

**LIST OF NSS ACTIVITIES 2016-2021**

S. No.	Date	Nature of Activity
1.	March 8-14, 2021	NSS 7-Day Special Camp
2.	February 1, 2021	Navakeralam Yuvakeralam
3.	December 1, 2020	World Aids Day Seminar
4.	November 26, 2020	Constitution Day
5.	October 12, 2020	Prevention & Mitigation of COVID 19-Administration of Covid Pledge
6.	October 20, 2020	Donation of Sensor Sanitizer
7.	January 1, 2020	Single-Use Plastic Eradication Program
8.	January 16, 2020	Antinarcotic Pledge
9.	December 7, 2019	NSS Special Camp Training
10.	December 4, 2019	Seminar on Article Writing In Magazine And Newspaper
11.	November 15, 2019	Suraksha Dental Camp for Women of Self-Help group
12.	November 26, 2019	Constitution Day Celebration
13.	October 31, 2019	National Unity Day
14.	October 3, 2019	Plogging Run and Plastic Eradication Day
15.	August 23, 2019	Flood Relief Donation to Wayannad
16.	August 13, 2019	Flood Relief Collection Center
17.	June 14, 2019	World Blood Donor Day
18.	June 5, 2019	World Environment Day
19.	March 29, 2019	Deputation of Students for BLS Training
20.	March 31, 2019	Anti-tobacco Campaign
21.	March 8, 2019	International Women's Day

22.	February 25, 2019	Deputation of student volunteer for National Student Parliament, Thiruvanthapuram
23.	February 11, 2019	The South and Middle Zone NSS Training for Student Captains
24.	February 4, 2019	Oral cancer Awareness Seminar and Poster Exhibition
25.	October 16, 2018	Antiragging and Legal Awareness Seminar
26.	October 2, 2018	Clean Campus Green Campus
27.	September 4, 2018	Distribution of Flood Relief Kit
28.	June 2, 2018	Inauguration of NSS Unit in Pushpagiri College of Dental Sciences



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## INAUGURATION OF NSS UNIT IN PUSHPAGIRI COLLEGE OF DENTAL SCIENCES

The NSS unit of Pushpagiri College of Dental Sciences was inaugurated on June 2, 2018 by planting a sapling in college campus followed by lighting of the lamp by Shri. Mathew T. Thomas, minister of water resources, Kerala. The CEO of Pushpagiri College of Dental Sciences, Fr. Kallumakal, Medicity director, Fr. Aby Vadakamthala, Dr. Mohammad Shafi, NSS regional coordinator, Shri. Christopher Philip, Peringara panchayath president; Mr. Saji PTA president, Dr. Benley George, Vice principal of Academics, Dr. Thomas George V, NSS program officer; NSS staff coordinators: Dr. Annie Sussan Thomas and Dr. Sunu Allce Cherian and NSS student volunteers were present for the function. Educational kit was distributed to five economically backward students of the peringara panchayath.



### INVITATION

Inauguration of N.S.S Unit of  
Pushpagiri College of Dental Sciences



**Shri. Mathew T Thomas**

Minister of Water Resources,  
Govt. of Kerala

Date: 02 June 2018

Time: 9.00a.m

Venue: College Auditorium

Dr. K. George Varghese  
Principal

Dr. Fr. Aby Vadakamthala  
Deputy Director



Dr. Thomas George V.  
NSS program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## DISTRIBUTION OF FLOOD RELIEF KIT


Flood relief kit distribution was done by the NSS unit of Pushpagiri College of Dental Sciences, on September 4, 2018. Rev. Fr. Aby Vadakamthala, Director, Medicity campus, Pushpagiri College of Dental Sciences distributed the flood relief kits to around 20 people. Dr. Benley George, Vice Principal (Administration), Dr. George Thomas, Program officer, NSS Unit, Dr. Annie Sussan Thomas, Dr. Vinod Mathew, Dr. Sunu Allce Cherian, Staff coordinators of NSS unit were also present.



Distribution of flood relief kit by NSS unit, Pushpagiri College of Dental Sciences.

Dr. Thomas George V.  
NSS program Officer  
NSS/SFU/PNT/KUHS/3



  
Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## CLEAN CAMPUS GREEN CAMPUS

The clean campus, green campus initiative was inaugurated by Adv. Shri. Mathew T. Thomas, MLA and Shri. Christopher Philip, ward member, Perumthuruthy by planting a tree (Kanni Konna) in the college campus. Dr. George Varghese, Principal; Dr. Thomas George, NSS program officer; NSS Staff coordinators: Dr. Annie Sussan and Dr. Sunu Alice Cherian were present for the function. The NSS volunteers under the guidance of our Medicity director, Fr. Aby Vadakumthai later on planted many trees.

The NSS unit of our college conducted a campus cleaning program on October 2, 2018 and removed all the plastic from the campus. All the students were instructed to avoid the use of plastic items in the campus. All the students supported the campus cleaning program and eagerly took part in it.



Dr. Thomas George V.  
NSS Program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## ANTIRAGGING AND LEGAL AWARENESS CAMP

An Anti-ragging campaign and legal awareness camp was conducted by the NSS unit of Pushpagiri College of Dental sciences and legal services department of Pathanamthitta district at Pushpagiri college of Dental Sciences on October 16, 2018 for the students. District Subjudge inaugurated the function and took the class. Christopher Philip, Vice president of Peringara gram panchayath, Dr. George K. Varghese, principal, Pushpagiri college of dental sciences, Tituvalla, Dr. Benley George, Vice principal, administration, Dr. George Thomas, HOD Dept of periodontics and NSS program officer, Dr. Annie Sussan Thomas and Dr. Sunu Alice Cherian, NSS staff coordinators were also present for the function. Around 250 students including the registered NSS volunteers were present for the class.




Inauguration of the anti-ragging campaign and legal awareness camp



inauguration of the anti-ragging campaign and legal awareness camp

Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



  
Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## CANCER AWARENESS SEMINAR & POSTER EXHIBITION

A cancer seminar and poster exhibition was conducted by the NSS unit of Pushpagiri College of Dental Sciences (NSS/SFU/PNT/KUHS/3) on 04.02.19 in association with world cancer day at St. Mary's Residential Public School, Tiruvalla from 10:00 am to 12:00 pm. The program was inaugurated by Smt. Annapurna Devi, District Panchayath President, Pathanamthitta. Rev. Fr. Jose Kallumalickal, CEO, Pushpagiri medical society gave the presidential address. Dr. George Varghese, Principal, Pushpagiri College of Dental Sciences, Prof. Dr. Manu Oommen, Principal, St. Mary's Residential Public School, Tiruvalla; Shri Kuruvilla Oommen, Academic Supervisor, St. Mary's residential Public School, Tiruvalla, Dr. Thomas George, senate member, KUHS and NSS program officer, NSS staff coordinators: Dr. Annie Sussan, Dr. Sunu Alice Cherian graced the function. Dr. Ajith PS Radiology oncologist spoke on lifestyle factors affecting cancer. Dr. George Varghese spoke about different types of oral cancer. Dr. Sunil S, Professor and Head of Oral pathology and Microbiology took class on how to self-examine oral cavity for cancer. This was followed by an interactive session where the students actively took part and asked questions regarding cancer. Around 200 students took part in the seminar. An exhibition was also conducted in the class room of oral cancer and posters of NMAMS were also displayed. The program was covered by Malayala manorama and Deepika. Malayala Manorama News channel broadcasted the program on their evening news



ലോക കാൻസർ ദിനത്തോടനുബന്ധിച്ച് തിരുവല്ല പുഷ്പഗിരി ഡന്റൽ കോളേജ് നടത്തിയ ബോധവൽകരണ സെമിനാറും ചിത്രപ്രദർശനവും പങ്കെടുത്തു. മുകളിൽ പ്രദർശനം നടന്നു.



Tue, 05 February 2019

<https://epaper.deepika.com/c/36654424>



*Dr. K. GEORGE VARGHESE*  
**DR. K. GEORGE VARGHESE**  
 PRINCIPAL  
 Pushpagiri College of Dental Sciences



# PUSHPAGIRI

We care God cures

COLLEGE OF DENTAL SCIENCES



## അർബുദ ദിനം

തിരുവല്ല \* ലോക കാൻസർ ദിനാചരണത്തോട് അനുബന്ധിച്ചു പുഷ്പഗിരി ഡന്റൽ കോളജിന്റെ നേതൃത്വത്തിൽ 4ന് 10ന് സെന്റ് ജോർജ്സ് റസിഡൻഷ്യൽ സ്കൂളിൽ ബോധവൽക്കരണ സെമിനാറും ചിത്ര പ്രദർശനവും നടക്കും. ജില്ലാ പഞ്ചായത്ത് പ്രസിഡന്റ് അനൂപ് ജോമോൻ ഉദ്ഘാടനം ചെയ്യും. സിജു റവ. ജോസ് കല്ലമാലിക്കൽ അധ്യക്ഷത വഹിക്കും.



ലോക കാൻസർ ദിനാചരണത്തോട് അനുബന്ധിച്ചു തിരുവല്ല പുഷ്പഗിരി ഡന്റൽ കോളജിന്റെ നേതൃത്വത്തിൽ സെന്റ് ജോർജ്സ് റസിഡൻഷ്യൽ സ്കൂളിൽ ബോധവൽക്കരണ സെമിനാറും ചിത്ര പ്രദർശനവും നടക്കും. ജില്ലാ പഞ്ചായത്ത് പ്രസിഡന്റ് അനൂപ് ജോമോൻ ഉദ്ഘാടനം ചെയ്യും. സിജു റവ. ജോസ് കല്ലമാലിക്കൽ അധ്യക്ഷത വഹിക്കും.

## കാൻസർ ദിനം ആചരിച്ചു

തിരുവല്ല \* ലോക കാൻസർ ദിനാചരണത്തോട് അനുബന്ധിച്ചു പുഷ്പഗിരി ഡന്റൽ കോളജിന്റെ നേതൃത്വത്തിൽ സെന്റ് ജോർജ്സ് റസിഡൻഷ്യൽ സ്കൂളിൽ ബോധവൽക്കരണ സെമിനാറും ചിത്ര പ്രദർശനവും നടക്കും. ജില്ലാ പഞ്ചായത്ത് പ്രസിഡന്റ് അനൂപ് ജോമോൻ ഉദ്ഘാടനം ചെയ്യും. സിജു റവ. ജോസ് കല്ലമാലിക്കൽ അധ്യക്ഷത വഹിക്കും.

Article published in Malayala Manorama on 02.02.19 and 05.02.19

## കാൻസർ ബോധവൽക്കരണ സെമിനാർ

തിരുവല്ല \* പുഷ്പഗിരി ഡന്റൽ കോളജിന്റെ നേതൃത്വത്തിൽ ലോക കാൻസർ ദിനാചരണത്തോട് അനുബന്ധിച്ചു തിരുവല്ല സെന്റ് ജോർജ്സ് റസിഡൻഷ്യൽ സ്കൂളിൽ കാൻസർ ബോധവൽക്കരണ സെമിനാറും ചിത്രപ്രദർശനവും നടക്കും. ജില്ലാ പഞ്ചായത്ത് പ്രസിഡന്റ് അനൂപ് ജോമോൻ ഉദ്ഘാടനം ചെയ്യും. പുഷ്പഗിരി സിജു റവ. ജോസ് കല്ലമാലിക്കലിന്റെ അധ്യക്ഷതയിൽ ചേർന്ന യോഗത്തിൽ സെന്റ് ജോർജ്സ് പ്രിൻസിപ്പൽ ഡോ. കെ. ജോർജ് വർഗീസ്, ആരോഗ്യ സർവകലാശാല സെന്ററലും ഡോ. ജോമോൻ ജോർജ്, റെഡ് ക്രോസ് കോളജിന്റെ ഡോ. ചി.എസ്. അജീഷ്, ഡോ. എസ്. സുനിൽ, ഡോ. ബി. ഉഷാ, ഡോ. വിനോദ് രാജു മുട്ടുവട്ടിൽ, ഡോ. ആനി സുസാൻ ജോമോൻ, ഡോ. സുനീൽ കുമാർ, കൃഷ്ണകുമാർ എബിനർ പ്രസംഗിച്ചു.



ലോക കാൻസർ ദിനാചരണത്തോട് അനുബന്ധിച്ചു തിരുവല്ല പുഷ്പഗിരി ഡന്റൽ കോളജിന്റെ നേതൃത്വത്തിൽ സെന്റ് ജോർജ്സ് റസിഡൻഷ്യൽ സ്കൂളിൽ ബോധവൽക്കരണ സെമിനാറും ചിത്രപ്രദർശനവും നടക്കും. ജില്ലാ പഞ്ചായത്ത് പ്രസിഡന്റ് അനൂപ് ജോമോൻ ഉദ്ഘാടനം ചെയ്യും.

ഭിവിക Tue, 05 February 2019 <https://epaper.deepika.com/c/>

ഭിവിക Tue, 05 February 2019 <https://epaper.deepika.com/c/36604424>

**VIDEO NEWS:** The youtube link to Video news coverage on 05.02.19: <https://youtu.be/eEAV6B9-fc> manorama news channel. The link to video news coverage on Manorama new channel on 04.02.19:

VID-20190209-WA0010.mp4

Dr. Thomas George V.  
NSS Program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences





**PUSHPAGIRI**

*We care God cures*

**COLLEGE  
OF  
DENTAL  
SCIENCES**



**NATIONAL STUDENT PARLIAMENT, THIRUVANTHAPURAM**

Justin John, IInd BDS, NSS student volunteer attended the National student parliament at Thiruvathapuram on February 23-25, 2019



Dr. Thomas George V.  
NSS Program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



**PUSHPAGIRI**

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



### INTERNATIONAL WOMEN'S DAY

The international womens day was celebrated in Pushpagiri College of Dental Sciences on March 8, 2019. The faculty and students took part in the program.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## ANTI-TOBACCO CAMPAIGN

A group of 25 students and faculty conducted an anti-tobacco campaign on March 31, 2019 in the towns of Thiruvalla and Changanchery. The group was divided into 6 units, who distributed anti-tobacco brochures containing adverse effects of tobacco usage and tobacco cessation program in Pushpagiri College of Dental Science among the people and all the shops in these towns.




**Anti Tobacco Day Campaign**  
Pushpagiri College of Dental Sciences  
**May 31st**



Dr. Thomas George V.  
NSS. Program Officer  
NSS/SFU/PNT/KUHS/3



  
Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



MINISTRY OF HEALTH  
GOVERNMENT OF INDIA

# PUSHPA GIRI



AMT TOBACCO COMPANY

AMT TOBACCO COMPANY is pleased to announce the launch of its new cigarette brand, Pushpa Giri, in the month of March 1973. The brand has been developed with a view to providing a cigarette which is both palatable and satisfying. The brand is available in 10 and 20 cigarette packs. The brand is available in 10 and 20 cigarette packs. The brand is available in 10 and 20 cigarette packs.



AMT TOBACCO COMPANY  
1973  
PUSHPA GIRI CIGARETTES

AMT TOBACCO COMPANY  
1973  
PUSHPA GIRI CIGARETTES



**PUSHPAGIRI**

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



### BLS TRAINING FOR NSS STUDENT VOLUNTEERS

The NSS student volunteers, Ashik Thomas, Joejith Sajeev, Mrudul MS, and Justin John attended the BLS training at Pandalam on March 29, 2019. The students were trained in the basic life support procedures.

Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



**PUSHPAGIRI**

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



**WORLD ENVIRONMENT DAY**

On the occasion of world environment day, as part of the NSS unit theme of Green campus, a mango sapling was planted by the Fr. Aby Vadakamthala, Director Medicity campus, Pushpagiri College of Dental Sciences on June 5, 2019. NSS students, Dr. George Varghese, Principal; Dr. Thomas George V., NSS program Officer; NSS staff coordinators: Dr. Annie Sussan and Dr. Sunu Alice Cherian participated in the program. The photos and Malayala Manorama newspaper clipping dated March 7 is attached below.



Dr.

Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



DR. M. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences





# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## FLOOD RELIEF COLLECTION CENTER

A flood relief collection center was started at Pushpagiri College of Dental Sciences on August 13, 2019. All the faculty, staff, students (College council, NSS unit and PG's) and the patients were informed of the purpose of the collection center and encouraged to contribute towards the cause.



Dr. Thomas George V.  
NSS program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences





# PUSHPAGIRI

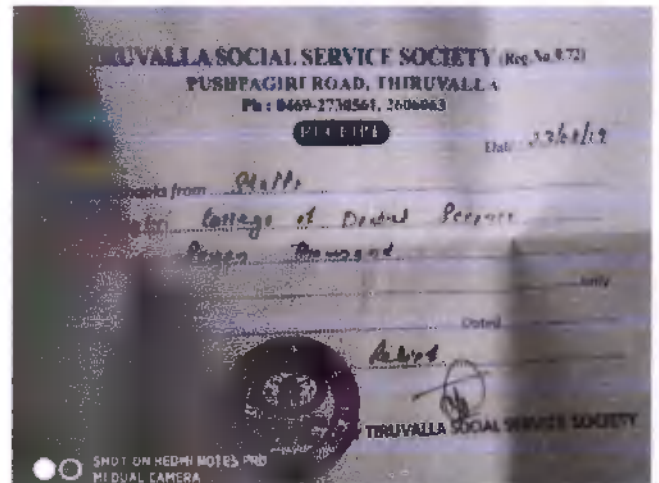
*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



### FLOOD RELIEF DONATION

An amount of ₹25,000 was collected from the student union, faculty, staff and students of the NSS unit and patients of Pushpagiri college of Dental Sciences for flood relief. Fr. Aby Vadakamthala, Director, Medicity campus; Dr. Thomas George, NSS program coordinator, Dr. Sunu Alice Cherlan, NSS staff coordinator, Dr. Ahmed Kabeer, chairman student council, Fiaz Mohammed, KUHS University Union Council handed over the relief fund to Fr. Samuel Vilayil, Bhodhana, Thiruvalla Social Service Society who is in charge of Wayanad flood relief on August 23, 2019.



Dr. Thomas George V.  
NSS program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## PLOGGING RUN AND PLASTIC ERADICATION DAY

On the occasion of Gandhi Jayanthi, a plogging run was conducted on October 3, 2019. Dr. George Varghese, Principal Pushpagiri College of Dental Sciences flagged off the run. The run and plastic garbage collection was coordinated by Dr. Thomas George V., NSS program coordinator and Dr. Sunu Alice Cherian, NSS staff coordinator. NSS student volunteers actively took part in plastic garbage collection and was provided refreshments after the program.



Dr. Thomas George V.  
NSS program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## NATIONAL UNITY DAY

A pencil sketching competition and a seminar on child right and duties was conducted by the NSS unit of Pushpagiri College of Dental sciences on October 31, 2019. Adv. Satheesh Chathenkery, President, Pulikeezh Block Panchayath inaugurated the function. Mr. David Reji, Pathanmathitta District Childline coordinator took a seminar on child rights and duties. Dr. Christopher Philip, Peringara panchayath president gave the felicitation. Fr. Aby Vadakamthala, Medicity director; Dr. Biju Sebastian, vice principal Pushpagiri College of dental Sciences, Dr. Thomas George V., NSS program officer; Dr. Annie Sussan and Dr. Sunu Alice Cherian, NSS staff coordinators were present for the function. Adv. Satheesh Chathenkery said the national unity day pledge, which was taken by the students. Around 140 NSS volunteers attended the seminar. A pencil sketching competition on the theme "unity in diversity" was also conducted in which 12 students took part. Prizes were distributed to the winners.



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Science





# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## CONSTITUTION DAY

The NSS program officer, Dr. Thomas George V; Dr. Sunu Alice Cherian, NSS staff coordinator and NSS student volunteers celebrated the constitution day on November 26, 2019 at Pushpagiri College of Dental Sciences. The preamble of the constitution was read out by the NSS student representative, Unnimaya AP.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## SEMINAR ON ARTICLE WRITING IN MAGAZINE AND NEWSPAPER

A seminar on article writing in magazine and newspaper was conducted on December 4, 2019 at Pushpagiri College of Dental sciences the faculty. The seminar was inaugurated by Dr. Benley George. Dr. Thomas George V NSS program officer, Dr. Annie Sussan Thomas and Dr. Sunu Alice Cherian, NSS staff Coordinators were present for the seminar.



Dr. Thomas George V.  
NSS program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## **SURAKSHA: DENTAL CAMP FOR WOMEN OF SELF-HELP AND THOZHIL URUPP GROUP**

A free dental camp was organized jointly by NSS unit of Pushpagiri College of Dental Sciences along with Peringara grama panchayth for the women of self-help and thozhil urupp group at Chathenkeri community hali on November 15, 2019. The camp was inaugurated by Shri. Sam Eapen, District Panchayath member. Fr. Aby Vadakamthala, director, Medicity gave the key note address. Oral hygiene kit distribution was done by Adv. Satheesh Chathenkery, President Pulikeezh Block Panchayath president. Sbri Christopher Philip and Smt. Vilasini Shaji, Peringara grama Panchayath members; Smt. Minimol Jose, President, Peringara grama panchayath; Shri. Rajan Varghese, Vice president Peringara grama panchayath; Shri Eapen Kurien, Pulikeezh Block Panchayath; Smt. Annie Abraham, Vikasanam Committe Chairperson took part in the inauguration. Orai health education class was given by Dr. Prameetha George Ittycheria, Senior lecturer. Dr. Thomas George V. NSS program officer and head of the department of Periodontics. Dr. Sunu Alice Cherian NSS Staff coordinator and NSS student volunteers took part in the camp. Gingivai health of around 70 women of the seif-heip and thozhil urupp group were screened and documented.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## NSS SPECIAL CAMP TRAINING

A training on NSS special camp was conducted on December 7, 2019 at Pushpagiri College of Dental sciences for NSS student volunteers. The class was well appreciated and the students took active participation in it. Dr. Thomas George V, NSS program officer and Dr. Annie Sussan Thomas, NSS staff coordinator took part in the program.



Dr. Thomas George V.  
NSS program Officer  
NSS/SFU/PNT/KUHS/3



Dr. K. GEORGE VARCHESE  
PRINCIPAL  
Pushpagiri College of Dental Science







# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## ANTINARCOTIC PLEDGE

As part of the government initiative of 'Vimukthi' with theme 'Tomorrow's Drug-Free Nava Kerala', a state mission to fight alcoholism and drug addiction, the antinarcotic pledge was taken by the NSS student volunteers of Pushpagiri College of Dental Sciences on January 16, 2020. Dr. Benley George, vice principal-administration, Dr. Thomas George, NSS program officer, Dr. Sunu Alice Cherian, NSS staff coordinator and Dr. Minimol Joseph, Reader attended the program.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## PREVENTION & MITIGATION OF COVID 19-ADMINISTRATION OF COVID PLEDGE

As part of prevention and mitigation of COVID 19, the COVID pledge was administered in the college campus by the principal, Dr. George Varghese K; NSS program officer, Dr. Thomas George V, NSS staff coordinators: Dr. Sunu Alice Cherian, Dr. Annie Sussan, and NSS volunteers on October 12, 2020.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## INFECTION CONTROL-DONATION OF SANITIZER TO COLLEGE

A sensor sanitizer was donated by the NSS unit as part of the infection control program to the college for the patients on October 20, 2020. Rev. Fr. Aby Vakamthala, director inaugurated the function. Dr. Thomas George V, NSS staff coordinators: Dr. Sunu Alice Cherian, Dr. Annie Sussan, and NSS volunteers were present for the function. Masks were also distributed to the patients.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## CONSTITUTION DAY

The constitution day was celebrated on 26<sup>th</sup> November 2020 at Pushpagiri college of dental sciences. The preamble of the constitution was read. Dr. Thomas George V., program officer led the pledge followed by the NSS staff coordinators: Dr. Annie Sussan, Dr. Sunu Alice Cherian, and NSS volunteers.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## WORLD AIDS DAY

A seminar was conducted on 1<sup>st</sup> December, 2020, World Aids Day at Pushpagiri College of Dental Sciences. Posters made by interns on AIDS was displayed at the Museum of public health dentistry. Dr. Thomas George V., NSS program officer and Dr. Rino spoke on AIDS. NSS staff coordinators: Dr. Annie Sussan, Dr. Sunu Alice Cherian and interns were present for the seminar.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/3



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## SANANDA SENA VOLUNTEERS

The list of NSS Volunteers for organizing a Sannadha Sena in district level who are expert in swimming from Pushpagiri College of Dental Sciences

Sl.No	Name	Address	Phone Number	e-mail Id	Year of Admission	Home District
1	Joejith Sajeev	Thalakotukara House, Thoyakkav P.O. Thrissur, kerala. 680513	97447737 07	joejithsajeev@gmail.com	2017	Thrissur
2	Emlyn Eal Mathew	Kanjirathumttil house, Kottumuri P.O., Paippad, Chagnachery, Kottayam	94007145 43	emlyns1999gmail.com	2017	Kottayam
3	S. Adarsh Kumar	Vezhakattu House, CMC-8, Cherthaia, Aiapuzha	89211697 90	adarshkumars007@gmail.com	2017	Alapuzha

Dr. Thomas George V.  
NSS. Program Officer  
(NSS/SFU/PNT/KUHS/3)



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



PUSHPAGIRI

We care God cures

COLLEGE OF DENTAL SCIENCES

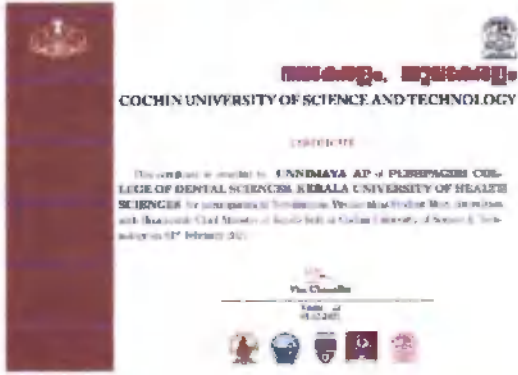
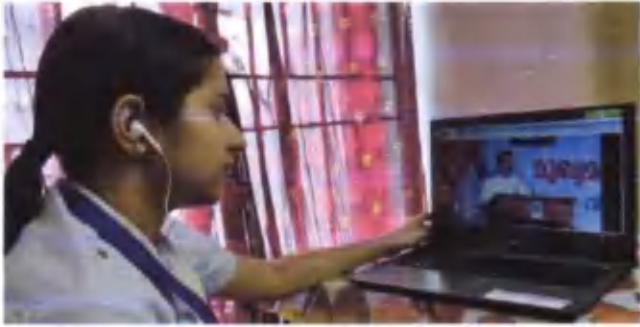


NAVAKERALAM YUVAKERALAM

NSS student volunteers, Harkrishnan and Unnimaya had registered their names for the Navakeraiam Yuvakeram online program on January 27, 2021. Unnimaya A. got nominated for the program and attended the online program on February 1, 2021 hosted by CUSAT.

Navakeralam  
Yuvakeralam@CUSAT on 1st  
February 2021

Dear Student,  
Greetings from the Cochin University of Science and Technology!  
Congratulations !! You have been nominated as an online participant for the Navakeralam Yuvakeralam programme for interaction with Honourable Chief Minister on 1st of February 2021 at the Cochin University of Science and Technology.  
The link for the meeting is as follows:  
[https://us02.zoom.us/j/9202484379](#)  
Login details:  
Username: Your email ID \*  
Password: Your Mobile Number \*  
\*E-mail ID and Mobile number provided at the time of registration or your college.  
You have to login at exactly 9:30 AM.  
Kindly ensure that you attend the meeting without fail for Program Committee.



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/PNT/3



*[Handwritten Signature]*

Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences





# PUSHPAGIRI

*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## INTERNATIONAL WOMEN'S DAY

The International Women's Day was inaugurated on March 8, 2021 by the renowned social worker, Dr. M. S. Sunil. President of the Peringara Panchayath Shri. Mathan Joseph was also present. The guest of honour was Fr. Aby Vadakamthala, Director Institutes. The presidential address was given by Principal, Dr. K. George Varghese. Vice Principal Dr. Biju Sebastian, NSS program officer, Dr. Thomas George V, PTA president and NSS staff coordinator Dr. Annie Thomas and Dr. Sunu Alice Cherian was also present for the function. The 3<sup>rd</sup> year NSS volunteers took part in the program. M.S. Sunil for her social work and Dr. Sunu Alice Cherian for her contribution to NSS and research work was honored as eminent women.



Honouring eminent women on International Women's Day



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences



**PUSHPAGIRI**

*We care God cures*

**COLLEGE  
OF  
DENTAL  
SCIENCES**



Newspaper clips



പുഷ്പഗിരി ഡെന്റൽ കോളേജ് ഓഫ് ഡെന്റൽ സയൻസ് യൂണിറ്റിന്റെ അഭിമുഖ്യത്തിൽ നടത്തിയ സാഹിത്യ ക്യാമ്പും വേദ കവനീകാദിനാചരണവും സാമൂഹിക പ്രവർത്തക ഡോ. എം.എസ്. സുനീൽ ഉദ്ഘാടനം ചെയ്യുന്നു.

Deepika e-newspaper dated March 9, 2021



Malayala Manorama newspaper clipping of the inauguration dated March 9, 2021

Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/PNT/3



**Dr. K. GEORGE VARGHESE**  
PRINCIPAL  
Pushpagiri College of Dental Sciences



# PUSHPAGIRI

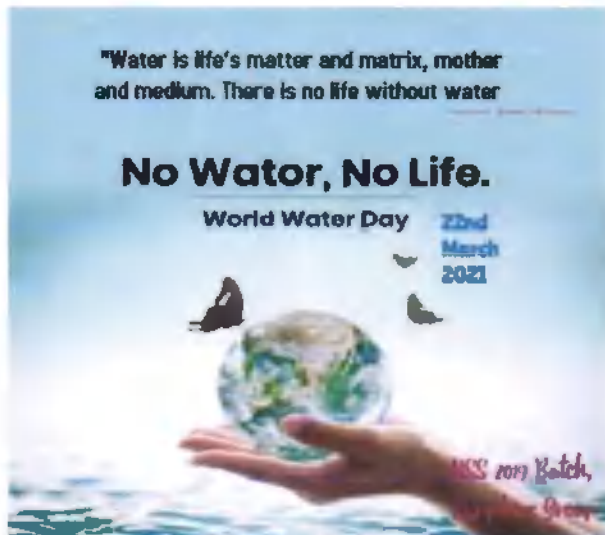
*We care God cures*

COLLEGE  
OF  
DENTAL  
SCIENCES



## WORLD WATER DAY

On the occasion of the World Water Day, an e-poster competition was held among the 2<sup>nd</sup> year BDS NSS student volunteers. They were divided into four groups and each group made an e-poster on March 22, 2021.



Thousands have lived without love  
But not one without water  
- W.H Auden



Dr. Thomas George V.  
NSS Program officer  
NSS/SFU/KUHS/PNT/3



Dr. K. GEORGE VARUGHESSE  
PRINCIPAL  
Pushpagiri College of Dental Sciences

# **NSS 7-DAY CAMP SCHEDULE**

Day	Time	Activities
DAY 1 March 8, 2021	4:00-4:30 pm	(PCDS auditorium) Inaugural function of the seven-day camp
	4:30-5:00 pm	(PCDS auditorium) Ice breaking and group formation
DAY 2 March 9, 2021	6:30-7:30 am	(virtual mode) NSS song Thought of the day Zumba
	10:00-12:45 pm	Survey
	3:00-3:45 pm	(PCDS auditorium) Skill training NSS talk: Dr. Ajithsen NSS state coordinator
	7:00-8:00 pm	(virtual mode) Cultural program
DAY 3 March 10, 2021	6:30-7:30 am	(virtual mode) NSS song Thought of the day Digital paper presentation Evaluation of previous day experience
	3:00-3:30 pm	(PCDS auditorium) Motivation and guidance talk: Mr. Laiju
	3:30-4:30 pm	Awareness seminar: Agriculture seminar: Mr. Mathew
	4:30-6:00 pm	Making Paper pen
	7:00-8:00 pm	(PCDS auditorium) Cultural program
DAY 4 March 11, 2021	6:30-7:30 am	(virtual mode) NSS song Thought of the day Digital paper presentation Evaluation of previous day experience
	3:00-3:45 pm	(PCDS auditorium) Games
	3:45-5:00	Clean campus green campus, planting saplings
	7:00-8:00 pm	(virtual mode) Cultural program
DAY 5 March 12, 2021	6:30-7:30 am	(virtual mode) NSS song Thought of the day Digital paper presentation Evaluation of previous day experience

	10:00-12.30	Covid vaccination
	3:00-3:45 pm	(PCDS auditorium) Succulent plant arrangement: Dr. Twinkle Mary Alex
	7:00-8:00 pm	Evening program cancelled due to covid vaccination
DAY 6 March 13, 2021	6:30-7:30 am	Morning program cancelled due to covid vaccination
	10:30-12:00 pm	Trip to Marygiri Bishop house, TVLA for awareness of vegetable gardening and fish farming
	3:00-3:45 pm	(PCDS auditorium) Awareness class Fire and safety: Fire department, Thlruvalla
	7:00-8:00 pm	Evening program cancelled due to covid vaccination
DAY 7 March 13, 2021	6:30-7:30 am	(virtual mode) NSS song Thought of the day Digital paper presentation Evaluation of previous day experience
	10:00-10:45 pm	(virtual mode) Valedictory session



Dr. K. GEORGE VARGHESE  
PRINCIPAL  
Pushpagiri College of Dental Sciences