

The Pushpagiri Medical Society, a society registered under the Travancore-Cochin Literary Scientific & Charitable Societies Registration Act of 1955, manages the College. The Archbishop of the Catholic Archdiocese of Tiruvalla, Most. Rev. Dr. Thomas Mar Koorilos is the Patron of the society and a seven member governing board is the policy laying body of the Society. Rev Dr Shaji Mathews Vazhayil is the Secretary of the Society & Chief Executive Officer of Pushpagiri Medical Society. Dr. Aby Mathew T is the Principal, Dr. Benley George, Vice Principal (Administration) and Dr Biju Sebastian is the Vice principal (Academics) of Pushpagiri College of Dental Sciences.

### The major events during 2016

#### **November 2015**

##### **20 November 2015**

Pushpagiri College of Dental Sciences participated in the Interdentz at Mar Baselios Dental College, Kothamangalam. Our students won the second prize in quiz competition, third prize in choreo video, third prize in group dance (girls).

##### **25 November 2015**

Clinical club meeting was held at Pushpagiri College of Dental Sciences. There were 2 presentations during the meeting.

##### **29 November 2015**

The College Day celebrations of Pushpagiri College of Dental Sciences were held on 29<sup>th</sup> November 2015 at 2.30 p.m. Dr Benley George, Vice Principal (Administration) welcomed the gathering. Rev Dr Mathew Mazhavancheril, Director Academics and Research presided the



  
Dr. K. GEORGE VARGHESE  
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meeting. Mr Nikhil Menon, Cine artist and music composer inaugurated the College Day ceremony and delivered the inaugural address. Fr Mathew Vadakkekuttu Director Medicity and Dr Biju Sebastian, Vice Principal (Academics) felicitated the gathering. Mr Abbey Mathew Thomas, students union secretary presented the annual report for 2014-2015. Mr Nishanth Sudharson, student's union chairman proposed the vote of thanks. Mr Nikhil Menon and his music band counter clockwise entertained the gathering through their music. The College day programme concluded by a variety of programmes by various batches of students.

### **December 2015**

#### **02 December 2015**

Dr Biju Sebastian Vice Principal Academics and Prof and Head, Dept of Orthodontics, Pushpagiri College of Dental Sciences has been awarded MOrth R C S fellowship by Royal College of Surgeons, Edinburgh, UK.

Dr Benley George, Vice Principal Administration, Pushpagiri College of Dental Sciences has been awarded the Dentist of the Month Award for November 2015 by Indian Dental Association, Mumbai.

Dr Eapen Thomas, Professor and HOD, Dept of Oral and Maxillofacial Surgery, Pushpagiri College of Dental Sciences was elected as Executive member of Indian Association of Oral and Maxillofacial Surgeons.

Dr Akhilesh Prathap, Reader, Dept of Oral and Maxillofacial Surgery, Pushpagiri College of Dental Sciences has been inducted into the Indian Board of Oral and Maxillofacial Surgery

#### **07 December 2015**

The first BDS batch of students (2014) has secured 95% pass in the I BDS examination conducted by Kerala University of Health Sciences. Pushpagiri College of Dental Sciences has secured the best result among 24 dental colleges affiliated to the University.

**20 December 2015**

Dr Chris Susan Abraham, Former student of Pushpagiri college of dental Sciences (2008 batch) was awarded the Pierre Fauchard Academy International Senior Students Award at Mumbai on 20th December 2015. She was one among 10 students to be selected by the jury from students across 309 dental colleges in India.

**21 December 2015**

The Christmas Celebrations was conducted on 21 December 2015 with a gala of programmes including skit, best santa claus and cake decoration.

**23 December 2015**

Our II BDS students secured 97.5% pass percentage in the examination by Kerala University of Health Sciences in August 2015. We have secured the best result among all dental colleges in Kerala.

**February 2016****01 February 2016**

Maxdent Ortho Muvattupuzha and Department of Orthodontics Pushpagiri College of Dental Sciences organized a C.D.E Programme for P.G students and faculty of Department of Orthodontics and Pedodontics.

**05 February 2016**

A CDE programme on Newer Endodontic file system by conducted by Department of Conservative Dentistry and Dentsply India Ltd. Professor Dr Narasimhan Bharadwaj Sathyabama Dental College Chennai was the speaker during the programme. The programme was from 9.00 a.m till 4.00 p.m

**08 February 2016**

**Dr. K. GEORGE VARGHESE**  
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Dr Benley George Vice Principal (Administration) and Reader and HOD Dept. of Public Health Dentistry received an International Grant from International College of Dentists for his project on Assessment of Oral Cancer among adult population in Kerala for 3000 U.S dollars.

### **13 February 2016**

Department of Oral & Maxillofacial Surgery as part of Oral & Maxillofacial Day conducted a Quiz competition and Road safety awareness programme at Pushpagiri College of Dental Sciences. The programme was from 9.00a.m till 10.30 a.m.

### **March 2016**

#### **23 March 2016**

The Convocation Day of 2009 and 2010 batch students (78 students) was held at Pushpagiri College of Dental Sciences. Dr K Jayakumar I.A.S was the Chief Guest and Dr P.K Sudheer Controller of Examinations KUHS was the Guest of Honour.

### **April 2016**

#### **09 April 2016**

Kerala State Oral & Maxillofacial Surgeons P.G convention organized by the department of Oral and maxillofacial surgery, Pushpagiri College of Dental Sciences was held at Senate Hall, Pushpagiri Institute of Medical Sciences and Research Centre, Tiruvalla.

### **June 2016**

#### **06 June 2016**

As part of the 'World Environment Day' A Clean Campus programme was conducted. Students, faculty members and non teaching staff took part in the mission. A pledge was taken by all the students to make the campus clean and green.

#### **16 June 2016**

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The Inspection for continuation of affiliation for the academic year 2016-2017 was conducted by Kerala University of Health Sciences

### **21 June 2016**

2<sup>nd</sup> International Yoga Day Celebrations was conducted at Pushpagiri College of Dental Sciences.

### **27 June 2016 to 29 June 2016**

NAAC Peer Team visited Pushpagiri College of Dental Sciences for NAAC assessment. The inspectors were Dr Ramananda Shetty, Dr M.B. Aswath Narayanan, Dr Arbind Kumar Sharma.

### **July 2016**

#### **12 July 2016**

Pushpagiri College of Dental Sciences was awarded 'B' Grade by NAAC. Pushpagiri College of Dental Sciences is the highest NAAC accredited Dental College in Kerala.

#### **21 July 2016**

A Staff meeting was held at Pushpagiri College of Dental Sciences auditorium at 1.30p.m

#### **22 July 2016**

A training programme for teaching faculty and Post Graduate students was conducted by EBSCO Publishers. Mr Nandalal was the trainer during the programme.

#### **27 July 2016**

4<sup>th</sup> year renewal(P.G)inspection in the Departments of Orthodontics and Conservative Dentistry was conducted by Dental Council of India.

### **August 2016**

#### **17 August 2016**



  
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A computer training programme for Interns was held at the College. Mr Sanoj from the I.T. Department, took class from 1.30p.m to 3.30p.m.

## **September 2016**

### **05 September 2016**

Dr Benley George Vice Principal (Administration) and Reader and HOD Dept. of Public Health Dentistry received the IDRR Golden Tooth Award for the category 'Outstanding Young Dentist' at a function at Bangalore, Karnataka

### **05 September 2016 and 06 September 2016**

Dental Council of India conducted the P.G. Recognition inspection in the Department of Periodontics and Oral and Maxillofacial Surgery

### **06 September 2016 and 07 September 2016**

Dental Council of India conducted the P.G Recognition inspection in the Department of Prosthodontics and Crown and Bridge.

### **09 September 2016**

Onam Celebrations 2016 was held at Pushpagiri Medical College, Thiruvalla and our students won 1<sup>st</sup> Prize in the 'Tug of war' in boys category.

### **10 September 2016**

Onam Celebrations 2016 was held at Pushpagiri College of Dental Sciences followed by an Onam lunch.

### **10 September 2016**



Dr Meenu Antony, Post Graduate student in the Department of Oral & Maxillofacial Surgery secured third prize for Paper Presentation during the 13<sup>th</sup> Kerala State Conference of AOMSI at Kovalam, Thiruvananthapuram.

### 20 September 2016 – 22 September 2016

As part of the Nature Club at Pushpagiri College of Dental Sciences 22 interns and 2 Doctors went for a nature trial at Nilampur, Kerala. The students went for trekking through the dense forest and camped there.

### October 2016

#### 03 October 2016

The Induction Ceremony of the 11<sup>th</sup> batch of BDS students and the 4<sup>th</sup> batch of MDS students was conducted in the College. His Excellency Dr Thomas Mar Koorilis Metropolitan Archbishop of Thiruvalla Arch Diocese was the Chief Guest during the programme.

### PUBLICATIONS OF FACULTY (exclusively Pubmed/ Web of Science / Scopus)

Sl.no	Department	Faculty	Title of publication	Name of Journal	Indexation
1	Oral surgery	Dr. Vinesh U.	Assessment of improving communication skill of dental graduates using live dental health education programs	Journal of international oral health	scopus
2	Periodontics	Jacob George	Evaluation of root surface of peridontally involved teeth after manual ultrasonic and diode laser instrumentation	Journal of international oral health	Scopus
3	Orhtodontics	Jacob John	Evaluation of root surface of peridontally involved teeth after manual ultrasonic and diode laser instrumentation	Journal of international oral health	Scopus



*Dr. K. George Varghese*  
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4	Oral pathology	Dr. S. Sunil	Linear odontometric analysis of permanent dentition as a forensic aid; A retrospective study	Journal of clinical and diagnostic research	Pubmed
5	Oral Pathology	Dr. Sharlen	Linear odontometric analysis of permanent dentition as a forensic aid; A retrospective study	Journal of clinical and diagnostic research	Pubmed
6	Oral Pathology	Dr. Arjun Parameshwar	Linear odontometric analysis of permanent dentition as a forensic aid; A retrospective study	Journal of clinical and diagnostic research	Pubmed
7	Periodontics	Dr. Jacob George	Evaluation of root surface of periodontally involved teeth after manual ultrasonic and diode laser instrumentation	Journal of international oral health	Scopus
8	Oral Pathology	Dr. Tibin K Baby	Linear odontometric analysis of permanent dentition as a forensic aid; A retrospective study	Journal of clinical and diagnostic research	Pubmed

### **Outreach Programmes**

Total number of camps conducted: 68

No of treatment camps: 15

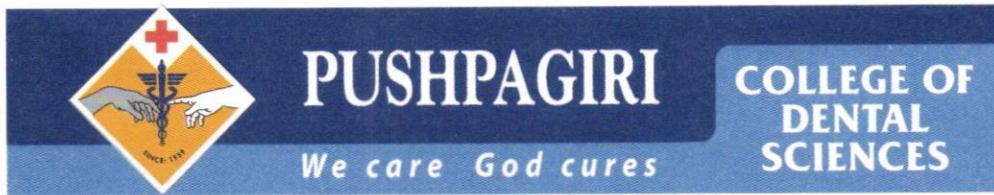
No of screening camps: 53

### **Future Development Plans**

1. To start PG courses in Pedodontics and Preventive Dentistry for the academic year 2017-18.

**Dr Aby Mathew T**

**Principal**



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## 2017

### **January 2017**

#### **04 January 2017**

5 Interns participated in the Interzonal Table Tennis competition (Kerala University of Health Sciences, Thrissur) at Govt. Dental College Kottayam.

#### **20 January - 22 January 2017**

Dr Anuna Laila Mathew (Reader, Dept. of Oral Medicine) and Dr Minimol K Johny (Senior Lecturer, Dept. of Conservative Dentistry) secured second prize in the paper presentation at the 49<sup>th</sup> Kerala State Dental Conference at Kottayam.



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Dr Deepthi Santhosh (Final year P.G student, Dept. of Conservative Dentistry) secured 1<sup>st</sup> Prize and Mr Nishanth Sudharson (Intern) secured 2<sup>nd</sup> Prize at the 49<sup>th</sup> Kerala State Dental Conference at Kottayam.

### **23 January 2017**

Inspection by Kerala University of Health Sciences for continuation of affiliation for the year 2017 – 2018.

### **08 March 2017**

Endodontic Day Celebration 'Gesendo 17' was celebrated in the College from 9.00a.m to 3.00p.m. by Department of Conservative Dentistry. Rev Dr Mathew Mazhavancheril was the Chief Guest during the programme. After the inauguration there was Guest lecture by Dr Meera Prasanth, Professor, Dept. of Conservative Dentistry, Indira Gandhi Dental College, Kothamangalam. There was a Quiz programme, Selfie smile contest and Question the endodontist programme.

### **10 March 2017**

CDE Programme for III BDS and IV BDS Part I students was conducted by Dr Ravikiran Ongole, Professor, Dept. of Oral Medicine on 'Early detection of oral cancer, problems and solution' from 10.30a.m to 11.30a.m.

### **11 March 2017**

Dr Anna Mariam Simon II MDS student secured second prize in paper presentation during 15<sup>th</sup> 'Midterm CAESOK and 7<sup>th</sup> PG convention at Thiruvananthapuram.

### **14 March 2018**

Parent Teacher Meeting of II BDS students was held in the College.

### **15 March 2018**

C.D.E programme conducted by the Department of Periodontics on 'Effective use of medical literature' Chief Guest during the programme was Rev Dr Mathew Mazhavancheril.

### **17 March 2017**

Blessing of Endodontic Microscope, Dept of Conservative Dentistry by Rev Dr Mathew Mazhavancheril Director Academics at 12.30p.m.

The College Council Meeting was held in the College Council Hall from 1.00p.m to 2.00p.m.

### **31 March 2017**

Results of IV BDS Part II students (2012 batch) were published and 31/32 passed the examination (97%).

### **03 April 2017**

The Graduation ceremony of 2011 batch students (51 students) was conducted in the College from 4.30 p.m. onwards. Dr Paul Sebastian R.C.C Director, Thiruvananthapuram was the Chief Guest.

### **25 April 2017**

The Parent Teacher Meeting of III BDS students was held in the College.

### **26 April 2017**

The Parent Teacher Meeting of IV BDS Part I students was held in the College.

### **03 May 2017**

Personal Safety Programme for III BDS, IV BDS Part I, Interns & PGs was conducted from 9.00a.m to 12 noon by Dr Ajith V, Dr Seema Oommen, Dr Sherin and Dr Athulya G.S.

### **11 May 2017**



  
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CDE programme on 'Dental Implants' by Dr Varunraj Genesis Implants was conducted by the Department of Prosthodontics. Rev Dr Mathew Mazhavancheril was the Chief Guest. The programme was from 10.00a.m to 10.30a.m.

**17 May 2017**

IGNITE CDE Programme 'Multilayering in Esthetic Composite Fillings' by Dr Swathi Chandran. Rev Dr Mathew Mazhavancheril was the Chief Guest for the programme. The programme was from 9.00a.m. to 4.00p.m

**24 May 2017**

The Blessing of the renovated college auditorium was done by Rev Fr Varghese Manalel.

**30 May 2017**

The College Council Meeting was held from 1.00p.m to 3.00p.m in the College Council Hall.

**31 May 2017**

The College Curriculum Committee meeting was held in the College Council Hall from 10.30a.m to 11.30a.m.

**31 May 2017**

The Department of Public Health Dentistry conducted 'No tobacco day celebration' from 9.00a.m to 1.00p.m in the Dental Museum. Health education programme and distribution of pamphlets was done for patients .

**05 June 2017**

World Environment Day was celebrated in the College. Rev Fr Thomas Payyampallil Director Bodhana and Mr Christopher Member Peringara Panchayath addressed the gathering and planted saplings in the college premises.

**15 June 2017**

There was a Staff Meeting from 1.30p.m to 3.30p.m in the College Auditorium.

**28 June 2017**

The College Council Meeting was held in the College Council Hall from 1.00p.m to 3.00p.m.

**12 & 14 July 2017**

Basic Life Support programme was conducted by the Department of Oral & Maxillofacial Surgery in the College Auditorium from 9.00a.m to 4.00p.m.

**19 July 2017**

The College Council Meeting was held in the College Council Hall from 12.30p.m.

**2 August 2017**

There was a 'Research Orientation programme' for Interns. Lectures delivered by Dr Sabu Thomas, Dr Nandakumar Kalarikkal, Dr K. George Varghese and Rev Dr Mathew Mazhavancheril.

**07 August and 08 August 2017**

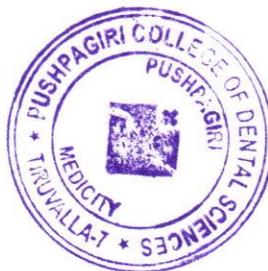
There was a 'Research Orientation Workshop' for interns, PGs and faculty by the Faculty Department of Public Health Dentistry, Govt. Dental College, Kottayam. The programme was organized by the Department of Public Health Dentistry and Periodontics of Pushpagiri College of Dental Sciences, Thiruvalla.

**11 August 2017**

There was a Clinical Club Meeting on 11 August 2018 from 9am to 10am.

**18 August 2017**

There was Clinical Club Meeting on 18 August 2018. Dr Rajesh Raj, delivered lecture during the meeting.



  
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**23 August 2017**

There was an IGNITE CDE programme on 'Cone Beam CT' by Dr Sreela.

**18 September 2017**

Induction ceremony of the 12th batch BDS and 5<sup>th</sup> batch of MDS students was conducted in the College Auditorium. Metropolitan Archbishop of Thiruvalla His Grace Thomas Mar Koorilos was the Chief Guest during the programme. The programme was from 9.00a.m to 10.45a.m.

**20 September 2017**

There was a Scientific Review Committee Meeting for PGs and Interns in the College Council Hall.

**27 September 2017**

There was a Clinical Club Meeting – Debate on functional appliances in the College Auditorium.

**04 October 2017**

There was Scientific Review Committee Meeting for three faculty members (Dr Lijo, Dr John and Dr Rupesh) in the College Council Hall.

**05 October 2017**

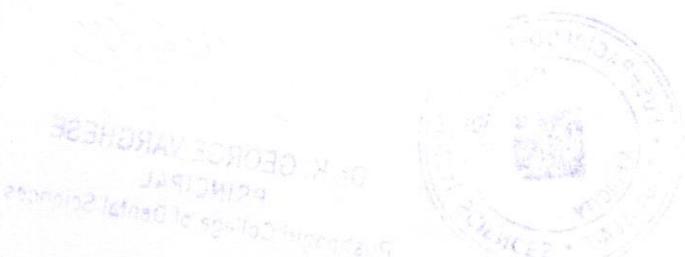
A preliminary meeting for the conduct of Mirabolante 2018 was conducted in the College Council Hall at 2.00p.m.

**08, 09, 10 November 2017**

The Arts Festival was conducted in the College.

**11 November 2018**

The inauguration of the College Day was done at 1.00p.m.



**11 November 2018**

Dr Gibi Cyriac, Reader, Dept. of Pedodontics got second rank in Public Service Commission Examination and Dr Shibu Thomas Sebastian, Senior Lecturer, Dept. of Public Health Dentistry got the fourth rank in the Public Service Commission Examination. Dr Benley George, Reader, Dept. of Public Health Dentistry got 13<sup>th</sup> rank in the Public Service Commission Examination.

**21 November 2017**

Parent Teacher Meeting of the IV BDS Part I students was conducted in the College.

**22 November 2017**

Parent Teacher Meeting of the IV BDS Part II students was conducted in the College.

**28 November 2017**

Dr Vinod Kumar Sub Inspector of Police, Thiruvalla delivered a speech during the anti ragging programme held in the College from 8.30a.m to 9.30a.m

**28 November 2017**

The College Council Meeting was conducted in the College Council Hall from 1.00p.m to 3.00p.m

Dr Josey Mathew, Professor, Dept. of Conservative Dentistry won the best paper prize in the Conservative National Conference

**25 October 2017**

There was an institutional Ethics Committee Meeting in the College from 9.00a.m to 2.00p.m

There was a Students Council General Body meeting in the College at 2.00p.m in the College.

**28 October 2017 – 30 October 2017**

Study tour for Interns to Coorg.



  
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**30 October 2017**

There was a talk on Effective Use of E-Journals by Mr Nandlal, Trainer EBSCO from 1.00p.m to 2.30p.m for PGs and Faculty members.

**02 – 04 November 2017**

38 students from our College participated in the Interdental Fest at Mar Baselios Dental College, Kothamangalam in sports and arts events.

**09 November 2017**

Radiology Day was celebrated by the Department of Oral Medicine in our College.

**20 December 2017**

Christmas Celebrations in our College was on 20 December 2017. Dr Roy Kallivayalil, Professor and HOD, Dept. of Psychiatry, PIMS & RC delivered Christmas message during the celebrations which included various competitions.

**20 December 2017**

The College Curriculum Committee Meeting was held in the College Council Hall from 9.00a.m. to 11.00a.m

**22 December 2017**

Christmas Celebrations was conducted at Pushpagiri Medical College.

**Publications of Faculty (exclusively PubMed/ Web of Science/ Scopus)**

Sl.no	Department	Faculty	Title of publication	Name of Journal	Year	Indexation
1	Pedodontics		Use of teledentistry based program for screenign of early childhood caries in a school setting	Cureus	2017	Pubmed

2	Endodontics		Incidence of endodontic flare ups and its related factors: A retrospective study.	Journal of International Society of Preventive and Community Dentistry	2017	Pubmed
3	Endodontics	Dr. Manuja Nair	Incidence of endodontic flare ups and its related factors: A retrospective study.	Journal of International Society of Preventive and Community Dentistry	2017	Pubmed
4	Oral pathology		Nonmetric traits of permanent posterior teeth in Kerala population: A forensic overview	Journal of oral and maxillofacial pathology	2017	Pubmed
5	Oral Pathology		Evaluation of oxidative stress markers in oral lichen planus	Journal of oral and maxillofacial pathology	2017	Pubmed
7	Pedodontics	Gr. Gibi Syriac	Prevalence, Characteristics, and Complications of Supernumerary Teeth in Nonsyndromic Pediatric Population of South India: A Clinical and Radiographic	Journal of pharmacy and bioallied sciences	2017	Pubmed
	Pedodontics	Dr. Elizabeth Joseph	Prevalence, Characteristics, and Complications of Supernumerary Teeth in Nonsyndromic Pediatric Population of South India: A Clinical and Radiographic	Journal of pharmacy and bioallied sciences	2017	Pubmed
	Pedodontics	Dr. Rupesh S	Prevalence, Characteristics, and Complications of Supernumerary Teeth in Nonsyndromic Pediatric Population of South India: A Clinical and Radiographic	Journal of pharmacy and bioallied sciences	2017	Pubmed
	Pedodontics	Dr. John Philip	Prevalence, Characteristics, and Complications of Supernumerary Teeth in Nonsyndromic Pediatric Population of South India: A Clinical and Radiographic	Journal of pharmacy and bioallied sciences	2017	Pubmed



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	Pedodontics	Dr. Sunu Alice Cherian	Prevalence, Characteristics, and Complications of Supernumerary Teeth in Nonsyndromic Pediatric Population of South India: A Clinical and Radiographic	Journal of pharmacy and bioallied sciences	2017	Pubmed
	Endodontics	Dr Josey Mathews	Prevalence, Characteristics, and Complications of Supernumerary Teeth in Nonsyndromic Pediatric Population of South India: A Clinical and Radiographic	Journal of pharmacy and bioallied sciences	2017	Pubmed

### **Outreach Programmes**

Total number of camps conducted: 64

No of treatment camps: 12

No of screening camps: 52



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**Dr. K. GEORGE VARGHESE**  
PRINCIPAL

### Institutions under Pushpagiri Medical Society

- ▶ Pushpagiri Institute of Medical Sciences and Research Centre ▶ Pushpagiri Medical College Hospital ▶ Pushpagiri College of Dental Sciences ▶ Pushpagiri College of Pharmacy
- ▶ Pushpagiri Heart Institute ▶ Pushpagiri College of Dental Sciences ▶ Pushpagiri College of Pharmacy
- ▶ Pushpagiri College of Nursing ▶ Pushpagiri College of Allied Health Sciences ▶ Pushpagiri School of Nursing
- ▶ Pushpagiri Centre for CGFNS and IELTS Training ▶ Pushpagiri Research Centre

Pushpagiri College of Dental Sciences is housed in the second campus of Pushpagiri Medical Society, The Pushpagiri Medicity; which is just 3 kilometers away from Tiruvalla town and is beside the state highway (S.HI) (previously Main Central Road). The International airports Thiruvananthapuram and Cochin are 128km and 112km away in the south and north directions respectively. The coastal belt of the country is 25 km away in the west direction and the Western Ghats lies 70 km east of the town. Geographically, the town lies at 9.6° longitude and 76.5° latitude. The vast paddy fields form the south and west boundaries of the college campus. The southwestern breeze ever passing through the paddy fields and patting the treetops provides a cool climate in this scenic location, which is quite distant from the hustle and bustle of the town.

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## 2018

### **January 2018**

#### **30 January 2018**

The College Council Meeting was held in the College Council Hall at 1.00 p.m.

### **February 2018**

#### **06 February 2018 to 09 February 2018**

The students union organized various sports events including throwball, football, badminton, chess, caroms and athletics as part of the Sports Day in Pushpagiri College of Dental Sciences.



  
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Pushpagiri College of Dental Sciences

**10 February 2018**

Dr Narasimha Bharadwaj was the chief speaker for the CDE Programme regarding Aesthetic Dentistry during the IGNITE session. Rev Fr Jose Kallumalickal was the Chief Guest during the programme.

**13 February 2018**

The Oral and Maxillofacial Surgeons day was celebrated in the College. Principal Dr K. George Varghese inaugurated the programme. A quiz competition was also conducted for the interns under the leadership of Vice Principal Administration Dr Benley George, Vice Principal Academics Dr Biju Sebastian, Dr Sunil S, Dr Thomas George and Dr Eapen Thomas.

**16 February 2018 to 18 February 2018**

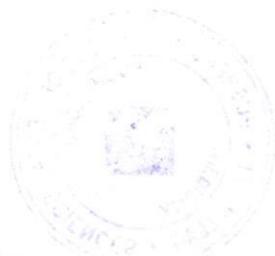
Department of Oral & Maxillofacial Surgery conducted a PG Orientation course for Post Graduate students 'PROMPT' in the College. Rev Dr Mathew Mazhavancheril Academics Director inaugurated the programme. 32 Post Graduate students from various dental colleges attended the programme.

**23 February 2018 to 24 February 2018**

National Seminar on Tissue Interactions to Biomaterials was conducted in Pushpagiri College of Dental Sciences at 2.00p.m. Dr M.K.C Nair, Hon'ble Vice Chancellor, Kerala University of Health Sciences was the Chief Guest for the programme. Dr Harikrishnan Nair, Dean Research, KUHS was also present for the programme. The programme was granted 12 KDC points by Kerala Dental Council.

**27 February 2018**

A Parent Teacher Meeting was conducted in Pushpagiri College of Dental Sciences for I BDS students (2017 batch)

**28 February 2018**

The College Council Meeting was held in the College Council Hall at 1.00 p.m.

## **March 2018**

### **06 March 2018**

Dentists Day was celebrated in the College by the Students Union in the College Auditorium. Principal Dr K. George Varghese, Medicity Director Rev Fr Aby Vadakkumthala, Vice Principal Academics Dr Biju Sebastian and faculty members were present. The programme started with a cake cutting ceremony and was followed by other events.

### **07 March 2018**

Clinical Club Meeting was held in the College. Faculty members, PG and UG students attended the meeting. There were two presentations during the meeting.

Dr Merry Mariam III MDS student and Dr Prameetha George Ittycheria Senior Lecturer.

### **15 March 2018**

Dr Neethu Mercy James I MDS student in the Department of Periodontics received a grant of Rs.50000/- for her thesis from ICMR, New Delhi.

### **23 March 2018**

There was an orientation programme for interns at 9.00a.m in the College Auditorium. Principal Dr K. George Varghese addressed the interns. Vote of thanks was proposed by Dr Benley George Vice Principal Administration.

### **27 March 2018**

The College Council Meeting was held in the College Council Hall at 1.00 p.m.

## **April 2018**

### **07 April 2018**



  
Dr. K. GEORGE VARGHESE  
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Pushpagiri College of Dental Sciences

The Graduation Ceremony of the students was held at 3.00p.m in the Medicity Campus Auditorium. Dr Dibyendu Mazumdar, Dental Council of India President was the Chief Guest for the programme. Dr Shaji K. Joseph, Kerala Dental Council President was the Guest of Honour.

**11 April 2018**

Parent Teacher Meeting for Final BDS Part I students was held in the College Auditorium

**11 April 2018**

Stock Verification Meeting by the store in charge Mr Siby was held at 10.00 a.m in the College Council Hall.

**11 April 2018**

A meeting regarding starting of DORA course was held at 1.00p.m in the College Council Hall.

**17 April 2018**

College Curriculum Committee meeting was held at 1.00p.m in the College Council Hall.

**25 April 2018**

There was a Guest Lecture programme for IBDS and II BDS students 'Waste is a misplaced Resource – An eye opener for young minds' by Prof. Narayanan Namboothiry, Professor, Department of Basic Sciences, Carmel College of Engineering, Alappuzha.

**27 April 2018**

The interns visited the 'St. Paul's Old Age Home' Changanacherry at 5.00p.m

**02 May 2018**

Clinical Club Meeting was held in the College. Faculty members, PG and UG students attended the meeting. There was a debate on 'Bridge Course – A need or luxury'

**06 May 2018**

Triple O State Conference was held in Pushpagiri College of Dental Sciences.

**11 May 2018**

The College Council Meeting was held in the College Council Hall at 1.00 p.m.

**30 May 2018**

Parent Teacher Association General Body Meeting and Executive Committee was held at 10.00a.m in the College Auditorium.

**02 June 2018**

The classes for MDS students (2018 batch) started.

**02 June 2018**

The N.S.S Unit in Pushpagiri College of Dental Sciences was inaugurated. Hon'ble Minister for Water Resources Shri Mathew T. Thomas was the Chief Guest of the programme and books were distributed to 12 poor students.

**26 June 2018**

The College Council Meeting was held in the College Council Hall at 1.00 p.m.

**July 2018****12 July 2018**

Mr Nandlal from EBSCO Online Journals conducted a training programme for 12 Post Graduate students.



  
Dr. K. GEORGE VARGHESE  
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Pushpagiri College of Dental Sciences

**27 July 2018**

Dr Anish Varkey John conducted a CDE Programme - IGNITE on 'Digital Dental Impression' in the College Auditorium. The programme was from 9.00a.m to 2.00p.m

**September 2018****04 September 2018**

The N.S.S Unit in Pushpagiri College of Dental Sciences provided free house kits to 15 ANM staff and sweepers of our College. Rev Fr Aby Vadakkumthala, Dr Benley George, Dr Thomas George, Dr Sunu Alice Cherian, Dr Annie Susan Cherian and other faculty members were present.

**05 September 2018**

Teachers Day was celebrated at 2.00p.m in the College Auditorium. Dr K. George Varghese, Dr Benley George, Dr Biju Sebastian and Dr Elizabeth Joseph addressed the gathering.

**13 September 2018**

Induction Ceremony of the 13<sup>th</sup> Batch of BDS students and 6<sup>th</sup> Batch of MDS students was held at 10.00a.m in the College Auditorium. Rev Dr Mathew Mazhavancheril inaugurated the ceremony.

**1 October 2018**

The newly constructed Grotto in Pushpagiri Medicity campus was blessed by His Grace Most Rev Dr Thomas Mar Koorilos, Metropolitan Archbishop of Tiruvalla.

**4 October 2018**

There was a study tour for 40 students of VIT College of Engineering, Vellore to Pushpagiri College of Dental Sciences.

### **8 October 2018**

The College Council Meeting was held. The newly set up Priority Clinic work was blessed by Rev Fr Aby Vadakkumtha, Director Medicity.

### **12 October 2018**

CDE Programme was conducted by the Department of Prosthodontics and Department of Periodontics on 'Osseodensification' by Dr T.V. Narayan Versah Company. The programme was inaugurated by Rev Dr Mathew Mazhavancheril Director Academics and Research.

### **16 October 2018**

An Anti Ragging awareness programme was conducted in the College. The speaker was Shri R. Jayakrishnan, Pathanamthitta Sub Court Judge. The programme was from 9.30a.m to 11.00a.m. All BDS students attended the programme.

### **17 October 2018**

Cyber law and security awareness programme was conducted in the college by MACFAST and Kerala Police. The programme was from 1.30p.m to 2.30p.m . Mr Nishad (MACFAST) was the Chief Speaker.

### **November 2018**

#### **02 November 2018 and 03 November 2018**

The College Arts Day was celebrated on 02 and 03 November 2018 by the Students Union.

#### **04 November 2018**

The College Day was celebrated on 04 November 2018. Cine Actor Sanju Shivaram was Chief Guest for the programme.



  
Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences

**10 November 2018**

A CDE programme on 'Class II Cavity Pulp' was conducted in the College by Dr Yohan Chacko faculty Saveetha Dental College Chennai.

**12 November 2018**

Parent Teacher Association meeting of IV BDS Part II students was held in the College Auditorium.

**14 November 2018**

Childrens Day was celebrated in the College in association with the Department of Pedodontics on 14 November 2018. Various competitions for children was conducted.  
Inauguration of the Seal IT programme was done in the College

**15 November 2018**

A seminar on 'Antibiotic resistance for Dental Surgeons' by Dr Philip Mathew, Dr Sherly and Dr Prashanth faculty from the Department of Community Medicine, Pushpagiri Medical College.

**30 November 2018, 01 December and 02 December 2018**

Students retreat for BDS students was conducted in the College.

**02 December 2018**

Dr K. George Varghese Principal Pushpagiri College of Dental Sciences was selected as Member PG Dental Board of Studies, under Kerala University of Health Sciences

Dr A Devadathan, Professor and HOD, Dept. of Conservative Dentistry, Pushpagiri College of Dental Sciences was selected as Chairman PG Dental Board of Studies under Kerala University of Health Sciences

Dr Thomas George V, Professor and HOD, Dept. of Periodontics, Pushpagiri College of Dental Sciences was selected as Member PG Dental Board of Studies under Kerala University of Health Sciences

DR. GEORGE VARGHESE  
PRINCIPAL  
PUSHPAGIRI COLLEGE OF DENTAL SCIENCES



**09 December 2018**

Dr Biju Sebastian, Vice Principal (Academics) received the diplomate status of Indian Board of Orthodontists.

**20 December 2018**

Clinical Club Meeting was held in the college on 20 December 2018. There were two presentations during the meeting. The meeting was from 9.00a.m to 10.15 a.m.

**20 December 2018**

Christmas was celebrated on 20 December 2018. Dr Rajan Joseph Manjooran, Senior Consultant, Cardiology, Pushpagiri Medical College was the Chief Guest for the programme.

**21 December 2018**

College Council Meeting was held in the College from 1.00p.m to 2.30p.m

**21 December 2018**

Faculty meeting with the Department of Prosthodontics was held in the College from 12.00 noon to 1.00p.m

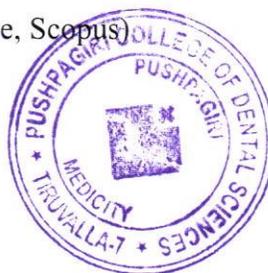
**21 December 2018**

An awareness programme on investment in mutual funds was conducted by Geojit Agencies in the College Auditorium. Interns and Doctors attended the programme

**21 December 2018**

The Christmas celebrations in Pushpagiri Medical College was from 5.30p.m to 7.00p.m

**Publications of Faculty** (Pubmed, Web of science, Scopus)



  
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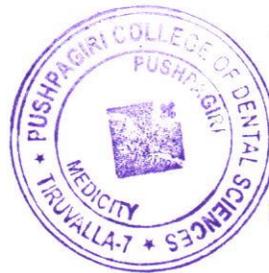
Sl.no	Department	Faculty	Title of publication	Name of Journal	Indexation
1	pedodontics	Dr. Subhalakshmi	Diagnostic ability of a smart phone app in diagnosing traumatic injuries t the teeth: A multicentre analysis	International journal of pediatric dentistry	Pubmed
2	Endodontics	Dr. Jose Jacob	Comparative evaluation of antibiofilm efficacy of chitosan nanoparticle incorporated calcium hydroxide-based sealers-an invitro study	Contemporary Clinical dentistry	Pubmed
3	Endodontics	Dr. Devadathan A.	Comparative evaluation of antibiofilm efficacy of chitosan nanoparticle incorporated calcium hydroxide based sealers-an invitro study	Contemporary Clinical dentistry	Pubmed
4	Endodontics	Dr. Baby James	Comparative evaluation of antibiofilm efficacy of chitosan nanoparticle incorporated calcium hydroxide based sealers-an invitro study	Contemporary Clinical dentistry	Pubmed
5	Endodontics	Dr. Jose Jacob	Comparative evaluation of antibiofilm efficacy of chitosan nanoparticle incorporated calcium hydroxide based sealers-an invitro study	Contemporary Clinical dentistry	Pubmed
6	Endodontics	Dr. Minimol K Johnny	Comparative evaluation of antibiofilm efficacy of chitosan nanoparticle incorporated calcium hydroxide based sealers-an invitro study	Contemporary Clinical dentistry	Pubmed
7	Endodontics	Dr. Naisa Elsa Geojan	Comparative evaluation of smear layer and debris on the canal walls prepared with a combination of hand and rotary protaper technique using scanning electron microscope	The journal of contemporary dental practice	Pubmed
8	Endodontics	Dr. Naisa Elsa Geojan	Antifungal effectiveness of various intracanal medicaments against candida albicans- an invitro study	The journal of contemporary dental practice	Pubmed

**Outreach Programmes**

Total number of camps conducted: 52

No of treatment camps: 18

No of screening camps: 34



**Dr. K. GEORGE VARGHESE**  
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Pushpagiri College of Dental Sciences



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## 2019

### **January 2019**

15 January 2019.

P.T.A meeting was conducted.

22 January 2019

Prosthodontics Day Celebration Srishti 2019 was organized by the Department of Prosthodontics. Thiruvalla Municipal Chairman Shri. Cherian Polachirackal was the Chief Guest. Competitions including group selfie, golden smile, prostho jokes and cartooning were held.



  
**Dr. K. GEORGE VARGHESE**  
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Pushpagiri College of Dental Sciences

30 January 2019

Clinical Club Meeting was conducted from 9.00a.m to 10.00a.m

### **February 2019**

02 February 2019.

Mini Marathon – 2 Doctors and 7 interns participated in Mini Marathon organized by MACFAST College and Kerala Police from 6.30a.m to 9.00a.m.

04 February 2019 – World Cancer Day – Oral cancer Awareness class was taken by Dr K. George Varghese Principal and Dr S Sunil HOD Dept. of Oral Pathology at St Marys School, Tiruvalla.

07 February 2019 – Jeojith Sajeev and Naveen Vijay II BDS (2017 batch) participated in the Kerala State Seminar on ‘Rebuilding Kerala’ on 07 February 2019 at CUSAT Engineering College, Ernakulam.

11 February 2019 – Student Support and Guidance Programme and N.S.S Training Programme was conducted from 9.00am to 4 p.m in the College Auditorium.

13 February 2019 – Oral Surgery Day was celebrated in the College by the Department of Oral and Maxillofacial Surgery.

25 February 2019 – Staff meeting was held at 1.30 p.m

27 February 2019 – P.T.A meeting was conducted for II BDS students.

### **March 2019**

06 March 2019 – College Council Meeting was held in the College Council Hall from 1.00p.m.

DR. GEORGE VARGHESE  
PRINCIPAL  
MACFAST College of Dental Sciences



07 March 2019 – A lecture on ‘Effective use of E- journals was conducted for faculty and PG students by Mr Nandalal EBSCO Trainer.

08 March 2019 and 09 March 2019 – Teachers Training Programme was conducted in the College. 44 faculty attended the programme.

16 March 2019 – APEX – A PG exam Orientation programme for Conservative Dentistry and Endodontics PG students was organized by CAESOK and Department of Conservative Dentistry Pushpagiri College of Dental Sciences. Rev Dr Mathew Mazhavancheril Director Academics and Research was the Chief Guest for the programme. 144 participants from various dental colleges in Kerala participated in the programme.

29 March 2019 – Inauguration of the Priority Clinic was done by His Grace Most Rev. Dr Thomas Mar Koorilos at 8.45a.m. Chief Guest was Shri Cherian Polachirackal Hon. Municipal Chairman Thiruvalla.

#### **April 2019**

05 April 2019 – Convocation for the 2013 batch of students was held at 4.00p.m. Dr Moni Abraham Kuriakose, Director, Cochin Cancer Research Institute.

10 April 2019 – IV BDS Part I PTA meeting at 9.00am  
P.T.A General Body meeting was held from 10.00am onwards in the College Auditorium.

11 April 2019 – A Orientation programme for interns was conducted from 10.00am to 1.00p.m by Rev Dr Mathew Mazhavancheril Director Academics and Research, Pushpagiri group of institutions.

24 April 2019 – Clinical Club Meeting was conducted from 9.00a.m to 10.00a.m.



  
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P.T.A Meeting for the III BDS students was held in the College Auditorium.

25 April 2019 – A CDE programme on Pediatric Rotary Endodontics was held in the College Auditorium.

26 April 2019 – 4 faculty members qualified in the KUHS PhD Entrance Examination 2019. Dr Sharlene Sara Babu, Dr Annie Susan Thomas, Dr Akhilesh Prathap and Dr Shibu Thomas Sebastian are the faculty who have qualified.

### **May 2019**

03 May 2019 – Nationwide AOMSI Torch Run, walkathon & flash mob was conducted by Department of Oral and Maxillofacial Surgery PCDS at 10.00a.m.

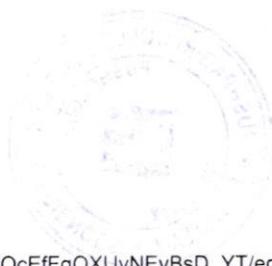
31 May 2019 - No Tobacco Day celebration day was jointly conducted by the Departments of Oral Medicine, Oral Pathology and Public Health Dentistry at 9.00a.m. Educational pamphlets were distributed to the public in various paces in Tiruvalla and Changanacherry.

Students Union PCDS as part of their activities conducted the Inauguration of Intellectual Club and Release of E- News letter (Expressions) at 12pm.

### **June 2019**

06 June 2019 & 07 June 2019 – Bioradiance a National Conference on Toxicity – Current perspectives was conducted in the College.

07 June 2019 – As part of the World Environment Day, N.S.S unit of PCDS celebrated the day by planting tree saplings inside the campus.



14 June 2019 – As part of N.S.S activities a Blood Donation Camp was conducted in the College. Shri George Mammen Kondoor Pathanamthitta Jilla Panchayath was the Chief Guest for the programme.

26 June 2019 – A CDE Programme was conducted in the College on Evolving Strategies in Dental & Medical Research.

### **August 2019**

10 August 2019 – A personality development programme for Non Teaching Staff was done by Shri Alex Kavukkattu Assistant Professor, St.Thomas College for Education Pala from 2.00p.m to 4.00p.m. 74 members participated in the programme.

23 August 2019 – On behalf of faculty, students union and NSS unit PCDS collected Rs.25000/- and Director Medicity handed over the amount to District Collector PTA.

30 August 2019 – A CDE programme on Aesthetics – Crown and Bridge – Metal Free was held in the College.

### **September 2019**

03 September 2019 – A class for I BDS students was held by Shri Jacob Job IPS on 'Cyber Law'.

04 September 2019

Oral Implantology Clinic was inaugurated in the College by Shri Anto Antony M.P at 10am. The Implantology Clinic was blessed by Rev.Msgr. Cherian Thazhamon.

05 September 2019 – Onam Celebrations was held in Pushpagiri Medical College with various games and programmes. Faculty and students from Pushpagiri College of Dental Sciences participated.



**Dr. K. GEORGE VARGHESE**  
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07 September 2019 – Teachers Day Celebration and Onam Celebration was held in the College from 9.30a.m. Several competitions were organized for faculty, students and non-teaching faculty.

25 September 2019 – Scientific Review Committee Meeting was held from 8.30am to 1.30p.m in the College.

26 September 2019 to 28 September 2019 – A sports meet was conducted at MES Dental College, Perinthalmanna. 15 students participated in the sports meet. Dr Arjun Parameswar accompanied the students.

27 September 2019 – IV BDS Part I students attended the class on ‘Polycystic Ovarian Syndrome’ by Dr M.K.C Nair, V.C KUHS at Pushpagiri College of Pharmacy from 1.00p.m to 3.00p.m.

30 September 2019 – Staff meeting was held at 1.30p.m

As part of “World Heart Day” a Walkathon was conducted by the Dept of Cardiology, PMCH. 40 III BDS students participated in the programe.

### **October 2019**

12 October 2019 & 13 October 2019 – Students participated in the IDA Kerala Conference at Varkala. Students secured 1<sup>st</sup> prize in pencil drawing, caricature drawing, choreo video.

Secured 2<sup>nd</sup> prize in step and synchro, ads fame.

Secured 3<sup>rd</sup> prize in film review, poem writing in English, creative writing, eastern duet, group song, creative photography.

19 October 2019 – Institutional Ethical Meeting was conducted in the College Council Hall.

23 October 2019 – PTA Executive Committee Meeting was conducted in the College.

27 October 2019 – College Council Meeting was conducted in the College.

29 October 2019 – Dept. of Oral & Maxillofacial Surgery and Ignite conducted a Basic Life Support Course in the College.

31 October 2019 – As part of N.S.S activities Rashtriya Ektha Divas – National Unity Day was celebrated in the College.

### **November 2020**

03 November 2020 – College Day was celebrated in the College at 4.00p.m. Mr Thasveer Muhammed Cine Actor and Model was the Chief Guest. Awards were distributed for the winners of the cultural programmes.

07 November 2020 – Dr Ashwin Joseph I MDS student Dept. of Pedodontics was awarded the best poster award in the 41<sup>st</sup> National Conference ISPPD.

11 November 2020 – Ignite organized a CDE programme on Rotatory Endodontics by Dr Narasimha Bharadwaj.

14 November 2020 – Children's day was celebrated in the College by the Department of Pedodontics.

### **December 2019**



  
Dr. K. GEORGE VARGHESE  
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04 December 2019 – Dr Paul Manalil Former Director Balasahitya Academy was the chief speaker on the topic ‘How to write health education article in Malayalam’. The programme was attended by 48 faculty members.

19 December 2019 – Christmas Celebrations in the College. Prof Dr Santhosh Mathew Principal Pharmacy College was the Chief Guest.

#### Publications of Faculty exclusively PubMed/ Web of Science/ Scopus

Sl.no	Department	Faculty	Title of publication	Name of Journal	Indexation
1	Pedodontics	Dr. Sunu Alice Cherian	Empowerment of Anganwadi workers in oral health care: A Kerala experience	International journal of clinical pediatric dentistry	pubmed
2	Pedodontics	Dr. Elizabeth Joseph	Empowerment of Anganwadi workers in oral health care: A Kerala experience	International journal of clinical pediatric dentistry	pubmed
3	Pedodontics	Dr. Rupesh S.	Empowerment of Anganwadi workers in oral health care: A Kerala experience	International journal of clinical pediatric dentistry	pubmed
4	Pedodontics	Dr. Gibi Syriac	Empowerment of Anganwadi workers in oral health care: A Kerala experience	International journal of clinical pediatric dentistry	pubmed
5	Pedodontics	Dr. John Philip	Empowerment of Anganwadi workers in oral health care: A Kerala experience	International journal of clinical pediatric dentistry	pubmed
5	Endodontics	Dr. Devadathan A.	Comparative evaluation of efficiency of single file rotary and reciprocating systems in instrumenting severely curved mesial root canals of extracted mandibular first molars. A morphometric	Saudi endodontic journal	Pubmed

			study using cone beam computed tomography		
6	Endodontics	Dr. Baby James	Comparative evaluation of efficiency of single file rotary and reciprocating systems in instrumenting severely curved mesial root canals of extracted mandibular first molars. A morphometric study using cone beam computed tomography	Saudi endodontic journal	Pubmed
7	Endodontics	Dr. Manuja Nair	Comparative evaluation of efficiency of single file rotary and reciprocating systems in instrumenting severely curved mesial root canals of extracted mandibular first molars. A morphometric study using cone beam computed tomography	Saudi endodontic journal	Pubmed
8	Prosthodontics	Dr. Aby Mathew	Development of biocompatible and biofilm resistant silver-poly (methylmethacrylate) nano composites for stomatognathic rehabilitation	International journal of polymeric materials and polymeric biomaterials	Pubmed
9	Prosthodontics	Dr. Aby Mathew	Development of oral fluid impervious and fracture resistant silver polybiocompatible and biofilm resistant silver-poly (methylmethacrylate) nano formulations for intra oral/extra oral rehabilitation.	Journal of applied polymer science	Pubmed
8	Oral Pathology	Dr. Sunil S	Analysis of enamel rod end pattern for personal identification	Journal of oral and maxillofacial pathology	Pubmed

### Outreach Programmes

Total number of camps conducted: 52

No of treatment camps: 18

No of screening camps: 34



  
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## ANNUAL REPORT – 2020

Pushpagiri College of Dental Sciences started in the year 2006 with an annual intake of 50 students. The Department of Health & Family Welfare, Government of India, through the Dental Council of India, recognized this institution. The College is affiliated to the Mahatma Gandhi University, Kottayam, Kerala and New Batches to Kerala University of Health Sciences, KUHS. The first batch of Pushpagiri College of Dental Sciences secured a 100% pass result in the Final BDS examination conducted by Mahatma Gandhi University, Kottayam. Pushpagiri College of Dental Sciences was the only dental college to achieve this feat among other dental colleges affiliated to Mahatma Gandhi University, Kottayam. Ms Varsha Jeyaprakash secured the first rank in the Final BDS examination 2011 conducted by Mahatma Gandhi University, Kottayam. Pushpagiri College of Dental Sciences stood first among the 24 dental colleges affiliated to the Kerala University of Health Sciences, Thrissur in the first BDS examination held in August 2014. Ms Jasmin Mary George (2013 batch) secured the 1st Rank in the I BDS Examination (August 2014) conducted by Kerala University of Health Sciences, Thrissur. The first batch of MDS students secured 100% result in the examination conducted in August 2016. Pushpagiri College of Dental Sciences is accredited with 'B' Grade by NAAC. Pushpagiri College of Dental Sciences is the highest NAAC accredited Dental College in Kerala.



**Dr. K. GEORGE VARGHESE**

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- Institutions under Pushpagiri Medical Society**
- ▶ Pushpagiri Institute of Medical Sciences and Research Centre ▶ Pushpagiri Medical College Hospital ▶ Pushpagiri Medical College Hospital
  - ▶ Pushpagiri Heart Institute ▶ Pushpagiri College of Dental Sciences ▶ Pushpagiri College of Dental Sciences
  - ▶ Pushpagiri College of Nursing ▶ Pushpagiri College of Allied Health Sciences ▶ Pushpagiri School of Nursing
  - ▶ Pushpagiri Centre for CGFNS and IELTS Training ▶ Pushpagiri Research Centre

Pushpagiri College of Dental Sciences is housed in the second campus of Pushpagiri Medical Society, The Pushpagiri Medicity; which is just 3 kilometers away from Tiruvalla town and is beside the state highway (S.HI) (previously Main Central Road). The International airports Thiruvananthapuram and Cochin are 128km and 112km away in the south and north directions respectively. The coastal belt of the country is 25 km away in the west direction and the Western Ghats lies 70 km east of the town. Geographically, the town lies at 9.6<sup>0</sup>longitude and 76.5<sup>0</sup> The vast paddy fields form the south and west boundaries of the college campus. The southwestern breeze ever passing through the paddy fields and patting the treetops provides a cool climate in this scenic location, which is quite distant from the hustle and bustle of the town.

The Pushpagiri Medical Society, a society registered under the Travancore-Cochin Literary Scientific & Charitable Societies Registration Act of 1955, manages the College. The Archbishop of the Catholic Archdiocese of Tiruvalla, Most. Rev. Dr. Thomas Mar Koorilos is the Patron of the society and a seven member governing board is the policy laying body of the Society. Rev Fr Jose Kalumallickal is the Secretary of the Society & Chief Executive Officer of Pushpagiri Medical Society. Dr. K. George Varghese is the Principal, Dr. Benley George, Vice Principal (Administration) and Dr Biju Sebastian Vice principal (Academics) of Pushpagiri College of Dental Sciences.

## 2020

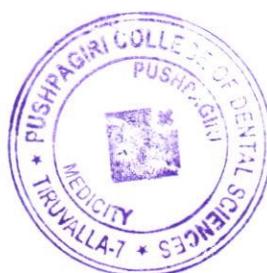
### **January 2020**

3<sup>rd</sup> and 4<sup>th</sup> January 2020

A Facial Trauma Management course was organized jointly by AOCMF Switzerland and Pushpagiri College of Dental Sciences. 50 oral surgeons from India participated in this course.

18 January 2020.

Motivational class was taken by Dr Alex George Kavukkattu for I BDS, II BDS and for DORA students.



  
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28 January 2020

Students from Pushpagiri College of Dental Sciences participated in the competitions during the 'Pushpotsawam 2020' at Thiruvalla. Ms Sandra Thoniparambil won the Miss Thiruvalla award and Ms Steffi Sajan became the 2<sup>nd</sup> Runner up.

## **February 2020**

04 February 2020

Oral Cancer Day was celebrated in the College by the Department of Oral Pathology. As part of it a Screening camp and Rally was conducted at 5.00p.m

05 February 2020

A class on Corona Virus was conducted at the College at 1.00 p.m by Dr Elshiba, Dr George and Dr Ajith from Pushpagiri Medical College. Faculty of Dental College, Post Graduate students, Interns and students attended the class.

10 February 2020

The Excise Department, Kerala conducted a Marathon at Thiruvalla. The I BDS students participated in the 5 K.M Marathon.

13 February 2020

Oral Surgery Day and Prompt 2020 were celebrated in College from 13 February 2020 to 16 February 2020. Shri George Mammen Kondoor was the Chief Guest for the programme. Pushpagiri College of Dental Sciences won first prize in Zest up Contest. There was 64 contestants for the Dance Competitions.

20 February 2020

The Parent Teacher Meeting for III BDS students was conducted in the College.

## **March 2020**

06 March 2020

His Grace Most Rev Dr Thomas Mar Koorilos Metropolitan Arch Bishop of Thiruvalla done the Blessing Ceremony of the College Chapel. Dentists Day was also celebrated in the College.

11 March 2020

The Parent Teacher Meeting for IV BDS Part I students was conducted in the College.

11 March 2020

An awareness programme on Corona Virus was taken by the team from Pushpagiri Medical College for non teaching staff members from 3.00p.m to 4.00p.m.

### **April 2020**

Online classes were started for all batch of BDS students via google meet and Zoom platforms by the faculty. PG seminars and journal clubs were started online through zoom platform. Online exams and test papers were conducted for BDS students.

### **June 2020**

28 June 2020

Dr Benley George conducted a webinar on 'After BDS – what lies ahead'? for Interns of Azeezia College of Dental Sciences and Research, Kollam. 80 students participated in the webinar from 12.30 p.m to 2pm.

30 June 2020

Dr Benley George conducted a webinar on 'After BDS – what lies ahead'? for Interns of Sri Sankara Dental College, Kollam. The webinar was from 1.30 p.m. to 3.30p.m



  
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**July 2020**

1<sup>st</sup> July 2020

Dr K George Varghese was awarded the Best Doctor Award by Indian Medical Association, Pala.

06 July 2020

Dr Benley George conducted a webinar on 'After BDS – what lies ahead'? for Interns of IDS Dental College, Orissa. The webinar was from 7.00 p.m. to 9.00p.m

12 July 2020

Dr Benley George conducted a webinar on 'After BDS – what lies ahead'? for Interns of Vinayaka Missions Dental College, Salem. The webinar was from 10p.m. to 12.00p.m

17 July 2020

In the NEET MDS Examination 2019 Ms Teena Wilson (2012 batch student) secured 97<sup>th</sup> rank (Kerala) and Ms Lisa Vincent (2012 batch student) secured 25<sup>th</sup> rank (Kerala). Both the students joined in Govt. Dental College, Thiruvananthapuram in the Department of Prosthodontics.

21 July 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Government Dental College, Thiruvananthapuram. The webinar was from 7p.m. to 8.30p.m

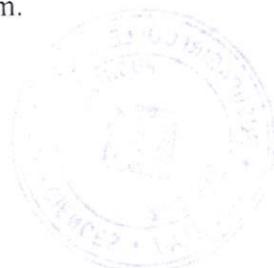
24 July 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of SDM College of Dental Sciences. The webinar was from 7p.m. to 8.30p.m

28 July 2020

Felicitation meeting was conducted online for congratulating Ms Lisa Vincent and Ms Teena Wilson for having scoring good results in the NEET MDS examination. The ZOOM meeting was conducted from 1.30p.m to 2.30p.m.

DR K GEORGE VARGHESE



28 July 2020

14 students joined for the MDS courses. The admissions started on 11 July 2020 and ended on 28 July 2020.

### August 2020

05 August 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Royal Dental College. The webinar was from 7p.m. to 9.p.m

06 August 2020

A HOD Meeting was conducted from 7.00p.m to 8.30p.m through the Zoom platform.

08 August 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Amrita School of Dentistry, Kochi. The webinar was from 3p.m. to 5p.m

11 August 2020

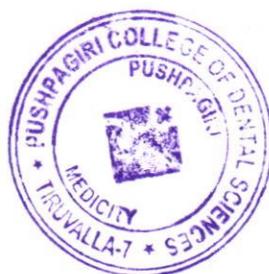
Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Sree Anjaneya Institute of Dental Sciences. The webinar was from 6p.m. to 8p.m

13 August 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Bharath Vidyapeeth Dental College, Pune. The webinar was from 6p.m. to 8p.m

14 August 2020

Dr Sharlene Sara Babu Associate Professor, Dept. of Oral Pathology completed Training of Trainers programme in Online Education System managed by Kerala University of Health Sciences, conducted in July 2020.



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18 August 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Bharath Vidyapeeth Dental College, Sangli. The webinar was from 6p.m. to 8p.m

20 August 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of KLE Institute of Dental Sciences, Belgaum. The webinar was from 2p.m. to 4p.m.

21 August 2020

Parent Teacher Executive Committee meeting was held in the College using the Zoom platform.

21 August 2020

The **Week HANSA – Survey 2020** selected Pushpagiri College of Dental Sciences as 28<sup>th</sup> Best Dental College in India, 20<sup>th</sup> best Private Dental College in India.

26 August 2020

Meeting for elevation of Generator Room was held in the College Council Hall at 11.30a.m.

31 August 2020

Pushpagiri College of Dental Sciences Students Union conducted different competitions through online as part of Onam Celebrations including 'Sing to the tune','Mask designing', Photography etc.

## September 2020

01 September 2020

Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Manipal College of Dental Sciences. The webinar was from 6p.m. to 8p.m

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10 September 2020 and 11 September 2020

**ENRICH** – 1<sup>st</sup> National Dental Students Webinar Series was conducted by the College. The webinar was inaugurated by Dr K. George Varghese, Principal, Pushpagiri College of Dental Sciences. The speakers were Dr Akilesh Prathap, Dr Rene Kuriakose, Dr Prameetha George, Dr Anju Mathew, Dr Tibin K Baby, Dr Manuja Nair, Dr Minimol K Johny, Dr Subbalekshmi, Dr Naveen Oommen. 348 students participated in the Webinar from 38 Colleges all over India. E Certificates were issued to all participants. Certificates were issued to all speakers and organisers.

13 September 2020

Dr Akhilesh Prathap conducted a webinar on Every day oral surgery for IDA Thiruvalla and IDA Central Kerala Kottayam branch doctors from 11am to 1pm.

19 September 2020

ENRICH – 2<sup>nd</sup> National Dental Students Webinar Series 'What After BDS'? was conducted by the College. The speaker was Dr Benley George, Vice Principal (Administration) Pushpagiri College of Dental Sciences

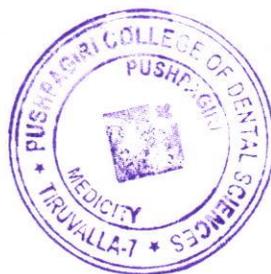
23 September 2020

ENRICH – 3<sup>rd</sup> National Dental Students Webinar Series was conducted by the College. The speakers were Dr Eapen Thomas and Dr Annie Susan Thomas.

25 September 2020

Meeting to congratulate Dr Suja Joseph, Professor, Department of Prosthodontics for publishing the book titled ' Manual of Preclinical Prosthodontics by Paras Medical Books ' at College council hall.

26 September 2020



  
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Dr Benley George conducted a webinar on 'What After BDS'? for Interns of Bharathi Vidyapeeth Dental College, Navi Mumbai.

### **COVID Protocol Measures taken**

In Pushpagiri College of Dental Sciences patients and staff are screened at the Gate and also at the reception. Thermal scanner and pulse oximeter are used for screening patients. Sanitisers are placed at the entrance of the college. The patients are requested to fill the questionnaire. Treatment is given to all COVID negative patients visiting the Dental College by using PPE kits.

### **Five Year Action plan submitted**

A Five Year Action plan was formulated after incorporating the suggestions in the feedback collected from faculty and the 'Best Practices' followed in some of the Universities in India and abroad. A committee was formed comprising of Dr Biju Sebastian, Dr Subbalekshmi, Dr Annie Susan Thomas, Dr Nebu George Thomas, Dr Haby Mathew Somson to prepare a system for academics, clinical activities and research activities. The system was submitted to management and it was approved.

### **October 2020**

2 October 2020

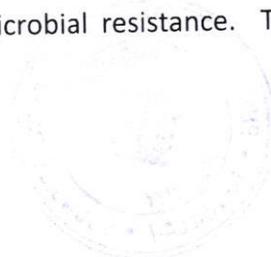
Dr Sharlene Sara Babu was selected as Panelist for the International Conference by University of California on 'COVID 19 and physical distancing – a dentists view'.

10 October 2020

An Infection Control Training programme was conducted for ANM staff by Dr Annie Kitty George, Professor, Department of Periodontics.

15 October 2020

Dr Sheena S Raj, II MDS student in the Department of Conservative Dentistry won **Alexander Fleming Award** for her study on Antimicrobial resistance. The study was conducted by the



international agency ReAct. Four Jury members from America, Sweden, South Africa and India selected the winner.

20 October 2020

Dr Benley George conducted a webinar on 'How to prepare for Examinations'? for students of Azeezia Dental College, Kollam.

27 October 2020 and 28 October 2020

Inspection by Dental Council of India for 3<sup>rd</sup> year MDS renewal in the Department of Pedodontics. The inspectors were Dr Gyanendra Kumar and Dr Madhu.K.

30 October 2020

Dr Benley George conducted a webinar on 'What after BDS' for students of Saveetha Dental College, Chennai'.

## **November 2020**

04 November 2020

Dr Sheena S Raj MDS Part II student, Department of Conservative Dentistry secured the Alexander Fleming Award for Best PG Research Proposal 2020 and also a cash award for an amount of Rs.10000/-. There was a felicitation meeting on 04.11.2020 at 1.30p.m via Zoom platform to honor Dr Sheena S Raj and a memento was presented.

15 November 2020

There was a webinar by Dr Renjith Jose, Professor, Department of Oral Medicine, Amritha School of Dentistry, Kochi on the topic 'Demystifying occlusal analysis by T scan'. The webinar was from 6.00p.m to 7.00p.m

17 November 2020



  
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There was a webinar by Dr Philip Mathew, Associate Professor, Department of Community Medicine on 17 November 2020 through Zoom platform on Proposal writing for IRB. The webinar was from 1.30p.m to 3.00p.m

17 November 2020

Dr Aby Mathew T, Prof and HOD, Dept of Prosthodontics was selected as PhD guide by KUHS.

18 November 2020

Scientific Review Committee Meeting was conducted in PCDS. The meeting was from 8.45a.m to 1.30p.m. I MDS Thesis Protocol was discussed.

20 November 2020

Dr A Devadathan Prof and HOD, Dept. of Conservative Dentistry was appointed as the Dean, Dental faculty by KUHS.

## **December 2020**

08 December 2020 to 11 December 2020

There was a Triple O conclave from 08 December 2020 to 11 December 2020. The conclave was guided by Dr Sunil S and Dr Eapen Thomas.

08 December 2020

There was a webinar on 'What after BDS' by Dr Benley George for the students of Sree Balaji Dental College, Chennai.

11 December 2020

There was meeting for felicitating Dr Merin Elsa Abraham who had served as Senior Lecturer in the Department of Orthodontics.

14 December 2020

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PRINCIPAL  
SREE BALAJI DENTAL COLLEGE  
CHENNAI



Christmas was celebrated in the College at 1.00p.m. The Children's day was celebrated by the Department of Pedodontics.

16 December 2020 & 17<sup>th</sup> December 2020

There was a certified foundation course in Implant Prosthesis organized by the Department of Oral Implantology. The speaker was Dr Febel Huda, Fellowship of Oral Implantology, USA. There were 15 participants in the programme.

23 December 2020

Clinical Club Meeting was held in the College by the Department of Conservative Dentistry and Endodontics.

Dr Akilesh Prathap was awarded the second Best President among IDA branches of IDA Kerala. Dr Prameetha George was awarded the second best Editor, IDA Thiruvalla among IDA branches of IDA Kerala.

Dr Nithin Prathap took charge as CDE representative of IDA, Central Kerala, Kottayam branch and Dr Ravi Rajan took charge as CDE representative of IDA, Tiruvalla branch

### **Patient Statistics**

Total no of patients: 39004

### **Outreach Programmes**

Total number of camps conducted: 16

No of treatment camps: 1

No of screening camps: 15

### **BDS Academic Results**

I BDS- 95.9% pass, 10 distinctions and 37 first class

II BDS- 100% pass, 3 distinctions and 37 first class

III BDS- 100% pass, 2 distinctions and 28 first class



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IV BDS part 1- 100% pass, 1 distinctions and 36 first class

IV BDS part 2- 97.6% pass, 27 first class

### **MDS Academic Results**

I MDS- 100% pass- 4 first class and 9 second class

II MDS- 100% pass- 8 first class and 2 second class

### **DORA Academic Results**

I DORA- Exams not yet announced

### **Publications of Faculty (exclusively Pubmed, Web of Science, Scopus)**

Sl.no	Department	Faculty	Title of publication	Name of Journal	Indexation
1	Oral Medicine	Dr. Lisa Elizabeth Jacob	Three-D evaluation of maxillary sinus in gender determination: a cone beam computer tomography study	Journal of Indian academy of oral medicine and radiology	scopus
2	Oral Medicine	Dr. Lisa Elizabeth Jacob	Comparison of bone mineral density of mandible with that of soine and femur in osteoporotic and nonosteoprotic post menopausal women using DXA scan	International Journal of dental science and innovative research	Web of science, Pubmed
3	Oral Medicine	Dr. Lisa Elizabeth Jacob	Three-D evaluation of maxillary sinus in gender determination: a cn beam computer tomography study	Journal of Indian academy of oral medicine and radiology	Scopus
4	Oral Medicine	Dr. Anju Mathew	Three-D evaluation of maxillary sinus in gender determination: a cn beam computer tomography study	Journal of Indian academy of oral medicine and radiology	Scopus
5	Oral Medicine	Dr. Anju Mathew	Knowledge attitude and beliefs regarding medication use in pregnant women: a questionnaire survey	International journal medical science and innovative research	Pubmed

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Dr. George Varghese



6	Oral Medicine	Dr. Anju Mathew	Comparison of bone mineral density of mandible with that of soine and femur in osteoporotic and nonosteoprotic post menopausal women using DXA scan	International Journal of dental science and innovative research	Web of science, Pubmed
7	Pedodontics	Dr. Jeswin	Comparative evaluation of MTA pulpotomy and laser assited MTA pulpotomy in primary teeth: A rondomized clinical trial	Clinical investigation	Pubmed
8	Endodontics	Dr. Manuja Nair	Comparative Evaluation of Fracture Resistance Of endocrowns fabricated using different machinable ceramics	International journal of advacned research	Pubmed
9	Endodontics	Dr. Manuja Nair	Comparative evaluation of absorbing capacity of standardized endodontic paper points: an in vitro study.	International journal of scientific research	Pubmed
10	Endodontics	Dr. Minimol K Johnny	Comparative Evaluation of Fracture Resistance of endocrowns fabricated using different machinable ceramics	International journal of advanced research	Pubmed
12	Prosthodontics	Dr. Aby Mathew T	Self-assembled PMMA/ZnO nanocomposites with antistaining and liquid barrier properties-their physiochemical perspectives and clinical implications as a biomaterial for maxillofacial prosthetic rehabilitation	Journal of polymer research	Pubmed
13	Prosthodontics	Dr. Annie Sussan Thomas	Prevalence of diagnosed temporomandibular disorders in central Keralite population-A cross-sectional study	International Journal of Advanced Research	Pubmed
14	Prosthodontics	Dr. Aby Mathew	Assessment of implant stability during various stages of healing placed immediately following extraction in an overdenture situation	The journal of Indian prosthodontics society	Pubmed



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15	Prosthodontics	Dr. Annie Sussan Thomas	Prevalence of diagnosed temporomandibular disorders in central Keralite population-A cross-sectional study	International Journal of Advanced Research	Pubmed
19	Conservative dentistry	Dr. A Devadathan	Comparative Evaluation Of Fracture Resistance Of Two Antibacterial Composites Against A Commercial Composite - An In Vitro Study	International journal of advacned research	Pubmed
20	Conservative dentistry	Dr. A Devadathan	Comparative Evaluation Of Fracture Resistance Of Two Antibacterial Composites Against A Commercial Composite - An In Vitro Study	International journal of advacned research	Pubmed
21	Conservative dentistry	Dr. Baby James	Comparative Evaluation Of Fracture Resistance Of Two Antibacterial Composites Against A Commercial Composite - An In Vitro Study	International journal of advacned research	Pubmed
22	Conservative dentistry	Dr. A Devadathan	Comparative Evaluation Of Fracture Resistance Of Two Antibacterial Composites Against A Commercial Composite - An In Vitro Study	International journal of advacned research	Pubmed
26	Conservative dentistry	Dr. Fathima	Efficacy of various rotary treatment instruments for guttapercha removal- an invitro study	International journal of applied dentals sciences	Pubmed

### **Future developments proposed**

1. To start Nitrous conscious sedation clinic in priority Clinic
2. To Start CBCT centre in the Dept of Oral Medicine
3. To Start T Scan in TMJ clinic, Dept of Prosthodontics
4. College Roofing
5. To apply for NAAC cycle 2 reaccreditation
6. Development works as per NAAC proposal

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