

BEST PRACTICES 2021-2022

Best Practice #1

By-stander Motivation Program

The Bystander motivation program was started by the department of Public Health Dentistry in 2014 with a vision for motivation of bystanders of patients who attended the OPD of the dental college using multimedia presentations and demonstrations like posters and model

Objectives:

To create awareness and to motivate bystanders of patients who attend the OPD at Pushpagiri College of Dental Sciences.

Context

Bystanders haveto sit for long period of time for the treatment to get over. Most of the bystanders would not have undergone a routine dental check up and have unidentifieddental problems .

Methodology

Bystanders usually accompany the patient for dental treatments. They have to wait for a long period of time for the treatment to get over. Most of the bystanders would not have undergone a routine dental check up and would have dental problems which have not been identified so far.

The Bystanders who accompany the patients for dental treatments at various dental

departments are brought to the Dental Museum of the department of Public Health Dentistry.

First, they are provided with a presentation on various dental problems- Cause, Mode of

occurrence, Treatment modalities and Preventive treatments. The bystanders are then

educated on dentistry, dental problems like dental caries, gingivitis, periodontitis, malocclusion,

and oral cancer through dental posters and models at the dental museum by interns and faculty

and their queries are clarified. The museum has a wide range of posters and models on various

topics in Dentistry. A special emphasis on prevention of dental caries and methods of

maintaining a proper oral hygiene in children is provided to parents. Following the motivation,

free dental checkup is done. They are informed about their oral health status in detail and

required treatment. They are then referred to other specialty departments for the required

treatments.

Limitation:

Extent of motivation cannot be assessed

Evidence of Success

After the motivation program most of the bystanders seek dental treatment.

Resources required

PPT, charts, models, Speaker, Microphone, laptop

The institutional link to the museum: Museum - Pushpagiri- Group of Institutions

Photograph of bystander motivation



Dr. Aby Mathew T. MDS
Principal
Pushpagiri College of Dental Sciences







OP files of patients (bystanders after the motivation program)



Dr. Aby Mathew T. MDS
Principal
Pushpagiri College of Dental Sciences





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39	26/10/21	Mathew Toseph	44	M	Class 11 carrier 2 26	Christy	7 7 14		1517
40	27/10/21	Shiny Seja	48	F	C/c generalised gingintes	Dhonya			TATAL CO.
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41	28/10/21	Rose Raja	14	F	C/c generalised ginginitis	Christy Autory			
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43	29/10/21	Suresh Kumar	47	m	Class II caris T 46,27 C/c gen ginguites	Christy Simon			12 10 42 107
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53 25/1/21	Pring. S. Mallayil	30	F	C/c gen-gingints.	Ann Maria	Vision I				n Ostorius.
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27 31/1/22	Jerin Pius	29	M	C/ generalised	Songuetho				School bands		
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29 31/1/22	Sherrena C	49	F	C/c generalised Generalised granitis with law periodouths granitis		-6 6			andall apinals		100
30 31/1/22	Thaskeen Abbes	70	F	Clan II cames t		n15			Frank Bund		
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35	31/01/22	Shealy George	60	F	Ge gen-periodonthis	Silpa.	Change III		Dalla.	Megary Proback	colocii ce
36	31/01/22	Anila shibu	43	f	of gen argents att	Silja	Charlet			STORY OF	cologli se
37	31/01/22	Deepa Anish	42	F	Clard 1 comis c	Kelsy.	Darball Land			appropriate -	coleate to
38	31/01/22	Anilkuman Pillai	38	M	Angle Clan I melalion	Sangee tha.	Class 1	M	NO.	endint dec eluitées	55 (102)20
39	Bilailas	Sheri Mathew	29	M	Angle Clan I melalion with prochaed apperhaion C/c gen gingints	Sil pa.	of Jo		178		60 60 li 28
40	31/01/22	Jinta Elsa Jacob	20	F	Pito fisane sealant	Silja	Pa Si		2	Briches della	salsah Fe
41	31/01/22	ABBas · K.N	50	М	C/c gen grigartis with be perofortitis.	Kelsy.	Early		1-		इद्योकवी। अस
42	31/01/55	Anoop - A	32	M	Carrer & 26,36	Silpa.	-8 J2			Aproph 132142	se lools na
43	31/01/53	Vijeesq K.G	40	М	che gen- griginitis	Kelsy.	Class V		rie!	Panly 3A	del 1 ea la a
49	31/01/22	Jinuy George	29	F	Che gen gragivitis	Silpa!	Lasty !	Joh		the first ph	ediceli 15
45	31/01/22	Dennis Joy	31	М	C/c gen grigivitu	Sangee tha.	PH . 1				Go Maston
46	31/01/22	Nadiya Hakes	27	t	C/c gen grigivitis with loc periodouths c/c gen grigivitis	Silja.	the of				galagir sa
47	01/02/22	Kenjith Kuman	34	М	Class 11 carrie T	Silja	Clau 1			which specified	Degleels At
48	1/02/22	Henry P.C	40	F	C/c gen. però douttui	Kelsy.	Pecu	194			salanti ba
79	1/02/22	Emil Philip	12	M	Class / carriers T 16	Soniya	12 /2	7		April 1	-2764/7 sp
50	1/05/55	Joy Momas	63	M	C/e gen peno faithis	Sangee tha	10			Place P to an and	201521; F#

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51	1/05/55	Name of Patient T.N Gopalakaisfinan	60	F	Ge gen periodoutité	. Silpa.	Chart D.		274	1900pri2 10gri2	selenti gi	9
111	1/25/25	Kajini Paakash	AA	F	Class 11 carries 14.	Silja.	I BA		D.I.	A-PT BELLIST	estenti p	200
53	1/02/22	Rijo Kavi. C			Class 1 carries à 16,26	Sangeetha.	Del Hess					
54	1/02/22	Valsamma	65	F	Partially expertions lower arch & 44,45,46,47 Class I carrie i 46,47 Class generalised guignitis	Soniya	- 15 - 13			sp. (fpls) A.	50 20 2 0	*
55	1/02/22	Sheain Geo Mathew	25	М	Class 1 caris E	Silja				Jo HA		
56	1/02/22	Kochumon Thomas	44							Saniga Banjeth		
57	102/22	Alok Antony	8	М	Deep dentinal contes & 64. Early childhood contes	12.40				Developmen		
58	1/02/22	Diya Ann	4	F	Early childhood					Taily Elizabeth Veglysse		
59	1/02/22	Nikqii Aqambi	30	M	c/c gan grigentis.	Sangeetha.	13		81			2
GO	1/02/22	A6filash	34	M	Class V comes t 47	Soniya.	Class V		53)	that Realist		E
61	1/02/22	Antony Tijo	4	M	Early childhood	Silpa.	Clear t c		61			
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63	1/05/55	Geetha Saju	52	F	c/c gen periodatti	Silja.	1					T
64	1/02/22	Maziya Saju	15	F	Claus 1 caries E 16	Silpa .	-0 P	4		description of	F2 60 25	28
65	1/02/22	Rahim Ravether	60	M	Particly expentitions Lesseranch 41-47 Cf gen periodoutitis	Sangee tha.	36 7 7	F4		Land to many	on Palmaly	650
66	1/02/22	Projectha.s	55	F		Silja	District Sel		Cl. Ap	*		(8)
67	1/02/22	Snegamol Prasanta	16	F	C/c gen gizivita	Silpa.	1 2			Managar Andrea		410

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	68	1/02/22	Name of Patient Suja Sugesa			Class V carrier T 26.	Silpa.	C gen	Jet	die.	Paralle language	Test per part
	69	iloalas	Paijith M.A	19	M	Angles Class 111 malocelumon with cross bete = 33, 43.	Silpa.					
		×				Cross bete T 33, 43		Betelle				
	79	5 /02/22	-Akhil.p	30	M	c/c gen. gingiritie	· Silja	Ed to 3 lamen				
	71	5/02/22.	AHAAA	14	М	Class 1 carries T 16,26	silja.	110				
	72	07/02/22	. Saxiga Renjith			Class II carries T 27	· Soniya.	1-10			Restgines P. R.	58 30 St 3
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			Angel -T.S	18	F	C/c gen. gingirity	Varsha.	Wiston		81	Vector Vifestan	95/20/95
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8	2 11	04/22	Karthik kumar	25 1	M	Cf gen. ginginitis.	Rome		1		form seeing. No fi	al of the se
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	6/7/22	Amal Fathima			Rs at 46	Neta	
111	6/7/22		1		CIC gonec lixed goj cinle	Nila	
	12/7/22	Philip Mathew			Rs inf 36,37	Annithan	
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BEST PRACTICES 2021-2022

Best Practice #2

Medi-Talk (earlier known as Pushpavani Aarogyam): Live Dental Health Education Programme (Radio Macfast, 90.4 FM)

Every Wednesday, 9:45-10:45am

Objectives of the Practice:

- To enhance community development and serve as an effective public health promotion strategy
- To provide easily accessible high quality dental health education on a weekly basis for the members of the general public including illiterate people, utilizing an inexpensive means of mass media
- To answer queries of listeners with live Question Answer phone-in session
- To improve the main presenter's (intern's) subject knowledge, communication and presentation skills, self-confidence and fluency in their mother-tongue (Malayalam)
- To provide a unique opportunity for the faculty of our dental college to take part in a live on-air dental education programme.

The Context

There exists a lack of dental health education programme for the community utilizing an easily accessible medium.

In a developing country like India where a majority of the citizens dwell in villages and a vast majority of them are illiterate, the utilization of radio as a means of mass communication has a great potential in disseminating vital health messages.

In order to conduct a successful radio programme session, the presenting interns and faculty needed to be trained to speak confidently and fluently in their mother tongue. Also, a vast amount of subject knowledge and effective communication skills are also required by the presenters in order to manage the live question answer session at the end of each programme.

Pre-programme publicity was also needed to be carried out prior to the launch of the radio programme in order to create awareness of the start of a new live on-air health education programme.

The Practice

The programme focuses on imparting oral health care education and awareness to the common public and has gained widespread popularity as it caters to a wide audience and uses an easily available mode of mass communication.

The radio programme is mandatory for all interns and each session is allotted to one of them. A faculty member from our dental college is assigned to guide the intern and also share their expertise and knowledge in the live session. Topic selection is based on pressing dental public health issues that need to be addressed. The topics are approved by the in - charge and the respective faculty member. The schedule for the radio programme is prepared well in advance to help provide ample amount of time for rehearsal.

The live radio programme is conducted and broadcasted from the Radio Macfast Studio, located at the Macfast Campus (Mar Athanasios College for Advanced Studies Tiruvalla), South India. Transport to and from the venue is arranged by our institution.

Each radio programme is conducted by the Radio Jockey, the Intern and a faculty from Pushpagiri College of Dental Sciences. The session starts with a brief introduction by the Radio Jockey to welcome and introduce the presenters, followed by a live conversation between the Radio Jockey, Intern and a faculty member from our college. Following this, the listeners are given an opportunity to have a live phone-in session where they can clear any queries that they may have pertaining to the topic of interest. The phone lines are also kept open during the entire duration of the radio programme. The programmes are carried out in the native language of Kerala, Malayalam, to help spread awareness across the community including rural and urban areas. Once the live session is over, the presenting intern is expected to submit a detailed and through report of the radio programme with photographic evidence before completing the period of internship.

Limitations faced:

Those who were not proficient in Malayalam wrote the Malayalam script in English.

Since the onset COVID, the educational talk is recorded and sent to Radio MACFAST. The students and faculty do not get a live interaction

Evidence of Success:

 Radio Macfast, a social service arm and a Community Radio of MACFAST, is available in five districts in Central Travancore (Pathanamthitta, Alleppey, Kottayam, Idukki and Kollam) and has close to ten lakh listeners. It is a valuable tool in propagating and promoting oral health awareness among the general public.

- Many of the patients reporting to our dental college, also mention that they regularly tune
 into the live radio programme as they find the information they receive to be highly
 relevant and beneficial.
- A survey conducted by Radio Macfast 90.4, showed that Pushpavani Aarogyam is one among the top three programmes conducted by the radio station. (Journal of International Oral Health 2016; 8(7):767-771)
- A study among the dental interns in our institution, demonstrated that subject knowledge,
 communication and presentation skills and self-confidence were significantly improved
 through the programs. (Journal of International Oral Health 2016; 8(7):767-771)

Resources required:

A phone with good camera and speaker or camera (as the live sessions have not started since the onset of COVID-19)

Institutional link for Radio Program:

Community Dental Programs - Pushpagiri- Group of Institutions

<u>Audiogallery - Pushpagiri- Group of Institutions</u>

Screenshot of RADIOMACFAST 90.4 website showing the schedule of Medi-talk



SUN	MON	TUE	WED	THU	FRI	SAT
Programme					Time	
Panpipe Music					05:45 AM	
Suprabhatham					05:55 AM	
Theme Song					06:00 AM	
Sadvachanam					06:04 AM	
Innathe Paripadikal					06:08 AM	
Vande Matharam					06:09 AM	
Devaragam					06:10 AM	
Local Jobs					06:55 AM	
Greeting Cards					07:00 AM	
Mozhimuthu					08:00 AM	
Sadvachanam					09:00 AM	
Medi Talk					09:15 AM	

Dr. Aby Mathew T. MDS
Principal
Pushpagiri College of Dental Sciences

CHJ.



22-03-2022

CIRCULAR

Due to COVID-19 lock down restrictions, there will be no live radio programs henceforth until further notice.

Dr.K.George Varghese

Principal





Program Schedule of Radio Program for the year 2021-2022

TOPIC	DATE	STAFF	INTERN
Gum diseases and oral health	14-07-2021	Dr. Rino Roopak	Thomsy
Smoking and oral health	21-07-2021	Dr. Lisa Elizabeth	Jeny
TMJ disorders	15-09-2021	Dr. Annie Susan	Elaine
Dental health	22-09-2021	Dr. Sherly Sajan	John
Artificial prosthesis	29-09-2021	Dr. Suja Joseph	Kaajal
Oral habits in children	07-10-2021	Dr. Rino Roopak	Gayathri
Traumatic injuries	14-10-2021	Dr. Anuna Laila Mathew	Geethu
Tooth impaction	27-10-2021	Dr. Ravi Rajan	Christeena
Tooth sensitivity	04-11-2021	Dr. Prameetha George	Christy Antony
Oral habits and oral hygiene measures	10-11-2021	Dr. Rino Roopak	Christy S Simon
Potentially malignant disorders	17-11-2021	Dr. Anju Mathew	Dhanya
Smile designing	24-11-2021	Dr. Amal Fathima	Aneeta
Common dental diseases/disorders	30-11-2021	Dr. Lisa Elizabeth	Annmariya
Malocclusion	08-12-2021	Dr. Nevin Abraham	Atheena
Primary teeth and its importance	15-12-2021	Dr. Jeswin M Thomas	Athira
Halitosis	22-12-2021	Dr. Prameetha George	Aathila
Periodontal diseases	29-12-2021	Dr. Annie Kitty George	Aliya
Diet counselling	29-06-2022	Dr. Rino Roopak	Nila Mathew
Oral aphthous ulcer	14-07-2022	Dr Anju Mathew	Soniya S

Clear aligners	21-07-2022	Dr. Robin	Anoop R
Smoking and oral health	29-07-2022	Dr. Rino Roopak	Varsha Merin
Oral health	02-08-2022	Dr. Allan	Kiran Roy
Pre and post operative instructions after extraction	04-08-2022	Dr. Ravi Rajan	Silja C A
Diabetes mellitus and oral health	11-08-2022	Dr. Anju Mathew	Kelsy Varghese

Dr. Aby Mathew T. MDS

Principal

Pushpagiri College of Dental Sciences



RADIOPROGRAMME - PUSHPAVANI ARDGYAM

Dentistry

subject - Gum diseases and Oxal health Date - 14/7/21 Chief coordinator - Dr Vinool Mathew

Presented by - Dr Rino Roopak

- Dr Thomsy Maria Antony



sturted of a general pedictoric lounted in side affects, onestherical care provided and. The

ow edge

RJ

Pushpagini Meditalk live Radio program started at
Radio Macfast 90.4. The programme commenced with
a brief introduction about gum diseases and ceal
health by Dr Rimo Roopak. After giving the introduc
the topic was explained in detail by Dr Thomsy
Maria Antony about various types, canses, manage
ment, prevention of gum diseases and importance
of ceal health. Treatments & dental case provided
clusing this covid pandemic was also explained. The
Session was concluded by making people aware of
importance of ceal health and the need for frequent
consultation with dentist, if any gum related symptoms
arises. The programme was concluded at 10 am. RJ then
Signed off.

Evaluation was based on - Subject knowledge - Speech clasity Modulation

Content

Procedule

Programa holped

Dimprove my

con fidence

Time dimit was

maintained.

(Confidence				
histènes	Observer				
- Subject knowledge	- Presenter maintaine				
was good		to improve my confidence			
- clasity of presenter	throughout the	level			
// "1	programme.				
	- It was informative	- Time limit was			

RADIOPHA

started at

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RADIOPROGRAMME - PUSHPAVANI

AROUTAM

Subject: Importance Of Oval Health
Oalt:
Chey Co-orderation: Dr. Viruad Mathew
Prevailed by: Ov. Sherly Sayon Mathews
Dr. John Christopher John



Phihpagiri Malitalle live propositione started at Radio maches 90.4. The programme communical with a brief introduction about respondence of oval health by Or. Shorty Sayan Mathew: Allia quing the advocabledors, the lopie was explained as defeat by A. John Christophia Jor. about importance of oral health maintanence of oval health and importance of regular checkup. Treatments and doubt case provided clearing this covid-19 pandomic was also explained. The peniors was concluded by making people appared award of importance of oral health and the reach to Every real consultations with doubt. The programme was concluded at 10:00 cm. RJ their engred off.

Evaluations was band on - Subject knowledge green dantles

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Listener	Observer	Procedeur
- Subspect knowledge	- Daniel mountained the	- Programme helped to
wey good	confidence level throughout	topove my confederce
- clarity of president		level
way good	- It was informative	- Tome unit was mountained

RADIOPROGRAMME - PUSHPAVANT A ROGYAN

SUBJECT: GRAL HABITS IN CHILDREN DATE: - 7-10 2021 CHIEF COGRDINATER : DY. VINOD MATHEW PRESENTED BY :- Dr. RIMO ROOPAK Dr. GAYATHRI VISAYAN



Poshpagiri Meditalk live programme storted at Radio Madast 90.4. The programme commenced with a brief Introduction by Dr. Rino Roopak about the topic ord habits in children, mainly the abnormal ord helibs in children. After giving the introduction, the topic was explained in defail by pr. gagathri Vijayan about the abnormal oral habits in children, Certain abnormal Ocal habits like mouth breathing, tengue thrusting, Thomb sucking, Ned biting were explained during the session. treatments and dental care provided during this covid-19 pondemic was also explained. The session was concluded by making people aware of intercepting the opposed oed habits in children & at early as possible was a consultation of with dentist as early as possible. the programme was concluded at 10.00am, RT thin signed all.

Evaluation was based on: - subject knowledge sprech clarity Modulation

observer

Procedure

- subject knowledge was

"presented maintained confidence & programme hupped

RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject: Tooth impaction

Date: 28-10-2021

Chief coordinator : Dr. Vined Mathew

Presented by: Dr. Ravi Rajan

Dr. Christeene Varughese



RJ!

Pushpagin Meditalk live programme Started at Radio Macfest 90.4. The programme commenced with a brief introduction by Dr. Ravi Rajan about the topic tooth impaction, its Official appearance and different treatment options. After the introduction the topic was explained in detail by Dr. Christeena. The topic included reasons, features and different types of tooth impaction. Treatment options and post-operative case methods were also explained in the session Commonly using diagnostic methods and certain patient concerns were narrated during the programme. The session was concluded by making people aware about the management of Impacted teeth. The program wound up at 10:00 am. RJ then signed off.

Evaluation was bared on: Subject knowledge Speech clarity Modulation Content Costidence

Listener · Subject knowledge inco sand

Observer Presenter maistained considerce Program helped to Improve throughout programme

Procedure my confidence level RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject

: Oxal habits and oxal hygiene measures

Date

11-11-2021

Chief wordinator

: Dr. Vinoo Mathew Mulamoottil

Presented by

: Dr. Rino Roopak Soman

Dr. Christy & simon.

RJ

Pushpagisi Meditalk live programme started at Radio Macfast 90.4. The programme commented with a brief introduction by Dr. Rino Roopak Roman about the topic oral habits and ocal hygiene measures. After the introduction, the topic was explained in detail by Dr. Christy s simon about the importance of oral health, various oral habits and their effects on oral health and vacious real hygiene measures. Methods of oral hygiene, florring and Its technique, association of oral health of systemic diseases oral health and old age, frequency of oral check up of its importance, oral hygiene measures in hypersensitive patients were also explained in the session. The session was woulded by making people aware about the various real habits and real hygiene measures. The peogram was concluded at 10.00 am. RJ then signed off.

Evaluation was based on

-subject knowledge was good

- Marie - C marrietation

subject knowledge speech clarify Modulation content Confidence

Observer

Procedure

- Presenter maintained ron-fidence thomas hairt

- Program help to fir mould made

RADIOPROGRAMME - PUSHPAUANI AROSYAM

Subject: Smile Designing

Date : 05-11-2001

their coordinator - Dr. Vinod mathew

Presented by: Dr. Amal Fathima

Dr. Breeta Grace Varghese



Putpagin Meditall are programme storted at Radio Machast 90. f. The programme commenced with a bould introduction by Dr. Amal Fathima about the importance of smile Designing various techniques involved in it. After the introduction the topse was explained in details by Dr. Incelta Grace Verythere the topses sourced when were the importance of 8mile designing, and when I know the techniques in smile designing everythe, advantages and disadvantages of each technique. The session was concluded by making people aware of the posedo various techniques involved in smile designing and when to seek them

Evaluation was based on: Subject knowledge

Speech darsity modulation

content

contidence

-	contidence	
L'stners	observer	Presenter.
. Subjectknowledge was	Presenter maintained	Programme helped to
good.		
- clarité of presentation	out the programme	level
was good	- St was intermative	lime armst was maintained

RADIOPROGRAMME - PUSHPAGIRI AROGYAM

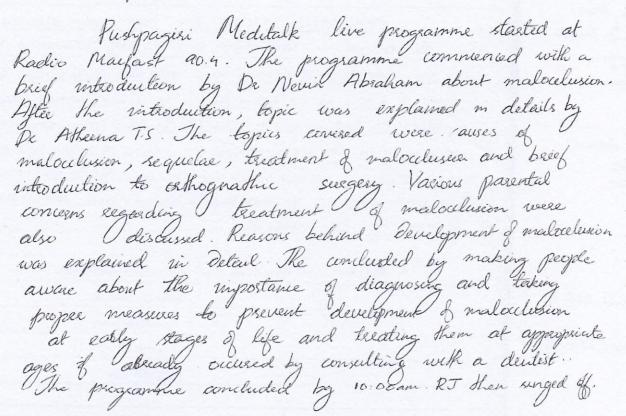
Subjet: Malocclusion

9/12/21

Chief coordinator: De Vinod Mathew Mulamootil Presenter: De Nevin Abraham,

De Athrena T.S

RJ : Aparna



Evaluation was based on : Subject knowledge Speech Clarity Modulation Content Confedence.

Listenea	Observer	Precedure
+ Subject knowledge	- Presenter marntained	-> Programme helpes

RADIO PROGRAMME - PUSHPAVANI AROGYAM.

Subject: Halitosis.

Date: 23/12/2021.

Chief Co-Ordinator: Dr Vinod Mathew. Presented by: Dr Prameeta Mathew. DV Bathila Becgam- A



Push pagini medicity live Programme storted at Radiomacfaste 90-4. The programme roumented with a brief introduction by Dr. Pramecta. Mathew about the oral malodoxer Chalitosis) and its treatment option. After the introduction the topic was explained in details by Dr. Lathila. Beegam. A. The topics covered the etiology, Diagnosis of Malotor, preventive measures, treatment needs and management of oral maledour.

The session was conducted by making people aware Of their oral hygiene and halitosis prevention. The session was ronducted at 10:00 am . RJ then Signed Off.

Evaluation was based on: Subject knowledge. Speech Clarity. Modulation. Content. Confidence.

listener	Observer	Presenter.
· Subject knowledg	e. Prosentor maintained	Programme beyond
was Good.	the confidence through	to improve my
· Clasity of	out the programme.	ranfidance level.
Presentation was		Thre limit was

RADIO PROGRAMME - PUSHPAVANI AROGYAM.

Subject: Importance of early orthodontic

intervention in growing age.

Date: 06/01/2022.

Cheil coordinator : Dr. Vinod Mathew

Presented by : Dr. Robin Alex

Dr. Amala Jose

RJ : Aparna.



Pushpagiri Meditalk live programme started at Radio macfast 90.4. The programme commenced with 9. breif introduction by Dr. Robin Alex. He discussed the need of early orthodontic intervention from growing age of the child. After the introduction the topic was explained in detail by Dr. Amala Jose. The topic covered the etrology of irregular arrangement of teeth, its ill effects, need and different treatment modalities. concluded by making people early intervention The session was aware of the importance of optimum harmony between the bone, teeth and other organs for optimum growth and development. session was conducted at 10:00 am . RJ then signed of.

Evaluation was based on: - subject knowledge

Speech clarity

modulation

Content a confidence.

Listener Observer Presenter

Subject knowledge - presenter maintained - programme help
was good the confidence, throughout to improve my

RADIOPROGRAMME -PUSHPAVANI AROGVAM

Subject : - Bleaching 10/2/2022

Chief Coordinator :- Dr Vinod Mathe wo Presented by :- Dr Minimal K. Johny Dr Silpa Susan Thomas

R.J :-



Pushpagisi Meditalk live programme started at Radio Macfast 90.4. The programme Commenced coith an introduction by Dr Minimol. K. Johny about bleaching. After the introduction the topic was explained in detail by Dr Sipa Susan Thomas about the causes of tooth discoloneation, different treatment techniques for tooth discolouration, go-affice lectrique home bleaching le ebnique precautions taken \$ instructions given during bleaching. The programme was conducted at Your RJ then signed off

Evaluation was based on : - Subject knowledge Speech classity Modulation content

Confidence

Listner.	Observer	Procedure.
- Subject knowled	e - presenter maintaine	1 -programme beloes
was good	the confidence through	to improve my
	the programme	cofidence level
classity of prescole	ahan	- Time litit was
	I di	de la

RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject :- Root Canal Treatment

Date :- 1/6/2022

Chief Coordinate :- Dr. Vinor Mathew

Presented by :- Dr. Baby James Dr. Deme Lily Rodrigues



Pushpagiri meditalk live programme started at radio Macfall 90.4. The programme Commenced with a brist introduction by Dr. Baby James about the topic Root canal streetment's. After the introduction the topic was englained in delail by Dr. Deane Lily Rodrigues. The topics covered were indications, proceeding, side effects if any, need for a crown.

The Session was concluded by making people realize the importance of maintoing natural tooth through that canal treatment. The session was

Concluded by Dr. Decna Lity.
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RADIOPROGRAMME: PUCHPAVANI AROGYAM Subject: Southing and oral Apralthe Coordinator: Dr. Vmod Mother By: Dr. Rino Romak Dr. Varsha Mexin Balon dyagiri Meditalk like programme started at RadiofMac by Dr. Rimo Rospak about the togic - bushing and Eval Health. After the introduction, the topic was explained in detail by Or. Varsha Mein Babu. The topics covered were prevalence, sixte effects of smoking in coal canty and general well being, treatment of earlitions le seduce sursking and methods to prevent addiction to sursking among public. session was concluded by making people realise the effects of somothing on oral health. The programme was concluded at 10:00 am " R. J. then begued off. calvatin was band on: Subjett knowledge Specific danty Medulation Contentt knarledge Presenter Presenter mantaned Programme helped Enfidence Hranghantde improve my confidence y of presentation

RADIOPROGRAMME: PUSHPAVANI AROGYAM

Subject : Clear digners
Date : 21/07/2022

Chief Coordinator: Dr. Vinad Mathen

Presented by: Dr. Robin Alex Cherian Dr. Aneop. Ramahandran

Pushpagiri Meditalk live programme started at Rodio MACFAST 90.4.

The programme commenced with a brief introduction by Dr. Robin Alox Chevial about the topic Clear aligners. After the introduction the topic was explained in detail by Dr. Anoop Ramahardran. The topic covered about uses, indications, contraindications and management of dear aligners.

The Session was concluded by giving awareren about the importance of talking clear aligners and mantain the oral hygiere.

The programme concluded at 10:00 am RJ Then signed off.

Evaluation was based on Subject knowledge Speech darity
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Clouity & presentation was good	It was informative	Time limit was

RADIOPROGRAMME: PUSHPAGIRI AROGYAM

Subject: Early childhood caries.

Chief wordinator: Dr. Vinod Mathono. Presented by : Dr. Subbale kishmi

Dr. Kaipa Mariam Kustan



Pushpagiai moditale live programme started at RADIO MACTAST 90.4.

The programme commenced with a baief introduction by Dr. Subbalepshowing about the topic 'tarky childhood casils'. After the introduction the topic was explained in detail by Dr. Fripa Mariam finaire. The topic covered about signe of symptoms, causes, management of prevention ab early child bood casils.

in The session was concluded by nating people awase about the importance of miltitleth fits impo prevention of cavies. The programme concluded at 10:00 am. RJ signed off.

Evaluation was based on knowledge of subject
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subject knowledge was good

Presenter mainfined
the confidence throughout
the programme
It was informative

Programme helped to improve

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RADIO PROGRAMME: PUSHRAGIRI AROGYAM

subject ' Dental prostnessi; its problems and solution.

Date: 14 April 2022

83

chief wordinator: Dr Vinou Mathew Presented by: Dr Rimo Roopak Soman

Dr. Rami Texesa Jose



Proshpagisi Radiotalk live program started at Radiomacjast 90.4

The program commenced with brief nitroduction by Dr. Rino
Roopak Soman about the topic dental prosthesis - its associated

problems and solutions After the introduction, the topic was explained in detail by Dr. Rani Teresa Jose. The topics covered were necessity of replacing the missing teeth, its advantages, duadvantages, problems associated with fixed denture, removable denture and unplants and its solutions.

The serion was concluded by making people realise about the various solutions to the problems associated with deutal prosthers. The program was concluded at 10:00 am RJ them signed off.

Evaluation was based on subject knowledge speech clauty Modulation content

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Improve my
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RADIO PROGRAM ! PUSHPA CIRI AROCYAM.

Subject: Pose and Post operations instanctions after

Date: oulos/2022.

chief woodinator: por vivod Mathew

Presented by , pro Ravi Royan

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Pushpagisi meditalles live Pospoanne Started at Radiomachast 90.4. The programme commenced with a basel introduction by Dr. Rout Region about the topicto e and post oppositive instructions often emboastion. Refer the introduction the topic was employed in detail by po, silya c.A. The topic covered about the necessit to follow instruction to avoid complication & for better beating instauction that must follow by the Patriost after embaction was emplained in a such a mar shot they will do for the better second of the endrousson site The session was concluded by making people realise ger subartaire of sologen epergeb & wangeyout health. The programme concluded at 10.00 an R.I the signed opp, Evaluation was based on subject mountable Speech donity modulation

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after

RADIOPROGRAMME - PUSHPAVANI AROGYAM

Juliject: Fixed Partial Denture Date: 02/06/2022 Chief coordinator: Der. Vinod Mathew Presented by: Der. Rene Kuriakore Der. Yeether Thomas



Rushpagieri Meditalk live programme started at Radio Macfast 90.4. The programme commenced with an introduct sted of ley Der Rene Kuriakose, wherein the explained about senced with a importance of teeth in various functions like speech, sout the topicswallowing. Teeth also plays a major sole in maintain-ing facial aesthetics and level of confidence. She entroction. had also explained about various types of fixed partial bout the secesity dentures and their uses. After introduction, the topic क है दिल was explained in detail by Dr. Geether Thomas. allow by the The topics covered were about various conditions where a such a manor are could use FPD, its advantages and disadvantages. The various measures to be taken after placing FPD weere also discussed. The various types of FPD's available were cobje seafer also explained in the session. The session was concluded ley making people aware about various types of FPD's 00 an R.J The session was concluded at 10.00 am. The RJ then signed of Evaluation was leased on: - subject knowledge Speech clarity Modulation Content Listener Confidence.

Luliject knowledge Presentier maintained Programme helped to

was good. the confidence throughout improve my confidence

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