

# REPORT ON INTERNSHIP ORIENTATION PROGRAM

Internship Orientation Program is conducted every year on the first day of start of internship from the year 2016 to 2021, focusing on conduction of actual practice of oral health care and acquiring skills under supervision. During the program, the attendees are educated about the massive importance of internship period during later clinical practice and successful oral health care achievement in the society.

The event is presided by the Principal, Dr. George Varghese, the Director, Fr. Aby Vadakkumthala, the Vice Principal of academics, Dr. Biju Sebastian and the Vice Principal of administration, Dr. Benley George. The keynote speaker for the program is intern staff-incharge, Dr. Vinod Mathew.

The program starts off with the introductory speeches given by the dignitaries followed by the explanation of objectives of internship period by the keynote speaker and includes reinforcement of learning and acquisition of additional knowledge, achievement of basic skills, development of sound attitudes, understanding ethical principles, and initiating individual and group action for disease prevention and dental health promotion.

Interns are required to carry Log Book to the respective departments to record the daily work done, which is to be verified and approved by Head of Department of all departments at the end of internship.

Each of the nine departments have specified quota to be completed by all interns during the rotatory internship period -

- Oral Medicine and Radiology (1 month) : Case history and radiographic exercises
- Periodontics : Prophylaxis, root planing and assessment of endo-perio cases
- Pediatric and Preventive Dentistry (1.5 months) : Extraction, restoration, RCT, prophylaxis, application of fluoride in children below 12 years of age
- Conservative Dentistry and Endodontics (1.5 months) : Routine restorative work, Restoration of extensively mutilated teeth, RCT of anterior teeth and management of deep carious lesions.
- Orthodontics and Dentofacial Orthopedics (1 month) : Detailed diagnostic procedures, treatment planning, fabrication of removable appliances, orthodontic impressions and bite recording.
- Oral Pathology and Oral Microbiology (15 days) : Haematology, article presentation, Ground sectioning and tissue processing.
- Prosthodontics and Crown & Bridge (2 month) : Complete denture, removable and fixed partial dentures, relining and repair of broken dentures.
- Oral and Maxillofacial Surgery (2 month) : Simple extractions, assisting transalveolar extractions, impactions, intermaxillary fixation, incision and drainage, biopsy, and performance of alveoloplasty.
- Public Health Dentistry (1 month) : Short research project, Oral Health Education article, Radio Talk, clinical cases with demonstration, bystander motivation program.



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Interns are also required to attend regular Interns Knowledge Advancement Programme (IKAP) and periodic IGNITE sessions for optimal preparation of graduating dentists for the entire spectrum of health care needs of the society.

On successful completion of internship, Internship Completion Certificate will be issued by office of the Principal followed by BDS degree awarded by the University.

In conclusion, the objective of excellent training during internship period has been imparted through the Internship Orientation Program to improve the training of graduating dentists and to make it more responsive to meeting community needs.



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## Orientation programmes for freshers

The orientation programmes for freshers comprises of a 4 day schedule which includes both orations and tour within the Medicity campus & also our main campus( Pushpagiri Medical College).

### Day 1

The orientation programmes includes talk by

1. Vice Principal- Academics who discuss on the
  - A. Aims & Objectives of BDS Course under three headings 1. Knowledge and understanding 2.Skills 3.Attitudes.
  - B. Goals of the BDS Curriculum which shud be attained upon completion of the course like general skills,practice management,patient care –diagnosis,treatment planning & treatment.
  - C. General outline of the BDS Degree Course.
  - D. Timetable
  - E. Examination Pattern.
  
1. Vice Principal – Administration who briefly discuss on the Rules & regulations to be followed in the campus which includes
  - A. Discipline
  - B. Punctuality
  - C. Ragging
  - D. Dress code
  - E. Against Gambling, smoking, use of alcohol, reading/browsing pornographic material,use of dangerous drugs.



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F. Maintenance of college property etc.

G. Bus timings- to & fro Pims.

2. Hostel warden who discuss in detail on the rules and regulations to be followed in the hostel.
3. Tour to familiarize the college building which consists of 7 floors, starting from library in the 7<sup>th</sup> floor to college office in the ground floor.
4. Medicity Campus tour.

### Day 2 & 3

Orientation programme by each department faculty which include department /clinic visits too along with a briefing on the goals, objectives, outline & competencies expected on completion of the course.

### Day 2

- A. Dept of Oral Medicine & Radiology.
- B. Dept of Oral & Maxillofacial Surgery
- C. Dept of Oral & Maxillofacial Pathology
- D. Dept of Public Health Dentistry.

### Day 3

- A. Dept of Periodontics.
- B. Dept of Prosthodontics
- C. Dept of Conservative Dentistry & Endodontics
- D. Dept of Pedodontics.



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## Day 4

Students are guided to Pushpagiri Medical college Campus by the Staff in charge to familiarize the basic sciences department, their classrooms, Practical halls, Mess room, Hospital, Cafeterias etc. Brief introduction is given by faculty of General Anatomy, Physiology, & Biochemistry departments as a preparation to start classes as per scheduled timetable from Day 5 onwards.

Day 5 – Commencement of Regular classes as per timetable.



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