



PUSHPAGIRI

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COLLEGE
OF
DENTAL
SCIENCES

19 April 2021

MEETING COVID JAGRATHA SAMITHI - 19.04.2021

Rev Fr Aby Vadakkumthala

Dr K. George Varghese

Dr Biju Sebastian

Dr Benley George

Dr Aby Mathew T

Dr Eapen Thomas

Dr Thomas George

Dr Baby James

Dr Elizabeth Joseph

Dr Sunil S

Dr Omal P.M

Dr Annie Kitty George

Dr Haby Mathew Somson

Sr. Teresit

Mr Mahrouf

Ms Shilpa

Ms Blaze Therese

Ms Neha Ilyas (Intern rep)

Shiju. T. Jom

MIDHON'S ABRAHAM

[Handwritten signatures and notes next to the list of names]

For Annie Pinar Thomas

For Dr. Subbaskrish

19/4/21

Dr. Annie Kitty George

19/4/2021

Shiju

Midhons

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**MINUTES of Meeting of Covid Jagratha Samithi, PCDS on 14.1.2021 at
10.00 am at Council Room, Pushpagiri College of Dental Sciences.**

The following members were present

1. Rev Fr Aby Vadakkumthala
2. Dr K George Varghese, Principal
3. Dr Biju Sebastian, Vice-Principal (Academics)
4. Dr Benley George, Vice Principal (Administration)
5. Dr Sunil. S, Nodal Officer
6. Dr Anniekitty George, Member
7. Dr Haby Mathew Somson, Member
8. Dr Omal P M
9. Dr Eapen Thomas
10. Dr Thomas George
11. Dr Baby James
12. Dr Subbhalekshmi
13. Dr Annie Susan Thomas
14. Mr Mithun
15. Mr Shiju

AGENDA

1. To discuss current Covid situation in the campus
2. To decide upon academic classes of BDS Students
3. To discuss effectiveness of COVID Control measures and re-inforce the protocols to be followed in the campus

DISCUSSION

The meeting of the COVID JAGRATHA SAMITHI, Pushpagiri College of Dental Sciences started at 10.00 am with a silent prayer.

At the outset, Dr George Varghese, Principal welcomed all the members present for the meeting and thanked HODs, Faculty Members for the co-operation extended for the smooth conduct of DCI Periodic Renewal inspection. He specially mentioned efforts taken by Dr Benley, Dr Haby and Mr Bobby in preparing the papers and documents which was appreciated by the inspectors as well. Dr George Varghese informed Rev Fr Aby Vadakkumthala that we can expect some notification/ compliance from DCI regarding minor deficiency, as ours is an institution with BDS, MDS (6 depts) and DORA courses.

Rev Fr Aby Vadakkumthala expressed the gratitude from the Pushpagiri Management and thanked all HODs, And Faculty for their efforts and requested continued supports in future also.



Dr Baby James said that they have specially thanked Inspectors Dr Harish Shetty from their side for his support in the Inspection.

He gave an introduction into the purpose Covid Jagratha Samithi meeting along with HODs to decide upon the actions to be taken regarding academic and clinical functioning in PCDS.

Dr Biju Sebastian gave an overview regarding the decisions from KUHS. He said he had participated in a meeting of the Principals under KUHS and elaborated the discussions and general decisions which included

1. KUHS insisted to avoid shut down of colleges
2. Avoid sending students to home
3. Follow all govt instructions
4. Positive students to be handled as per gov protocols

He mentioned that the situation in PCDS is getting worse as few students from I BDS, II BDS and III BDS have tested POSITIVE and few students in Final Yr part 1 are having symptoms.

Dr George Varghese stated that only immediate exams in April are cancelled by KUHS and that Exams in May are not postponed now. Dr Biju said that KUHS Exams scheduled in May and June can happen unless there is a very serious situation which can result in postponement.

Dr Baby James commented that students are roaming around in the common patient waiting areas. Dr Biju said that Final yr part 2 students have requested for permitting them to stay in hostel. Dr Benley said it is better to leave the final yr part 2 students also home. Dr Biju said that Internal exams of III BDS in Oral Pathology and Gen Surgery is yet to be conducted which can be done in May. II BDS supplementary students practicals and remaining exams can be conducted in May.

Dr Biju said second dose of vaccination for BDS students was supposed to be on April 28th 2021 and it has to be postponed for May 11, 2021. He also mentioned that instructions have been given for conduct of Online Classes for I BDS, II BDS and III BDS. Dr George Varghese said that no circular need to be prepared regarding suspending classes and to be handled by passing the information to respective persons.

Dr Benley said that only few interns will be available in the college. Dr Biju asked about the aerosol procedures whether it should be done or not. Dr Subbhaleskhmi said her opinion that only emergency procedures may be done. Dr Eapen suggested that elective procedure can be postponed and that appointments can be spaced out for minimizing cross contamination. It was decided that all patient treatment procedures can be carried out with strict protocols.

Dr Baby James suggested that strict monitoring of support staff is required and that they need to be instructed properly the Do's and Don't's. He commented that patients are not being taken care properly by them. Dr Subbhaleskhmi enquired whether the ANM staff can be given 1 PPE kit per day. Discussion was held regarding this and Rev Aby Vadakkumthala was of the opinion of giving reusable gowns. Dr Sunil suggested that they should be given



atleast 2 gowns. Rev Aby Vadakkumthala said that he shall think over it and make it available if possible.

Dr Anniekitty mentioned hat she has noted few ANM staff with cough sneezing symptoms. She emphasized the need for proper instructions to be given to them and she has been entrusted with taking awareness classes for ANM in 2 sessions.

Dr Eapen asked about the probability of getting Antigen test facility in PCDS. Dr Biju said that the Medical Superindenant D Abraham Varghese mentioned only RT-PCR can give a true result.

Rev Aby Vadakkumthala enquired whether all staff are vaccinated. Dr Omal said that Dr Lisa and Dr Anju of OMR depts ae not vaccinated. Rev Aby Vadakkumthala said they should be instructed to follow preventive measures strictly

Dr Sunil said screening should be done at the entry level itself which gives more effectiveness for the preventive and control measures. Patient should be screened if they are from containment zones, if so, they shall be instructed to report later.

Dr Eapen was of the opinion that when students and Interns are not available, there can arise some issues related to treatment charges. Rev Aby Vadakkumthala said that patients may be less in the coming days, they should be informed at the reception itself (regarding treatment charges), and that those issues can be handled by administration without causing troubles to the patients and entrusted Dr Benley for handling such issues if it arises.

Dr Haby suggested that monitoring of covid measures need to be caried out by the Covid Jagratha Samithti in the departments.

Rev Aby Vadakkumthaala requested that those who are willing to take annual leaves or LOP leaves can take as in the coming days patients may be less.

Dr Omal said that only 1 fumigator is working, suggested fumigation of department at least one in 3 days. He also requested fumigation of Cafeteria and common areas. He was of the opinion that the labour workers are not wearing masks properly. Dr George Varghese said that while they are working in the clinical areas, to monitor hem for wearing masks. Otherwise during labour work continuous mask usage can cause beathing issues to them .

Rev Aby Vadakkumthala suggested that their contractor can be informed regarding making the workers do Antigen test once in a month.

Dr Sunil enquired whether a paid version of ZOOM can be made available for online clases and expressed difficulty with Google Meet. D George Varghese said that the one procured by Dr Vinod for Interns have validity till August 2021 and can renew it and that it can be used for teaching. Dr Biju said that with one such platform it is very difficult to conduct online classes for all the batches.

Dr Biju informed Rev Aby Vadakkumthala regarding the purchase of Microphones done previously and that it has not been installed in Lecture Halls. Rev Aby Vadakkumthala entrusted Mr Shiju in coordinating the works related to its installation.



Dr Benley reported about the Intercom failure and that its repair works are pending. Rev Aby Vadakkumthala said that the repair works shall be initiated soon.

Dr Biju mentioned about issues related to Buses taking BDS Students to medical college. Rev Aby Vadakkumthala said that he has talked to the driver and he got to know that the students are late to board the bus. Rev Aby Vadakkumthala entrusted Mr Shiju to monitor buses and the students boarding the bus and report to him the issues if found.

Dr Haby suggested that meetings and functions involving too many students to be avoided for few months and that some programmes were conducted last week which can be one probable reason for spread of covid among students.

Dr Biju mentioned that when students are sent home there can be issues related to finishing of their quota of work in each department and suggested that a sympathetic approach should be taken regarding the same. Rev Aby Vadakkumthala requested that instruction should be given to HODs from Principal's office regarding the same.

DECISIONS

1. Since Kerala University of Health Sciences (KUHS) has postponed all theory and practical examinations of April, 2021, in lieu of the current surge in Covid 19 cases in the state, all the Internal examinations which were to be held from 19.04.2021 is hereby postponed. Dates may be declared later after May 3rd, 2021.
2. Since few BDS students have tested Positive for COVID in the campus, it was decided to suspend classes for all BDS Students in the college for 2 weeks from 19.04.2021 to 03.05.2021. Students to report back as per the instructions with a RT-PCR Test report.
3. No BDS Students shall be allowed to stay in the Hostels
4. Online classes to be conducted for all BDS batches
5. It was decided to re in force strict protocols in the institutions under the leadership of Covid Jagratha Samithi for patients, teaching staff, PGs and Non-teaching staff. Patients from containment zone to be identified and to instruct them to report later. All departments to be fumigated once in 3 days, chairs, common areas, cafeteria to be disinfected frequently etc
6. All patient treatments/ procedures to be carried out in respective departments by Faculty and PGs with strict adherence to covid control protocols and make sure that no difficulty is created for the patients.
7. Postpone the date of second dose of vaccination for all students to May 11, 2021. Mr Mihun to co-ordinate.
8. To conduct random inspection in the department and common areas by the Covid Jagratha Samithi to check whether everyone is adhering to protocols and defaulters may be strictly dealt with.
9. If situation improves, all offline classes will resume from 3rd May 2021, strictly in compliance with Govt regulations and KUHS guidelines.
10. All staff of the institution to strictly follow Covid 19 preventive protocols



11. HODs to be informed from Principal's office regarding compassionate approach to final year Part 2 students regarding their quota of work in the respective departments.
12. Mr Shiju to monitor the timing of buses for students to medical college camps and to inform any issues if noted.
13. Mr Shiju to co-ordinate works related to installing Microphone and Speakers in Lecture Halls.
14. ANM Staff to give awareness and education regarding COVID 19 safety measures and control protocols n to monitor them in the department.
15. Awareness class for ANM by Dr Anniekitty in 2 sessions.

The meeting concluded at 11.00 am

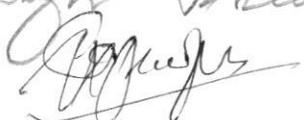
A handwritten signature in black ink, appearing to be 'Shiju', with a long horizontal stroke extending to the right.

Prepared by Dr Haby Mathew Somson

A handwritten signature in black ink, appearing to be 'Haby Mathew Somson', with a long horizontal stroke extending to the right.

A meeting of the Covid Jagratha Samithi of Pushpagiri College of Dental Sciences was held on 19.04.2021. The following decisions were taken unanimously:

1. The Kerala University of Health Sciences (KUHS) has postponed all theory and practical examinations of April, 2021, in view of the current surge in Covid 19 cases in the state. Since a few BDS students of PCDS have tested Positive for COVID, it was decided to suspend classes for all BDS Students in the college for 2 weeks from 19.04.2021 to 03.0.2021. Students to report back as per the instructions with a RT-PCR Test negative report.
2. All BDS students have been instructed to go home.
3. Arrangements have been made to conduct Online classes for all BDS batches
4. It was decided to reinforce strict COVID protocols in the institution under the supervision of Covid Jagratha Samithi for patients, teaching staff, PG's and non-teaching staff. As practiced now, patients will be screened to identify whether they are from the containment zone and segregation on that basis will be done.
5. Strict instructions have been given to all departments to make sure that fumigation is done once in 3 days. Chairs, common areas, cafeteria etc. to be disinfected frequently.
6. All patient treatments/ procedures to be carried out in respective departments by Faculty and PGs with strict adherence to Covid control protocols and ensure that no difficulty is created for the patients.
7. Postpone the proposed date of second dose vaccination for all students from 28-4-2021 to May 11, 2021.
8. To conduct random inspection of the departments and common areas by the COVID Jagratha Samithi to check whether all are adhering to protocols and defaulters may be strictly dealt with.
9. If situation improves, all offline classes shall resume from 3rd May 2021, strictly in compliance with Govt regulations and KUHS guidelines.
10. ANM Staff shall be given awareness programmes regarding COVID 19 safety protocols and control measures.

Submitted to CEO on 19/4/21
through Director Institutions




**MINUTES of Meeting of Covid Jagratha Samithi PCDS with Health Department
on 11.2.2021 at**

11.00 am at Council Room, Pushpagiri College of Dental Sciences.

The following members were present

1. Dr K George Varghese, Principal
2. Dr Sunil S
3. Dr Annie Kitty George, Member
4. Dr Vinod Mathew
5. Dr Haby Mathew Somson
6. Dr Christy. K Jose (Vice Principal, PCP)
7. Mrs Latha Kumari (Jr Health Inspector)
8. Mrs. Tintu

AGENDA

To discuss and implement necessary protocol in Pushpagiri Medicity Campus in lieu of 2 COVID POSITIVE CASE AMONG STUDENTS IN THE CAMPUS.

THE MEETING STARTED AT 11 AM.

DISCUSSION

AN EMERGENCY meeting of COVID JAGRATHA SAMITHI, Pushpagiri College of dental Sciences started at 11 am in the council hall in presence of Mrs Latha Kumari, Junior Health Inspector.

It was informed by Dr Sunil that 2 positive cases have been identified among students of dental college today morning and it was informed to the health department. Mrs Latha Kumari, JHI attended and enquired regarding the primary contact and secondary contact of positive cases. She enlisted the present govt guidelines to be followed for positive cases. She explained how the food should be served, washing of plates and utensils etc. She said that in mess hall students should follow distancing while eating food, use of masks, frequent hand washing etc. The precautions taken and safety measures discussed and implemented by Covid Jagratha Samithi was explained to the JHI. Fumigation, sanitization, cleansing etc followed inside the campus and institution was demonstrated to JHI. Photographs and video of the equipment and materials were taken by JHI.

A discussion was held regarding the current protocol to be followed for Covid positive patients and primary contacts. JHI advised that positive cases can be in home quarantine if they have the facilities for room quarantine and need not be in hospital. She mentioned that primary contacts can be in either institutional quarantine or home quarantine. The list of COVID Positive students, list of Primary contacts were prepared and submitted to JHI.



Discussion was held regarding reinforcement of the institution protocols with regard to use of masks, sanitizer, and social distancing. It was decided that any violation of the protocol shall attract fine.

Minutes of today's meeting, attendance of the members present, affidavit for positive cases and primary contacts, list of positive cases, list of primary contacts etc to be submitted to health department through Mrs Lathakumari, JHI.

DECISIONS

COVID Positive

1. Those who are tested Covid positive can go home with parents in ambulance after procuring a signed affidavit from student and parent.
2. They should inform the Health Authorities (PHC/CHC) near their home immediately after reaching there.
3. They should be in home quarantine.
4. COVID Antigen test to be done after 10 days.
5. Once tested COVID negative in Antigen they have to be in home quarantine for another 7 days.
6. If tested positive again, follow the guidelines by the concerned health authorities
7. They shall report to college only after 1 month from the date of first test positive result.
8. They should submit necessary COVID negative Test result on arrival to college.

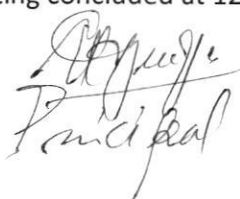
Primary Contacts

1. Primary contacts have to go home and to in quarantine at home.
2. They have to inform the Health Department (PHC/CHC) near their home immediately after reaching there.
3. COVID RT-PCR Test to be done after 7 days
4. Once tested COVID negative in RT-PCR they have to be in home quarantine for another 7 days.
5. If tested positive again, follow the guidelines by the concerned health authorities.
6. They shall report back to college only after 2 weeks from the date of leaving home with the necessary negative test results (Antigen/RTPCR) on arrival at college.

General Decisions

1. To strictly re-inforce the use of masks, sanitizer and maintaining social distancing in college premise and hostels. Any violation to be strictly dealt with including fine. A circular to be sent to all departments, students and hostels regarding the same
2. To ensure social distancing in mess hall, lecture halls and canteens.

The meeting concluded at 12.30 pm



Principal

Dr Haby Mathew Somson





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11 February 2021

MEETING WITH HEALTH DEPARTMENT 11.02.2021

Dr K. George Varghese, Principal PCDS

Dr Sunil S, Prof and HOD

Dr Annie Kitty George,

Dr Haby Mathew Somson

Dr Vinod Mathew

Dr Christy K. Jose, Vice Principal, PCP

Mrs Latha Kumari (Jr. Health Inspector)

Mrs Tintu

Date

AFFIDAVIT

I has been tested COVID Positive and has been instructed by the Covid Jagratha Samithi, Pushpagiri College of Dental Sciences after consultation with COVID Cell Pushpagiri Medical College Hospital and Health Department, to be in isolation at Pushpagiri Medical College Hospital. I have opted to go home along with my parent in ambulance at my own risk. I shall inform the Health Department (PHC/CHC) near my home immediately after reaching there and remain in home quarantine. I shall get tested after 10 days for COVID (Antigen test). I shall remain in quarantine for another 7 days once I get tested negative in COVID Antigen test. I shall report back to College only after one month from this date with the necessary negative test results (Antigen/RT-PCR) on arrival at college

Address

Name & signature of student

Phone number

Name and signature of parent



Date

AFFIDAVIT

I have been identified as to be in primary contact of a Covid Positive case. I have been instructed by the Covid Jagratha Samithi, Pushpagiri College of Dental Sciences after consultation with Covid Cell, Pushpagiri College of Dental Sciences and Health Department, to be in home quarantine. I have opted to go home and shall inform the Health Department (PHC/CHC) near my home immediately after reaching there. I assure that I shall be in home quarantine and shall get tested after 7 days for COVID RTPCR Test. I shall remain in quarantine for another 7 days once I get tested negative in RTPCR test. I shall report back to college only after 2 weeks from this date with the necessary negative test results (Antigen/RTPCR) on arrival at college.

Address

Name & Signature of Student

Phone number:

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COLLEGE OF DENTAL SCIENCES

MEDICITY, PERUMTHURUTHY, TIRUVALLA - 689107

(AN UNDERTAKING OF PUSHPAGIRI MEDICAL SOCIETY, REG. NO. P. 73/92)

(NAAC Accredited Dental College)

**Blaze Therese Cheeran, Cheeran House, Chakolas County, Viyyur Thrissur -
Pin: 680 010 Ph: 7025907895**

Primary contacts

1. Jeny Mary Jose, Parakkumthanatha House, Karunechi Edakkara P.O., Malappuram 679331 Ph:9400703955
2. Jeena Kurian, Chulaparambil, Valiyamaram Ward, Alleppey Ph:9495463783
3. Catherine Stanley, Edattukaran House, Mala P.O., Thrissur - 680732 Ph:8301871498
4. Chinnu Mary Jose, Vadakkedathu Saji Sadanam, Kadampanadu South P.O., Pathanamthitta - 691553 Ph: 9745738611
5. Fathima Febin U, Urothiyil House, Omachapuzha P.O., Theyya Malappuram - 676320 Ph: 9400796201
6. Dennis Alexander Joshie, Manjanam Kuzhiyil House, Kudamaloor, Kottayam Ph: 7907923908
7. Dr Arjun Parameswar, Punnamparambil House, Ponkunnam P.O., Kottayam - 686506 Ph: 9446000333

**Riya Joy, Thiruthanathil House, Mookkannur P.O., Angamaly, Ernakulam - 683577
Ph: 9747865997**

Primary contacts

1. Alwina Anto, Thattil House, Korumbissey Iranjalakuda, Thrissur - Ph:8592085689
2. Riya Rose Joseph, Kunnel House, Edathua P.O. 689573 Ph: 6235929121
3. Rashika Parveen, Raihan Karad Road P.O., Farook College, Calicut - 673632 Ph: 8157821353
4. Neha Ilyas, Zuhara Mansion P.O., Nettoor, Thalassery - 670105 Ph: 8606146804
5. Renjitha R, Manimandiram, Moolavattam P.O., Kottayam - 686 012 Ph: 9497215428
6. Glory Anne Philosen, Thurackal House, Kavakkad P.O., Muvattupuzha, Ernakulam Pin 686668 Ph:9072044327
7. Siva Priya K, Vadoor House, Battoli Bazar P.O., Balussery, Calicut Ph: 9747872847

PUSHPAGIRI COLLEGE OF DENTAL SCIENCES

MEDICITY, PERUMTHURUTHY, TIRUVALLA- 689107 KERALA, INDIA

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E-mail:dentalcollege@pushpagiri.in Web-site:www.collegeofdentalciences.pushpagiri.in

**MINUTES of Meeting of Covid Jagratha Samithi, PCDS on 11.1.2021 at
9.30 am at Council Room, Pushpagiri College of Dental Sciences.**

The following members were present

1. Dr K George Varghese, Principal
2. Dr Biju Sebastian, Vice-Principal (Academics)
3. Dr Sunil. S, Nodal Officer
4. Dr Anniekitty George, Member
5. Dr Haby Mathew Somson, Member
6. Mr Saji M Mathew, PTA President
7. Mr Maharouf, Student Representative
8. MS Blaze Therese, Student Representative
9. Ms Shilpa, Student Representative

Special invitees

1. Sister Theresit, Ladies Hostel in charge
2. Sister Ann, Ladies Hostel in charge
3. Dr Sharlene, 1st BDS Staff in charge

AGENDA

To discuss and implement the guidelines prescribed by Kerala University of Health Sciences (KUHS), with regard to re-opening of colleges and admit of students into the campus.

The meeting started at 9.30 am.

DISCUSSION

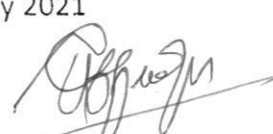
The first meeting of the newly constituted COVID JAGRATHA SAMITHI, Pushpagiri College of dental Sciences started at 9.30 am with a silent prayer.

At the outset, Dr George Varghese, Principal welcomed all the members present for the meeting and gave an introduction into the purpose of this kind of Covid Jagratha Samithi and meeting. He said that the KUHS has insisted on constituting COVID JAGRATHA SAMITHI in each colleges and the Samithi has to implement and monitor covid precautionary measures in the campus. He mentioned that the new batch of 1st BDS students shall be joining in a week and the matters related to their welcoming and movement in the campus needs to be discussed with urgency

A general open discussion was held with regard to new batch 1st BDS students reporting to campus and matters were discussed with Dr Sharlene and Wardens.

Decision regarding new 1st BDS students

1. New batch of 1st BDS students shall report to campus on 18th, January 2021



2. Students have to report with a Negative RT-PCR Test report done within 48 hours prior to the time of reporting to campus
3. Students and parents have to sign a declaration on covid measures and management in the campus.
4. Students and parents shall be informed about the facilities they should be equipped with for online classes (smart phones and internet connection preferably Jio)
5. Students should bring their own personal sanitizer, N 95 masks face shield etc
6. Students shall be assembled in library maintaining covid protocols for filling up forms, affidavit etc and they shall be briefed about the covid precautions taken in the campus and regarding their classes.
7. Students have to be in quarantine for 5 days in College Hostel
8. Classes shall be conducted offline from 25th January 2021.
9. Day scholars are permitted to join for classes and they are instructed to use private vehicles for their travel.

DISCUSSION

Dr Biju Sebastian enumerated the list of guidelines by KUHS and each of which were discussed and enquired with hostel wardens. A noteworthy worry stated by wardens was that in the mess hall students of dental college and pharmacy college were mingling each other. Wardens enquired whether outside food should be allowed or not for which discussion was held. They said that the general quality of food is better for the past 3 weeks. Students raised some issues regarding mess food served that sometimes food are insufficient and so on. In mens hostel, some of the bathrooms were having some troubles. Some blockage in Ladies Hostel Bathrooms, lack of hand wash / sanitizer facility at the entrance of hostels.

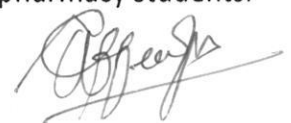
Students raised issues related to purchase of essentials for students as they are not permitted to go outside. Dr Sunil suggested that batch wise, a representative may collect a list of essentials to the wardens on a once in fortnightly basis so that it may be procured by the wardens somehow. Wardens were of the opinion that such an option is more practical and arrangements can be made for such purchase batchwise.

Dr Anniekitty suggested that a every student should carefully use the toilets and bath rooms as it can be a potential space for spread of infection without even knowing. She was of the opinion that every student to carry a spray bottle in which sodium hypochlorite disinfection solution may be supplied at some common point, so that they can disinfect the area before their use.

Mr Maharouf was of the opinion that pharmacy students are playing outside in the campus after college hours and whether such activity may be permitted for dental college students also. He also mentioned that NO warden is there for Mens hostel nowadays.

Decisions (hostels)

1. To make SEPARATE SEATING ARRANGEMENT in mess hall for dental and pharmacy students and wardens to monitor the same occasionally.
2. To make separate arrangement for SERVING FOOD for dental and pharmacy students.



3. Disinfection and sanitization in mess hall to be done by the catering staff (as informed by warden)
4. NO OUTSIDE FOOD to be allowed for the students through online orders, orders over phone, Zomato, swiggy etc
5. COURIERS, POSTS etc may be ALLOWED for students which shall be received at one allotted area in hostels and notified to students and to be handed over after 2 days.
6. Batch wise, a representative to collect list of essentials to be bought and handed over to wardens and wardens shall make arrangements to purchase the items from outside and hand over the items to concerned students.
7. To encourage each student to use disinfectants in toilets and bath areas.
8. To solve issues like blockage of bathrooms , toilets etc within the administrative limits of wardens and maintenance staff.
9. Outdoor sports, activities, crowding, gathering NOT ALLOWED in the campus. But walking is permitted.

DISCUSSION

Discussion was held regarding conduct of offline lecture classes. Dr Haby was of the opinion that lectures can be taken as a single batch maintaining social distancing since our lecture halls are large and spacious. Dr George Varghese also suggested the same arrangement. Dr Biju Sebastain said that Microphone and speaker shall be arranged in lecture halls. Dr Anniekitty reported that the frequent sanitization of lift and railings are not being done vigilantly for the past few weeks. Dr Sunil said that Ms Tintu who was monitoring such activity was on leave in lieu of her marriage and that such matters shall be monitored vigilantly. Dr George Varghese suggested that sanitizer with pedal stand in front of lecture halls shall be recommended to the management.

Discussion was conducted regarding steps to follow if any student turns covid positive.

Decisions regarding college

1. To install Microphone and Speaker in Lecture Halls.
2. To vigilantly monitor sanitization of lifts and railings
3. In case any student turns covid positive, parents to be informed from the college office and parents can take their ward to their own place. Also information will be passed to Pushpagiri Medical College, Covid cell, and facilities including Isolation and treatment can be availed from Pushpagiri Hospital

RECOMMENDATIONS

1. Making arrangements for hand washing using soap in front of Mens hostel and Ladies hostel
2. To install pedal stand with sanitizer bottle in front of lecture halls and auditorium.

The meeting concluded at 11.00 am

Prepared by Dr Haby


Dr. K. George Varghese MSc.
Principal





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MEETING COVID JAGRATHA SAMITHI PCDS 21.01.2021

Rev Fr Aby Vadakkumthala -

Dr K. George Varghese -

Dr Biju Sebastian -

Dr Benley George -

Dr Sunil S -

Dr Annie Kitty George -

Dr Haby Mathew Somson -

Mr Saji M Mathew -

Mr Mahrouf -

Ms Shilpa -

Ms Blaze Therese -

From,

Bandana Arun.

BDS 2nd Year.

Pushpagiri College of Dental Sciences.

Thiruvalla.

Date: 20 January 2021

To Dr. Biju Sebastian.

Vice Principal (Academics)

Pushpagiri College of Dental Sciences.

Thiruvalla.



Respected Sir,

Subject: Leave for dental treatment.

I request you to kindly provide one out of station leave for carrying out the orthodontic treatment undergoing by me at ~~in~~ Kanjirapally. Due to University Exams I missed by last three sittings and now I am suffering from mouth ulcers due to the displacement of braces.

I hereby confirm that I will abide by the COVID-19 PROTOCOLS before rejoining after my treatment.

Yours Faithfully,

 (Bandana Arun)

Forwarded to
Coord Jagratha

Comptroller

21/1/21

To
The vice Principal
Pushpagiri college of dental sciences
Thiruvalla

18th January 2021


sub: leave application

Sir,

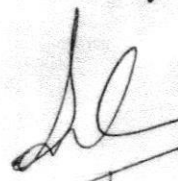
This letter holds purpose in requesting you
to grant me permission to leave the college as
I have an appointment with a doctor for the
treatment of varicose vein.

Kindly grant me leave

Yours Truly


Catherine Joe
IIIRD BDS

Forwarded to Coord Jagdish
Committee.


21/1/21



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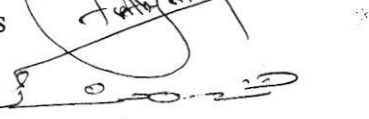


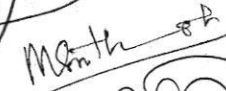





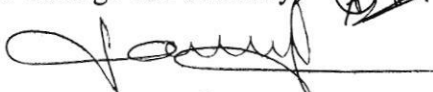
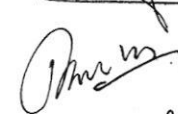


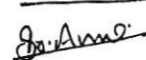
MEDICITY, PERUMTHURUTHY, TIRUVALLA - 689107

(AN UNDERTAKING OF PUSHPAGIRI MEDICAL SOCIETY, REG. NO. P. 73/92)

(NAAC Accredited Dental College)

MEETING ON 08 FEBRUARY 2021 AT 1.00PM IN COLLEGE COUNCIL HALL

SIGNATURE SHEET

1. Rev Fr Aby Vadakkumthala - Director Institutions 
2. Rev Fr John Padippurackal - Director Finance 
3. Dr K. George Varghese - Principal PCDS 
4. Dr Santhosh M Mathews - Principal Pharmacy College 
5. Dr Abraham Varghese - Chairman Enquiry Committee 
6. Shri Jacob Job IPS - General Manager PMCH 
7. Dr Ajith. V - Coordinator Pushpagiri Infection Control Unit PIMS & RC 
8. Dr Biju Sebastian - Vice Principal (Academics) PCDS 
9. Dr Christy K. Jose - Vice Principal (Pushpagiri College of Pharmacy) 
10. Mr Johnson Paulose - HR Manager PMCH 
11. Mr Vijayakumar - Administration Manager PMCH 
12. Dr Saritha Susan Varghese - Community Medicine PIMS & RC 
13. Sr Teresit - Warden PCDS Hostel 
14. Sr Ann - Warden Pushpagiri Pharmacy College Hostel 



PUSHPAGIRI COLLEGE OF DENTAL SCIENCES

MEDICITY, PERUMTHURUTHY, TIRUVALLA- 689107 KERALA, INDIA

Tel.: +91-469-2645210. Fax: +91-469-2645282

E-mail: dentalcollege@pushpagiri.in Web: www.pushpagiri.in

Detailed Report of the suspected Food poisoning at Pushpagiri Medicity campus

On 30-1-2021(Saturday) one female hostel inmate of Dental college reported to the hostel Warden with complaint of vomiting. She was taken by the warden to Pushpagiri Medical college hospital for further check up and treatment. On the same day at 4pm, 4 students reported with similar symptoms and were taken to PMCH. They were kept under observation for 5 hours and later discharged.

Immediately Fr Aby Vadakkumthala, Director Institutions arranged a medical team from Pushpagiri Medical College Hospital with medicines led by Dr Abraham Varghese, Professor General Medicine & Medical Superintendent to attend the hostel inmates and provide treatment. The medical team took full care of the students from 6.30 pm till 4am the next day.

The mess contractor Mr Varghese (Jose Inn) was changed immediately and a new mess contractor Mr Aji (Green Chillies) was given charge from 30-1-21 evening onwards. Kanji was served for the affected students.

On 31-1-2021(Sunday) some students complained of minor symptoms and they were taken to PMCH. They were provided treatment and later discharged. In the evening some parents took back their children to their homes.

A total of 30 dental students and 26 pharmacy students were affected by this problem.

A team of 2 members from the Food and safety department conducted an enquiry with students and warden. They collected sample of the drinking water for testing. Later on another team from the Food and safety department came and conducted an enquiry with students and wardens and checked the mess hall and took water samples for testing.



On 4-2-21 a PTA meeting was conducted to resolve the mess issue of students. It was decided in the meeting to form a new mess committee and fix a new mess team at the earliest.

A team from Community medicine of PMCH conducted an enquiry with students and they collected the stool samples for culture. Water samples were also collected for testing.

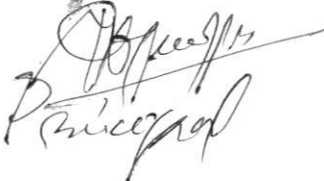
On 5-2-21 the Sub collector of Pathanamthitta District Shri Chetan Kumar Meena IAS met Dr K George Varghese (Principal Dental College), Dr Biju Sebastian (Vice Principal Academics Pushpagiri Dental College) and asked to submit an Internal enquiry report by 11-2-21. Smt. Latha Kumari, Junior Health Inspector was also present.

At 3.30pm Health Inspector, Health Superintendent, Junior Health Inspector came and conducted an enquiry with Director Institutions Rev Fr Aby Vadakkumthala, Wardens and students.

On 6-2-2021 at 2.00p.m Mr Sasidharan the Public Health In charge, District Medical Office, Pathanamthitta and Mrs Latha Kumari, Junior Health Inspector Chathenkary conducted an enquiry with Dr Benley George Vice Principal Administration and Mrs Tintu GRO PCDS and Students. They inspected the mess hall.

15 inmates of Ladies Hostel (9 Dental & 6 Pharmacy) were sent for RTPCR test at PHC Chathenkary as per the directions of Smt. Latha Kumari, Junior Health Inspector, Chathenkary.

On 08 February 2021 as per the directives of the sub collector an enquiry committee was constituted with 15 members to conduct an enquiry on 09 February 2021 regarding the incident and submit the report on 11.02.2021 which will be forwarded to the Sub Collector Pathanamthitta.


Principal





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(AN UNDERTAKING OF PUSHPAGIRI MEDICAL SOCIETY, REG. NO. P. 73/92)

(NAAC Accredited Dental College)

LIST OF STUDENTS WHO ARE AFFECTED

Dental

1. Namitha George
2. Vidya Merin Vincent
3. Sruthi Krishna s
4. Anju Varghese
5. Stephy SAjan
6. Ardra M Alex
7. Susan Ann Roy
8. Sumayya
9. Monica Mohan
10. Treesa Ben
11. Mariya Martin
12. Meghna Ann Thomas
13. Stephy Sajan
14. Riya Rose
15. Kripa Mariam
16. Athila Beegam
17. Blaise Therese
18. Anugraha Mariam
19. Swathy
20. Sidharth
21. Alvina
22. Benetta
23. Josmy
24. Aleena Varghese
25. Neha
26. Gracemol
27. Sara Sibichen
28. Alphy Ann
29. Maymol Francis
30. Atheena T.S
31. Gayathri Vijahyan
32. Silja C.A

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(NAAC Accredited Dental College)

Pharmacy College

1. Julia Joseph
2. Junie Mathew
3. Jinumol Joseph
4. Nimisha Thomas
5. Sharoon
6. Lekshmi
7. Ahira
8. Libina
9. Malavika
10. Gopika
11. Roshni
12. Juby Jose
13. Anusha
14. Malavika
15. Nibal Muhammed
16. Albin
17. Gopika
18. Mithra
19. Vineetta
20. Nisha
21. Anija
22. Christy Ann Joice
23. Elizabeth
24. Juby Jose
25. Shelin Susan
26. Merin



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(NAAC Accredited Dental College)

LIST FOR RTPCR TEST ON 06.02.2021 AT PHC CHATHENKARY

Dental College

1. Ardra M. Alex
2. Gracemol
3. Treesa Ben
4. Steffy Sajan
5. Silja C.A
6. Atheena T.S
7. Athila Beegam
8. Gayathri Vijayan

Pharmacy College

9. Libina Joseph
10. Gopika. M
11. Mithra Mathew
12. Junie Mathew
13. Roshni Elsa Roy
14. Sharon Mariam Jacob



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(AN UNDERTAKING OF PUSHPAGIRI MEDICAL SOCIETY, REG. NO. P. 73/92)

(NAAC Accredited Dental College)

MEETING ON 08 FEBRUARY 2021 AT 1.00PM IN COLLEGE COUNCIL HALL

MEMBERS

1. Rev Fr Aby Vadakkumthala - Director Institutions
2. Dr K. George Varghese - Principal PCDS
3. Dr Santhosh M Mathews - Principal Pharmacy College
4. Dr Abraham Varghese - Chairman Enquiry Committee
5. Shri Jacob Job IPS - General Manager PMCH
6. Dr Ajith. V - Coordinator Pushpagiri Infection Control Unit PIMS & RC
7. Dr Biju Sebastian - Vice Principal (Academics) PCDS
8. Dr Christy K. Jose - Vice Principal (Pushpagiri College of Pharmacy)
9. Mr Johnson Paulose - HR Manager PMCH
10. Mr Vijayakumar - Administration Manager PMCH
11. Dr Saritha Susan Varghese - Community Medicine PIMS & RC
12. Sr Teresit - Warden PCDS Hostel
13. Sr Ann., Warden Pushpagiri Pharmacy College Hostel





PUSHPAGIRI

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COLLEGE
OF
DENTAL
SCIENCES

MEETING COVID JAGRATHA SAMITHI MEDICITY UNIT- 03.02.2021

Rev Fr Aby Vadakkumthala

Dr K. George Varghese

Dr Santhosh M. Mathews

Dr Biju Sebastian

Dr Benley George

Dr Aby Mathew T

Dr Elizabeth Joseph

Dr Sunil S

Dr Annie Kitty George

Dr Haby Mathew Somson

Sr. Teresit

Sr Ann

Mr Marvin

Mr Saji M Mathew

Mr Mahrouf

Ms Shilpa

Ms Blaze Therese

Ms Neha Ilyas (Intern rep)

Somaja Babu (P.T.A) Pharmacy College-

Mrs Kanthi PTA Pharmacy College

Mr Aswajith (Student rep)

Mr Subith(Student rep)

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Mr Alosious(Student rep)



Ms Reshma Benny(Student rep)



Ms Josmy(Student rep)



Ms Ashma(Student rep)



Dr. for me the George South,

Dr. Christy K. Jose



K. J. Goso



Arun J. Mathew (Student Rep PCP)



11/10/1918

**MINUTES of Meeting of Covid Jagratha Samithi, Medicity Unit on 3.2.2021 at
11.30 am at Auditorium, Pushpagiri College of Dental Sciences.**

The following members were present (Pushpagiri College of Pharmacy and Pushpagiri College of Dental Sciences)

1. Rev Fr Aby Vadakkumthala- Director-Institutions
2. Dr K George Varghese, Principal, PCDS
3. Dr Santhosh M Mathews, Principal, PCP
4. Dr Biju Sebastian, Vice-Principal, PCDS (Academics)
5. Dr Benley George, Vice-Principal, PCDS (Administration)
6. Dr Christy K Jose (Vice-Principal, PCP)
7. Dr Aby Mathew T, HOD, PCDS
8. Dr Elizabeth Joseph, HOD, PCDS
9. Dr Anniekitty George, Member
10. Dr Haby Mathew Somson, Member
11. Mr Saji M Mathew, PTA President, PCDS
12. Sr Theresit, Ladies hostel warden
13. Sr Ann, Ladies hostel warden
14. Mr. Marvin, System Administrator
15. Mr Maharouf, Student, PCDS
16. Ms Blaze Therese, Student, PCDS
17. Ms Neha Ilyas, Student, PCDS
18. Ms Shilpa, Student, PCDS
19. Mrs. Somaja Babu, PTA-PCP
20. Mrs. Kanthi, PTA-PCP
21. Mr. Aswajith, Student, PCP
22. Mr. Subith, Student, PCP
23. Mr. Alosious, Student, PCP
24. Ms Reshma Benny, Student, PCP
25. Ms Josy, Student, PCP
26. Ms Ashma, Student, PCP
27. Dr Prameetha George
28. Mr K.J Jose, PTA-PCP
29. Mr. Arun. J. Mathew, Student, PCP

AGENDA

1. Recent unfortunate incident in Hostel due to suspected food poisoning through mess food served in hostels.
2. Request from BDS students to relax the COVID guidelines being followed in college- RT-PCR test, allowing them to go home on request, allowing outside food by Zomato, Swiggy etc, allowing them to go outside for purchase, hair cut etc



3. Request from BDS students regarding declaration of leave for a week, reduction of clinical quota etc or at least granting of medical leave for students who are very sick.
4. Sports and extra-curricular activities for students.
5. Quality of drinking water in the campus
6. Complaint from students regarding the facilities provided in hostels- no: of students per room, lack of proper toilet facilities

The meeting started at 11.40 am.

DISCUSSION

The first meeting of the COVID JAGRATHA SAMITHI, Medicity Unit, a combined meeting of Samithi of Pushpagiri College of Pharmacy and Pushpagiri College of Dental Sciences started at 11.40 am with a silent prayer.

At the outset, Dr George Varghese, Principal welcomed all the members present for the meeting and gave an introduction into the purpose of this kind of Covid Jagratha Samithi Medicity Unit. He said that the both colleges are in the same campus and that necessitates a joint discussion in many matters. Since it was a combined meeting, he was of the opinion that it would be better if the members attending the meeting introduce themselves.

After self-introduction by the members, Dr George Varghese gave a briefing about the measures undertaken in Pushpagiri College of Dental Sciences by the Covid Jagratha Samithi. He enumerated the decisions related to use of masks, face shields, apron, separate arrangements in mess hall, lecture halls ensuring social distancing, RT-PCR tests prior to joining, use of sanitizers, restriction on outside food delivery at hostels, restriction of outdoor sports activities etc

Dr Santhosh M Mathews gave a brief outline of measures undertaken by the Covid Jagratha Samithi in Pushpagiri College of Pharmacy which included separate entrance facility, classrooms, washing area for hostellers and day scholars, RT-PCR tests etc.

Dr George Varghese invited response and opinions from student representatives and parents.

DISCUSSION – MESS and FOOD

1. **Mr ASWAJITH** said that the quality of food served in mess was not good for the past few weeks and they have repeatedly told regarding this every week. But no improvement or action has been taken. Unfortunately, 3 -4 days back, a large number of students were affected due to some suspected food poisoning. He requested that some immediate remedy to be initiated regarding mess.
2. **Mr K.J JOSE** said about suspected food poisoning and that good support has been given by the management for handling the situation with urgent attention and care. He was of the opinion that, some person responsible from the authorities should taste the food served to students as it's the normal for the catering people to gradually



reduce the quality of food everywhere. But he repeated reminding about the quality of food can solve the issue to a great extent. He also said that food wastage should not happen due to poor quality of food. He appreciated the efforts and response from Dr Santhosh during the crisis time while the parents contacted him over the phone.

3. **Mrs KANTHI** admitted that she took admission for her ward in this institution as Pushpagiri is one among the best colleges in the state, but expressed her worries regarding the food served in mess. She said that her ward many times informed about the poor quality of food and even worm were identified in the food served 3 or 4 times. She humbly requested to take actions for improving the quality of food served in mess and that it's the responsibility of authorities to see that such incidents don't get repeated.
4. **Ms JOSY** stated that the quality of food has been bad for many days and the new mess also is having the same quality only, nothing better. She said that many students are facing health problems like gastritis and their exams are coming up and its tension also accumulates and disturbs their mental state. She requested that sufficient quantity of good food to be served in mess.
5. **Ms ASHMA** also reported that the quality of food has been pathetic and has many times seen worms in the served food. She said that many students who were affected by food poisoning were not recovering even after medication that that it shows the seriousness of the incident. She suggested that a person should be there to monitor the mess regarding its general functioning.
6. **Ms NEHA** was of the opinion that the toilets in ladies hostel, many are common toilets and they are not clean which can be a cause of many infections. So she requested that cleaning measures should be implemented serious attention.
7. **Mr MAHAROUF** said that the food served after college reopening post lockdown has been pathetic with regard to the quality and quantity. He said that many students were affected and they need to know the real cause of such an illness ie the report from food and safety dept. He also suggested that it would be nice if random antigen tests are conducted in dental college as many students and staff are dealing with patients everyday.
8. **Ms BLAISE** informed that she herself got admitted due to the food issue and even now only the symptoms are being treated and the exact cause has not been identified. Many have not still recovered from illness.
9. **Ms RESHMA** said that the food problem in mess has been there for few months and that the students are adjusting with it. The students were taken to medical college hospital in 2 or 3 trips and the situation was like a medical camp. Also many parents had to hire vehicles to reach the campus for taking care of their wards. She requested that this kind of situation should not be allowed to repeat.
10. **Ms SHILPA** said that many students who had dormitory like accommodation got affected more and that few students who didn't take food also got troubles and many are yet to recover. She was of the opinion that the response from medical college has not been proper. She requested that those who are not well may be allowed to go home.



11. **Mr ARUN** said that many students who got admitted in casualty had to pay for their treatment and he requested compensation for such payments. He also said that students or parents have not received correct reason for this kind of illness.
12. **Mr SUBITH** said that no mess meeting has been conducted in the hostel for many months and that such meetings should happen to discuss food issues without delay.
13. **Mr ALOSIOUS** said that during the time when students were not using hostel due to covid lockdown restriction for offline classes, hostel rent was collected by management stating maintenance of hostel, but no such work has been seen in hostels. Immediate overnight change in mess has resulted in an increase in mess fee and that the food is not good even during the beginning days of their service.
14. **Rev Fr ABY VADAKKUMTHALA** expressed his grief at the unfortunate incident that happened in hostel due to some issue with mess food. He appreciated the efforts undertaken by the wardens and the student volunteers in handling the emergency situation very efficiently. He also expressed his concern at the outburst by few parents over phone regarding the issue. He was of the opinion that food is an important matter for the students and that if food is good, many things will be good for them in the campus. He insisted that a Food or Mess committee should be formed at the earliest which shall include representatives from students, parents, student's union and management. It shall be the responsibility of the committee to monitor the mess matters, handle the accounts etc and any issues that may happen should be a collective responsibility of the committee. He suggested that PTA Presidents and student union chairman of both colleges to take leadership for the committee. He repeatedly insisted that the food quality should be improved and measures should be taken immediately (the committee and its working) so that restrictions for outside food can be implemented effectively during these Covid times and also students can be more comfortable and face the exams well. He assured that students shall be informed regarding the proper reason for this kind of illness, after receiving the report from hospital and other concerned authorities.
15. **Mr SAJI M MATHEW** said that he got to know the issue unofficially through his ward. He was of the opinion that all the catering people are concerned about the profit and that it's a kind of seasoned business. He suggested that food committee can handle this issue as a temporary arrangement and he requested that the management should consider initiating an in-house mess in the campus as a permanent solution. He also said that the powers of the committee, activities, etc also should be discussed. He also suggested that food should not be wasted and that kind of habit should not be entertained.
16. **Dr GEORGE VARGHESE** said that cost of food should be within the paying capacity of reservation students and that committee should identify the contractor and make agreement with specific clauses. He said that handling mess by management may not be possible at this stage. He suggested that as in many other colleges in govt sector, students can handle mess, but that may have many difficulties and may not be practical here in our campus. He said that one person should be selected as mess secretary for signing contact and handling matters officially



17. **Dr SANTHOSH M MATHEWS** said that responsibility of the committee is to assure the quality and quantity of food. The committee should have control over the contactor. He suggested that representatives from each floor in hostel can be included in committee, members can serve for a period of 3 months after which another person may be included in the committee so that responsibility is shared among students.

Decision regarding MESS and the FOOD

- 1. To form a MESS COMMITTEE for Medicity campus**
- 2. The Mess committee shall comprise of members including**
PTA President/ Member of PTA
Chairman of Students Union of both Colleges
General secretary
Wardens of hostels
Director-Institutions
Principals of both Colleges
Vice-Principals of both Colleges
- 3. An Executive committee to be formed from the above-mentioned Mess Committee comprising of 7 members to handle the day to day matters of mess.**
- 4. The Mess Committee to be formed before 4 pm on Friday, 6th February 2021**
- 5. The present mess to continue till the formed committee selects a new person to entrust the mess.**

DISCUSSION regarding student's enquiry regarding RT-PCR test

Dr Biju Sebastian said that students have enquired about the necessity of RT-PCR test for students. The matter was discussed and Dr Biju stated that the recommendation by KUHS was that every student need to report with a Negative RT-PCR test result at the time of re-joining the college. He stated the institutions affiliated under KUHS are bound to follow the Covid Guidelines (test and quarantine guidelines) strictly.

Decisions

- 1. RT-PCR TEST RESULT by the students to continue as a mandatory document to be submitted by the students on re-joining college as per the guidelines by KUHS**
- 2. No outside food to be allowed as part of COVID Guidelines**

DISCUSSION regarding request for holiday by the students

Dr Biju Sebastian informed that he has received request from students for a week leave from college as they have not been allowed to go home for many months. They expressed that their state of mind at this crisis time has been very bad. Discussion was held regarding this and Dr Biju stated that in this matter also college cannot go against KUHS guidelines and that if holiday is granted, later issues may arise regarding non completion of quota, lack of



attendance etc. However, matters related to some students may be considered on compassionate grounds.

Decisions

1. No holiday to be declared or granted for students
2. Certain students who deserve leave owing to their medical condition may be allowed leave after discussion

DISCUSSION regarding request for allowing sports activity

Dr Biju Sebastian informed that he has received request from students allowing sports activities. On discussion it was notified by Dr Biju that KUHS guideline does not allow sports which cannot ensure social distancing. Dr George Varghese informed that if such guideline by KUHS is violated, and if a spread of Covid happens inside the campus, it will be difficult for the College and the Principal to handle the violation from our side.

Decisions

1. SPORT Activity is NOT ALLOWED inside the campus for the time being and it shall be considered later as and when the restrictions are lifted

DISCUSSION regarding Quality of drinking water in the campus

Dr Biju Sebastian informed that students have expressed their concern over the quality of drinking water in the campus

Decision

The matter shall be enquired and rectified.

DISCUSSION regarding facilities provided in hostels

Dr Biju Sebastian informed that students have expressed their concern over inadequate facilities in the hostel. Many students in one room, common toilets etc. Rev Aby Vadakkumthala said that such maintenance works are in urgent consideration by the management and shall be conducted as per the availability of loans and assured that it shall be initiated and completed at the earliest.

Decision

The maintenance work in the hostel shall be initiated within few months as per the information from Director-Institutions

A handwritten signature in black ink, appearing to be 'Aby', with a horizontal line drawn underneath it.

Dr Biju Sebastian thanked everyone for attending today's combined meeting of Covid Jagratha Samithi of Pushpagiri College of Dental Sciences and Pushpagiri College of Pharmacy and expressed that we had a fruitful discussion on the matters on the agenda.

The meeting concluded at 1.40 pm

Prepared by Dr Haby Mathew Somson


Principal





KERALA UNIVERSITY OF HEALTH SCIENCES

THRISSUR- 680 596

website:www.kuhs.ac.in

10853/ DSA/KUHS/2021 Dated 15/01/22

Updated guidelines by the Covid Advisory Committee

KUHS Covid advisory committee held on 13/01/2022 has assessed the current pandemic situation and recommended the following guidelines until further updates:

All students are advised to travel only if it is absolutely necessary and to strictly adhere to Covid Protocol at all times in order to minimize the chance of getting infected with the highly contagious Covid 19 variants. Exam going students who are hostellers are advised to stay in the hostel as far as possible until the examinations are over. However, all hostellers including exam going students coming back to hostels and day scholars need not be tested for Covid routinely if they are asymptomatic. If symptomatic, they shall be tested by RTPCR. Exam going students shall be monitored for symptoms including fever using thermal screening. If symptomatic or reported positive, they shall be permitted to write the University theory examinations separately following all preventive measures. For practical examinations, the existing practice of arranging separate examinations shall continue.

Colleges where clusters are formed shall report to local health authorities and the University immediately and follow the instructions meticulously. They shall consider temporarily switching to online mode of teaching both theory and practical / clinical sessions when found to be appropriate in their situation. However, they are advised against sending hostellers home as far as possible to minimise disease contraction / transmission while travelling and staying at homes. All students shall be advised to form bio bubbles and any violators of the bio bubble shall be quarantined meticulously.

All gatherings exceeding the stipulated number of attendees (as specified by the prevailing Govt. guidelines) shall be cancelled or postponed. Celebrations and ceremonies shall be limited to online mode. Extreme diligence shall be exercised while conducting clinical classes to prevent disease transmission from and to the patients. All efforts shall be taken to provide precautionary dose vaccination to students and staff at the earliest.

Sd/-

Dean Student Affairs & Nodal Officer Covid Advisory Committee



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COLLEGE OF DENTAL SCIENCES

MEDICITY, PERUMTHURUTHY, TIRUVALLA - 689107

(AN UNDERTAKING OF PUSHPAGIRI MEDICAL SOCIETY, REG. NO. P. 73/92)

(NAAC Accredited Dental College)

പ്രത്യേക ശ്രദ്ധയ്ക്ക്

കോവിഡ് 19ന്റെ രണ്ടാം തരംഗം ശക്തമായും, രൂക്ഷമായും, പടരുകയും പ്രതിരോധ കുത്തിവെയ്പ്പ് സ്വീകരിച്ച വ്യക്തികൾക്കും രോഗ ബാധ ഉണ്ടാവുകയും ചെയ്യുന്നു. ഈ രണ്ടാം തരംഗം പ്രായം കുറഞ്ഞ ആൾക്കാർക്കും രോഗ ബാധ ഉണ്ടാക്കുകയും രോഗാവസ്ഥ കഠിനമാകുകയും ചെയ്യുന്നു. ഈ സാഹചര്യത്തിൽ രോഗവ്യാപനം തടയുന്നതിനായി താഴെ രേഖപ്പെടുത്തുന്ന നിബന്ധനകൾ ഏവരും കർശനമായും പാലിക്കേണ്ടതാണ്.

1. അധ്യാപകർ, അനധ്യാപകർ, എം.ഡി.എസ്സ്, ബി.ഡി.എസ്സ് വിദ്യാർത്ഥികൾ, ഡോറാ വിദ്യാർത്ഥികൾ എന്നിവർ രോഗികളുമായും മറ്റ് പുറത്തുനിന്നും വരുന്നവരുമായും ഇടപെടുമ്പോൾ പരമാവധി സൂക്ഷിക്കേണ്ടതാണ്.


2. എല്ലാവരും സാമൂഹിക അകലം പാലിക്കേണ്ടതാണ്. കൂടാതെ കൈകൾ വൃത്തിയാക്കി സൂക്ഷിക്കുകയും, മാസ്ക്, സാനിറ്റൈസർ എന്നിവ ഉപയോഗിക്കുകയും ചെയ്യണം. കാന്റീൻ, ഹോസ്റ്റൽ ഭക്ഷണശാല, വസ്ത്രം മാറുന്ന സ്ഥലം എന്നിവടങ്ങളിൽ പരമാവധി സാമൂഹിക അകലം പാലിക്കണം.

3. പനിയോ മറ്റ് എന്തെങ്കിലും രോഗാവസ്ഥയുണ്ടെങ്കിൽ ഭവനത്തിൽ തന്നെ കഴിയേണ്ടതാണ്.

4. കോളജിൽ വന്നതിന് ശേഷം ജീവനക്കാർക്ക് എന്തെങ്കിലും കോവിഡുമായിട്ട് ബന്ധപ്പെട്ട ബുദ്ധിമുട്ട് ഉണ്ടെങ്കിൽ അത് വകുപ്പ് മേധാവിയെ അല്ലെങ്കിൽ ഓഫീസിൽ അറിയിക്കേണ്ടതാണ്.

5. ഡിപ്പാർട്ട്മെന്റുകളിലും രോഗകളുമായി ഇടപെടുന്ന സ്ഥലങ്ങളിലും ശുചിത്വം പാലിച്ച് രോഗികളിൽ നിന്ന് ആരോഗ്യമുള്ളവരിലേക്ക് രോഗ വ്യാപനം തടയേണ്ടതാണ് (cross contamination).

6. കോവിഡ് ജാഗ്രത സമിതി ഡിപ്പാർട്ട്മെന്റിലും മറ്റു സ്ഥലങ്ങളിലും പരിശോധന നടത്തുന്നതാണ്. മേൽ നിബന്ധനകൾ പാലിക്കാത്തവർക്കെതിരെ കർശന നടപടി സ്വീകരിക്കുന്നതുമാണ്.

 **നിബന്ധനകൾക്കും നല്ല ആരോഗ്യവും സുരക്ഷിതത്വവും നേടുന്നു.**
 20/4/21
 ഡോ. കെ. ജോർജ്ജ് വർഗ്ഗീസ്

പ്രിൻസിപ്പാൾ

PUSHPAGIRI COLLEGE OF DENTAL SCIENCES

MEDICITY, PERUMTHURUTHY, TIRUVALLA- 689107 KERALA, INDIA

Tel : +91 469 2645210 Fax : +91 469 2645292



PUSHPAGIRI

We care God cures

COLLEGE OF DENTAL SCIENCES

MEDICITY, PERUMTHURUTHY, TIRUVALLA - 689107

(AN UNDERTAKING OF PUSHPAGIRI MEDICAL SOCIETY, REG. NO. P. 73/92)

(NAAC Accredited Dental College)

04 January 2021

COVID JAGRATHA SAMITHI PCDS

As per the directive from KUHS, COVID Jagrathatha Samithi is constituted in Pushpagiri College of Dental Sciences w.e.f 04.01.2021 with the following members.

Rev Fr Aby Vadakkumthala	-	Director Institutions
Dr K. George Varghese	-	Principal
Dr Biju Sebastian	-	Vice Principal (Academics)
Dr Benley George	-	Vice Principal (Administration)
Dr Sunil S	-	Nodal Officer, COVID Jagratha Samithi
Dr Annie Kitty George	-	Member
Dr Haby Mathew Somson	-	Member
Mr Saji M Mathew	-	P.T.A Representative
Mr Mahrouf	-	Student Representative
Ms Shilpa	-	Student Representative
Ms Blaze Therese	-	Student Representative


Dr K. George Varghese
Principal

Copy to:
All Members





PUSHPAGIRI COLLEGE OF DENTAL SCIENCES

MEDICITY, PERUMTHURUTHY, TIRUVALLA- 689107 KERALA, INDIA

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E-mail: dentalcollege@pushpagiri.in Web-site: www.collegeofdentalciences.pushpagiri.in



भारतीय दन्त परिषद

DENTAL COUNCIL OF INDIA

(A STATUTORY BODY CONSTITUTED UNDER THE DENTISTS ACT, 1948)

SPEED POST/EMAIL/WEBSITE

No.DE-22-Academic(BDS)/2020 5007
To

30
Dated December, 2020

1. The Vice Chancellor of all universities affiliating dental colleges,
2. The DME of all the States,
3. The Principals of all Dental Colleges

Sub: DCI guidelines/advisories and SOPs in pursuance of the directions of the Government of India, Ministry of Health and Family Welfare, New Delhi contained in its D.O.No.V.12025/160/2020-DE dated 24.12.2020 for Re-Opening of Dental Colleges Post Lockdown due to COVID-19 Pandemic

Respected Madam /Sir,

I am directed to state that as we all are aware that the Universities and Dental Colleges across the country have been closed since March, 2020 when the Government of India announced a countrywide lockdown as one of the measures to contain the COVID-19 outbreak. Keeping in view of the COVID-19 pandemic and subsequent lockdown, the Dental Council of India as well as the Government of India and respective State/UTs issued various guidelines in this regard from time to time. The universities and colleges however had put in their best efforts to continue their academic programmes and complete the syllabi using various ICT tools of teaching and learning since their closure from mid-March onwards.

2. The Government of India, Ministry of Health and Family Welfare, vide its D.O.No.V.11025/235/2020-MEP dated 25.11.2020 has asked all the Chief Secretary and the administrator of all the State/UTs to take necessary steps to open the medical colleges on or before 1.12.2020 complying all the SOPs/guidelines with respect to social distancing and prevention of spread of epidemic issued by them. The National Medical Commission has also issued certain guidelines and suggestive schedule of academic programme including university examinations in this regard. The Dental Council of India, on the similar lines of NMC on 11.12.2020 sent its self contained proposal with guidelines to Government of India for re-opening of dental colleges and for internship completion.

3. The Government of India, Ministry of Health and Family Welfare, New Delhi contained in its D.O.No.V.12025/160/2020-DE dated 24.12.2020 (Annexure-I), on the suggestion of the Dental Council of India, on the similar lines of NMC, has now requested that the States/UTs may take necessary steps to open the Dental Colleges on or before 4th January, 2021. Needless to say, all the SOPs/guidelines with respect to social distancing and prevention of spread of epidemic issued by Central/States/UT Governments will be followed scrupulously by all the Colleges. Simultaneously, the GOI vide its letter of even number dated 28.12.2020 requested DCI to issue separate SOPs/guidelines of Dental Colleges and suggestive schedule of training of different classes.

4. It is also relevant to state that new academic session is going on and the universities and dental colleges need a customized plan, as per the local conditions where they are located, to deal with any eventuality arising due the COVID -19 before resuming the activities on campuses. The top priority, while opening the institutions, should be the safety, health and well-being of the students, teachers and staff.

Contd..2/-



भारतीय दन्त परिषद

DENTAL COUNCIL OF INDIA

(A STATUTORY BODY CONSTITUTED UNDER THE DENTISTS ACT, 1948)

-2-

5. The DCI has now accordingly framed and uploaded its "Guidelines for Re-Opening of Dental Colleges Post Lockdown due to COVID-19 Pandemic" (Annexure-II), "Tentative/Suggestive Schedule of Academic Programme –(Post Pandemic COVID 19 Situation) and its duration including University Exam" (Annexure-III) and Advisory on "Relaxation of three months period in submission of the Post Graduate dissertation/Thesis" (Annexure-IV) on its website which provide in detail the measures to be taken before re-opening of dental college. These guidelines/advisories may be adopted by the dental colleges as per the local conditions and directives of the Government authorities.

6. In view of the above, It is requested to adopt these guidelines and take necessary steps to implement them accordingly. Further, the universities/dental colleges are again requested to carry out the academic activities following necessary advisories / guidelines / directions issued by the Central / State Government, Ministry of Education (MoE) or UGC from time to time to prevent the spread of COVID-19.

With kind regards,

Yours faithfully,


(M.L. Meena)
Offg. Secretary

Dental Council of India

Copy for information to:

The Secretary to the Govt. of India, Ministry of Health and Family Welfare, Department of Health-(DE Section), Maulana Azad Road, Nirman Bhawan, New Delhi- 110011, w.r.t. GOI letter No. V.12025/160/2020-DE [8087715] dated 28th December, 2020.


(M.L. Meena)
Offg. Secretary

Dental Council of India

CC:

1. The Acting President, Dental Council of India, New Delhi.
2. ARPM Section- for email and to upload on website





राजेश भूषण, आईएएस
सचिव

RAJESH BHUSHAN, IAS
SECRETARY



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय

Government of India
Department of Health and Family Welfare
Ministry of Health and Family Welfare

D.O.No. V.12025/160/2020-DE
24th December, 2020

Annexure-I

Dear Colleague,

I would like to draw your attention towards my earlier D.O. letter No. V.11025/235/2020-MEP dated 25.11.2020 regarding the re-opening of Medical Colleges. On similar lines, Dental Council of India (DCI) has suggested that the Dental Colleges in the country may also be re-opened in order to enable continuation of classes.

2. Accordingly, I would like to request that the States/UTs may take necessary steps to open the Dental Colleges on or before 4th January, 2021. Needless to say, all the SOPs/guidelines with respect to social distancing and prevention of spread of epidemic issued by Central/States/UT Governments will be followed scrupulously by all the Colleges.

3. Separate SOPs/guidelines for Dental Colleges and suggestive schedule of training for different classes is being communicated by the DCI shortly.

Regards.

Yours sincerely,

(Rajesh Bhushan)

To : Chief Secretary/Administrator of all States/UTs

Room No. 156, A-Wing, Nirman Bhawan, New Delhi-110 011
Tele : (O) 011-23061863, 23063221, Fax : 011-23061252, E-mail : secyhfwr@nic.in

[Signature]

Dental Council of India



GUIDELINES FOR RE-OPENING OF DENTAL COLLEGES POST LOCKDOWN DUE TO COVID-19 PANDEMIC



Dental education is unique because students have to start performing dental procedures from 3rd Year onwards under supervision of faculty as per DCI BDS Course Regulations 2017. Some subjects have pre-clinical labs in 2nd Year for preparedness before entering into the clinic whereas in other subject students are allowed directly to start clinical work in 3rd year.

Keeping in view of the uncertainties of future due to Covid-19 pandemic and its impact on the functioning of dental colleges, college authorities may reopen their campuses in a phased manner, ensuring safety, health, and well being of all students, faculty and staff. College authorities should plan opening of dental college in such a manner so that they are ready to handle any eventuality arising due to Covid 19.

The college authority may if required augment these guidelines for its strict implementation. In making specific guidelines, the college authorities shall consider the direction and advisory of centre / state govt., UT administration as well as national/ state disaster management authorities

BDS Course Regulations 2007 shall continue to be applicable for teaching, clinical and lab training for BDS Curriculum. However, changes in time table to accommodate staggered classes may be made while maintaining the number of teaching hours as prescribed in DCI BDS Course Regulations 2007.

The States/UTs may take necessary steps to open the dental colleges on or before 4th January, 2021. All the guidelines / SOPs with respect to social distancing and prevention of spread of epidemic issued by Central/ State/UT Governments/ DCI will be meticulously followed by all the colleges

General preventive measures during Covid-19 Pandemic

The following health measures are to be followed to reduce the risk of COVID- 19 by all (faculty members, employees, students and visitors) at all times:

- I. Physical distancing of at least 6 feet to be followed as far as feasible.
- II. Use of face covers/masks to be made mandatory.
- III. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
- IV. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.
- V. Self-monitoring of health by all and reporting any illness at the earliest.
- VI. Spitting shall be strictly prohibited and punishable offence inside the campus as per the local Govt./ college authorities.
- VII. Installation & use of Aarogya Setu App shall be advised wherever feasible.
- VIII. Regular training of faculty, students, paramedical staffs and other supporting staffs should be provided on methods for controlling the spread of transmission.



- IX. Regular screening of faculty, staff and students should be carried out for any Covid like symptoms at points of entry of the college as well hostels.
- X. The period of absence of students on account of being quarantined due to Covid-19 shall not adversely affect their attendance on furnishing the necessary documents in support of their claim.
- XI. Regular visits of a counsellor to be arranged so that the faculty, staff and students may allay their anxiety, stress or fear during the pandemic time.
- XII. Guidelines of CPWD regarding air conditioning / ventilation as mentioned in UGC guidelines may be followed.

Teaching:

- 1. Online mode of teaching should be promoted for lectures during Covid-19 Pandemic. The campus of dental colleges should be made WI-fi enabled
- 2. Students may be allowed to attend online classes inside the college campus, if need so arises.
- 3. Classrooms should be well ventilated for air entry and exit.
- 4. Facility of contactless disinfection/ hand washing has to be mandatorily provided by the college authorities at various strategic points.
- 5. Entry and exits of the students in lecture theatre, examination hall and other areas to be monitored to avoid crowding.
- 6. Lecture theatres should be sanitized after every lecture.
- 7. Simulation teaching and objective structured clinical/ practical training methods, case based learning and problem based learning should be endeavoured to be incorporated in the teaching learning modules.

Pre clinical labs:

- 1. Students should be allotted designated working stations with at least 6 feet distance between them.
- 2. Labs should be well ventilated for air entry and exit.
- 3. Outside the lab the facility of contactless disinfection/ hand washing has to be mandatorily provided by the college authorities.
- 4. Respiratory etiquettes, mouth, nose, eye and ear cover should be strictly followed inside the lab.
- 5. Repeat labs should be arranged for the students who may have missed them due to inability to attend earlier labs because of Covid-19 disease/ containment zones.

Triage & Registration Area:

- 1. Pre treatment assessment in triage area is a must before patients are permitted in the college.



2. Install glass / plastic barriers at the reception desk and consultation table.
3. Tele-consultation should be promoted for screening of patients.
4. The institution shall endeavour to provide contact less / cashless payment methods.
5. OPD time can be staggered and duration may be increased to avoid crowding.

Waiting Room:

1. Regular sensitization of patients should be carried out regarding preventive measures of control of Covid-19.
2. Waiting areas should be provided with audio/visual/printed educational material on Covid 19 prevention.
3. Seating in the waiting area of clinics should be marked to enable adequate social distancing.

Clinical:

1. Eye, ear, nose, mouth and shoe covers shall be mandatorily used by faculty, students and paramedical staff inside the clinics.
2. Patients attendant should not be allowed in the clinical area except with paediatric, geriatric and physically challenged patients with all safety measure.
3. Minimum 8 feet distance between two working chairs shall be mandatory for all the dental colleges irrespective of their date of commencement of BDS Course. This shall help in implementation of four handed dentistry.
4. Students in the clinics should be allowed with staggered timing to avoid any cross infection. However, clinical work should not be compromised.
5. Clinical postings, in order to facilitate all type of clinical work, should be planned in such a manner so that at a given point of time, both 3rd year and final year BDS students may be posted.
6. All dental procedures as prescribed in DCI Curriculum (BDS Course Regulations 2007) shall be carried out in the clinics by students/ faculty members with appropriate protection.
7. Pre procedural mouth rinse with Povidone iodine should be used.
8. The patients should wear face masks during non working period e.g.
 - a) Recording of history.
 - b) Armamentarium to be arranged prior to starting of the procedure.
 - c) Local anaesthesia to act.
 - d) Post procedure instruction.
9. Donning and doffing of protective kits wherever required should be restricted to designated areas only.



10. Protective kits should be disposed of as per latest guidelines of bio medical waste management prescribed by the state pollution boards.
11. Maintenance of instrument sterilisation and disinfection should be stringently followed as per standard infection control protocols.
12. After every procedure the dental chair, unit and its associated water and pressure lines should be disinfected.
13. With respect to 3rd BDS teaching in subjects of General Medicine and General Surgery the guidelines of the National Medical Commission shall be applicable.

Other Facilities:

1. All the measures as prescribed in the UGC in its guidelines dated 5th Nov, 2020, shall also be followed by all the dental institutional before its opening at its hostel, library, parking, cafeteria, gym and other administrative areas should be complied as per UGC Guidelines
2. All students must bring a RT-PCR report that is negative at the time of re-joining the hostels.
3. Institutional level SOPs for safety of faculty, staff, students and patients shall be formulated, approved and implemented by Infection Control Committee (ICC) of the dental college. An emergency number, helpline number, email id and contact details of person to be contacted in case of any emergency should be circulated to all stake holders and prominently displayed at the entry to the campus.

Notwithstanding anything contained in the above Guidelines, every dental college has to ensure that it is prepared in all respects to carry out the academic activities following necessary advisories/guidelines/directions issued by the Central/State Government, Ministry of Education (earlier referred to as MHRD) or UGC from time to time to prevent the spread of COVID-19.



Annexure -III

'DCI-Dental colleges – Tentative/Suggestive Schedule of Academic Program – (Post Pandemic Covid 19 Situation) and its duration including University Exam'.

S. No.	UG Batch Joining Academic Year	1 st Year	2 nd Year	3 rd Year	4 th Year	Internship	NEET-PG
1.	2016-17 (Internship batch)	--	--	--	--	January 2021 to December 2021 (12 months)	NEET PG December 2021
2.	2017-18 (4 th Year)	--	--	--	January 2021 to September 2021 (9 months)	October 2021 to September 2022 (12 months)	NEET PG - December 2022
3.	2018-19 (3 rd Year)	--	--	January 2021 to September 2021 (9 months)	October 2021 to August 2022 (11 months)	September 2022 to August 2023 (12 months)	NEET PG - December 2023
4.	2019 - 20 (2 nd Year)	--	January 2021 to August 2021 (8 months)	September 2021 to July 2022 (11 months)	August 2022 to July 2023 (12 months)	September 2023 to August 2024 (12 months)	NEET PG - December 2024
5.	2020 - 21 (1 st Year Covid - 19 batch)	January 2021 - September 2021 (9 months)	October 2021 to August 2022 (11 months)	September 2022 to July 2023 (11 months)	August 2023 to July 2024 (12 months)	September 2024 to August 2025 (12 months)	NEET PG -December 2025
6.	2021-2022 Onwards	October 2021 - September 2022 (12 months)	October 2022 to August 2023 (11 months)	September 2023 to August 2024 (11 months)	September 2024 to August 2025 (12 months)	October 2025 to September 2026 (12 months)	NEET PG -December 2026
7.	Further batches from AYs 2022-23	As per normal schedule/academic calendar as prescribed by the DCI/University					



ADVISORY

Sub: Relaxations for submission of dissertation thesis by PG Students

The Dental Council of India, after having carefully considered the requests of the students admitted during the Academic year 2019-2020, the unprecedented situation of COVID 19 pandemic and the training requirements of the MDS students, has decided as under:

1. The sub-clause 11 (3) (i) of Dental Council of India, Master of Dental Surgery Course Regulations, 2017 provides for submission of the Postgraduate dissertation/thesis within 6 months before appearing for the University examinations. In view of the COVID 19 pandemic the DCI has decided to relax the said portion of the regulation and allow the Postgraduate degree students of batches 2018-19 and 2019-20 only, to submit their thesis at least three months before the Theory and Clinical/Practical examination.
2. Further, in view of dearth of clinical material during current COVID 19 pandemic, the Universities and Dental colleges/institutions are also advised that while evaluating the thesis submitted for acceptance for the batches 2018-19 and 2019-20, final sample size actually analyzed may be considered even if it is less than the committed sample size in the approved thesis protocol for the study.





MINUTES –INSTITUTION WISE COVID PROTOCOL

Time:1:30pm

16/12/2020

Members Present:

- Fr. Thomas Pariyarath - Hospital Administrator
- Fr. Aby Vadakumthala – Institution Director
- COVID board members from all institutions of Pushpagiri

Agenda of the meeting:

COVID 19 Protocols and instructions to be followed by students of all institutions before hospital posting.

Discussions in the meeting :

Discussed the protocol designed in Pushpagiri Medical College hospital for the MBBS students.

Protocol for MBBS students:

The protocol developed is given as follows:

1. All students must submit RTPCR negative report at the time of reporting to the college/hostel premises. They will be subjected to thermal screening and those who are asymptomatic would be allowed inside the hostel. A declaration regarding the same would be collected.
2. All students irrespective of the day scholars should stay in the hostel designated for them and follow the rules as mentioned.
3. Every student should undergo 7 days of quarantine at the hostel where they would be allotted a single room. Students should report any symptoms that may arise during the period.

4. On the completion of 7th day of quarantine students would need to undergo an antigen test following which those reporting negative would be allotted rooms in the hostel on a double occupancy basis.
5. All students should undergo strict room quarantine and must wear a face mask when going outside the rooms even in the hostel
6. Food would be provided in the hostel and no food delivery from outside would be entertained. All parcel/courier would be released to the student only after 3 days subject to disinfection.
7. Anyone violating the quarantine protocol will be quarantined for further 7 days and should submit RTPCR result to rejoin
8. Only those students with negative antigen result after the quarantine period are permitted to enter the hospital premises for clinical posting

Requirement of Medical College

- The medical college requested separate entry and exit for the students within the hospital. It was decided that the entrance near MICU 1st can be used for students' entry/exit. Entry should be at different timings to avoid crowd and students are not allowed to use the lift as it cause inconvenience to patients. OBG and pediatrics students also may use the same entrance and use the 5th floor passage to OBG/Paediatrics wards.

Recommendations from the hospital

- One instructor / Incharge is needed along with students
- The duty allocation of students within the hospital should be reported to COVID board chairman Dr.Abraham Varghese.
- Entry and exit through patient care area and instructor should be responsible to avoid gatherings of students on the way
- Students should have an ID card/uniform/coat and required PPE items as their own while entering the hospital.

Other discussions :

- An awareness class for MBBS students has been arranged in Medical College by Dr.Ajith V., Infection control officer

- The dental college also required facilities in medical college and they can submit their requirement to medical college. Dr.Vikram Gowda can arrange the date and time accordingly and inform Dental College representatives.
- The hospital administrator recommended antigen testing at the time of reporting at the hospital premises and RT-PCR when they finished quarantine. Students can be tested at a minimum rate of Rs 1500 for RT-PCR.
- Random checking is also preferred for students during the academic period.
- Pharmacy college arranged classes in the room nearer to the College of Allied. They require patient case data for analysis and 5 students allotted at a time in MRD. Only 1 hour period is required.
- Nursing students require clinical practice in Laboroom,4 students at a time is planned. There are a total of 17 students in nursing college with negative RTPCR results. Timing of students can be arranged after discussion with Dr.N.S.Sreedevi since MBBS students also requires labor room training during this period.
- Instructor/Incharge should accompany the students as there is a shortage in the number of nurses allocated for duty.
- The following persons are allotted for the effective communication of COVID matters with the institutions:
- Medical College -Dr.Abraham Varghese
- Pharmacy College and Dental College - Dr. Samson Samuel
- Nursing College - Nursing Superintendent
- PPE items can be purchased by students as their own or the hospital can provide the items at the purchase cost.
- COVID cell of each institution can send their weekly reports to the Medical Director
- Discussed the procedures when a student becomes positive. The college authorities are responsible for informing this matter immediately to the Hospital board. Till that time the student should be occupied in an isolated area within the Institution. The student can be admitted either to the hospital or undergo home quarantine as per the category and as per the decision of parent and student.
- Category A - Patients with no symptoms.



- Category B - Patients with symptoms
- Category C - Patients who require ICU care
- Hospital is ready to admit the student if they have any health issues which require treatment.
- If the clinical instructor along with students is a day scholar they also require to be tested antigen randomly.
- An awareness class can be provided for students about the protocols followed during COVID and also for reducing their stress during this period.



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Policies related to I BDS examinations during COVID-19 Pandemic

1. Rules related to the travel and quarantine will be according to the decisions of Central/State Governments.
2. Candidates who are suffering from COVID -19 disease will be allowed to appear for the theory examination after taking necessary precautions. But for practical examination, only candidates who are Covid negative will be allowed to appear. The University will conduct another examination at a later date for those candidates who turned Covid positive before the practical examinations.
3. The general guidelines of the Health authorities like usage of **N95 Face masks**, keeping recommended distance between individuals, Hand washing/Sanitization etc. will be followed during University theory and practical examinations.
4. Any modifications/changes in the Theory and Practical University Examination pattern by KUHS will be communicated to the students at the earliest.
5. Hostellers who intend to stay in hostel during examination period should report with **negative COVID 19 RT-PCR test result** on 15 December 2020. (The test should be taken not more than 48 hours before reporting to Hostel).
6. Hostellers who want to stay in their homes can be allowed on the condition that they will not be allowed to stay at hostel during the examination period. In effect, they have to remain as day scholars till examinations are over.
7. Day scholars should report on the first day of theory and practical examination with negative COVID 19 RT-PCR test result. (The test should be taken not more than 48 hours before reporting to Hostel).
8. Day scholars should take special precautions by quarantining themselves at their homes. They should avoid public transportation for commuting to the College and back.
9. The University Theory Examination will be conducted in the two exam halls available at the institution to ensure proper social distancing. Day scholars will be segregated and seated separately from hostellers during the conduct of theory and practical examinations. The candidates who are Covid positive will have to write the theory examination in the designated Isolation examination hall.



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Policies related to II BDS examinations during COVID-19 Pandemic

1. Rules related to the travel and quarantine will be according to the decisions of Central/State Governments.
2. Candidates who are suffering from COVID -19 (Or any other contagious disease) will not be allowed to appear for the examination. But they will not be considered to have utilized a chance for the examination in this period by the University.
3. The general guidelines of the Health authorities like usage of **N95 Face masks**, keeping recommended distance between individuals, Hand washing/Sanitization etc. will be followed during University theory and practical examinations.
4. Any modifications/changes in the Theory and Practical University Examination pattern by KUHS will be communicated to the students at the earliest.
5. Hostellers who intend to stay in hostel during examination period should report at least 10 days prior to the theory examination date with **negative COVID 19 RT-PCR test result**. (The test should be taken not more than 48 hours before reporting to Hostel).
6. Hostellers who want to stay in their homes can be allowed on the condition that they will not be allowed to stay at hostel during the examination period. In effect, they have to remain as day scholars till examinations are over.
7. Day scholars should report on the first day of theory and practical examination with negative COVID 19 RT-PCR test result. (The test should be taken not more than 48 hours before reporting to Hostel).
8. Day scholars should take special precautions by quarantining themselves at their homes. They should avoid public transportation for commuting to the College and back.
9. The University Theory Examination will be conducted in the two exam halls available at the institution to ensure proper social distancing. Day scholars will be segregated and seated separately from hostellers during the conduct of theory and practical examinations.



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Policies related to Hostel Students during COVID-19 Pandemic

1. Rules related to the travel and quarantine will be according to the decisions of Central/State Governments.
2. The general guidelines of the Health authorities like usage of **N95 Face masks**, keeping recommended distance between individuals, Hand washing/Sanitization etc. will be followed during theory and practical sessions.
3. Hostellers who intend to stay in hostel during examination period should report with **negative COVID 19 RT-PCR test result** on 15 December 2020. (The test should be taken not more than 48 hours before reporting to Hostel).
4. Day scholars should take special precautions by quarantining themselves at their homes. They should avoid public transportation for commuting to the College and back.

ഹോസ്റ്റൽ നിയമങ്ങൾ

- റൂമുകൾ വൃത്തിയാക്കി സൂക്ഷിക്കേണ്ടതാണ്. ഉപയോഗിക്കുന്ന ബാത്ത്റൂം വൃത്തിയാക്കി സൂക്ഷിക്കേണ്ടത് നിങ്ങളുടെ ഉത്തരവാദിത്വമാണ്.
- പരാതികൾ, നിർദ്ദേശങ്ങൾ കൃത്യമായി ഹോസ്റ്റൽ വാർഡനെ അറിയിക്കുക.
- വൈകിട്ട് 6.00 മണിക്ക് ശേഷം ഒരു വിദ്യാർത്ഥിക്കും ഹോസ്റ്റൽന് പുറത്ത് പോകുവാൻ അനുവാദം ഉള്ളതല്ല. (ഏതെങ്കിലും അത്യാവശ്യ കാര്യത്തിന് പോകണമെങ്കിൽ ഹോസ്റ്റൽ വാർഡനെ വിവരം അറിയിക്കുക).
- ഇടവിടങ്ങളിൽ സന്ദർശകരെ അനുവദിച്ചിട്ടില്ല. സന്ദർശകർ വിദ്യാർത്ഥികളെ കാണുവാൻ വാർഡന്റെ അനുമതിയും വാങ്ങേണ്ടതാണ്.
- ഫാൻ, ലൈറ്റ് എന്നിവ റൂമുകളിലോ, ഷെൽഡ് ഹാളിലോ, പാസ്റ്റേജുകളിലോ മറ്റും ഉപയോഗശേഷം ഓഫ് ചെയ്യേണ്ടതാണ്. അല്ലാത്തപക്ഷം കർശന കർശന നടപടി സ്വീകരിക്കുന്നതാണ്.
- റൂമിൽ നിന്നും പുറത്ത് പോകുമ്പോൾ വാതിലുകൾ കൃത്യമായി അടയ്ക്കുക.
- രാവിലെയും വൈകുന്നേരവും റോൾ കോളിൽ എല്ലാ വിദ്യാർത്ഥികളും ഒപ്പ് രേഖപ്പെടുത്തേണ്ടതാണ്.
- വിദ്യാർത്ഥികൾ കോളിൽ പോകാതെ ഹോസ്റ്റലിൽ നിന്നാൽ അതിന്റെ കാരണം കർശനമായും വാർഡനെ അറിയിക്കേണ്ടതാണ്.
- കൂടിവെള്ളം - വെള്ളം പാഴാക്കുകയോ മറ്റ് ആവശ്യങ്ങൾക്കായി ഉപയോഗിക്കുകയോ ചെയ്യുന്നത് കർശനമായി നിരോധിച്ചിരിക്കുന്നു. അങ്ങനെ പ്രവർത്തിക്കുന്നത് ശ്രദ്ധയിൽപ്പെട്ടാൽ നടപടി സ്വീകരിക്കുന്നതാണ്.
- വെയിസ്റ്റ് അലക്ഷ്യമായി വലിച്ചെറിയാൻ പാടില്ല, അവ വെയിസ്റ്റ് ബോക്സിൽ നിക്ഷേപിക്കുക.
- ജനൽ പാളികളിലൂടെയും, മറ്റ് പൊതുസ്ഥലങ്ങളിൽ വെയിസ്റ്റ് നിക്ഷേപിക്കുന്നത് ശ്രദ്ധയിൽ പെട്ടാൽ നടപടി സ്വീകരിക്കുന്നതാണ്.
- പെർഫ്യൂം ബോട്ടിലുകൾ വെയിസ്റ്റ് ബോക്സിൽ നിക്ഷേപിക്കാതെ അതിനായി പ്രത്യേകം നിർദ്ദേശിച്ചിട്ടുള്ള ബോക്സിൽ നിക്ഷേപിക്കുക.
- സാനിറ്ററി നാപ്കിനുകൾ നിർദ്ദേശിച്ചിട്ടുള്ള സ്ഥലങ്ങളിൽ മാത്രം നിക്ഷേപിക്കുക.
- റൂമുകളിൽ നിന്നും സ്ലഡി ഹാളിൽ നിന്നും ഭക്ഷണ, കസേര എന്നിവ പുറത്തിറക്കുവാൻ ആർക്കും അനുവാദമില്ല.
- ഹോസ്റ്റലിൽ താമസിക്കുന്ന വിദ്യാർത്ഥികൾക്കല്ലാതെ മറ്റാർക്കും ഹോസ്റ്റലിൽ പ്രവേശനം ഉണ്ടായിരിക്കുന്നതല്ല.
- ആഹാര സാധനങ്ങൾ റൂമുകളിൽ കൊണ്ടുപോയി കഴിക്കുവാൻ അനുവാദം ഉള്ളതല്ല. (ഭക്ഷണം ഷെൽഡ് ഹാളിൽ മാത്രം കഴിക്കുക)
- വീട്ടിൽ നിന്നും, ക്യാമ്പസിൽ നിന്നും ഉള്ള ഭക്ഷണം അനുവദിക്കുന്നതല്ല.
- ഷെൽഡ് സഭയും താഴെ പറയും പ്രകാരം ആയിരിക്കും.

രാവിലെ 7.15 മുതൽ 8.30 വരെ പ്രഭാത ഭക്ഷണം

ഉച്ചയ്ക്ക് 12.15 മുതൽ 2.30 വരെ ഉച്ച ഭക്ഷണം

4.00 മുതൽ 5.00 വരെ ലഘു ഭക്ഷണം

7.15 മുതൽ 8.30 വരെ ഡിന്നർ

മുകൾ പറഞ്ഞ സമയത്തിനുള്ളിൽ ഷെൽഡ് ഹാളിൽ വന്ന് കഴിച്ചിരിക്കേണ്ടതാണ്.

ഷെൽഡ് ഹാളിൽ നിന്നും ആഹാരം റൂമുകളിൽ അടിയന്തിര ഘട്ടങ്ങളിൽ മാത്രമേ നൽകുവാൻ അനുവദിക്കുകയുള്ളൂ. വാർഡനെ നേരത്തെ തന്നെ അറിയിക്കേണ്ടതാണ്.

• ഷെൽഡ് ഹാളിലോ, ഹോസ്റ്റൽ വരാന്തകളിലോ കയറുവാൻ ആൺകുട്ടികൾക്ക് അനുവാദം ഉണ്ടായിരിക്കുന്നതല്ല.



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2. The general guidelines of the Health authorities like usage of **N95 Face masks**, keeping recommended distance between individuals, Hand washing/Sanitization etc. will be followed during theory and practical sessions.
3. Hostellers who intend to stay in hostel during examination period should report with **negative COVID 19 RT-PCR test result**. (The test should be taken not more than 48 hours before reporting to Hostel).
4. Day scholars should take special precautions by quarantining themselves at their homes. They should avoid public transportation for commuting to the College and back.
5. Hostellers are not permitted to go outside the campus for any reasons.
6. Outside food is strictly prohibited in the campus.
7. Students should not be in groups at any places in the College / Campus.
8. Students are not permitted to involve in any sports activities in the campus during this period.
9. Disciplinary action will be initiated against students who are found to violate the COVID guidelines.


Dr. K. George Varghese MDS
Principal
Pushpagiri College of Dental Sciences



