

Radio MacFast

COLLEGE OF DENTAL SCIENCES

RADIOTALK SCHEDULE 2023-2024

S.NO	NAME OF	TOPIC OF THE	DATE	FACULTY	DEPARTMENT
	THE INTERN	RADIOTALK		ACCOMPANIED	
1	AASHLIN TITUS	HALITOSIS	19/10/23	DR ANJU MATHEW	ORAL MEDICINE AND RADIOLOGY
2	AGAJA BIJU	XEROSTOMIA	26/10/2023	DR. LISA JACOB	ORAL MEDICINE AND RADIOLOGY
3	AKHIL MEPPURATH	SMOKING AND ORAL HEALTH	2/11/2023	DR. IVIN ELSA JOHN	ORAL MEDICINE AND RADIOLOGY
4	ALAN REJI	IMPORTANCE OF PRIMARY TEETH	16/11/2023	DR. JESWIN M THOMAS	PEDODONTICS
5	ALLAN SANTHOSH	POST AND CORE	29/08/24	DR.JERRIN ABRAHAM GEORGE	PRIORITY
6	ANJALY LAL	EARLY CHILDHOOD CARIES	23/11/23	DR.DIVYA PHILIP	PEDODONTICS
7	ANN MARY CHIRAYATH	ORAL HYGIENE INSTRUCTIONS AND DIET COUNSELLING	30-11-2023	DR.ANANDHU KRISHNAN	PEDODONTICS
8	ANUGRAHA MARIAM JOHN	PREVENTIVE PROCEDURES IN PEDIATRIC DENTISTRY	07-12-2023	DR.SUBBALEKSHMI	PEDODONTICS
9	ARYA K DAS	FIXED ORTHODONTICS	14-12-2023	DR.NEVIN ABRAHAM	ORTHODONTICS
10	BLESSY ANGEL LG	FUNCTIONAL APPLIANCES	21-12-2023	DR.DIVYA PHILIP	ORTHODONTICS
11	CATHERINE JOE	PRE AND POST ORTHODONTIC TREATMENT INSTRUCTIONS	28/12/2023	DR.NEVIN ABRAHAM	ORTHODONTICS
12	CATHERINE JOHN THODUKA	REMOVABLE APPLIANCES AND CLEAR ALIGNERS	04/01/2024	DR.NEVIN ABRAHAM	ORTHODONTICS
13	DIANA PETER	ORAL CLEANING AND CLEANING DEVICES	11/01/2024	DR.VINOD MATHEW MULAMOOTTIL	PHD
14	DONA MARIA THEJO	PREVENTION OF DENTAL DISEASES	18/01/24	DR.VINOD MATHEW MULAMOOTTIL	PHD
15	FATHIMA FABIN	IMPORTANCE OF MILK TEETH IN PREVENTING MALOCCLUSION	25/01/24	DR. SHERYL ELIZABETH	PHD
16	HARI KRISHNAN H	DENTAL IMPLANTS	08-02-2024	DR.ANNIE KITTY GEORGE	PERIODONTICS
17	HELGA S MARIA	PREGNANCY AND PERIODONTITIS	01/02/2024	DR. RINO ROOPAK SOMAN	PERIODONTICS

COLLEGE OF DENTAL SCIENCES

18	HISANA SAJAD	IMPORTANCE OF PERIODONTAL HEALTH	15/2/24	DR SAUMYA JOHN	PERIODONTICS
19	JENCY DAVIS	SIGNS AND SYMPTOMS OF PERIODONTAL DISEASES	22/02/24	DR. PRAMEETHA GEORGE ITTYCHERIA	PERIODONTICS
20	JESWIN JOY	RELATIONSHIP BETWEEN PERIODONTAL DISEASES & SYSTEMIC HEALTH	29/02/2024	DR. PRAMEETHA GEORGE ITTYCHERIA	PERIODONTICS
21	JIJI S P	DENTIN HYPERSENSITIVITY	07/03/2024	DR. MINIMOL K JOHNY	CONSERVATIVE DENTISTRY
22	JOYCE HANNA GEORGE	TOOTH COLORED RESTORATION	14/3/24	DR. LOVIN VALSAN MATHEW	CONSERVATIVE DENTISTRY
23	LYDIA SAIRA MATHEW	PREVENTION OF DENTAL CARIES	21/03/24	DR.JOSE JACOB	CONSERVATIVE DENTISTRY
24	MAREENA MARY ROY	MANAGEMENT OF DENTAL AVULSION	04/04/24	DR.SARA MATHEW	CONSERVATIVE DENTISTRY
25	MERIN SAJI	DENTAL IMPLANTS	11/04/24	DR.JERIN THOMAS	PROSTHODONTICS
26	NAMITHA MARIYAM MONCY	MAXILLOFACIAL PROSTHESIS	18/04/24	DR. DHANYA NAMPOOTHIRI	PROSTHODONTICS
27	NEENA K JOHN	REMOVABLE PARTIAL DENTURE	25/04/2024	DR.THOMAS ABRAHAM	PROSTHODONTICS
28	RACHEL SEBASTIAN	REPLACEMENT OF TEETH FIXED AND REMOVABLE	5/9/24	DR.HARI	PRIORITY
29	ROSE PAUL	ORAL PRECANCEROUS LESIONS	30/05/24	DR.JOON SUNIL	OMFS
30	SANDRA ARUN	MAXILLOFACIAL TRAUMA	23/05/2024	DR.RAVI RAJAN	OMFS
31	SANDRA JOSE	CLEFT LIP AND PALATE	09-05-2024	DR.RONY PHILIP	OMFS
32	SERENE ANN JOHN	ORTHOGNATHIC SURGERIES	06/06/24	DR.JOON SUNIL	OMFS
33	SRUTHY KRISHNA C S	MUCOSAL RESPONSES TO ORAL PROSTHESIS	20/6/24	DR.SHARLENE SARA BABU	ORAL PATHOLOGY
34	SWATHY RAJ	RADIATION INJURY	04/07/2024	DR. SHARLENE SARA BABU	ORAL PATHOLOGY
35	SRUTHI KRISHNA C .S	MUCOSAL RESPONSES TO ORAL PROSTHESIS	20/06/24	DR.SHARLENE SARA BABU	ORAL PATHOLOGY
36	TRACY JOSE THEVARY	ORAL MANIFESTATIONS OF BLEEDING DISORDERS	13-06-2024	DR. TIBIN K BABY	ORAL PATHOLOGY

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37	VAISHNAVI S R	FUNGAL INFECTIONS OF ORAL CAVITY	27/06/2024	DR. TIBIN K BABY	ORAL PATHOLOGY
38	VIDHYA MERIN VINCENT	ORAL CANCER	01/08/24	DR.SHARLENE SARA BABU	ORAL PATHOLOGY
39	ALEENA ANN GEORGE	RECURRENT APHTHOUS STOMATITIS	25/7/24	DR.SHARLENE SARA BABU	ORAL PATHOLOGY
40	APSARA. P. B	REPLACEMENT OF MISSING TEETH	18/07/24	DR. JOSHY P ABRAHAM	PRIORITY
41	BASTIN BRIGHT CHERIAN	PEDIATRIC DENTAL CARE	08/08/24	DR.DIVYA PHILIP	PRIORITY
42	MERRIN ANN KOSHY	CASE SELECTION IN ROOT CANAL TREATMENT	22/08/24	DR. LITTY VARGHESE	PRIORITY
43	MILIN MATHEW	TMJ DISORDERS	16/05/24	DR.SHIBI MATHEW V	PROSTHODONTICS

Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

cthJ.





Date: 19/10/2023 Subject: HALITOSIS Chief coordinator: Dr. Vinod Mathew Mulamoottil Presenter: Dr. AASHLIN TITUS,DR. ANJU MATHEW RJ: Kalyani

The Programme 'Pushpavani Arogyam' live radio talk started at 9:15 am. The programme started with a general introduction on the topic Halitosis. After introduction I continued to talk more about the topic in detail. Halitosis its causes, prevention, diagnosis and treatment. There was question answer section in which listeners asked various question about Halitosis.

Through the Programme I was able to make the public aware of the prevention of halitosis. Finally RJ concluded the programme and signed off.

Evaluation was based on:

- 1. Subject knowledge
- 2. Speech
- 3. Voice modulation
- 4. Confidence
- 5. Clarity

LISTENER	<u>OBSERVER</u>	PRESENTER
The presenter was confident and clear about the topic. All relevant points about the topic were covered	Knowledge obtained through the talk was valuable and practical	Feeling thankful to the Department of public health dentistry and to Dr. Vinod Mathew for giving me this
		opportunity.







Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

cthJ.L.





Date: 26/10/2023

Subject: XEROSTOMIA

Chief coordinator: Dr. Vinod Mathew Mulamoottil

Presenter: Dr. Agaja Biju (House Surgeon), Dr. Lisa Jacob (Senior Lecturer, Dept. of Oral Medicine & Radiology)

RJ: Deepa

The Programme 'Pushpavani Arogyam' live radio talk started at 9:15 am. The programme started with a general introduction on the topic Xerostomia. After introduction I continued to talk more about the topic in detail. The different causes of xerostomia, its symptoms, diagnosis and treatment were explained. Also the home remedies to minimize the adverse effects of xerostomia were also explained. There was question answer section in which listeners asked various question about xerostomia treatment.

Through the Programme I was able to make the public aware of the xerostomia & importance of its management . Finally RJ concluded the programme and signed off.

Evaluation was based on:

- 1.Subject knowledge
- 2.Speech
- 3.Voice modulation
- 4.Confidence

5.Clarity

LISTENER



The presenter was confident and clear about the topic.

All relevant points about the topic were covered.

OBSERVER

Knowledge obtained through the talk was valuable and practical.

PRESENTER

Feeling thankful to the Department of public health dentistry and to Dr. Vinod Mathew for giving me this opportunity.





Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

cthJ.1.



PUSHAGIRI COLLEGE OF DENTAL SCIENCES

Date: 02/11/2023

Subject: SMOKING AND ORAL HEALTH

Chief coordinator: Dr. Vinod Mathew Mulamoottil

Presenter: Dr. Akhil Meppurath, Dr. Ivin Elsa John

RJ: Deepa

The Programme 'Pushpavani Arogyam' live radio talk started at 9:15 am. The programme started with a general introduction on the topic Smoking and Oral health. After introduction I continued to talk more about the topic in detail. Smoking and the diseases it causes, prevention, diagnosis and treatment. There was question answer section in which listeners asked various question regarding oral health and smoking.

Through the Programme I was able to make the public aware of the prevention of oral diseases caused by smoking. Finally RJ concluded the programme and signed off.

Evaluation was based on:

- 1. Subject knowledge
- 2. Speech
- 3. Voice modulation
- 4. Confidence
- 5. Clarity

LISTENER	OBSERVER	PRESENTER
The presenter was confident	Knowledge obtained	Feeling thankful to the
and clear about the topic. All	through the talk was	Department of public health
relevant points about the	valuable and practical	dentistry and to Dr. Vinod
topic were covered		Mathew for giving me this
		opportunity.



PUSHPAVANI AROGYAM





Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

cthJ.L.





Date: 16/11/2023

Subject: Importance of Primary Teeth

Chief coordinator: Dr. Vinod Mathew Mulamoottil

Presented by: Dr. Jeswin M Thomas Dr. Alan Reji

RJ: Deepa

The Programme 'Pushpavani Arogyam' live radio talk started at 9:15 am. The programme started with a general introduction on the topic Importance of Primary Teeth. After introduction I continued to talk more about the topic in detail. Maintaining the health of primary teeth through proper dental hygiene and regular check-ups is vital for a child's overall well-being was discusses. There was question answer section in which listeners asked various question about measures for maintaining good oral health.

Through the Programme I was able to make the public aware of the importance of maintaining good primary tooth. Finally RJ concluded the programme and signed off.

Evaluation was based on:

- 1. Subject knowledge
- 2. Speech
- 3. Voice modulation
- 4. Confidence
- 5. Clarity

LISTENER	OBSERVER	PRESENTER
The presenter was confident	Knowledge obtained	Feeling thankful to the
and clear about the topic. All	through the talk was	Department of public health
relevant points about the	valuable and practical	dentistry and to Dr. Vinod
topic were covered		Mathew for giving me this
		opportunity.



PUSHPAVANI ÅROGYAM





Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

167.12.



Dental Camps



DENTAL CAMP STATISTICS: 23-24

SI.No	Date	Place	Male	Female	Total
1.	09/06/23	Venakulan Madrasa,-Karunya Bhavan	9	17	26
2.	27/06/23	Tijus Academy ,Ramanchira		103	110
3.	18/06/23	Thiruvalla Juma Masjid	26	2	28
4.	29/06/23	Vastram Silks ,Thiruvalla	22	25	47
5.	30/06/23	Mount.Mary Public School,Manarcad,Kottayam	90	56	146
6.	04/07/23	St.Marys Daya Bhavan,Mavelikara,Alapuzha	32	20	52
7.	11/07/23	Vastram Silks, Kottayam	17	83	100
8.	23/07/23	Nediyakala Parambil Building ,Changachery	25	9	34
9.	21/07/23	Cherupushpa Vilasam LP School,Kuttoor	78	64	142
10.	29/07/23	Karuna Pain And Palliative Center, Ennakkad	4	8	12
11.	04/08/23	Pop Pious Hss Medical Camp,Kattanam	27	55	82
12.	27/08/23	Muttar ,Kerala	2	8	10
	22/07/23	YMCA LP School,Edathua	110	88	198
13.	25/09/23	Good Sheperd Public School, Thengana	121	110	131
14.	26/09/23	Good Shepherd Public School, Thengana	109	127	236
15.	14/09/23	Choice School ,Manthanam	130	119	249
16.	15/09/23	Choice School, Manthanam	109	88	197
17.	07/10/23	St.Francis Xavier Church, Mallapally	6	10	16
18.	15/10/23	Niranam Marthoma Church	8	20	28
19.	22/10/23	Archbishop Mar Gergorius Divya Karunyalayam,	3	0	3
		Kuttoor			
20.	28/10/23	Stella Maris English Medium Svhoolo, Thiurvalla		65	130
21.	29/10/23	St.Joseph Church ,Maranam	20	34	54
22.	11/11/23	Sree Sarada Vidhyapeedam, Adoor	6	5	11
23.	14/11/23	Bishop Moore Vidhyapath ,Mavelikara	110	65	175

24.	18/11/23	Medical Camp, Kottayam		5	17
25.	17/10/23	CMS High School, Edathua	31	59	90
26.	22/10/23	Medical Camp,Kottor			3
27.	26/11/23	St. Antony's Church Pullad	9	6	15
28.	16/12/23	Mahathma Girls High School, Chenithala	9	6	15
29.	27/01/24	Basalious Public School Paliyekkara	57	31	88
30.	29/1/24	Govt High School Peringara	99	54	153
31.	31/1/24	Govt High School, Niranam	67	51	118
32.	4/02/24	St.George Malankara Catholic Church,	7	6	13
		Chengaroor			
33.	4/2/24	St. Antony Cancer Center Poovam Chry		30	30
34.	5/2/24	Vocational Higher Secondary School, Kallisserry,	23	24	47
		Chengannur			
35.	8/2/24	St. Mary's Church Parel , Changancherry	6	25	31
36.	17/2/24	Mannar Grama Panchayath , Kunnathoor	12	14	26
		Temple Auditorium			
37.	22/2/24	St. Johns Church Nedumkunnam	6	55	61
38.	22/2/24	St. Thomas H.S.S Thirumoolapuram	St. Thomas H.S.S Thirumoolapuram 60		113
39.	23/2/24	M.S.H.S.S Ranny	111	89	200
40.	25/2/24	St. Mary's Church Eraviperoor	18	12	30
41.	28/2/24	St. George H.S.S, Chunkapara	132	111	243
42.	29/2/24	Manimala Medical Camp	2	31	33
43.	4/3/24	Vimalambika P.S Pambady	105	77	182
44.	8/3/24	A V G Motors , Perumthuruthy	61	16	77
45.	10/3/24	Hypermarket, Changancherry	9	6	15
46.	10/3/24	Medical Camp Vennikulam	1	4	5
47.	11/3/24	Joy Alukkas Thiruvalla	47	52	99
48.	13/3/24	Suvi Colour Lab2219		19	41
49.	15/3/24	Mobile Planet ,Ramanchira 6 2		2	8
50.	17/3/24	Sacred Heart Church , Chethipuzha		30	58
51.	17/3/24	Lourde Matha Church , Paipad	20	37	57

52.	19/3/24	Thekkekara Panchayath ,Pandalam	0	54	54
53.	21/3/24	Assumption College	2	108	110
54.	25/3/24	Kristhu Jyothi College , Chry	82	78	160
55.	5/4/24	Bar Be Que Inn	7	2	9
56.	13/4/24	St. Thomas Church , Nalukody	9	10	19
57.	27/4/24	St Joseph Church Niranam	3	18	21
58.	28/4/24	Govt Lp School Kallooppara	19	9	38
59.	25/05/24	St Joseph's Central School Mundakkayam	8	20	28

Reports of the dental camps conducted are available at: <u>3.4.2 - Pushpagiri- Group of Institutions</u>

NSS



PUSHPAGIRI COLLEGE OF DENTAL SCIENCES MEDICITY CAMPUS, PERUMTHURUTHY



LIST OF NSS ACTIVITIES 2023-2024

S. No.	Date	Nature of Activity
1.	June 10, 2023	International Yoga Day Quiz
2.	June 11, 2023	International Yoga Day Pledge
3.	June 21, 2023	International Yoga Day
4.	July 20, 2023	Antiaddiction Awareness Class
5.	August 15, 2023	Independence Day
6.	October 18, 2023	Blood Donation Camp
7.	November 30, 2023	Constitution Day
8.	December 12, 2024	NSS Orientation Camp
9.	February 10 th -16 th	NSS Special Camp
10.	March 8, 2024	International Women's Day
11.	May 5, 2024	"Karuthal" Water for Birds
12.	May 31, 2024	World No Tobacco day

Detailed reports of NSS activities can be viewed in the following link: <u>3.4.1 - Pushpagiri- Group</u> of Institutions

Dr. Sunu Alice Cherian NSS program Officer NSS/FU/KUHS/PNT/4 Club activities

Yoga Classes

IKAP SESSIONS

1ST IKAP SESSION 2023-2024 – REPORT

TOPIC: XEROSTOMIA

DATE: 19/10/2023

SPEAKER: DR LISA ELIZABETH JACOB

OBSERVER: DR ANIL KURIAN

COORDINATOR: DR SONAM SULTHANA A .J

DR ANJALI AJAYAKUMAR

The 1st IKAP 2023 was conducted on October 19th on the topic of "**Xerostomia**" by Dr. Lisa Elizabeth Jacob, Senior Lecturer in the Department of Oral Medicine and Radiology, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Sonam Sulthana and Dr. Anjali Ajayakumar, under the guidance of Dr. Vinod Mathew, with Dr. Anil Kurian serving as the observer. The presentation by Dr. Lisa Elizabeth Jacob provided a comprehensive overview of Xerostomia, contributing to the knowledge of the participants.

1ST IKAP - POSTER

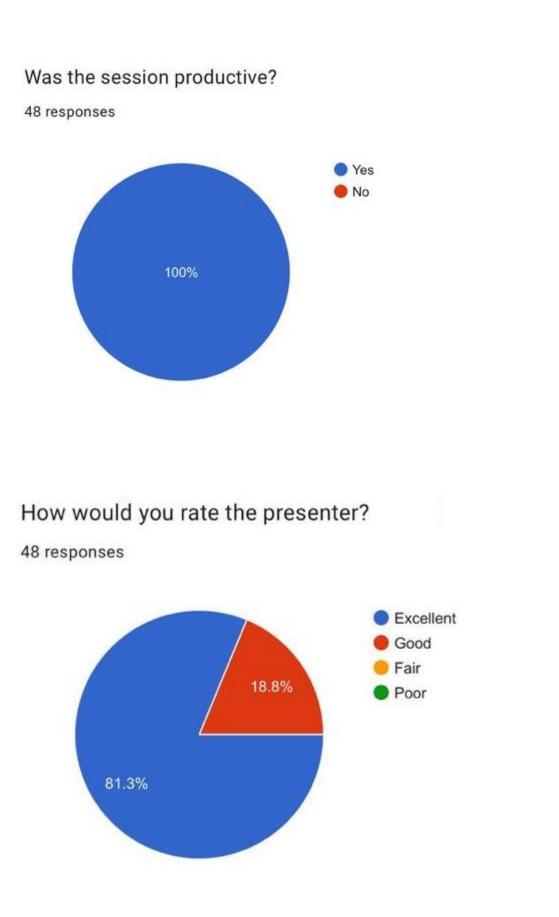


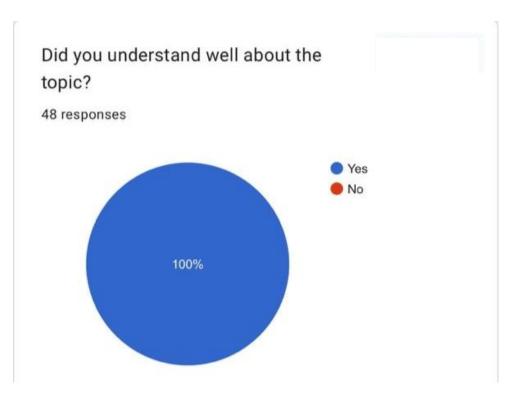
The 1st IKAP session on "Xerostomia" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 48 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Sonam Sulthana A.J, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Lisa Elizabeth Jacob. Dr. Lisa, in turn, commenced the session by sharing insights into the etiology and management of Xerostomia, even introducing commercially available medications for Xerostomia. The session concluded with a vote of thanks delivered by Dr. Anjali Ajayakumar, expressing gratitude to Dr. Lisa for her enlightening presentation. The participants left with a deeper understanding of Xerostomia and its management. The session was observed by Dr. Anil Kurian, who noted the seamless flow of the session and the engaging manner in which Dr. Lisa shared her expertise on the topic.

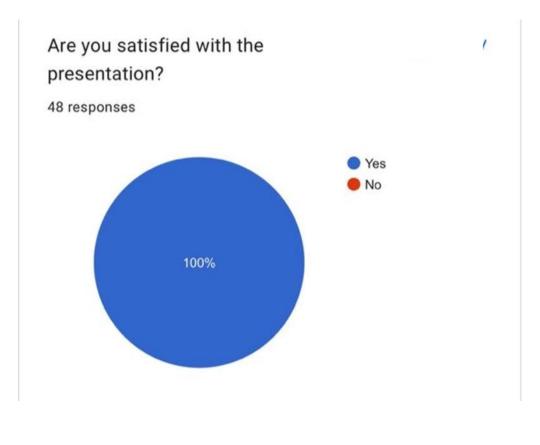


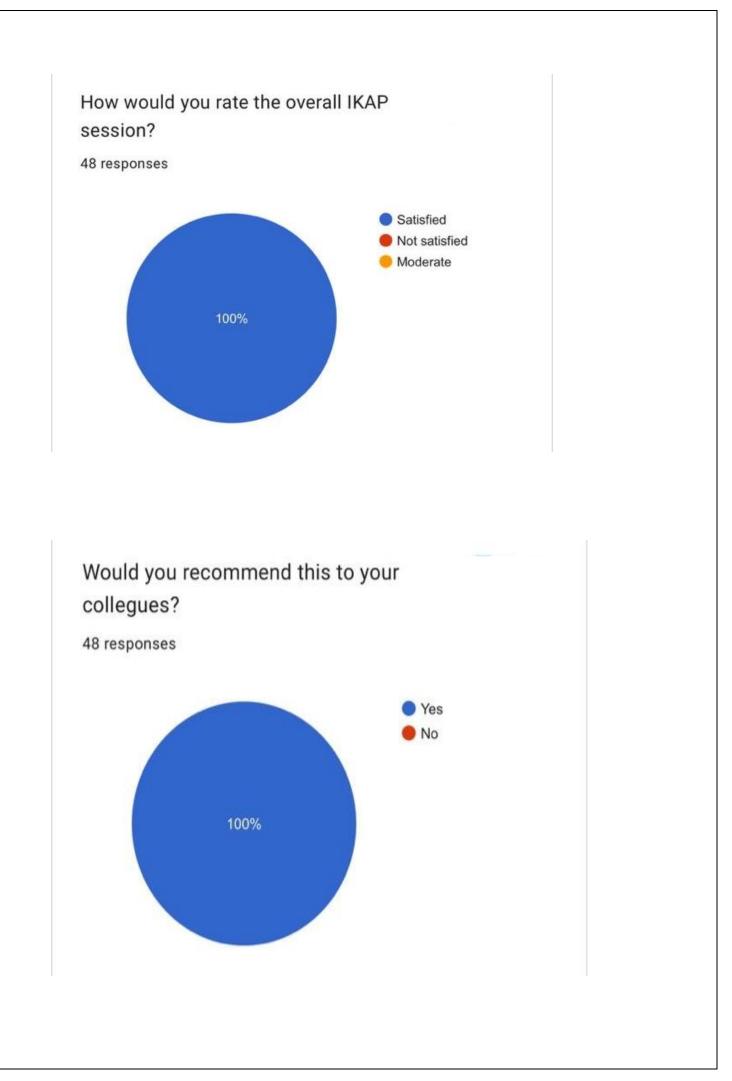


FEEDBAACK FORM OF THE SESSION









<u>RESULT</u>

Based on the response submitted ,the 1st IKAP on Xerostomia proved to be an informative and well-coordinated event.

2ND IKAP SESSION 2023-2024 – REPORT

<u>TOPIC</u>: RECENT ADVANCES IN DETECTION OF POTENTIALLY MALIGNANT DISORDERS.

DATE: 26/10/2023

SPEAKER: DR ANJU MATHEW

OBSERVER: DR SHERYL

COORDINATOR: DR ASHMI RENJAN

DR ASHNA GRACE KOSHY

The 2ND IKAP 2023 was conducted on October 26th on the topic of "**Recent advances in detection of potentially malignant and malignant disorders**" by Dr. Anju Mathew, Senior Lecturer in the Department of Oral Medicine and Radiology, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Ashmi Renjan and Dr. Ashna Grace Koshy, under the guidance of Dr. Vinod Mathew, with Dr.Sheryl serving as the observer. The presentation by Dr. Anju Mathew provided a comprehensive overview of Recent Advances in Detection of Potentially Malignant and Malignant disorders, contributing to the knowledge of the participants.

2ND IKAP - POSTER



The 2ND IKAP session on "Recent advances in detection of potentially malignant and malignant disorders"

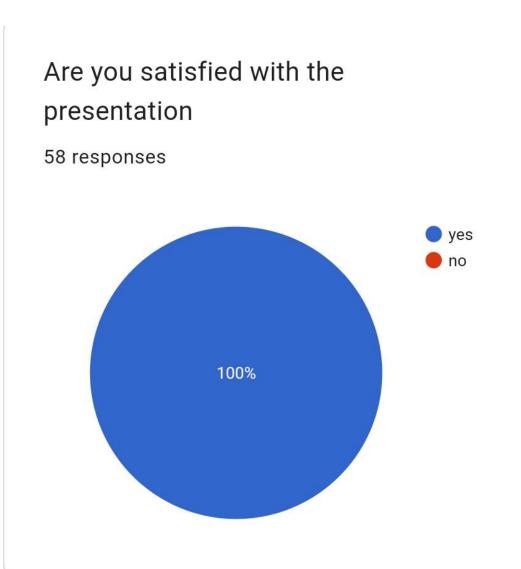
commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 58 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Ashmi Renjan, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Anju Mathew. Dr. Anju Mathew, in turn, commenced the session by sharing insights on the essentials of diagnosis of potentially malignant disorders clinically, as well as advanced diagnostic modalities in modern dental practices and consequenses of potentially malignant disorders if left untreated. The session concluded with a vote of thanks delivered by Dr. Ashna Grace Koshy, expressing gratitude to Dr. Anju for her enlightening presentation. The participants left with a deeper understanding of Recent advances in detection of potentially malignant and malignant disorders. The session was observed by Dr. Sheryl, who noted the seamless flow of the session and the engaging manner in which Dr. Anju Mathew shared her expertise on the topic.

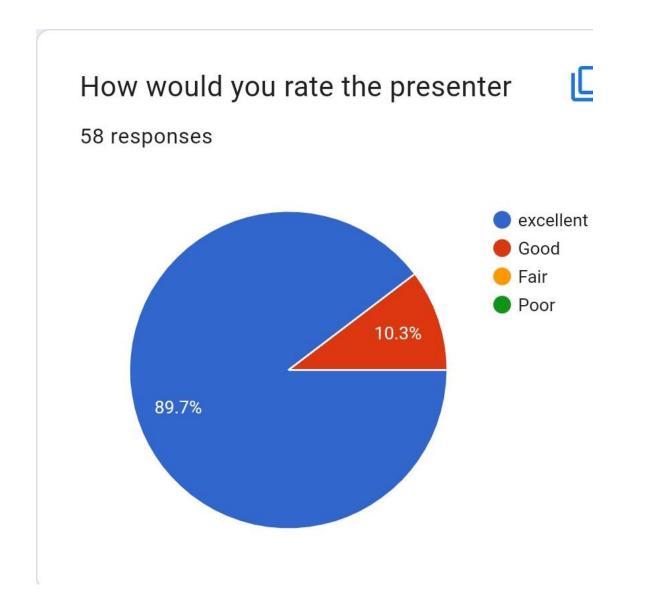


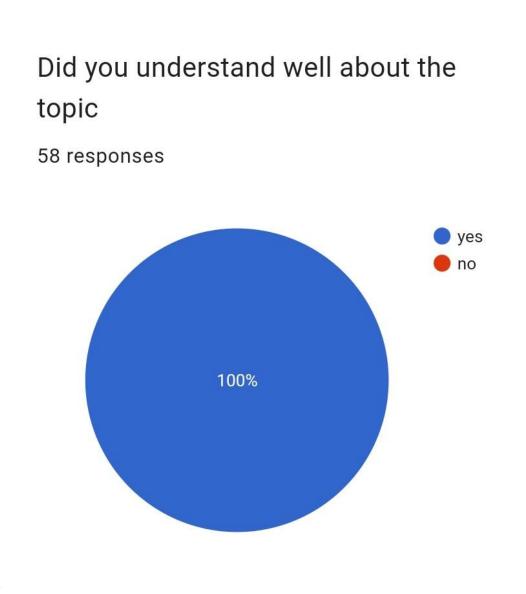


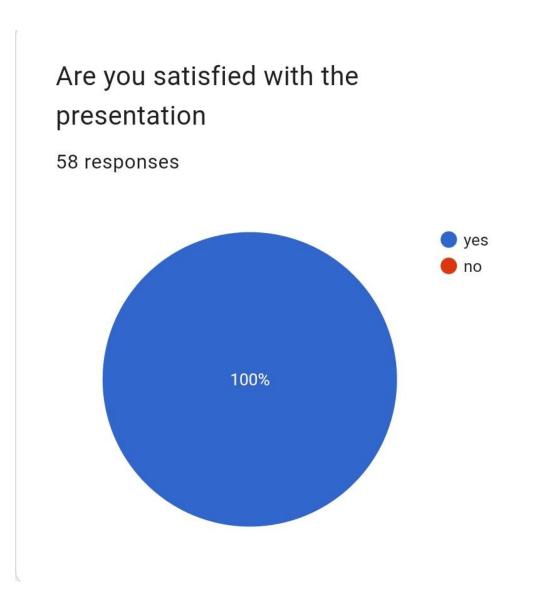
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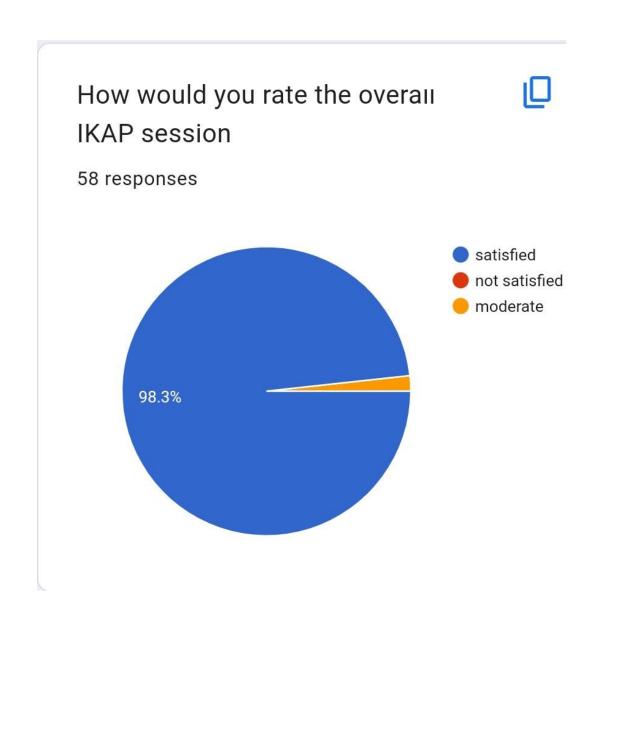
FEEDBACK FORM OF THE SESSION

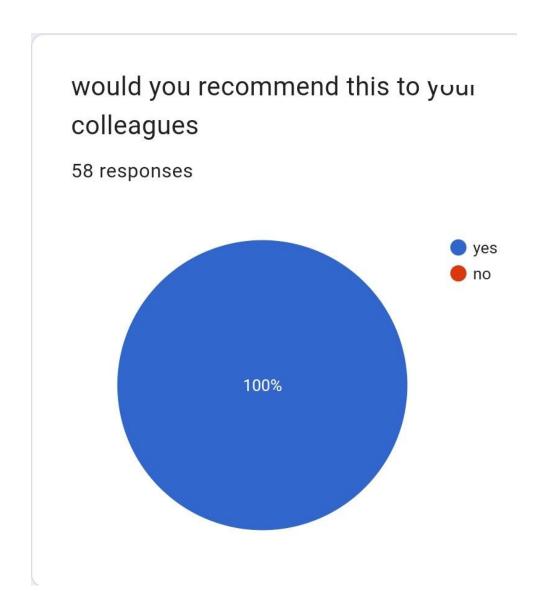












<u>RESULT</u>

Based on the response submitted , the 2ND IKAP session on Recent advances in detection of potentially malignant and malignant disorders proved to be an informative and well-coordinated event.

3rd IKAP SESSION 2023-2024 - REPORT

TOPIC: Differential Diagnosis of White Lesions

DATE: 2/11/2023

SPEAKER: DR ANUNA LAILA MATHEW

OBSERVER: DR SHERYL KURIAKOSE

COORDINATORS: DR HARITHA SREEKUMAR

DR JESLEY MARIAM GEORGE

The 3rd IKAP 2023 was conducted on November 2nd on the topic of "**DIFFERENTIAL DAGNOSIS OF WHTE LESIONS**" by Dr. ANUNA LALIA MATHEW, professor and HOD in the Department of Oral Medicine and Radiology, Pushpagiri College of Dental Sciences. The event was coordinated and conducted by Dr. Haritha Sreekumar and Dr. Jesley Mariam George, under the guidance of Dr. Vinod Mathew, with Dr. Sheryl Kuriakose serving as the observer. The presentation by Dr. Anuna Laila Mathew provided a comprehensive overview of Differential Diagnosis of white lesions, contributing to the participants' knowledge.



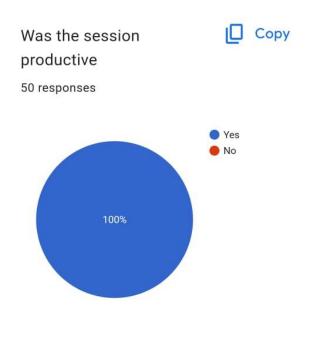
<u> 3rd IKAP – POSTER</u>

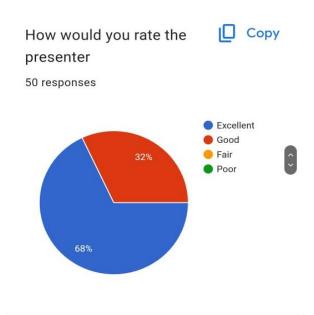
The 3rd IKAP session on "Differential Diagnosis of white lesions " commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 51 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Jesley Mariam George, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Anuna Laila Mathew. Dr. Anuna, in turn, commenced the session by sharing insights into the topic such as commonly seen white lesions of the oral cavity, how to differentiate them, diagnosis, the different stains used for the diagnosis, and its management. The session concluded with a vote of thanks delivered by Dr. Haritha Sreekumar, expressing gratitude to Dr. Anuna for her enlightening presentation. The participants left with a deeper understanding of the different white lesions and their management. The session was observed by Dr. Sheryl Kuriakose, who noted the seamless flow and the engaging manner in which Dr. Anuna shared her expertise on the topic.

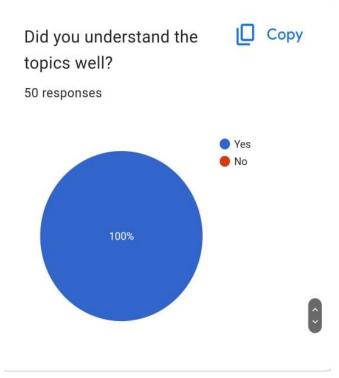


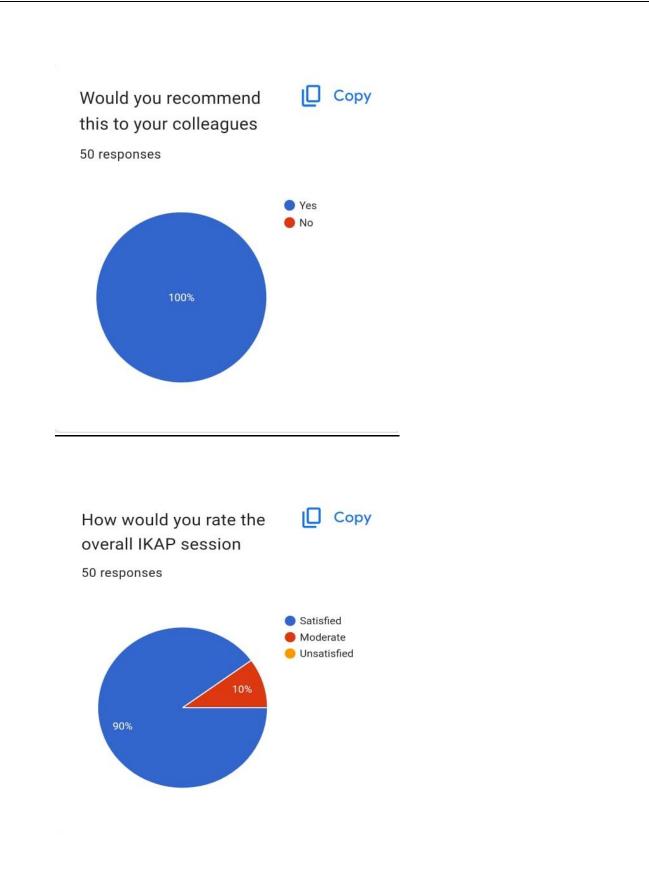


FEEDBACK FORM OF THE SESSION









<u>RESULT</u>

Based on the response submitted, the 3rd IKAP on Differential diagnosis of white lesions proved to be an informative and well-coordinated event.

9TH IKAP SESSION 2023-2024 REPORT

Topic: Questionnaires in Dental Research

Date: December 28, 2023

Speaker: Dr. Subbalekshmi T

Observer: Dr. Seemanth S

Coordinator: Dr. Sandra Arun

The 9th IKAP session of 2023 was convened on December 28th, focusing on the topic of "Questionnaires in Dental Research," by Dr. Subbalekshmi T, Associate Professor in the Department of Pediatric and Preventive dentistry at Pushpagiri College of Dental Sciences. The event was coordinated by Dr. Sandra Arun, under the supervision of Dr. Vinod Mathew, with Dr. Seemanth S fulfilling the role of observer.



Session Overview:

The session commenced at 1:30 PM in the College Auditorium, with an attendance of 41 participants. A moment of silent prayer set the tone for the gathering, followed by a warm welcome from Dr. Sandra Arun, who introduced Dr. Subbalekshmi T as the esteemed speaker. Dr. Subbalekshmi delved into the into the intricacies of questionnaires in dental research, providing insights into their design, implementation, and significance in advancing dental science. The speaker had used examples to simplify such a vast topic of research arena and was able to convey in the most simple terms how a research is done.

Key Highlights:

Comprehensive Presentation: Dr. Subbalekshmi's presentation offered a comprehensive overview of questionnaires in dental research, enriching the knowledge of participants.

Engagement and Interaction: The session fostered engagement and interaction, with participants actively involved in discussions and queries regarding questionnaire methodologies and their application in research.

Effective Coordination: The session had a seamless flow, contributing to its success.







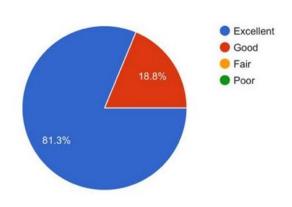
Feedback of the session

A feedback form distributed post-session indicated that participants found the event informative and well-coordinated. The session was followed by a doubt clearing session. Dr. Sandra Arun expressed gratitude to Dr. Subbalekshmi for her enlightening presentation in her vote of thanks. Dr. Seemanth S, as the observer, noted the session's seamless flow and Dr. Subbalekshmi's engaging presentation style.

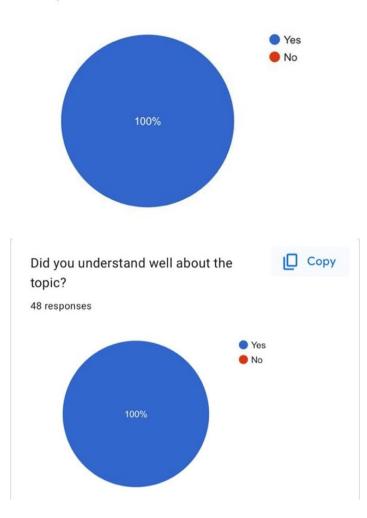
How would you rate the presenter?

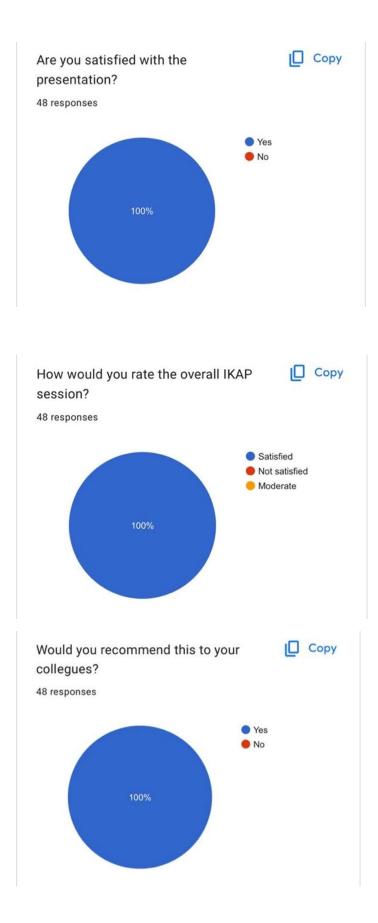
Сору

48 responses



Was the session productive?





Conclusion

The 9th IKAP session on Questionnaires in Dental Research proved to be an enriching educational experience, enhancing participants' understanding of research methodologies and their application in dental sciences. Building on the success of this session, future IKAP sessions can continue to explore relevant topics in dentistry, fostering continued learning and professional development among participants. This report encapsulates the proceedings and outcomes of the 9th IKAP session on Questionnaires in Dental Research, reflecting the dedication to academic excellence and knowledge dissemination within the dental community at Pushpagiri College of Dental Sciences

10th IKAP SESSION 2023-2024 - REPORT

TOPIC: CASE DISCUSSION

DATE: 04/01/2024

SPEAKER: DR JESWIN M THOMAS

OBSERVER: DR RESHMA PS

COORDINATOR: AKHILMON MEPURATH ANIL

The 10th IKAP 2024 was conducted on January 1st on the topic of "**Case discussion**" by Dr. Jeswin M Thomas, Senior Lecturer in the Department of Paediatric and preventive dentistry, Pushpagiri college of dental sciences. The event was coordinated and conducted by Akhilmon Mepurath Anil, under the guidance of Dr. Vinod Mathew, with Dr. Reshma PS serving as the observer. The presentation by Dr. Jeswin M Thomas provided a comprehensive overview of Case discussion, contributing to the knowledge of the participants.

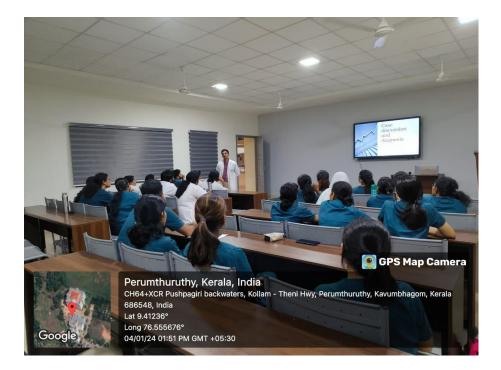
10th IKAP - POSTER

The 10th IKAP session on "Case Discussion" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 26 participants. The session began



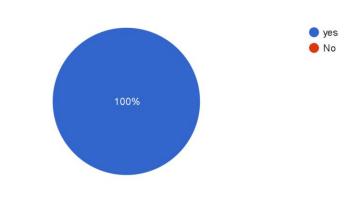
with a silent prayer, setting a reflective tone for the gathering. Akhilmon Mepurath, in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Jeswin M Thomas. Dr. Jeswin, in turn, commenced the session by sharing insights into Case discussion. The session concluded with a vote of thanks delivered by Akhilmon, expressing gratitude to Dr. Jeswin for his enlightening presentation. The participants left with a deeper understanding of Case Discussion. The session was observed by Dr. Reshma PS, who noted the seamless flow of the session and the engaging manner in which Dr. Jeswin shared his expertise on the topic.

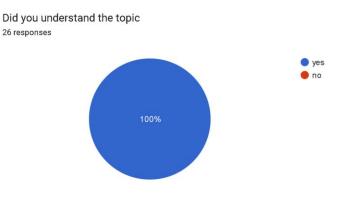




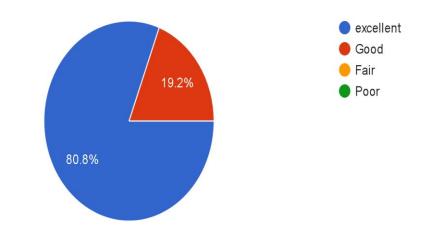
FEEDBAACK FORM OF THE SESSION



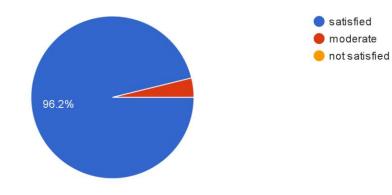


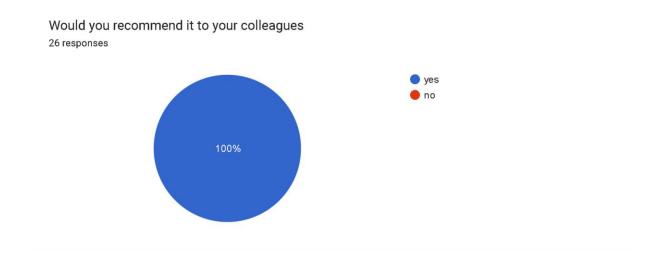


How would you rate the presenter ²⁶ responses



How would you rate the overall IKAP session ²⁶ responses





<u>RESULT</u>

Based on the response submitted ,the 10th IKAP on Case Discussion Proved to be an informative and well-coordinated event.

4TH IKAP SESSION 2023-2024 - REPORT

Topic: Imaging Approach To Jaw Lesions

Date: 09/11/2023

Speaker : Dr.Ivin Elsa John

Observer: Dr. Jagan Lonappan

Coordinator : Dr. Aashlin Titus

Dr. Agaja Biju

The 4th IKAP 2023 was conducted on November 9th on the topic of "**Imaging Approach To Jaw Lesions**" by Dr. Ivin Elsa John, Senior Lecturer in the Department of Oral Medicine and Radiology,Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Aashlin Titus and Dr.Agaja Biju, under the guidance of Dr. Vinod Mathew, with Dr. Jagan Lonappan Serving as the observer. The presentation by Dr.Ivin Elsa John provided a comprehensive overview of Imaging Approach To Jaw lesions, contributing to the knowledge of the participants

4th IKAP - POSTER



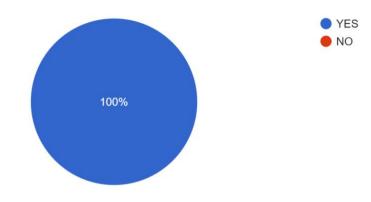
The 4th IKAP session on "Imaging Approach To Jaw lesions" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 48 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr.Aashlin Titus, in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Ivin Elsa John. Dr.Ivin, in turn, commenced the session by sharing insights into the Imaging Approach To Jaw lesions. The session concluded with a vote of thanks delivered by Dr.Agaja Biju, expressing gratitude to Dr. Ivin for her enlightening presentation. The participants left with a deeper understanding about the Imaging Approach To Jaw lesions. The session was observed by Dr.Jagan Lonappan, who noted the seamless flow of the session and the engaging manner in which Dr. Ivin shared her expertise on the topic.



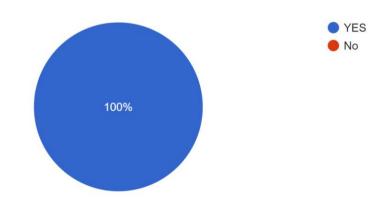
FEEDBACK FORM OF THE SESSION

ARE YOU SATISFIED WITH THE PRESENTATION

41 responses

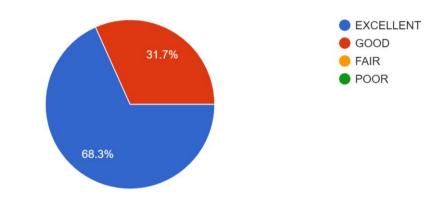


WAS THE SESSION PRODUCTIVE



HOW WOULD YOU RATE THE PRESENTER

41 responses



YESNO

DID YOU UNDERSTAND THE TOPICS WELL?

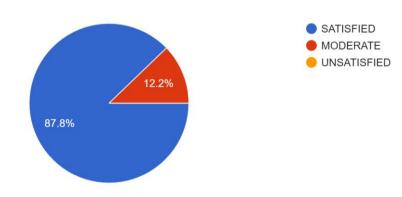


WOULD YOU RECOMMEND THIS TO YOUR COLLEAGUES

41 responses



HOW WOULD YOU RATE THE OVERALL IKAP SESSION



<u>RESULT</u>

Based on the response submitted ,the 4TH IKAP on Imaging Approach To Jaw lesions proved to be an informative and well-coordinated event.

5th IKAP SESSION 2023-2024 – REPORT

TOPIC: TRIGEMINAL NEURALGIA.

DATE: 16/11/2023

SPEAKER: DR.RONY MUKKOOTTIL PHILIP

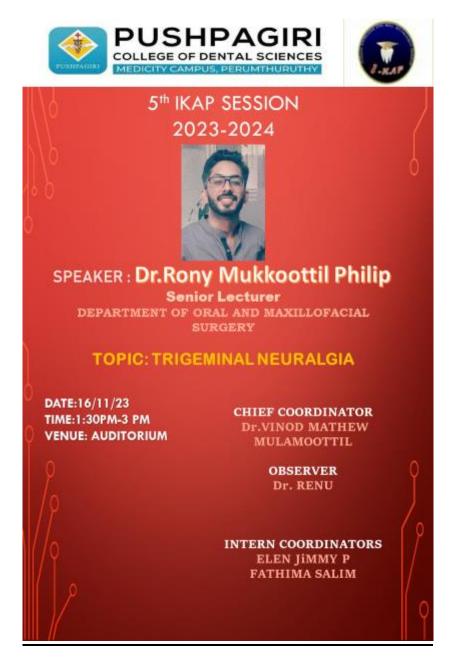
OBSERVER: DR.RENU

COORDINATORS: DR.ELEN JIMMY PALLIPPAT

DR.FATHIMA SALIM

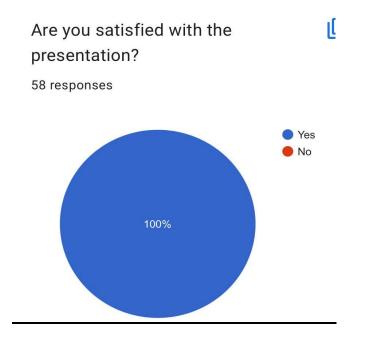
The 5TH IKAP 2023 was conducted on November 16th on the topic of "Trigeminal Neuralgia" by Dr.Rony Mukkoottil Philip, Senior Lecturer in the Department of Oral and Maxillofacial Surgery, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr.Elen Jimmy and Dr.Fathima Salim, under the guidance of Dr. Vinod Mathew, with Dr.Renu serving as the observer. The presentation by Dr.Rony M Philip provided a comprehensive overview on Trigeminal Neauralgia and it's management, contributing to the knowledge of the participants.

5TH IKAP - POSTER

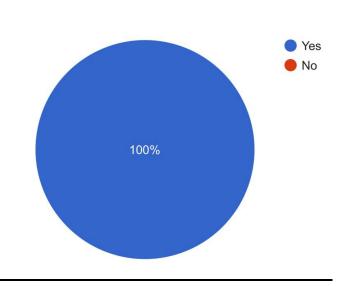


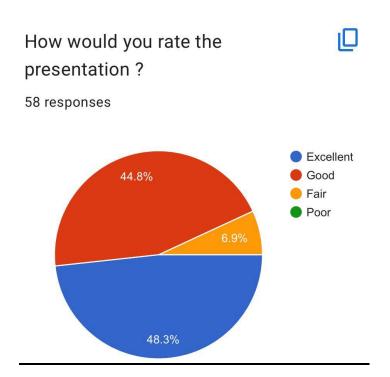
The 5TH IKAP session on "**Trigeminal Neuralgia**" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 58 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr.Elen Jimmy in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Rony M Philip. Dr. Rony, in turn, began the session by sharing his insights on the criteria for clinical diagnosis of trigeminal neuralgia. He talked in detail about various investigation methods as well as treatment modalities that included pharmacological, psychological and surgical management that will improve the life of a patient with trigeminal neuralgia. The session concluded with a vote of thanks delivered by Dr. Fathima Salim, expressing gratitude to Dr. Rony for his enlightening presentation. The participants left with a deeper understanding on the topic, Trigeminal Neuralgia. The session was observed by Dr. Renu, who noted the seamless flow of the session and the engaging manner in which Dr. Rony shared his valuable knowledge on the topic.

FEEDBACK FORM OF THE SESSION

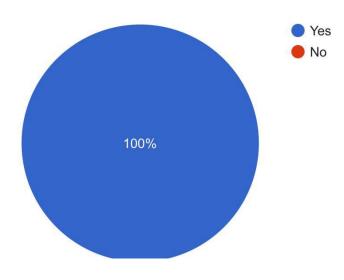


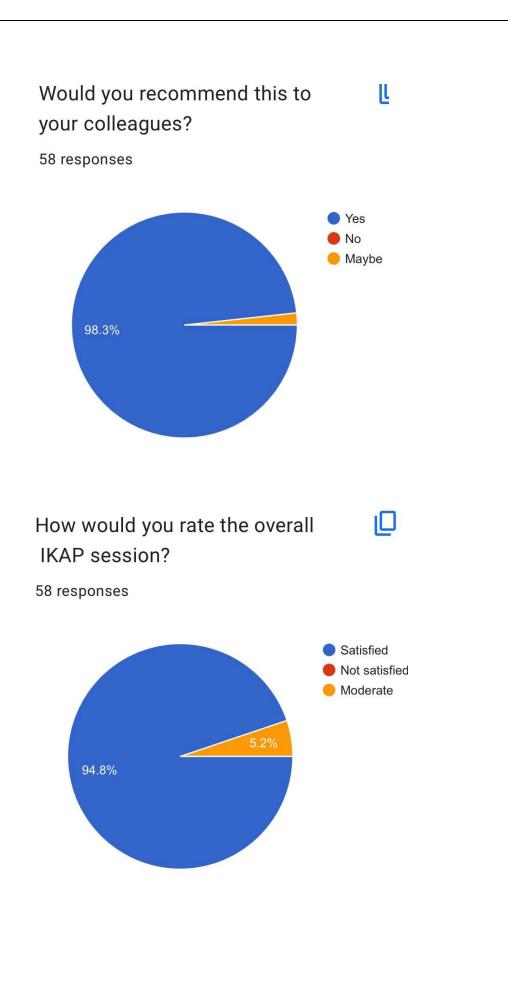
Was the session productive?





Did you understand well about the topic?





<u>RESULT</u>

Based on the response submitted , the 5th IKAP session on Trigeminal Neuralgia proved to be an informative and well-coordinated event.

6TH IKAP SESSION 2023-2024 - REPORT

TOPIC: DENTOALVEOLAR FRACTURES

DATE: 30/11/2023

SPEAKER: DR JOON SUNIL

OBSERVER: DR RENU MATHEW

COORDINATOR: DR. JOJO M PAUL

DR. JUSTIN JOHN

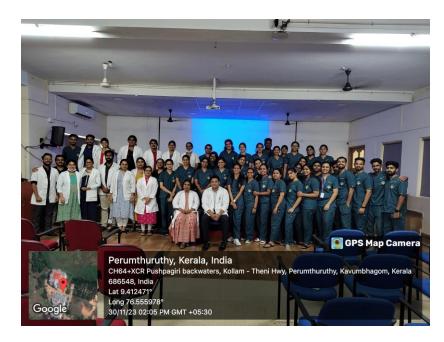
The 6th IKAP 2023 was conducted on November 30th on the topic of "**Dentoalveolar fractures**" by Dr. Joon Sunil, Senior Lecturer in the Department of Oral and maxillofacial surgery, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Jojo M Paul and Dr. Justin John, under the guidance of Dr. Vinod Mathew, with Dr. Renu Mathew serving as the observer. The presentation by Dr. Joon Sunil provided a comprehensive overview of Dentoalveolar Fractures, contributing to the knowledge of the participants.

6th IKAP - POSTER

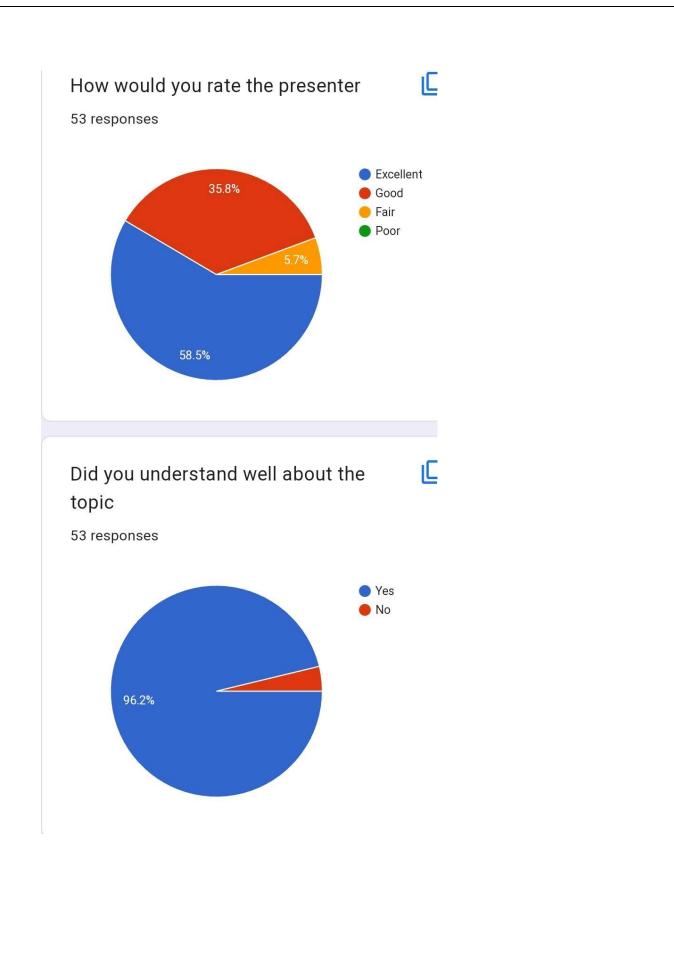


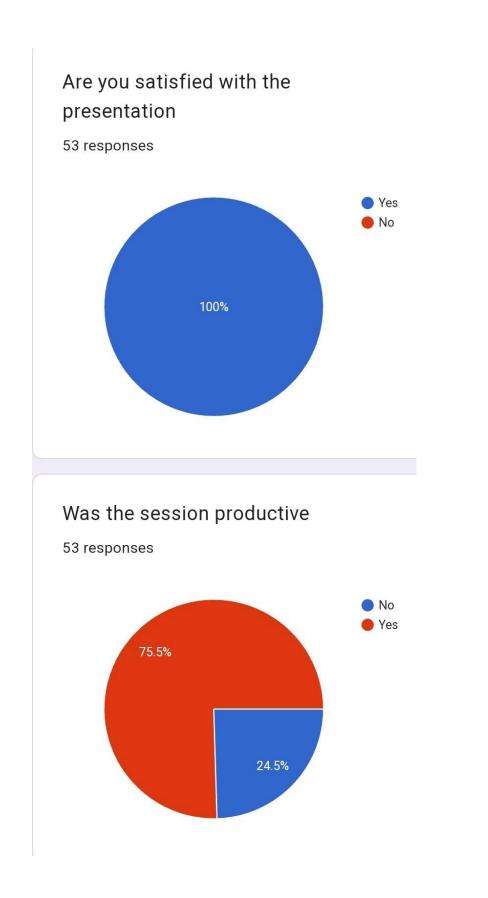
The 6th IKAP session on "Dentoalveolar Fractures" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 53 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Justin John, in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Joon Sunil. Dr. Joon, in turn, commenced the session by sharing insights into the etiology and management of Dentoalveolar Fractures, even introducing commercially available treatment for Dentoalveolar Fractures. The session concluded with a vote of thanks delivered by Dr. Justin John, expressing gratitude to Dr. Joon for his enlightening presentation. The participants left with a deeper understanding of Dentoalveolar farctures and its management. The session was observed by Dr. Renu Mathew, who noted the seamless flow of the session and the engaging manner in which Dr. Joon shared his expertise on the topic.

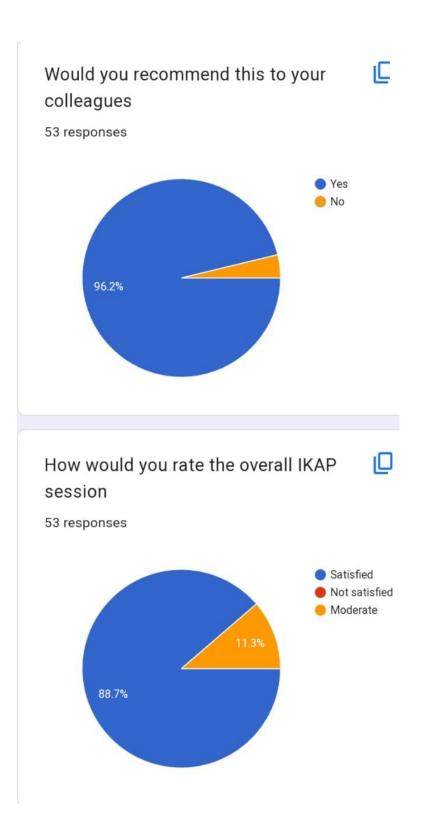




FEEDBAACK FORM OF THE SESSION







Based on the response submitted ,the 6th IKAP on Dentoalveolar Fractures proved to be an informative and well-coordinated event.

REPORT OF 7TH IKAP SESSION

TOPIC : EXODONTIA

SPEAKER: DR.JOON SUNIL

COORDINATOR : DR.SEEMANTH S

DR.STEFFI SAJAN

DR.NIVEDYA ROSI JOHN

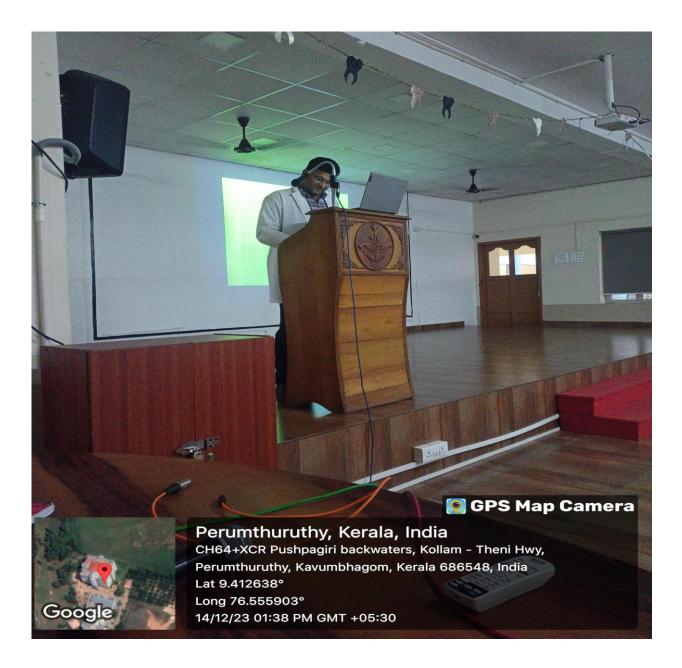
DATE: 14/12/2023

The seventh IKAP session was conducted on 14th December 2023 on the topic "EXONTIA" by Dr. JOON SUNIL M.D.S ,Senior lecturer, Department of Oral and Maxillofacial Surfery, Pushpagiri College Of Dental Sciences, Thiruvalla. The IKAP session was coordinated and conducted by Dr. Seemanth, Dr.Steffi Sajan and Dr.Nivedya Rosi John under the guidance of Dr.Vinod Mathew(Interns in charge, PCDS).

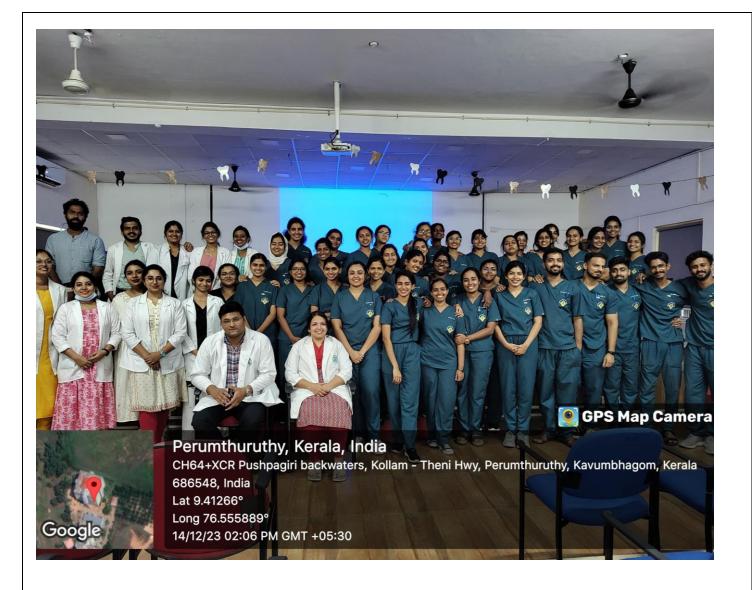


POSTER OF 7TH IKAP

The session started at 1.30 pm with a silent prayer. It was attended by 43 participants which was followed by the welcome speech delivered by Dr.Steffi Sajan and Dr.Nivedya Rosi John Then the mic was handed over to Dr.Joon Sunil.



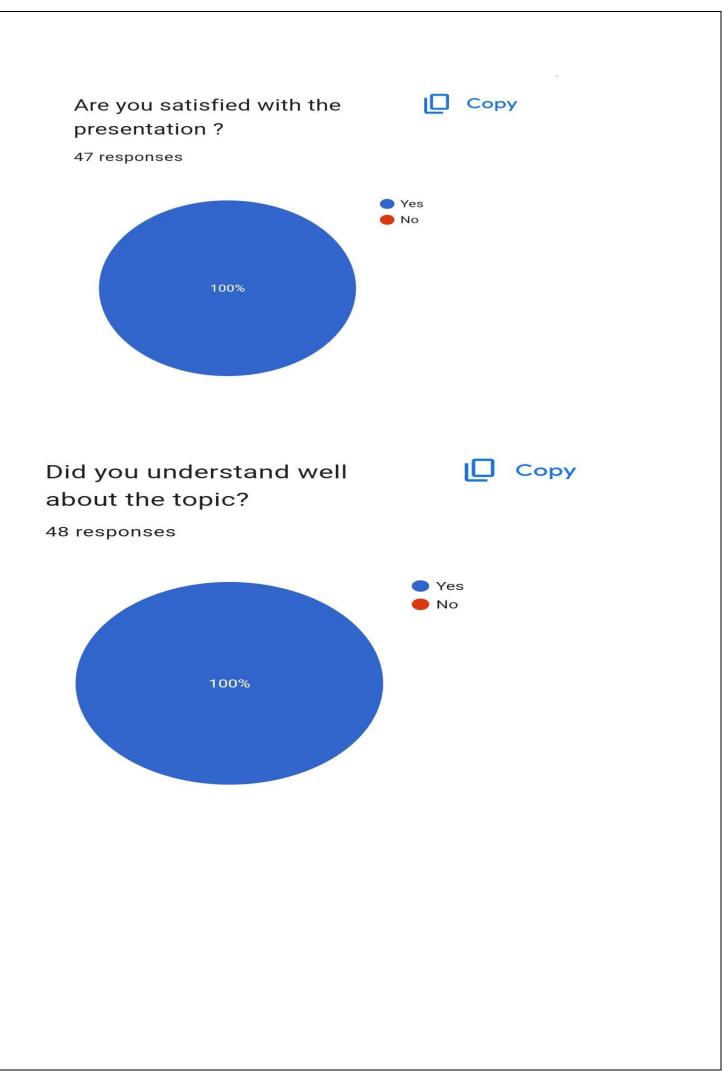
Dr. Joon Sunil discussed about the different exodontia procedures, instruments complications and precautions to be taken. Detailed images of various instruments were also shown.

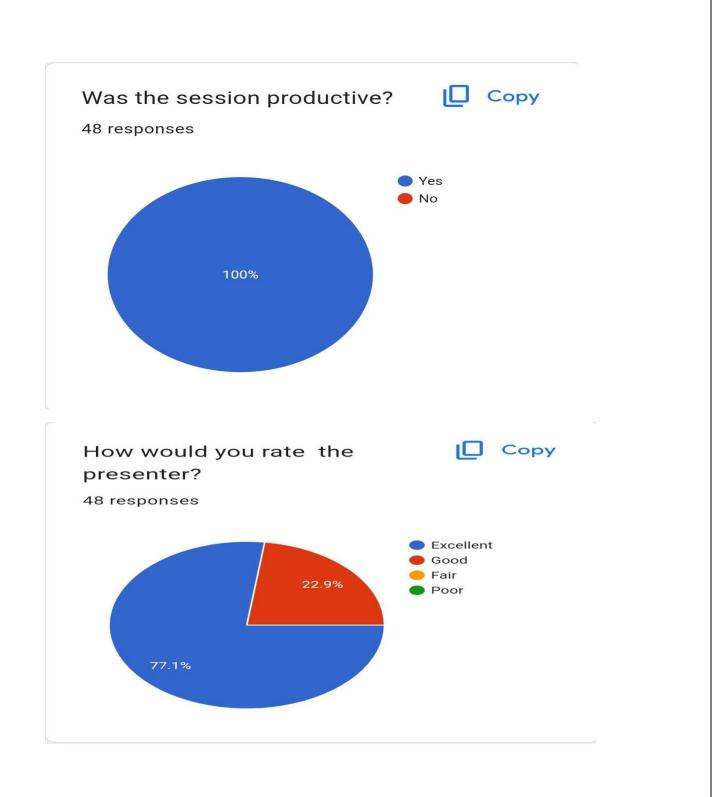


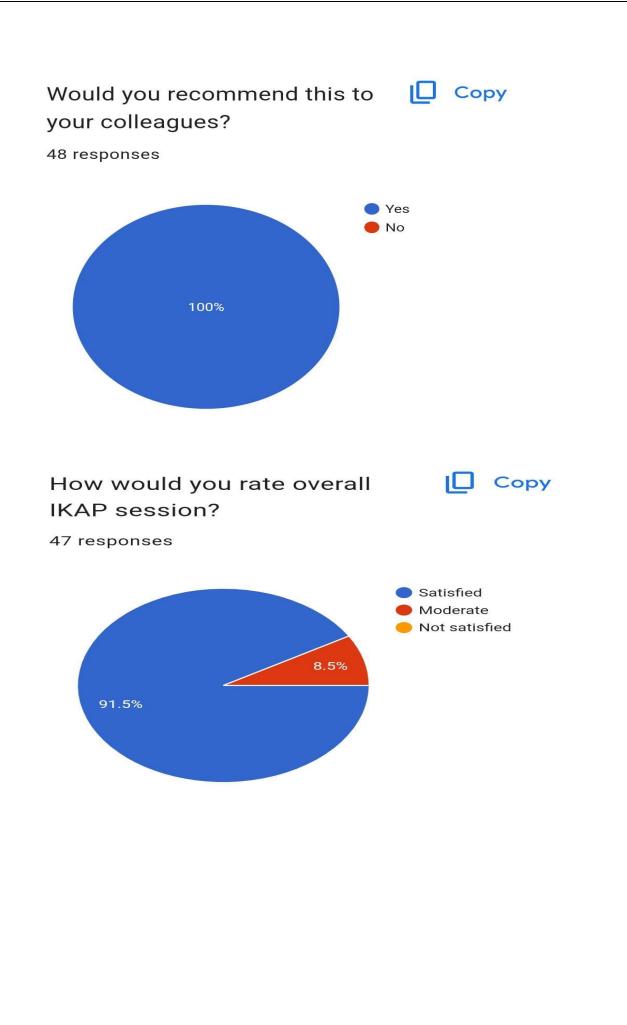
The session was interactive. All the doubts were cleared during the session. The IKAP session ended with vote of thanks by Dr. Seemanth S

FEEDBACK FORM OF THE SESSION :

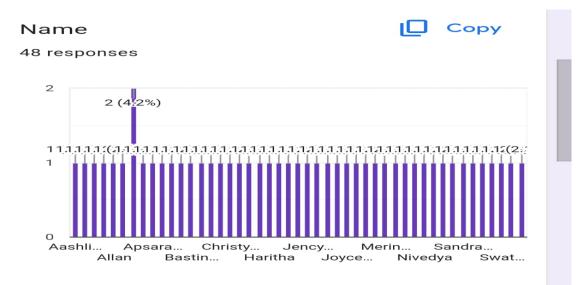
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The program



RESULT:

The program was successful as 100% of the students who attended the session responded that they were satisfied with the session.

8th IKAP SESSION 2023-2024 – REPORT

TOPIC: IMPACTION

DATE: 21/12/2023

SPEAKER: DR RONY MUKKOOTTIL PHILIP

OBSERVER: DR JUSTIN JOHN

COORDINATOR: DR AGAJA BIJU

The 8th IKAP 2023 was conducted on December 21st on the topic of "**Impaction**" by Dr. Rony Mukkoottil Philip, Senior Lecturer in the Department of Oral and Maxillofacial Surgery, Pushpagiri college of Dental Sciences. The event was coordinated and conducted by Dr.Agaja Biju, under the guidance of Dr. Vinod Mathew, with Dr. Justin John serving as the observer. The presentation by Dr. Rony provided a comprehensive overview of Impaction, contributing to the knowledge of the participants.

8th IKAP - POSTER

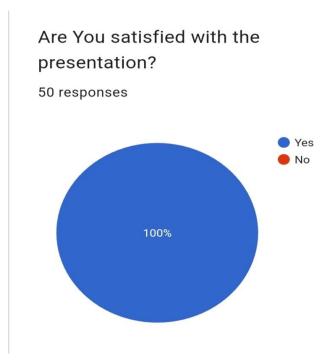


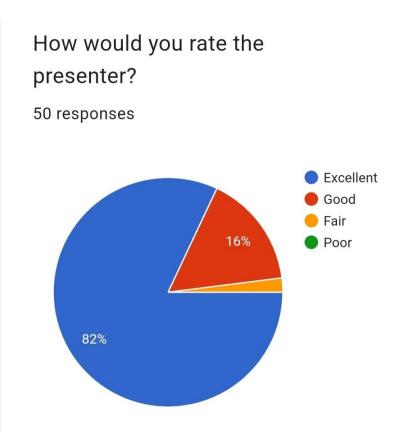
The 8th IKAP session on "Impaction" commenced at 2.00 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 50 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Agaja Biju, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Rony Mukkoottil Philip. Dr. Rony, in turn, commenced the session by sharing insights into the etiology, indications, contraindications various signs and symptoms of impaction. Dr. Rony also enlightened us regarding the classification systems of impacted tooth and clearly explained about the procedures involved in the removal of an impacted tooth. The session concluded with a vote of thanks delivered by Dr. Akhil mon expressing gratitude to Dr. Rony for his enlightening presentation. The participants left with a deeper understanding of Impaction and its management. The session was observed by Dr. Justin John, who noted the seamless flow of the session and the engaging manner in which Dr. Rony shared his expertise on the topic.

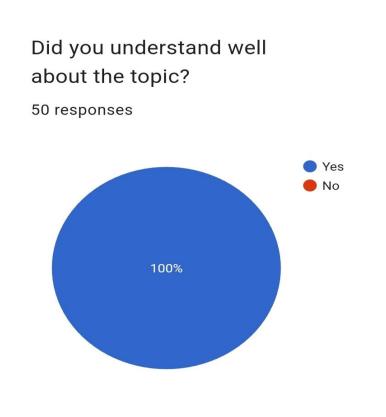


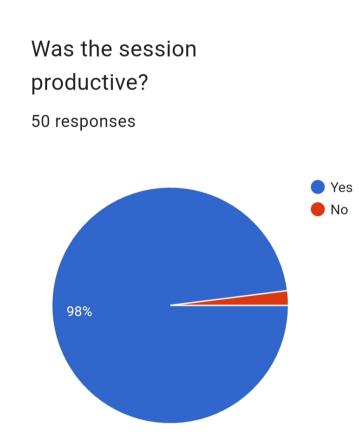


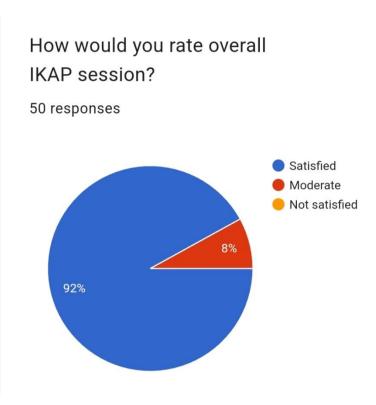
FEEDBAACK FORM OF THE SESSION

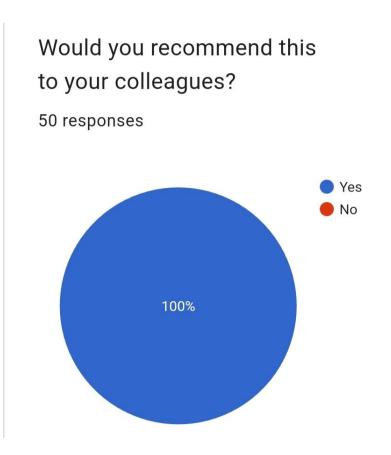












Based on the response submitted, the 8th IKAP on Impaction proved to be an informative and well-coordinated event.

<u>25th IKAP SESSION 2023-2024 –</u> <u>REPORT</u>

<u>TOPIC</u>: OCCLUSAL SPLINTS: AN INNOVATIVE TREATMENT MODALITY IN TEMPEROMANDIBULAR DISORDERS <u>DATE</u>: 09/05/2024

<u>SPEAKER</u>: DR JERIN THOMAS

OBSERVER: DR SRUTHY KRISHNA C S

COORDINATOR: DR JESWIN JOY

The 25th IKAP 2024 was conducted on May 09 on the topic of "Occlusal splints: An Innovative Treatment Modality in Temperomandibular Disorders" by Dr. Jerin Thomas, Senior Lecturer in the Department of Prosthodontics, Pushpagiri College of Dental Sciences. The event was coordinated and conducted by Dr. Jeswin Joy under the guidance of Dr. Vinod Mathew, with Dr.Sruthy Krishna CS serving as the observer. The presentation by Dr.Jerin Thomas provided a

comprehensive overview on occlusal splints, contributing to the knowledge of the participants.

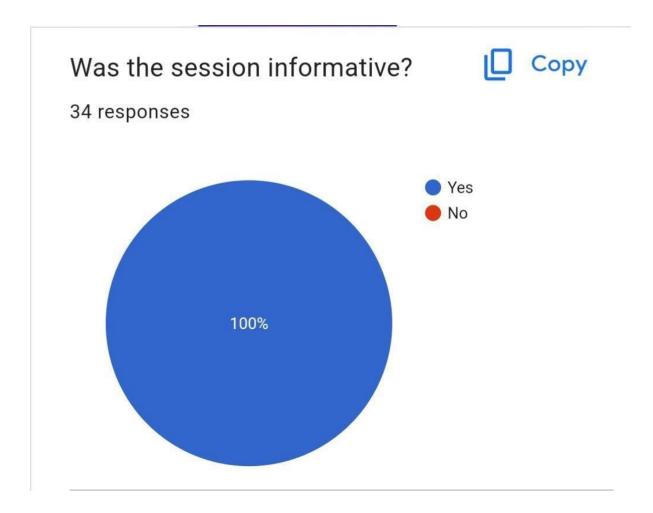
25th IKAP - POSTER

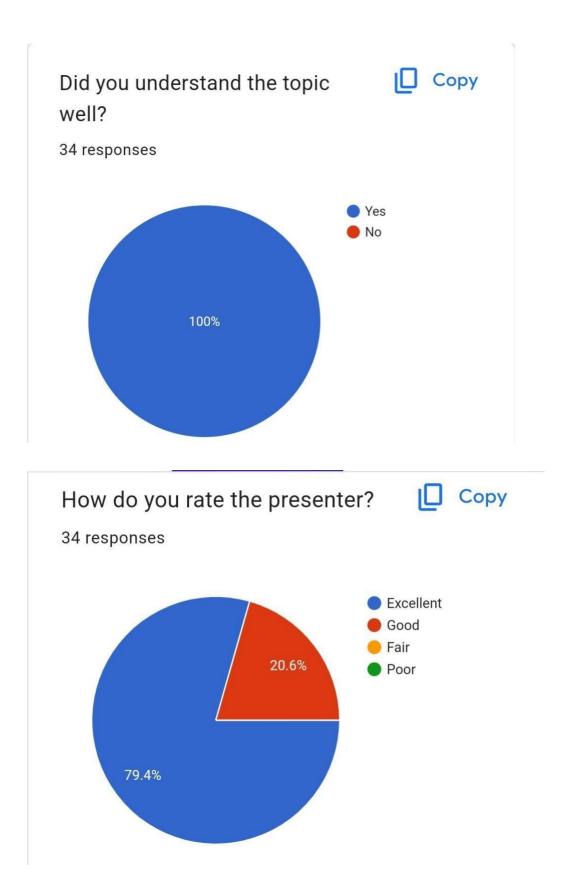


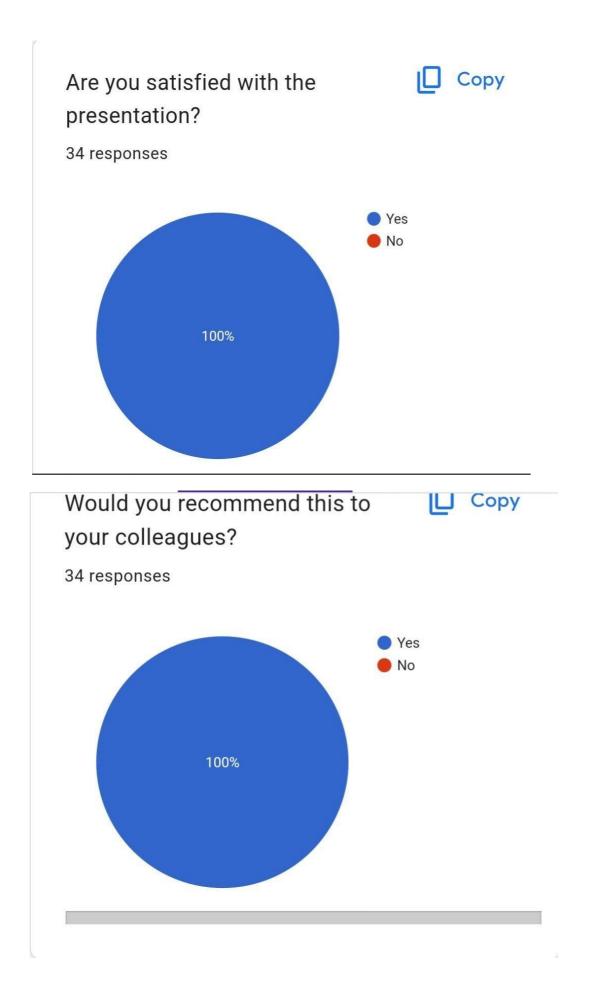
The 25th IKAP session on "Occlusal splints: An Innovative Treatment Modality in Temperomandibular Disorders" commenced at 1:40 PM in the college auditorium at Pushpagiri College of Dental Sciences with 42 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Jeswin Joy, in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr.Jerin Thomas. Dr. Jerin Thomas, in turn, commenced the session by sharing insights on what is occlusal splints, when to use occlusal splints, types of occlusal splints used. The session concluded with a vote of thanks delivered by Dr. Jeswin Joy, expressing gratitude to Dr. Jerin for his enlightening presentation. The participants left with a deeper understanding of Occlusal splints. The session was observed by Dr. Sruthy Krishna CS, who noted the seamless flow of the session and the engaging manner in which Dr. Jerin Thomas shared his expertise on the topic.

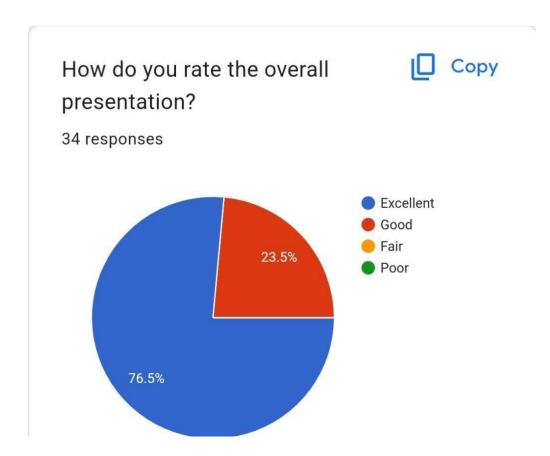


FEEDBACK FORM OF THE SESSION









Based on the response submitted , the 25th IKAP session on Occlusal splints proved to be an informative and well-coordinated event.

26th IKAP SESSION 2023-2024 – REPORT

<u>TOPIC</u>: TREATMENT PLANNING IN ENDODONTICS DATE: 16/05/2024 <u>SPEAKER</u>: DR JERRIN ABRAHAM GEORGE <u>OBSERVER</u>: DR LYDIA SAIRA MATHEW <u>COORDINATOR</u>: DR JIJI S P

The 26th IKAP 2024 was conducted on May 16th on the topic of "**Treatment planning in Endodontics**" by Dr. Jerrin Abraham George, Senior Lecturer in the Department of conservative dentistry and endodontics, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Jiji S P, under the guidance of Dr. Vinod Mathew, with Dr.Lydia Saira Mathew serving as the observer. The presentation by Dr. Jerrin provided a comprehensive overview on treatment planning in endodontics and it's importance contributing to the knowledge of the participants.

26th IKAP – POSTER



26TH IKAP SESSION 2023-2024



SPEAKER: Dr.JERRIN ABRAHAN GEORGE

SENIOR LECTURER, DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS

TOPIC:TREATMENT PLANNING IN ENDODONTICS

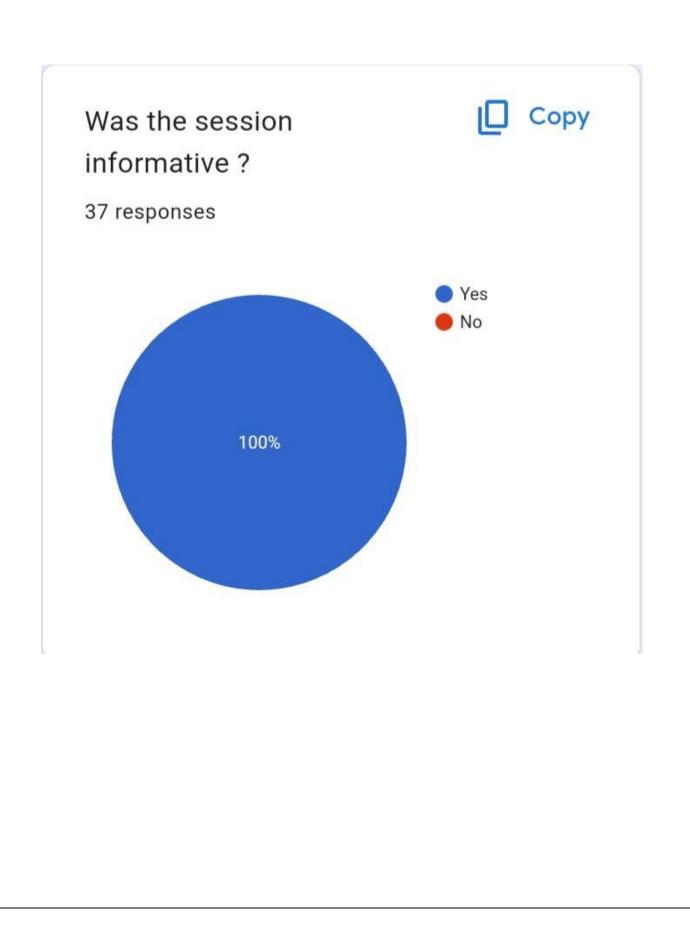
DATE: 16/05/24 TIME :1:30-3:00pm VENUE :AUDITORIUM

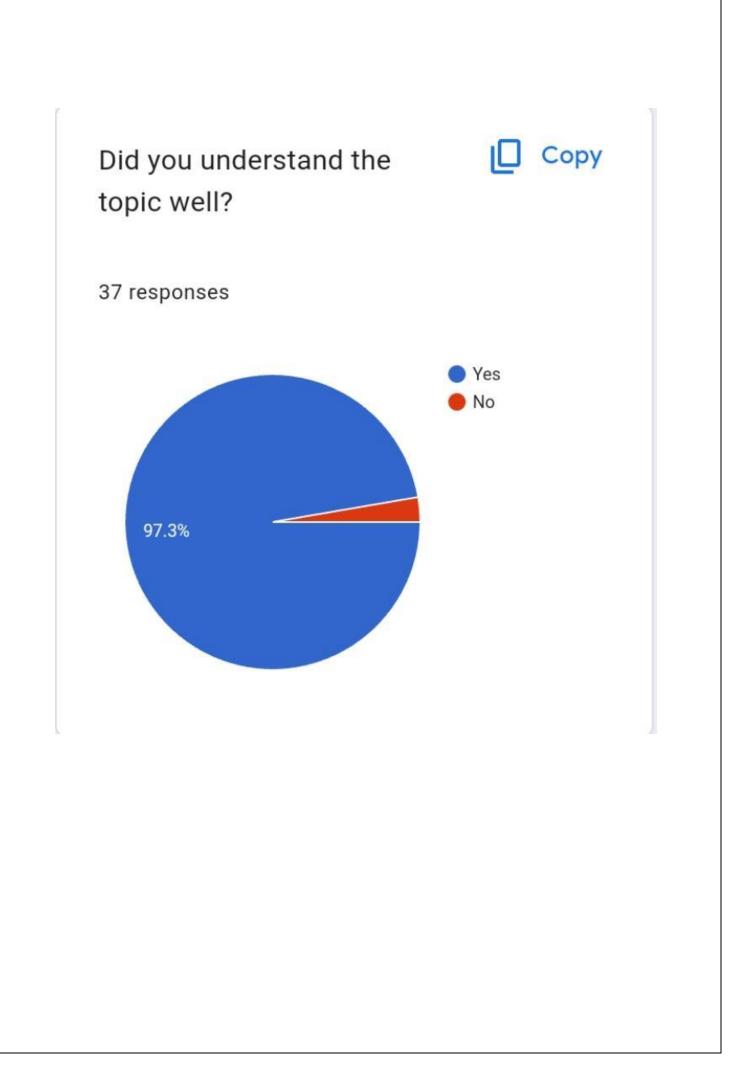
CHIEF COORDINATOR : Dr. VINOD MATHEW MULAMOOTII OBSERVER : LYDIA SAIRA MATHEW INTERNS COORDINATOR : JIJI S P The 2^{6th} IKAP session on "treatment planning in endodontics" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 37 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Jiji S P, extended a warm welcome and introduced the distinguished speaker, Dr. Jerrin Abraham George. Dr. Jerrin Abraham George, in turn, commenced the session by sharing insights on the importance of Case selection and treatment planning. The session concluded with a vote of thanks delivered by Dr. Jiji S P, expressing gratitude to Dr. Jerrin for his enlightening presentation. The participants left with a deeper understanding of treatment planning in endodontics. The session was observed by Dr. Lydia who noted the seamless flow of the session and the engaging manner in which Dr. Jerrin shared his expertise on the topic.

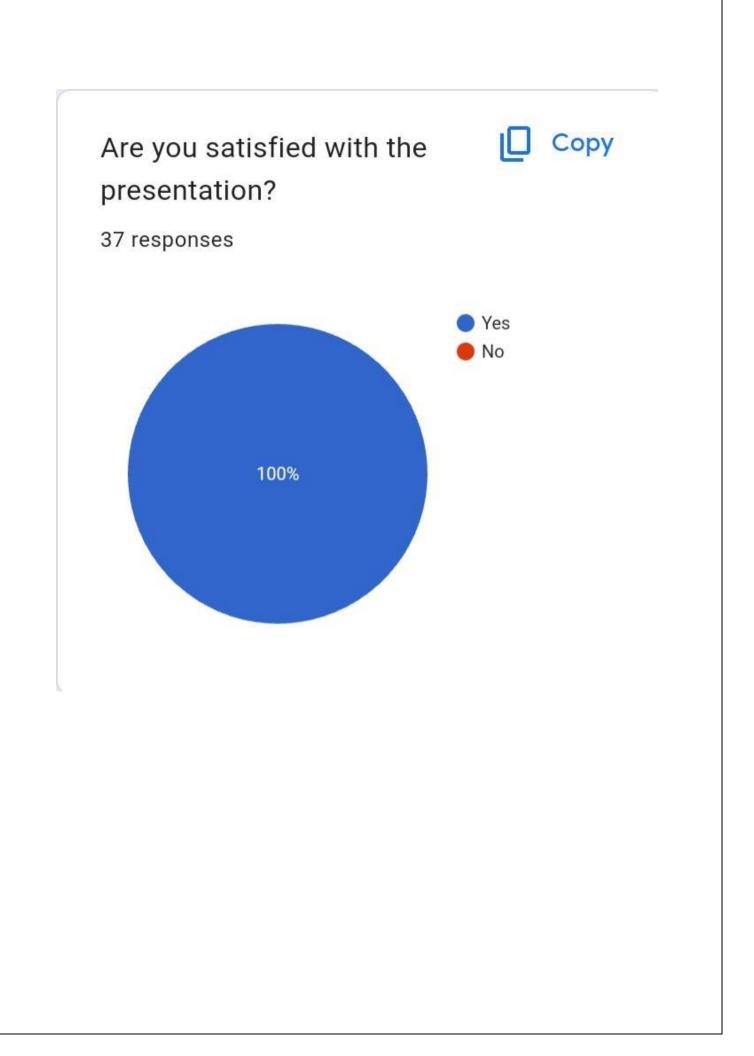


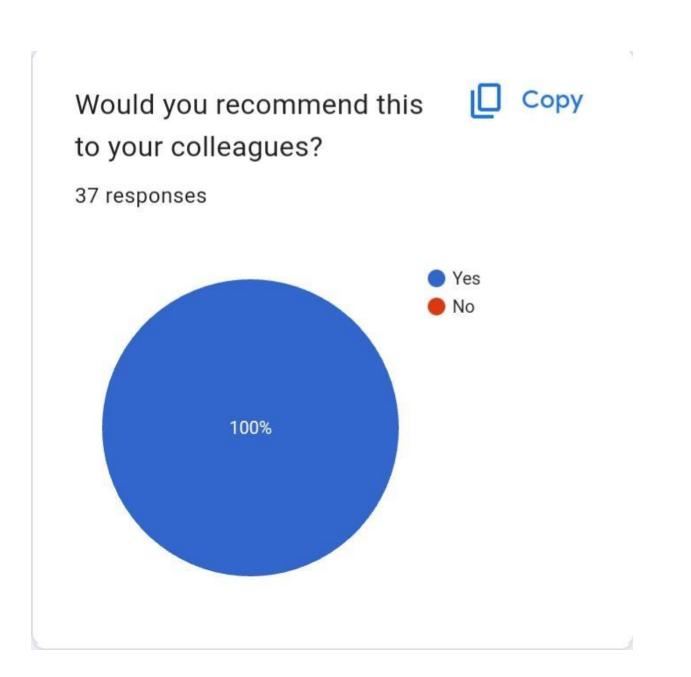


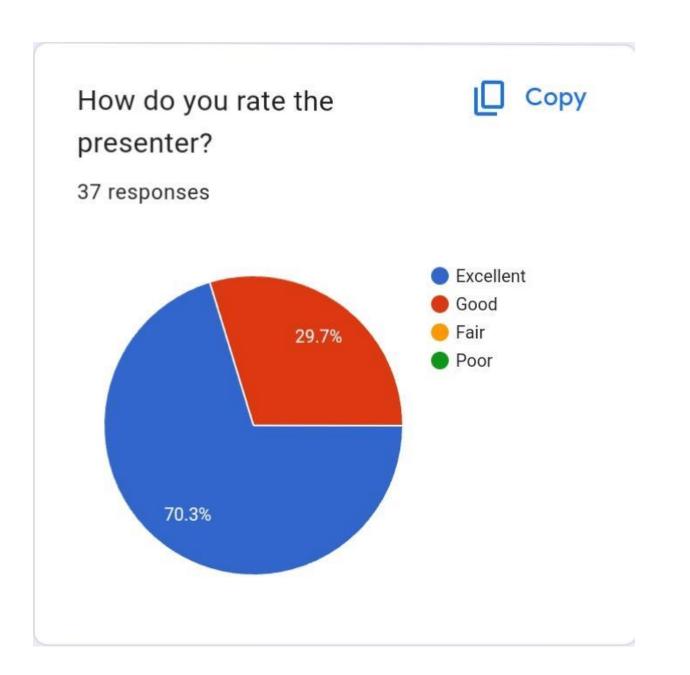
FEEDBACK FORM OF THE SESSION

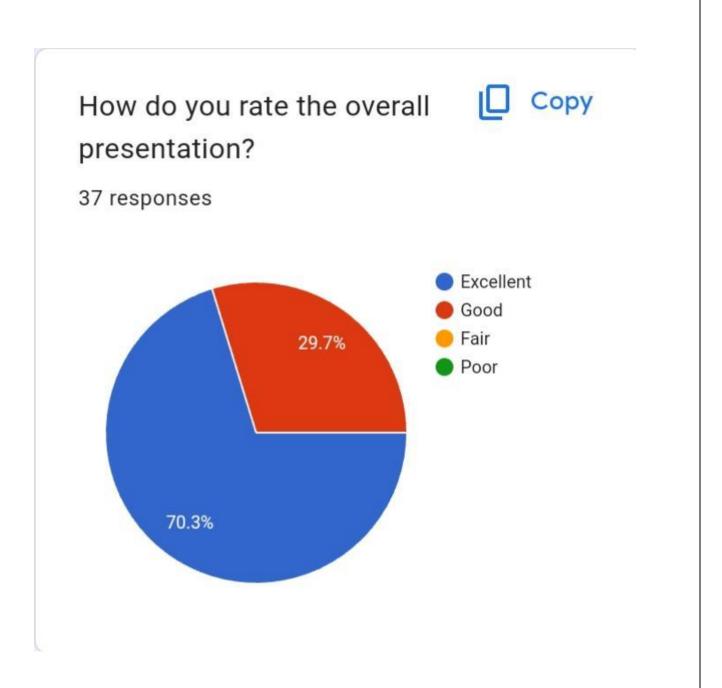












Based on the response submitted , the 26th IKAP session on treatment planning in endodontics proved to be an informative and well-coordinated event.

27th IKAP SESSION 2023-2024–REPORT

<u>TOPIC</u>: VITAL PULP THERAPY DATE: 23/05/2024 <u>SPEAKER</u>: DR. LOVIN VALSAN MATHEW <u>OBSERVER</u>: DR AGAJA BIJU COORDINATOR: DR JOYCE HANNA GEORGE

The 27TH IKAP 2024 was conducted on the topic of "**VITAL PULP THERAPY**" by Dr. Lovin Valsan Mathew, Senior Lecturer in the Department of Conservative Dentistry and Endodontics, Pushpagiri College of Dental Sciences. The event was coordinated and conducted by Dr.Joyce Hanna George, under the guidance of Dr. Vinod Mathew, with Dr.Agaja Biju serving as the observer. The presentation by Dr.Lovin Valsan Mathew provided a comprehensive overview on Vital pulp therapy, contributing to the knowledge of the participants.

27TH IKAP - POSTER

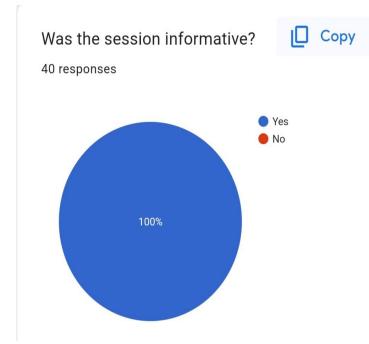


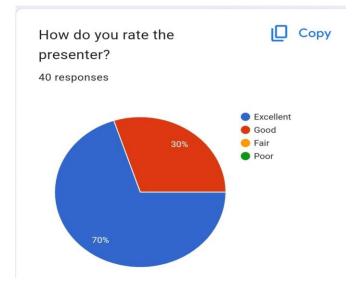
The 27TH IKAP session on "Vital Pulp Therapy " commenced at 1:45 pm in the College Auditorium at Pushpagiri College of Dental Sciences with 40 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Joyce Hanna George, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr.Lovin Valsan Mathew. Dr.Lovin Valsan Mathew, in turn, commenced the session by sharing various methods of vital pulp therapy. The session concluded with a vote of thanks, expressing gratitude to Dr.Lovin for his enlightening presentation. The participants left with a deeper understanding on various methods of vital pulp therapy. The session was observed by Dr. Agaja Biju, who noted the seamless flow of the session and the engaging manner in which Dr.Lovin Valsan Mathew shared his expertise on the topic.

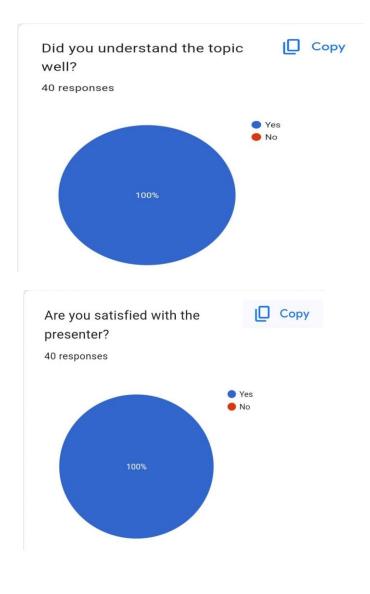


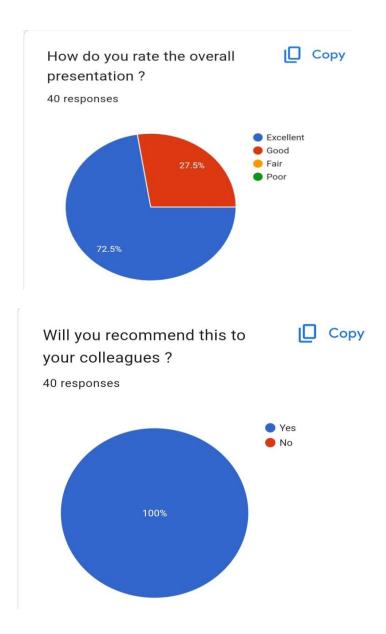


FEEDBACK FORM OF THE SESSION









<u>RESULT</u>

Based on the response submitted, the 27th IKAP session on "VITAL PULP THERAPY" proved to be an informative and well-coordinated event.

11Th IKAP SESSION 2023-2024 - REPORT

TOPIC: SPACE MANAGEMENT

DATE: 11/1/2024

SPEAKER: DR MIRANDA ANN GEORGE

OBSERVER: DR JOJO M PAUL

COORDINATOR: DR .ALAN REJI

The 11th IKAP 2024 was conducted on January 11th on the topic of "SPACE MANAGEMENT" by Dr. MIRANDA ANN GEORGE, Senior Lecturer in the Department of Paedatric and preventive dentistry, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Alan reji, under the guidance of Dr. Vinod Mathew, with Dr. Jojo M Paul serving as the observer. The presentation by Dr. MIRANDA ANN GEORGE provided a comprehensive overview of SPACE MANAGEMENT, contributing to the knowledge of the participants.



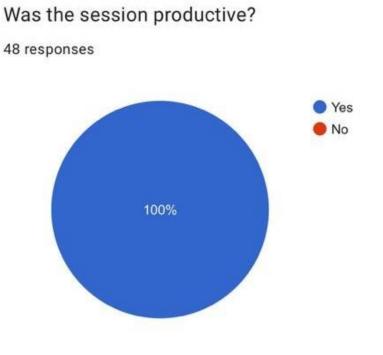
<u>11th IKAP – POSTER</u>

The 11th IKAP session on "SPACE MANAGEMENT " commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 48 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. ALAN REJI in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. MIRANDA ANN GEORGE .Dr. Miranda,in turn, commenced the session by sharing insights into the etiology and management of spacemanagement, even . The session concluded with a vote of thanks delivered by Dr. ALAN REJI, expressing gratitude to Dr. MIRANDA for her enlightening presentation. The participants left with a deeper understanding of Xerostomia and its management. The session was observed by Dr. JOJO M PAUL, who noted the seamless flow of the session and the engaging manner in which Dr. MIRANDA shared her expertise on the topic.



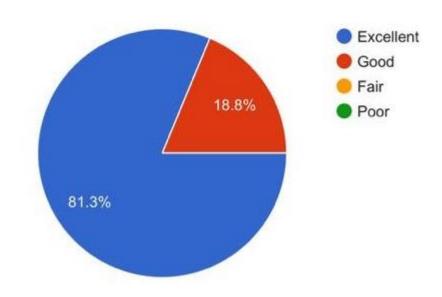


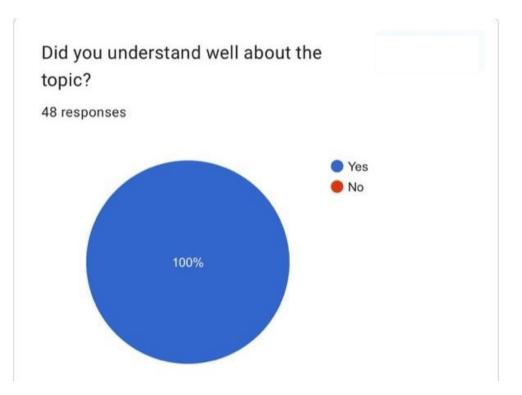
FEEDBAACK FORM OF THE SESSION

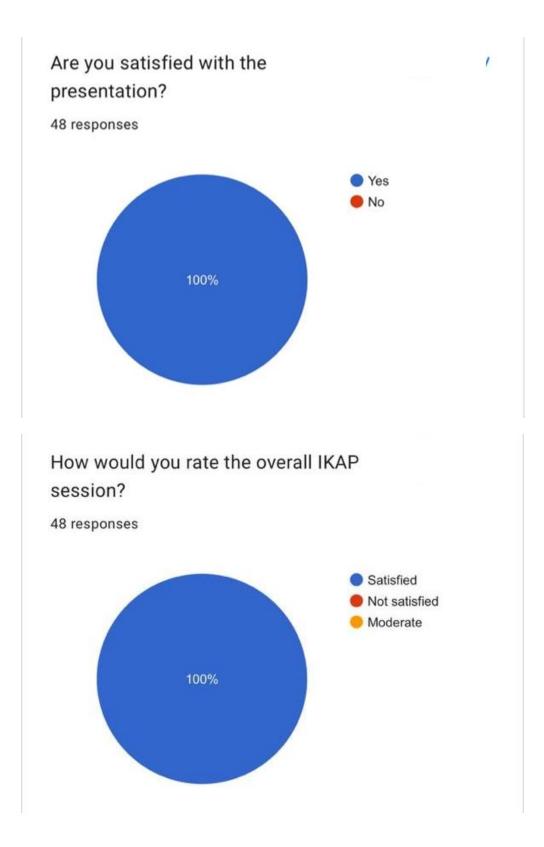


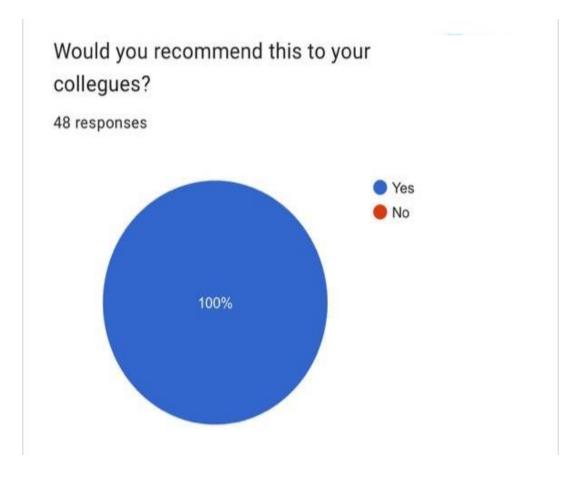
How would you rate the presenter?

48 responses









<u>RESULT</u>

Based on the response submitted ,the 11^{TH} IKAP on SPACE MANAGEMENT proved to be an informative and well-coordinated event.

12Th IKAP SESSION 2023-2024 – REPORT

TOPIC: Pulpal Disease and Diagnosis

DATE: 18/01/2024

SPEAKER: DR Anandu Krishnan

OBSERVER: DR FATHIMA SALIM

COORDINATOR: DR ALLAN SANTHOSH

The 12th IKAP 2023 was conducted on January 18th on the topic of "**Pulpal Disease and Diagnosis**" by Dr. Anandu Krishnan, Senior Lecturer in the Department of Pediatric and preventive dentistry, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Allan Santhosh, under the guidance of Dr. Vinod Mathew, with Dr. Fathima Salim serving as the observer. The presentation by Dr. Anandu Krishnan provided a comprehensive overview of Pulpal disease and Diagnosis, contributing to the knowledge of the participants.



The 12tg IKAP session on "Pulpal disease and Diagnosis" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 48 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Allan Santhosh, in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Anandu krishnan. Dr. Anandu, in turn, commenced the session by sharing insights into the topic, even introducing commercially available medications for Pulpal diseases. The session concluded with a vote of thanks delivered by Dr. Allan Santhosh, expressing gratitude to Dr. Anandu for her enlightening presentation. The participants left with a deeper understanding of Pulpal disease, diagnosis and management. The session was observed by Dr. Fathima Salim, who noted the seamless flow of the session and the engaging manner in which Dr. Anandu shared her expertise on the topic.





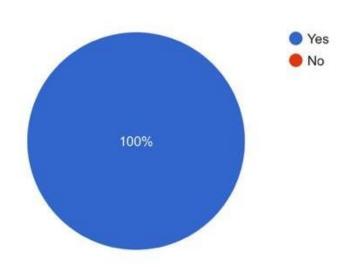




FEEDBAACK FORM OF THE SESSION

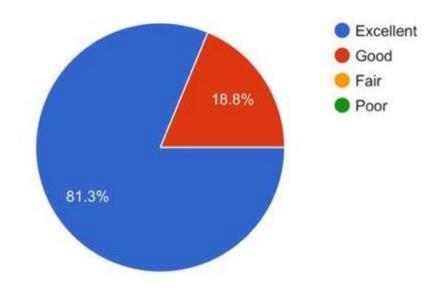
Was the session productive?

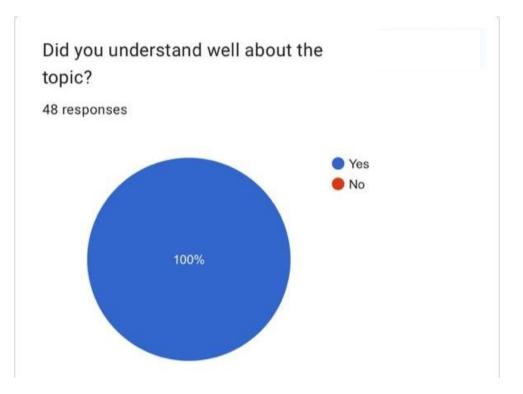
48 responses

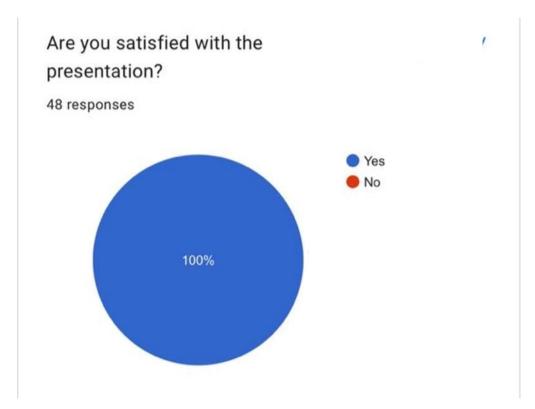


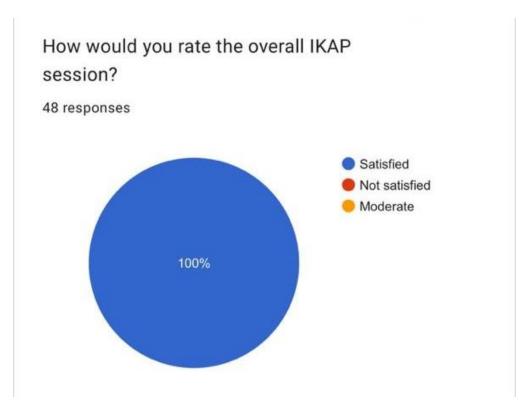
How would you rate the presenter?

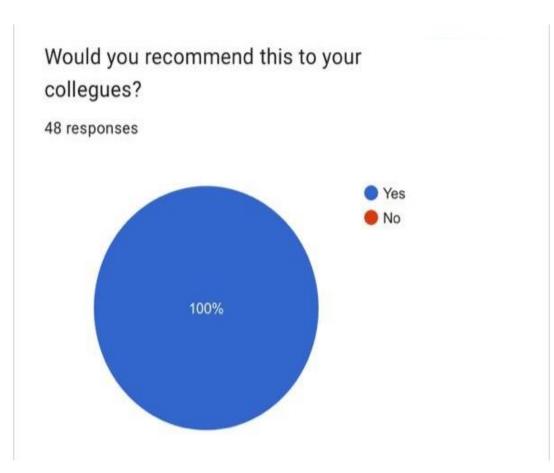
48 responses











<u>RESULT</u>

Based on the response submitted ,the 12th IKAP on Pulpal disease and diagnosis proved to be an informative and well-coordinated event.

<u>13 th IKAP SESSION 2023-2024 –</u> <u>REPORT</u>

TOPIC:

1. Research facilities & fraternities of Pushpagiri Research Centre.

2. Introduction to Research: Types and Classifications.

DATE: 25/01/2024

SPEAKER: DR ANIKET NAHA

OBSERVER: DR ANNIE KITTY GEORGE

COORDINATOR: DR ANJALY LAL

The 13 th IKAP 2023 - 2024 was conducted on January 25th on the topic of

1.Research facilities & fraternities of Pushpagiri Research Centre

2.Introduction to Research: Types and Classifications by Dr. Aniket Naha, Msc PhD ,Scientist in the Pushpagiri Research Centre. The event was coordinated and conducted by Dr. Anjaly lal under the guidance of Dr. Vinod Mathew, with Dr.Annie Kitty George serving as the observer. The presentation by Dr. Aniket Naha provided a comprehensive overview of Research facilities in Pushapagiri Research centre and introduction to Research .

13 th IKAP - POSTER



The 13 th IKAP session on Topics:

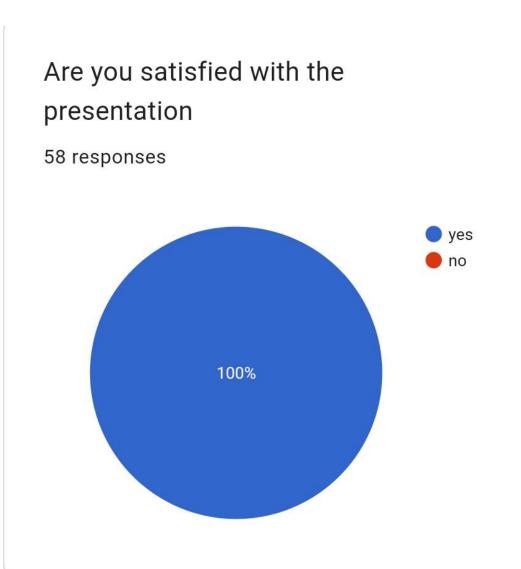
 Research facilities & fraternities of Pushpagiri Research Centre

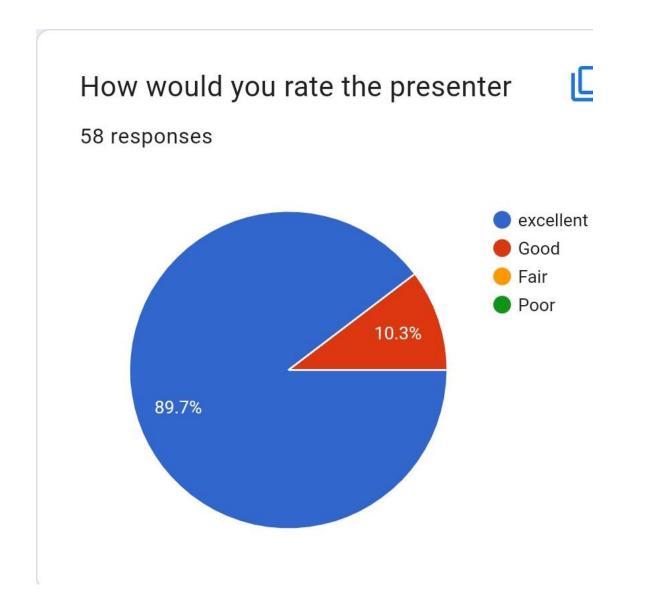
 *Introduction to Research: Types and Classifications" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 58 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Anjaly Lal , in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Aniket Naha. Dr. Aniket Naha, in turn, commenced the session by sharing insights on Pushpagiri research centre and its facilities. There were two sessions. In the second session which begins by 2:30 he gave an introduction to research, types and classification.. The session concluded with a vote of thanks delivered by Dr. Anjaly Lal, expressing gratitude to Dr. Aniket Naha for his enlightening presentation. The participants left with a deeper understanding of Research and it'scope. The session was observed by Dr. Annie Kitty ma'am who noted the seamless flow of the session and the engaging manner in which Dr. Aniket Naha shared his expertise on the topic. Finally Dr Vinod Mathew and Dr Nebu handed certificate to the speaker Dr Aniket Naha.

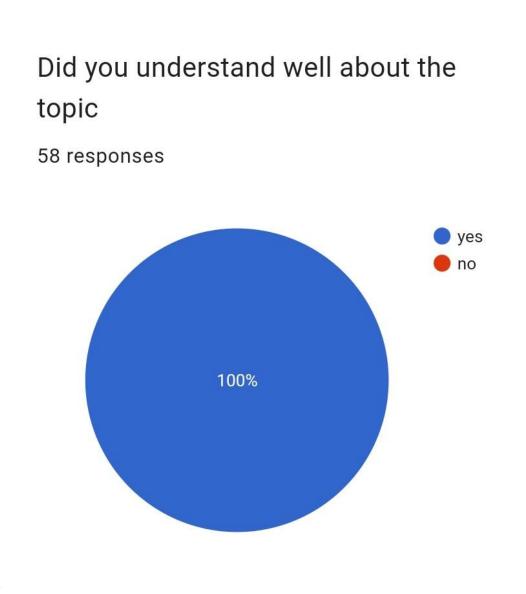


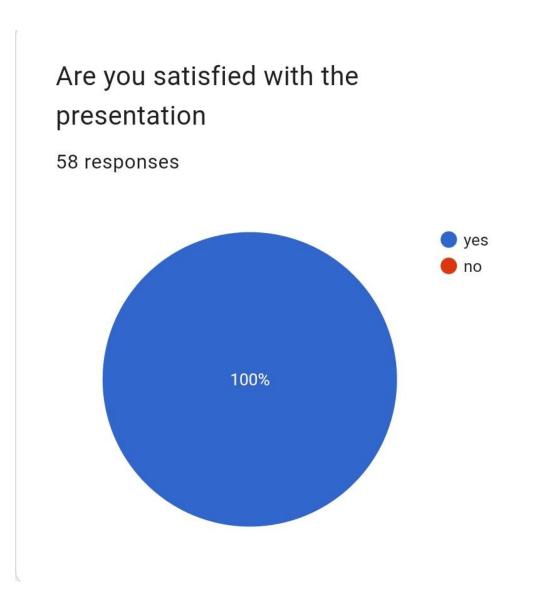


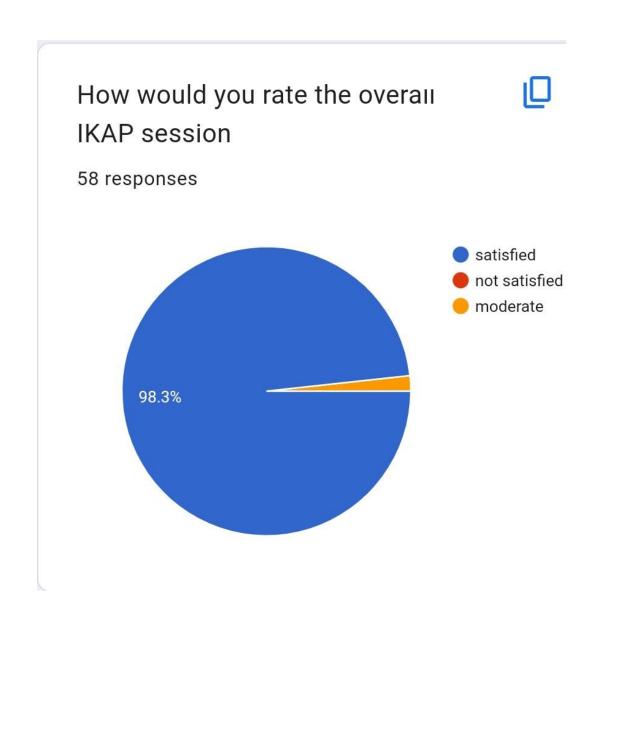
FEEDBACK FORM OF THE SESSION

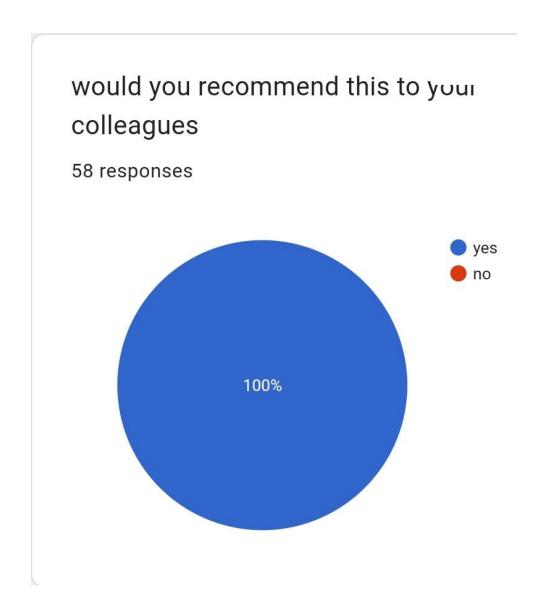












<u>RESULT</u>

Based on the response submitted , the 13th IKAP session on Topics:

1. Research facilities & fraternities of Pushpagiri Research Centre Introduction to Research: Types and Classifications
 Prooved to be an informative and well coordinated
 session for Interns and Pgs

^{14th} IKAP SESSION 2023-2024 – REPORT

TOPIC:HOW TO WRITE A RESEARCH PROPOSAL DATE: 01/02/2024 <u>SPEAKER</u>: DR BETSY A JOSE <u>OBSERVER</u>: DR SHERYL ELIZABETH <u>COORDINATOR</u>: DR ANN MARY CHIRAYATH

The 14th IKAP 2024 was conducted on February 1st on the topic of "**How to write a research proposal**" by Dr. Betsy A Jose, Scientist ,PRC and Assistant professor department of community medicine Pushpagiri Institute of medical sciences and research centre. The event was coordinated and conducted by Dr. Ann Mary Chirayath, under the guidance of Dr. Vinod Mathew, with Dr.Sheryl Elizabeth serving as the observer. The presentation by Dr. Betsy A jose provided a comprehensive overview as to how to write a research proposal , contributing to the knowledge of the participants.

14th IKAP - POSTER



14th IKAP SESSION 2023-2024



SPEAKER: Dr.BETSY A JOSE (SCIENTIST AND ASSISTANT PROFESSOR DEPARTMENT OF COMMUNITY MEDICINE, PIMSRC)

TOPIC: HOW TO WRITE A RESEARCH PROPOSAL

DATE: 01/02/24 TIME :1:30-3:00 VENUE : AUDITORIUM

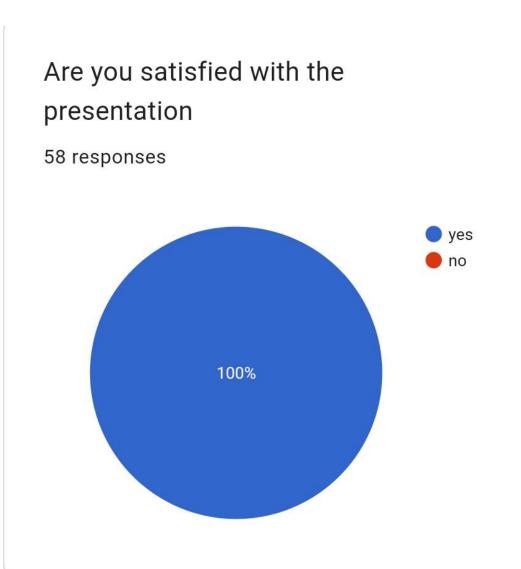
CHIEF COORDINATOR : Dr. VINOD MATHEW MULAMOOTIL OBSERVER : Dr. SHERYL ELIZABETH INTERNS COORDINATOR : Ann Mary Chirayath

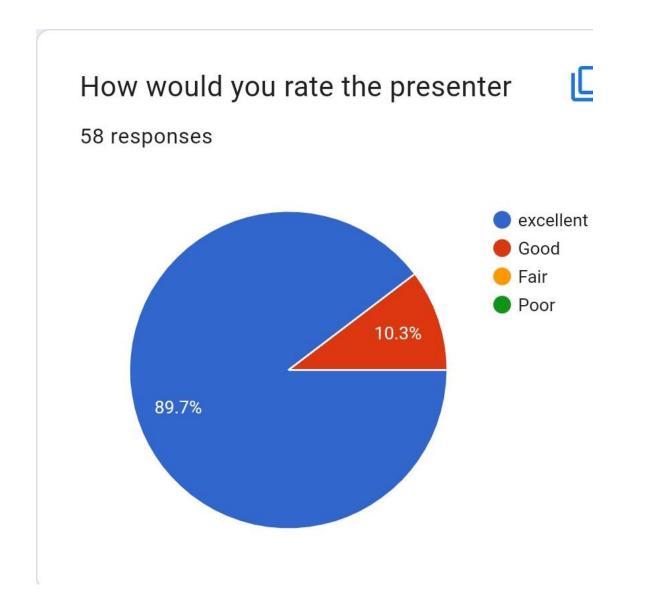
The 14 th IKAP session on "How to write a research proposal" commenced at 2 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 58 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Ann Mary Chirayath , in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Betsy A Jose. Dr. Betsy A Jose, in turn, commenced the session by sharing insights on the what a research is, how to write a research proposal, the variables involved in writing a research proposal. The session concluded with a vote of thanks delivered by Dr. Ann Mary Chirayath, expressing gratitude to Dr. Betsy for her enlightening presentation. The participants left with a deeper understanding of Reasearch purpose, and with a guidance about how to do a research. The session was observed by Dr. Sheryl, who noted the seamless flow of the session and the engaging manner in which Dr. Betsy A Jose shared her expertise on the topic.

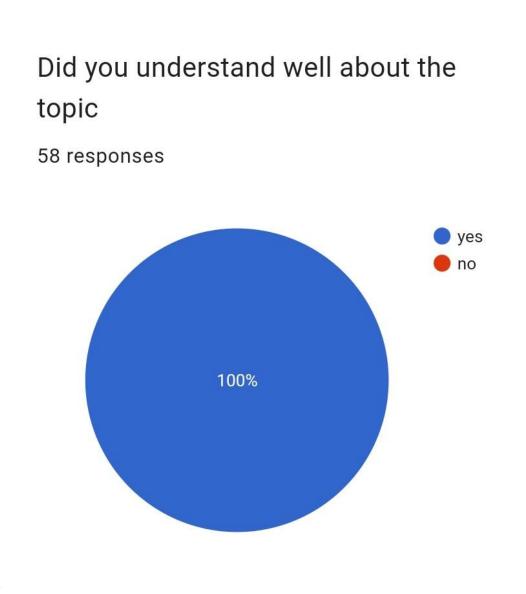


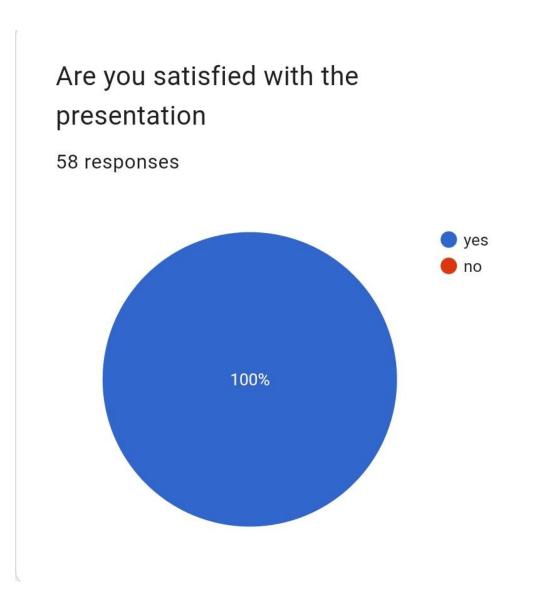


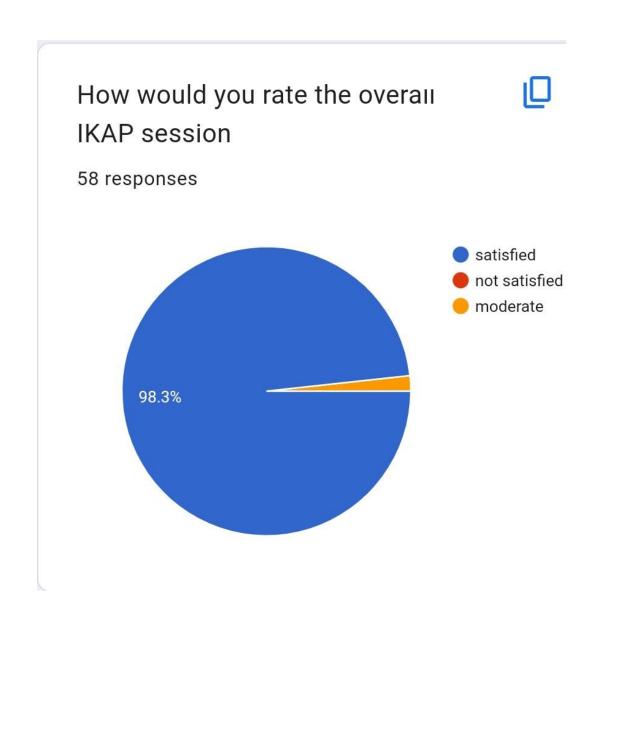
FEEDBACK FORM OF THE SESSION

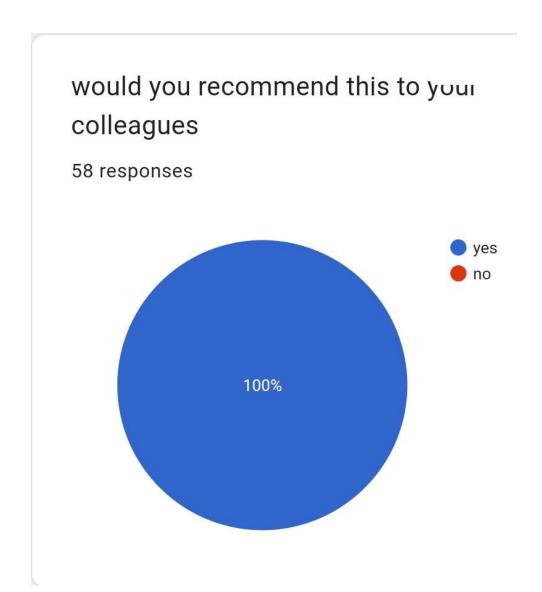












Based on the response submitted , the14th IKAP session on How to write a research proposal proved to be an informative and well-coordinated event.

<u>15ND IKAP SESSION 2023-2024 –</u> <u>REPORT</u>

<u>TOPIC</u>: IDENTIFYING PERIODONTAL DISEASES DATE: 08/02/2024 <u>SPEAKER</u>: DR RINO ROOPAK SOMAN <u>OBSERVER</u>: DR JESLEY MARIAM GEORGE <u>COORDINATOR</u>: DR ANUGRAHA MARIAM JOHN

The 15TH IKAP 2024 was conducted on February 8th on the topic of "**IDENTIFYING PERIODONTAL DISEASES**" by Dr, Rino Roopak Soman,Reader in the Department of Periodontics, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr.Anugraha Mariam John, under the guidance of Dr. Vinod Mathew, with Dr.Jesley Mariam John serving as the observer. The presentation by Dr. Rino Roopak Soman provided a comprehensive overview on identifying periodontal dieases, contributing to the knowledge of the participants.

15TH IKAP - POSTER

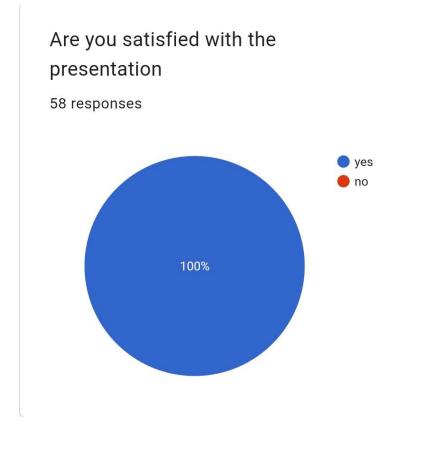


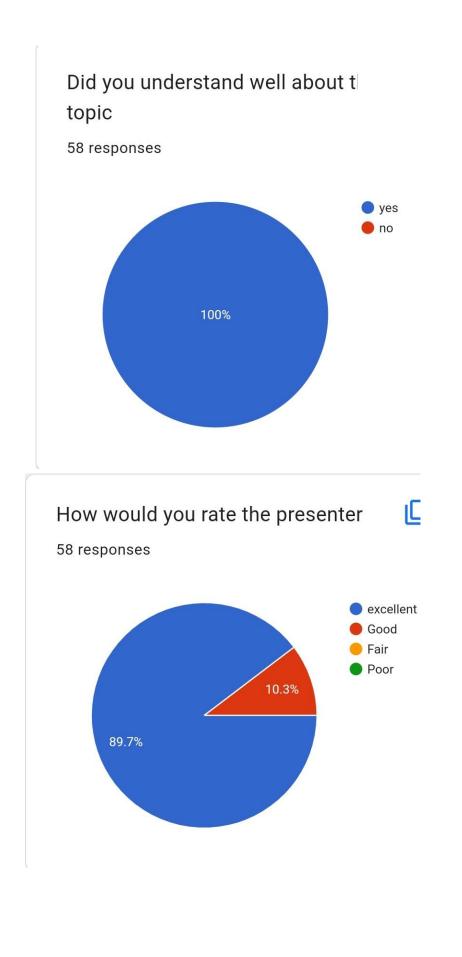
The 15TH IKAP session on "Identifying Periodontal Dieases " commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 58 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Anugraha Mariam John , in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr.Rino Roopak Soman.

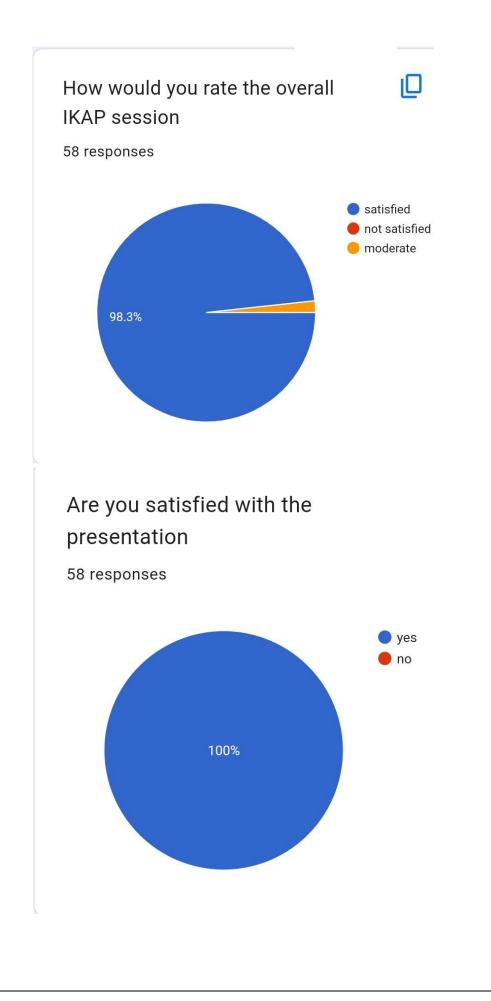
Dr. Rino Roopak Soman, in turn, commenced the session by sharing importance of identifying periodontal diseases. The session concluded with a vote of thanks, expressing gratitude to Dr.Rino for his enlightening presentation. The participants left with a deeper understanding on importance of identifying periodontal diseases. The session was observed by Dr.Jesley Mariam George, who noted the seamless flow of the session and the engaging manner in which Dr.Rino Roopak Soman shared his expertise on the topic.

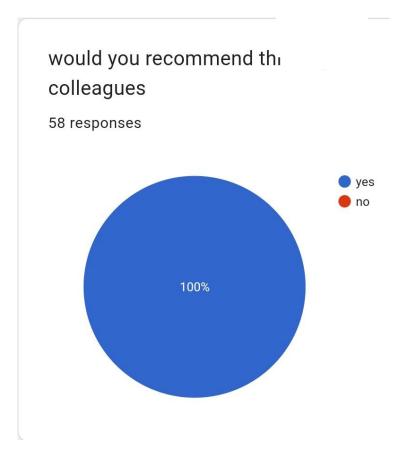












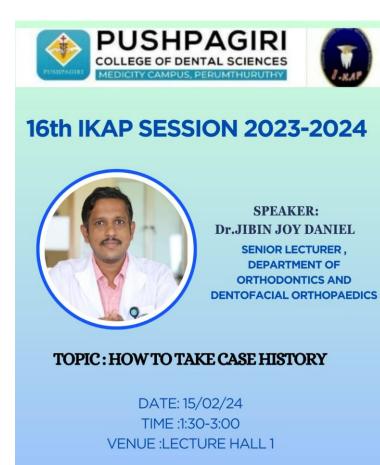
Based on the response submitted , the 15^{TH} IKAP session on IDENTIFYING PERIODONTAL DISEASES proved to be an informative and well-coordinated event.

<u>16th IKAP SESSION 2023-2024 –</u> <u>REPORT</u>

<u>TOPIC</u>: HOW TO TAKE A CASE HISTORY DATE: 15/02/2024 <u>SPEAKER</u>: DR JIBIN JOY DANIEL <u>OBSERVER</u>: DR HARITHA SREEKUMAR <u>COORDINATOR</u>: DR ARYA K DAS

The 16th IKAP 2024 was conducted on February 15 on the topic of "How to take a case history" by Dr. Jibin Joy Daniel , Senior Lecturer in the Department of Orthodontics and Dentofacial Orthopedics, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Arya K Das under the guidance of Dr. Vinod Mathew, with Dr.Haritha Sreekumar serving as the observer. The presentation by Dr.Jibin Joy Daniel provided a comprehensive overview of How to take a case history, contributing to the knowledge of the participants.

16th IKAP - POSTER

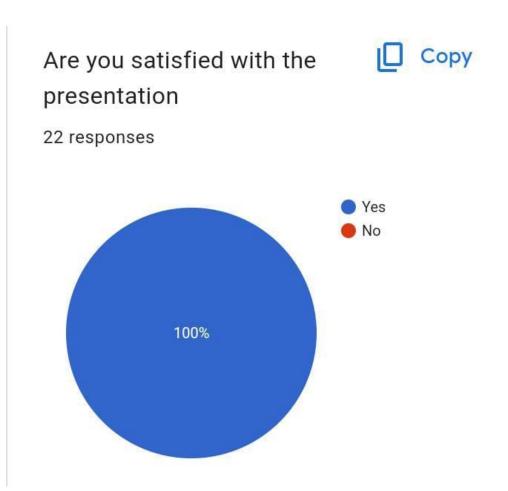


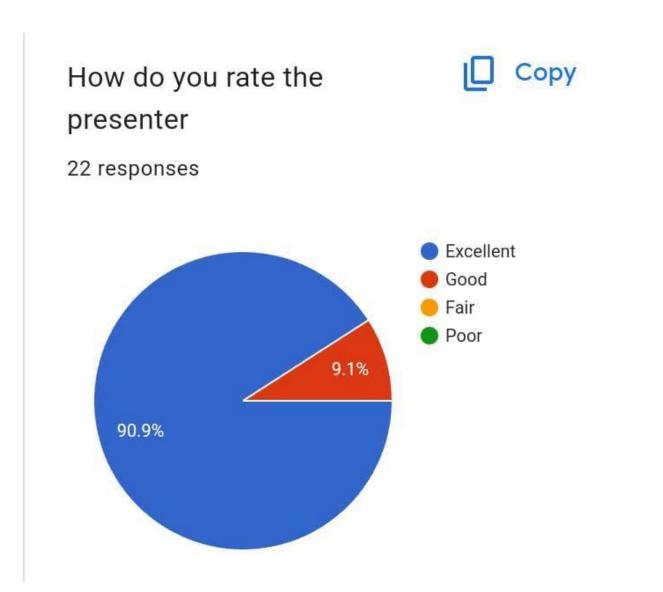
CHIEF COORDINATOR : Dr. VINOD MATHEW MULAMOOTIL OBSERVER : Haritha Sreekumar INTERNS COORDINATOR : Arya K Das

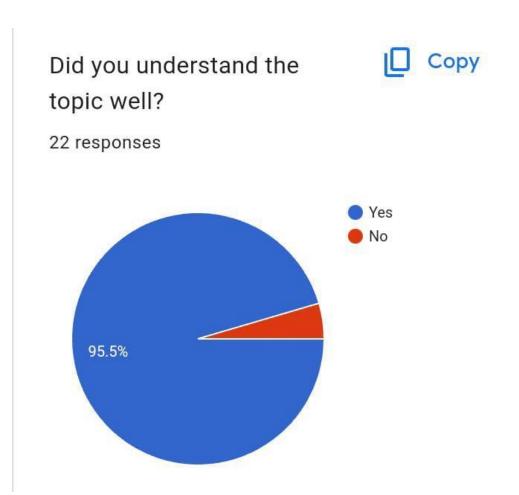
The 16 th IKAP session on "How to take a case history" commenced at 2:00PM in the Lecture hall 1 at Pushpagiri College of Dental Sciences with 22 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Arya K Das , in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Jibin Joy Daniel. Dr. Jibin Joy Daniel , in turn, commenced the session by sharing insights on what is a case history , the importance of taking a case history , what do you case for while taking a history , and how do it determine the treatment planning. The session concluded with a vote of thanks delivered by Dr. Arya k Das , expressing gratitude to Dr. Jibin for his enlightening presentation. The participants left with a deeper understanding of Case history taking. The session was observed by Dr. Haritha Sreekumar, who noted the seamless flow of the session and the engaging manner in which Dr. Jibin Joy Daniel shared his expertise on the topic.

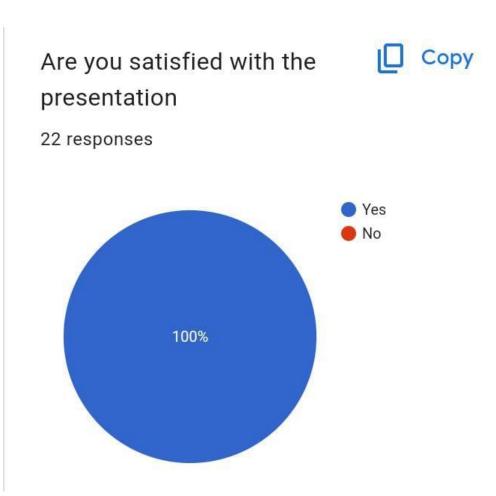


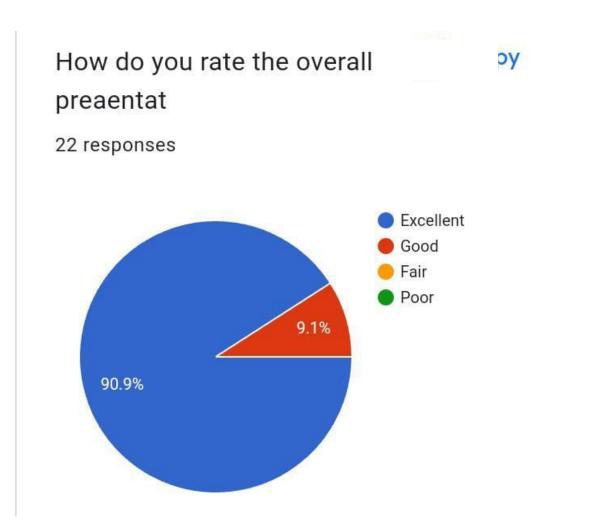


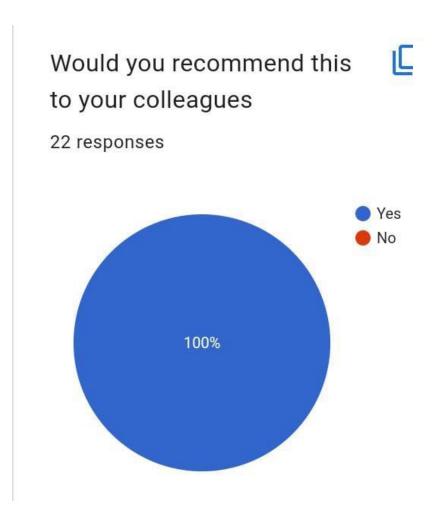












Based on the response submitted , the16 th IKAP session on How to take a case history proved to be an informative and well-coordinated event.

17th IKAP SESSION 2023-24–REPORT

TOPIC:CLINICAL CASE DISCUSSION DATE:22/02/2024 SPEAKER:Dr.NEVIN ABRAHAM OBSERVER:RACHEL SEBASTIAN COORDINATER:BLESSY ANGEL L.G

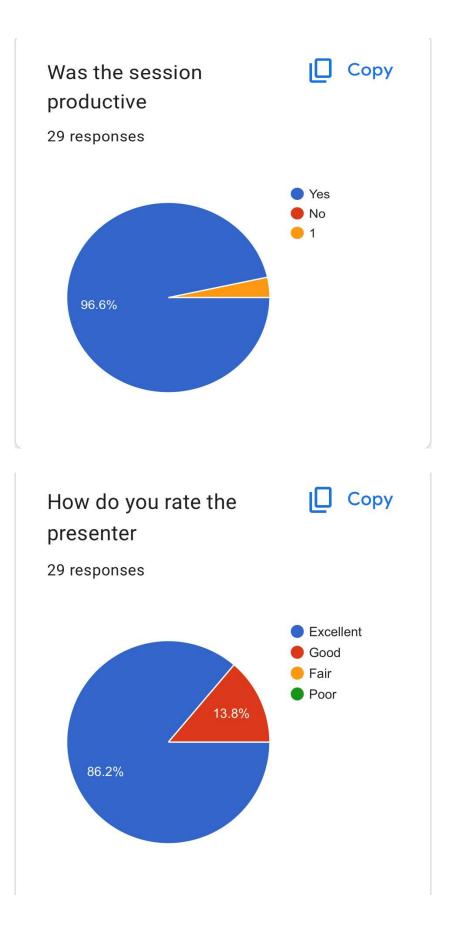
The 17th IKAP 2024 was conducted on February 22nd on the topic clinical case discussion by Dr.NEVIN Abraham, Senior Lecturer in the Department of Orthodontics and Dentofacial Orthopedics, Pushpagiri college of dental sciences. The event was coordinated by Blessy Angel ,Intern under the guidance of Dr.Vinod Mathew. The observer for this session was Dr.Rachel Sebastian. The presentation by Dr.Nevin gave an idea about some of the treatment plan of certain cases that had done in our department of orthodontics and dentofacial orthopedics.

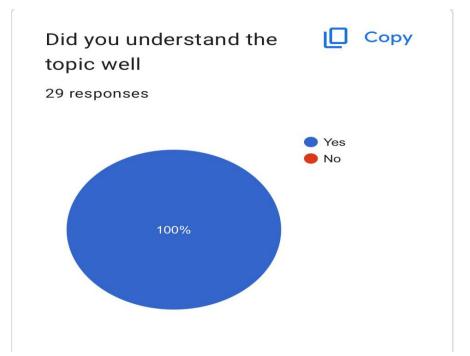


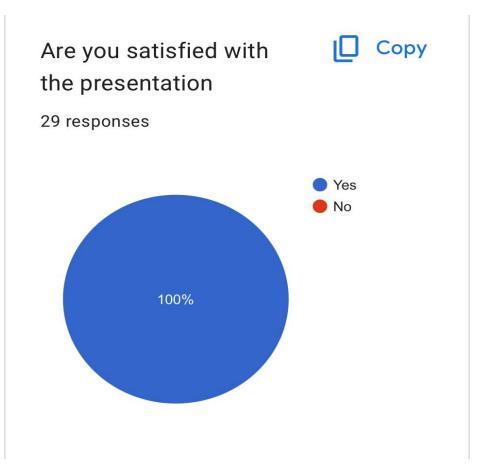
The 17th IKAP session on clinical case discussion commenced at 1.45PM in the college auditorium of Pushpagiri college of dental sciences. There were 29 participants in the session. The session began with a moment of silent prayer. The coordinator Blessy Angel gave an introductory speech to Dr. Nevin and then he began his session. He gave a clear idea about some cases that were ongoing in our department and there were doubt clearing session.

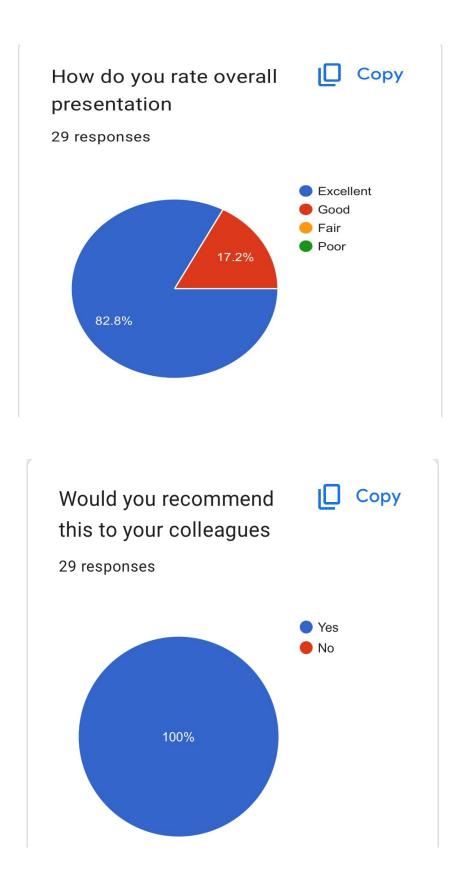












Result

Based on the report the 17th IKAP session is so informative and well coordinated event.

18th IKAP SESSION 2023-2024 - REPORT

TOPIC: Retention and Relapse

DATE: 29/02/2024

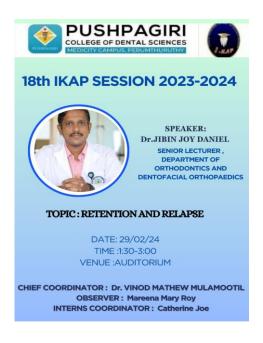
SPEAKER: Dr.Jibin Joy Daniel

OBSERVER: Dr. Mareena Mary Roy

COORDINATOR: Dr.Catherine Joe

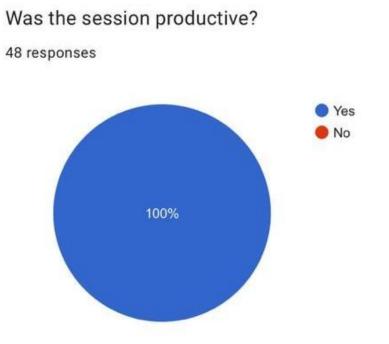
The 18th IKAP 2024 was conducted on February 29th on the topic of "Retention and Relapse" by Dr. Jibin Joy Daniel , Senior Lecturer in the Department of Orthodontics and dentofacial orthopaedics, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Catherine Joe , under the guidance of Dr. Vinod Mathew, with Dr. Mareena Mary Roy serving as the observer. The presentation by Dr. Jibin Joy Daniel provided a comprehensive overview of the chances of relapse and the methods for retention of teeth after orthodontic treatment, contributing to the knowledge of the participants.

18ST IKAP - POSTER



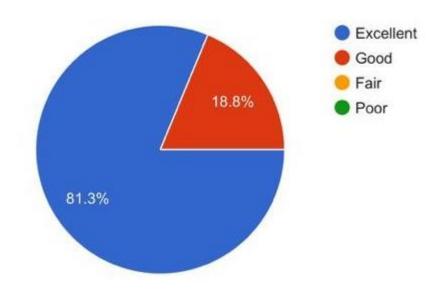
The 18th IKAP session commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 48 participants. The session began with a silent prayer, Dr. Catherine Joe extended a warm welcome and introduced the distinguished speaker, Dr. Jibin Joy Daniel ,Dr. Jibin, in turn, commenced the session by sharing insights into the etiology of relapse post orthodontic treatment and retention methods, even informed us on the newer retention appliances The session concluded with a vote of thanks delivered by Dr. Catherine Joe, expressing gratitude to Dr. Jibin for his enlightening presentation. The participants left with a deeper understanding of Retention and Relapse.

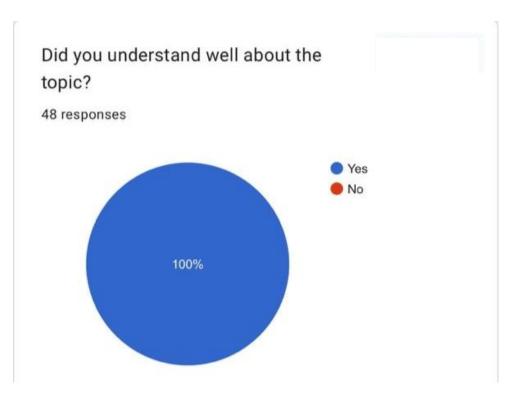


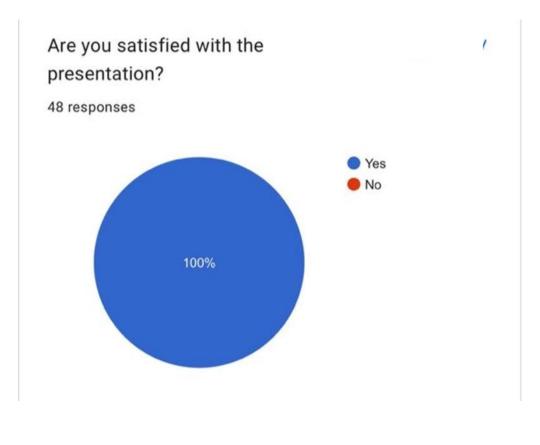


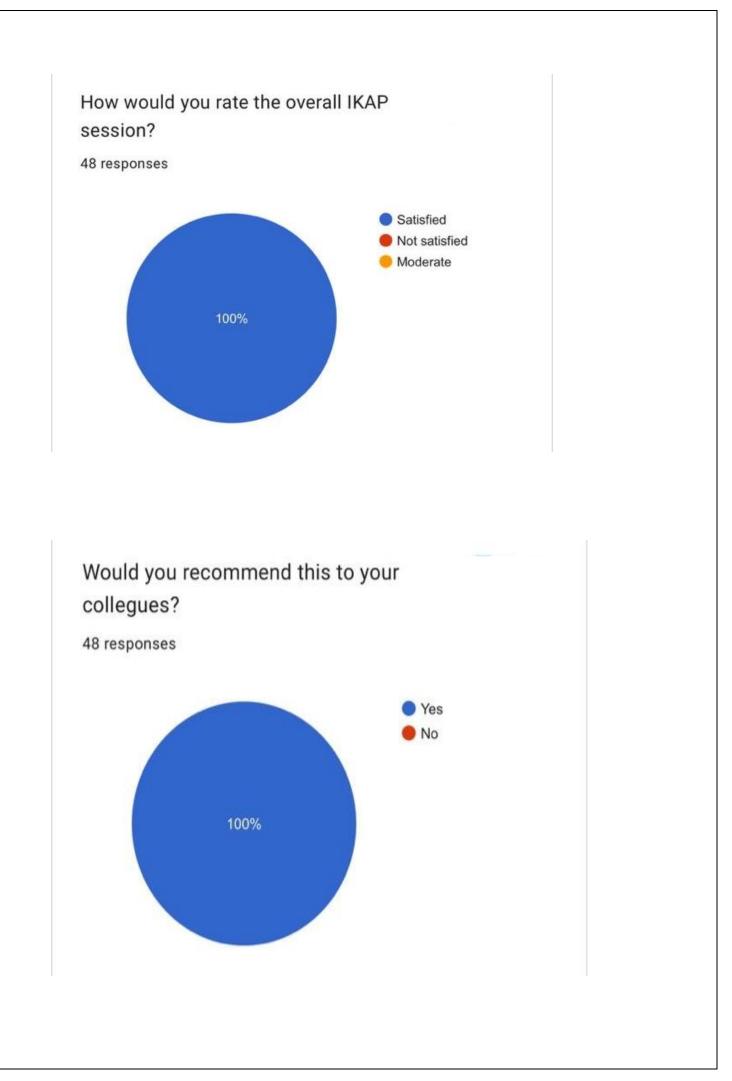
How would you rate the presenter?

48 responses









Based on the response submitted ,the 18th IKAP on Retention and Relapse proved to be an informative and well-coordinated event.

<u>19th IKAP SESSION 2023-2024</u> <u>-REPORT</u>

<u>TOPIC</u>: INNOVATIONS IN INVISIBLE FIXED APPLIANCE

DATE:07 /03/2024

<u>SPEAKER</u>: DR. NAVIN OOMMEN THOMAS <u>OBSERVER</u>: DR. VIDHYA MERIN VINCENT <u>COORDINATOR</u>: DR. CATHERINE JOHN THODUKA

The 19th IKAP session 2024 was conducted on March 7th on the topic of "Innovations in invisible fixed appliances" by Dr. Navin Oommen Thomas, Professor in the Department of Orthodontics and Dentofacial Orthopedics, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Catherine John Thoduka under the guidance of Dr. Vinod Mathew Mulamootil, with Dr.Vidhya Merin Vincent serving as the observer. The presentation by Dr. Navin Oommen



Edit with WPS Office

Thomas provided a comprehensive overview of Innovations in invisible fixed appliances, contributing to the knowledge of the participants.

<u> 19th IKAP - POSTER</u>



The 19th IKAP session on "Innovations in invisible fixed appliances" commenced at 1:45PM in the Lecture hall 1 at Pushpagiri College of Dental Sciences with 22 participants. The session began with a silent prayer, setting a reflective tone for the



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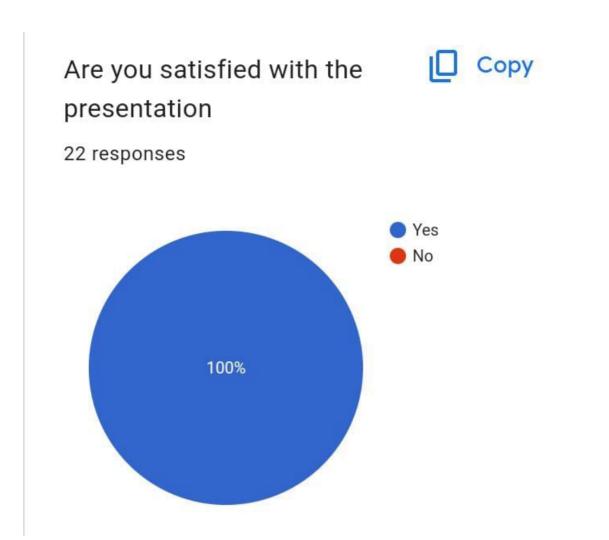
gathering. Dr. Catherine John Thoduka, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr.Navin Oommen Thomas. Dr. Navin Oommen Thomas, in turn, commenced the session by sharing insights on the future of clear aligners (Invisalign), introduced a new concept of customised Brava brackets used for individual tooth movement, its future in International as well as Indian dental clinics, its cost and also explained its mechanism of action in detail. The session concluded with a vote of thanks delivered by Dr. Catherine John Thoduka, expressing gratitude to Dr. Navin for his enlightening presentation. The participants left with a deeper understanding of the newer innovations in invisible fixed appliances. The session was observed by Dr. Vidhya Merin Vincent, who noted the seamless flow of the session and the engaging manner in which Dr. Navin Oommen Thomas shared his expertise on the topic.



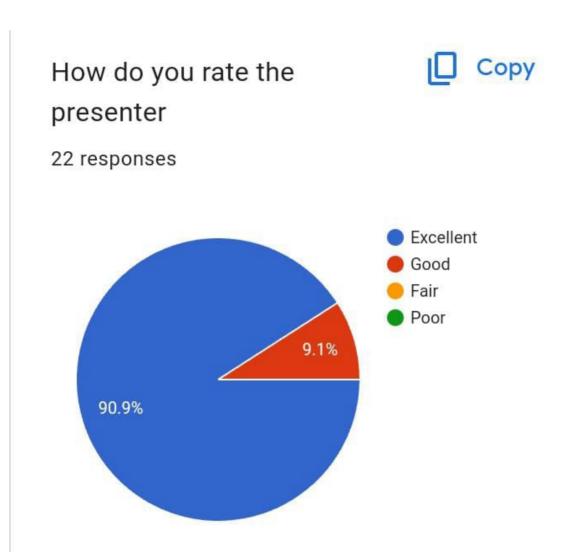


FEEDBACK FORM OF THE SESSION

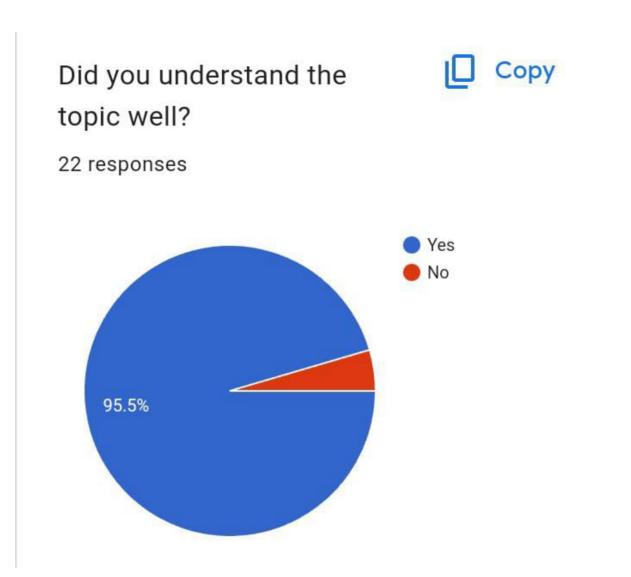




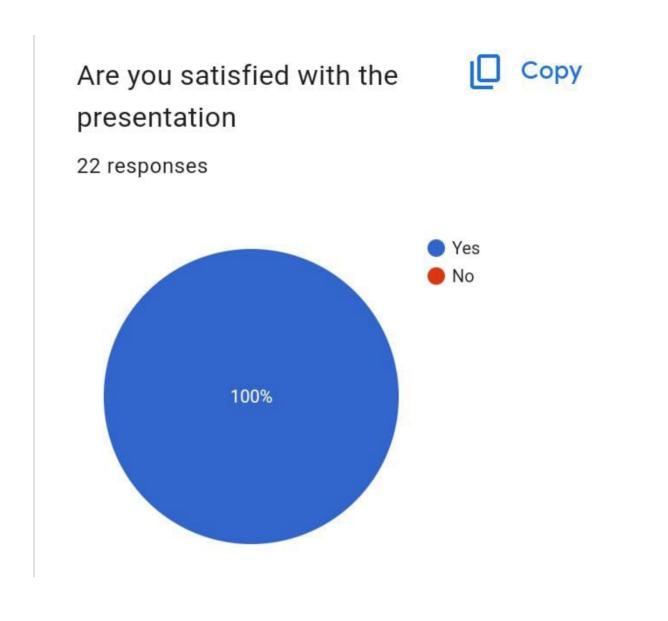




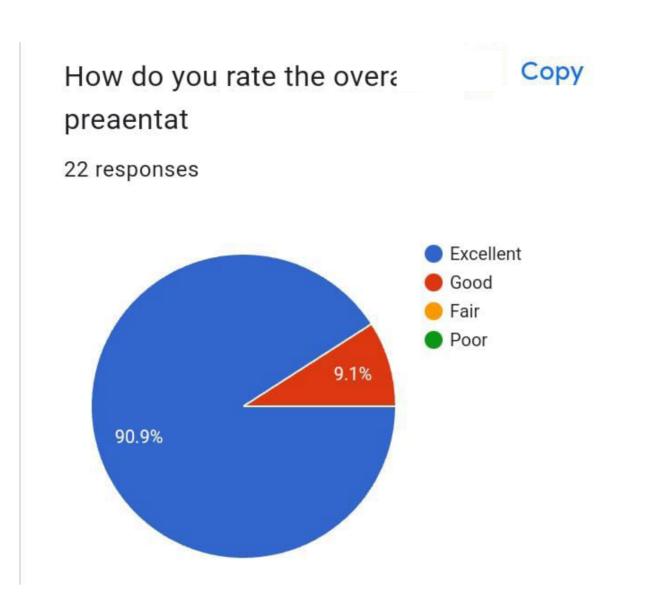




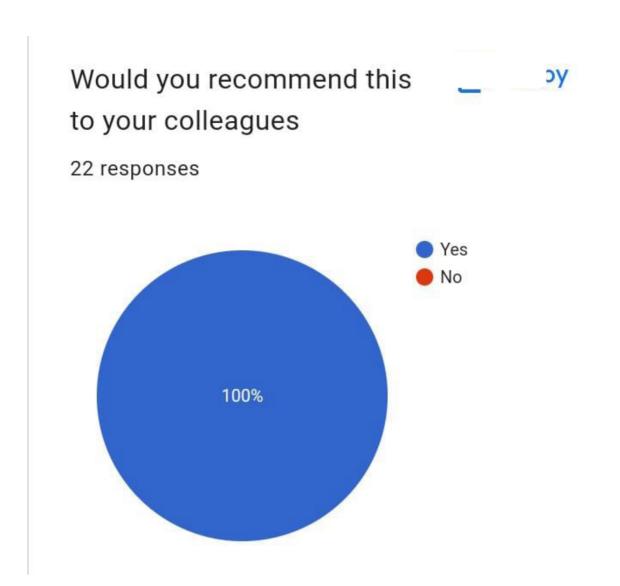












<u>RESULT</u>

Based on the response submitted , the 19 th IKAP session on Innovations in invisible fixed appliances proved to be an informative and well-coordinated event.





20TH IKAP SESSION REPORT

<u>Topic</u> :-DENTAL IMPLANTS <u>Date</u> :-14TH MARCH 2024 <u>Speaker</u> :-Dr.PRAMEETHA GEORGE ITTYCHERIA <u>Observer:-</u> Dr.NAMITHA MARIAM MONCY <u>Coordinator:-</u> Dr.DONA MARIA THEJO

The 20th IKAP session was conducted on 14th March 2024 on the topic "Dental Implants" by Dr. Prameetha George Ittycheria,Reader in the Department of Periodontics,Pushpagiri College of Dental Sciences.The event was coordinated and conducted by Dr.Dona Maria Thejo,under the guidance of Dr.Vinod Mathew,with Dr.Namitha Mariam Moncy serving as the observer.The presentation by Dr.Prameetha George Ittycheria provided a comprehensive overview of Dental Implants,contributing to the knowledge of participants.

20TH IKAP POSTER



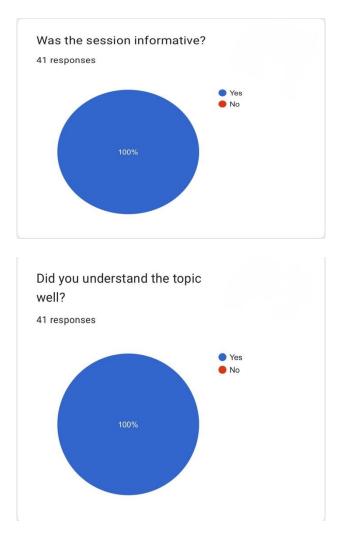
The 20TH IKAP session on "Dental Implants" commenced at 1:30pm in the College Auditorium at Pushpagiri College of Dental Sciences with 41 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Dona Maria Thejo, in her introductory speech, extended a warm welcome and introduced the distinguished speaker Dr. Prameetha George Ittycheria. Dr. Prameetha, in turn, commenced the session by sharing insights into classification, advantages, disadvantages of implants, case selection and treatment planing, steps of implant placement, surgical challenges and complications of implants. Dr. Prameetha concluded the session with a melodious song.

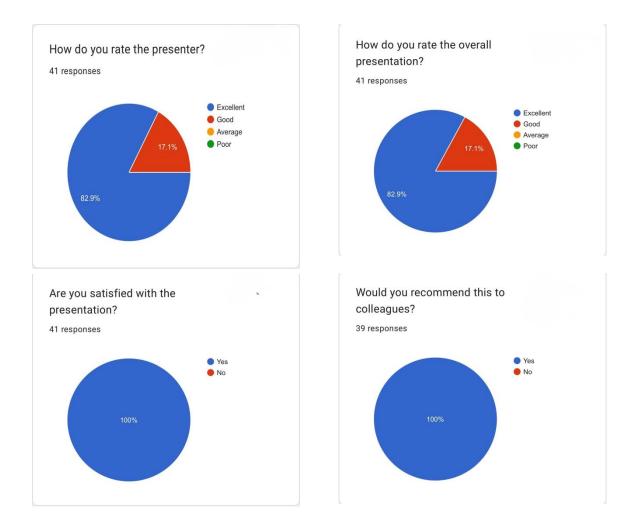
Dr.Dona delivered the vote of thanks, expressing gratitude to Dr.Prameetha for her enlightening presentation. The participants left with a deeper understanding of the Dental Implants and it's importance. The session was observed by Dr.Namitha Mariam Moncy, who noted the seamless flow of the session and the engaging manner in which Dr.Prameetha shared her expertise on the topic.





FEEDBACK FORM OF THE SESSION





RESULT

Based on the response submitted ,the 20TH IKAP on Dental Implants proved to be an informative and well-coordinated event.

21ST IKAP SESSION 2023-2024 - REPORT

<u>TOPIC</u>: PERIODONTAL REFERRAL & MULTIDISCIPLINARY APPROACH DATE: 21/03/2024 <u>SPEAKER</u>: DR SAUMYA JOHN <u>OBSERVER</u>: DR ARYA K DAS <u>COORDINATOR</u>: DR FATHIMA FABIN

The 21st IKAP 2023-2024 was conducted on march 21st on the topic of "Periodontal Referral & Multidisciplinary Approach" by Dr. Saumya John, Reader in the Department of Periodontics,Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Fathima Fabin, under the guidance of Dr. Vinod Mathew, with Dr. Arya k Das serving as the observer. The presentation by Dr. Saumya John provided a comprehensive overview of Periodontal referral & multidisciplinary approach , contributing to the knowledge of the participants.

21ST IKAP - POSTER

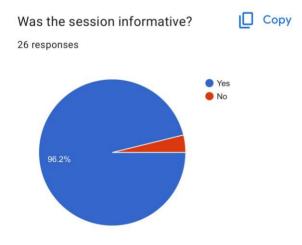


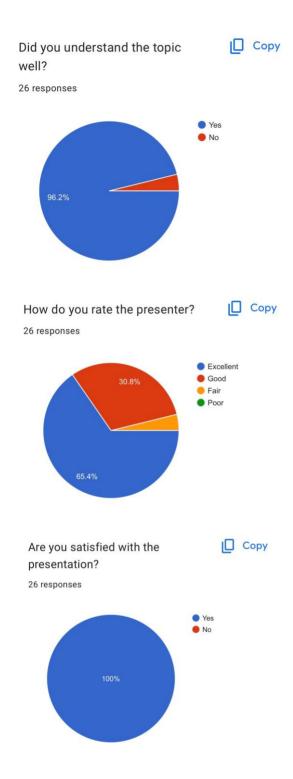
The 21st IKAP session on "Periodontal referral & multidisciplinary approach " commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 33 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Fathima Fabin, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Saumya John. Dr. Saumya, in turn, commenced the session by sharing insights into Periodontal referral & multidisciplinary approach. The session concluded with a vote of thanks delivered by Dr. Fathima Fabin, expressing gratitude to Dr. Saumya for her enlightening presentation. The participants left with a deeper understanding of the topic. The session was observed by Dr. Arya K Das, who noted the seamless flow of the session and the engaging manner in which Dr. Saumya shared her expertise on the topic.

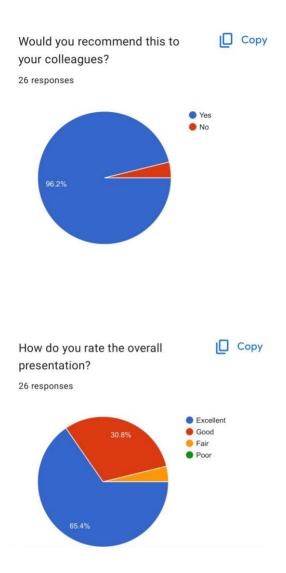




FEEDBAACK FORM OF THE SESSION







<u>RESULT</u>

Based on the response submitted ,the 21st IKAP on "Periodontal referral & multidisciplinary approach "proved to be an informative and well-coordinated event.

22nd IKAP SESSION 2023-2024 REPORT

TOPIC: LASERS IN PERIODONTICS DATE: 04/04/2024 <u>SPEAKER</u>: Dr. ANNIE KITTY GEORGE <u>OBSERVER</u>: Dr. DONA MARIA THEJO <u>COORDINATOR</u>: Dr. HARIKRISHNAN

The 22nd IKAP 2024 was conducted on April 04 on the topic of "LASERS IN PERIODONTICS" by Dr. ANNIE KITTY GEORGE, Professor in the Department of Perioodontics, Pushpagiri College of Dental Sciences. The event was coordinated and conducted by Dr. HARIKRISHNAN under the guidance of Dr. Vinod Mathew, with Dr.Dona Maria Thejo serving as the observer. The presentation by Dr. ANNIE KITTY GEORGE provided a comprehensive overview of, LASERS IN PERIODONTICS contributing to the knowledge of participants.

22nd IKAP - POSTER



CHIEF COORDINATOR : Dr. VINOD MATHEW MULAMOOTIL OBSERVER : DONA MARIA THEJO INTERNS COORDINATOR : HARIKRISHNAN HARIDAS

The 22nd IKAP session on "LASERS IN PERIODONTICS" commenced at 2:00PM in the College Auditorium at Pushpagiri College of Dental Sciences with 25 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Harikrishnan Haridas, in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Annie Kitty George. Dr. Annie Kitty George , in turn, commenced the session by sharing insights on lasers in periodontics , the importance aspects including indications ; contraindications ; usage and advancements of lasers. The session concluded with a vote of thanks delivered by Dr. Harikrishnan Haridas, expressing gratitude to Dr. Annie Kitty George for her enlightening presentation. The participants left with a deeper understanding of Lasers In Periodontics. The session was observed by Dr. Dona Maria Thejo, who noted the seamless flow of the session and the engaging manner in which Dr. Annie Kitty George shared her expertise on the topic.

Pathanamthitta,KL,India

💽 GPS Map Camera

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GPS Map Camera

Pathanamthitta, KL, India

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FEEDBACK FORM OF THE SESSION

LASERS IN PERIODONTICS

BIUGX

22nd IKAP (LASERS IN PERIODONTICS)

Email *

Short answer text

Was the session informative ? *

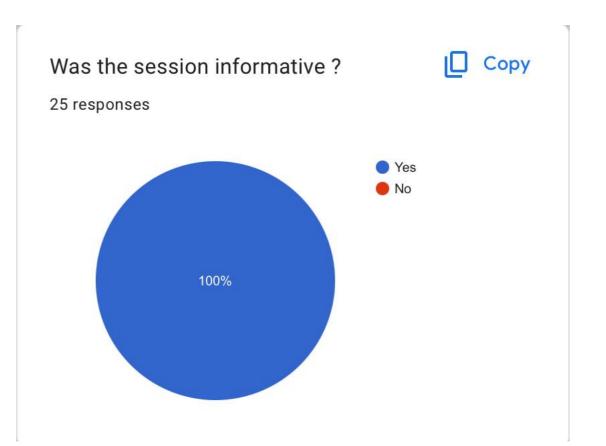
) Yes

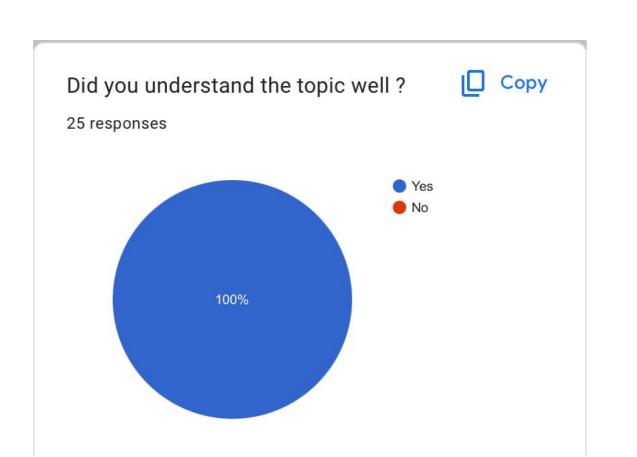
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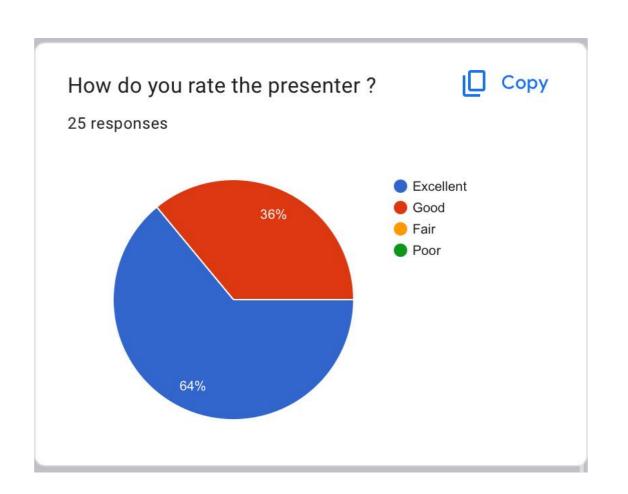
Did you understand the topic well ? * Yes No
How do you rate the presenter ? *
O Excellent
O Good
O Fair
O Poor

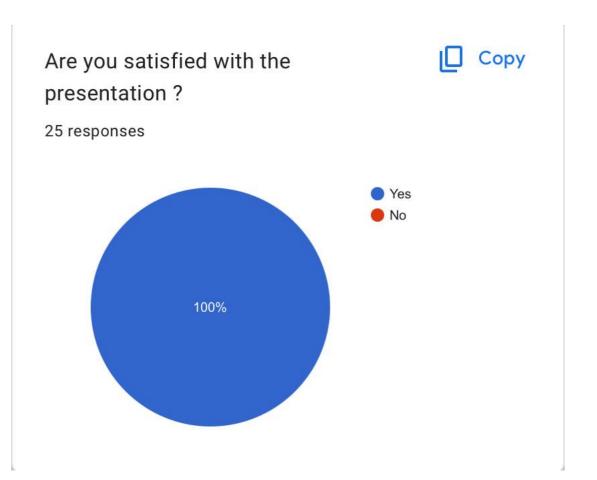
Are you satisfied with the present	ation?*
O Yes	
O No	
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Would you recommend this to colleagues?	*
O Yes	
O No	

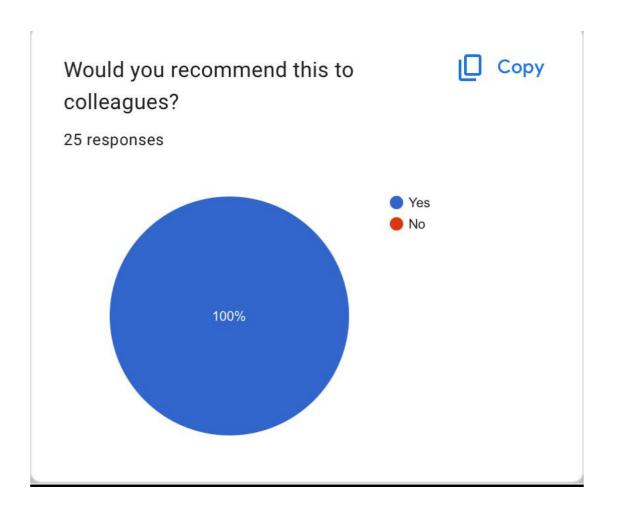
How do you rate the overall presentation ? *	
O Excellent	
O Good	
O Fair	
O Poor	

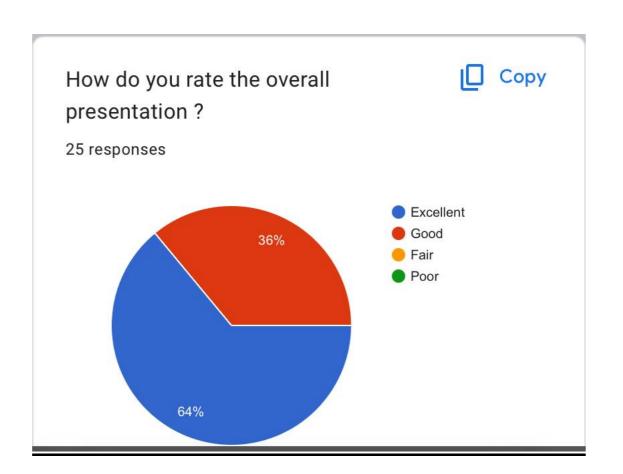












<u>RESULT</u>

Based on the response submitted , the 22nd IKAP session on LASERS IN PERIODONTICS proved to be an informative and well-coordinated event.

23RD IKAP SESSION 2023-2024 – REPORT

<u>TOPIC</u>: AESTHETICS IN PROSTHODONTICS DATE: 18/4/2024 <u>SPEAKER</u>: DR RENE KURIAKOSE <u>OBSERVER</u>: DR VAISHNAVI S R COORDINATOR: DR HISANA SAJAD

The 23RD IKAP 2024 was conducted on April 18th on the topic of "**Aesthetics in Prosthodontics**" by Dr. Rene Kuriakose, Reader in the Department of Prosthodontics, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Hisana Sajad, under the guidance of Dr. Vinod Mathew, with Dr. Vaishnavi S R serving as the observer. The presentation by Dr. Rene Kuriakose provided a comprehensive overview of Aesthetics in Prosthodontics, contributing to the knowledge of the participants.

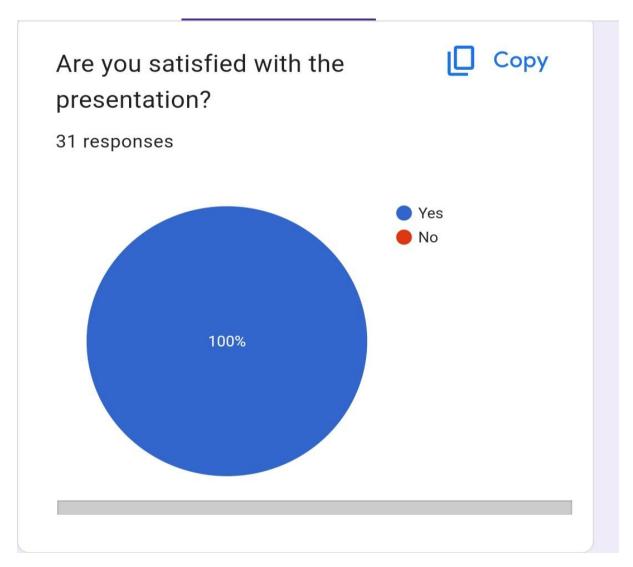
23rd IKAP - POSTER

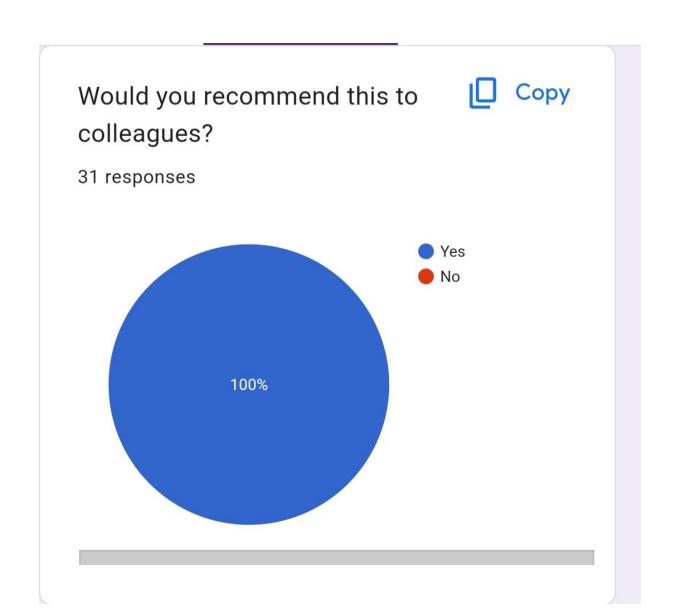


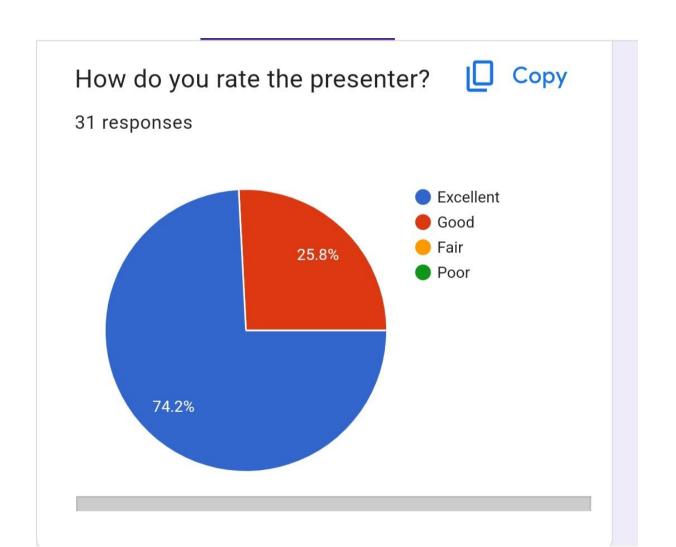
The 23rd IKAP session on "Aesthetics in Prosthodontics" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 32 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Hisana Sajad, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Rene Kuriakose. Dr. Rene Kuriakose, in turn, commenced the session by sharing insights on Aesthetics in Prosthodontics clinically, as well as advanced treatment modalities in modern dental practices . The session concluded with a vote of thanks delivered by Dr. Hisana Sajad, expressing gratitude to Dr. Rene Kuriakose for her enlightening presentation. The participants left with a deeper understanding of Aesthetics in Prosthodontics. The session was observed by Dr. Vaishnavi S R who noted the seamless flow of the session and the engaging manner in which Dr. Rene Kuriakose shared her expertise on the topic.

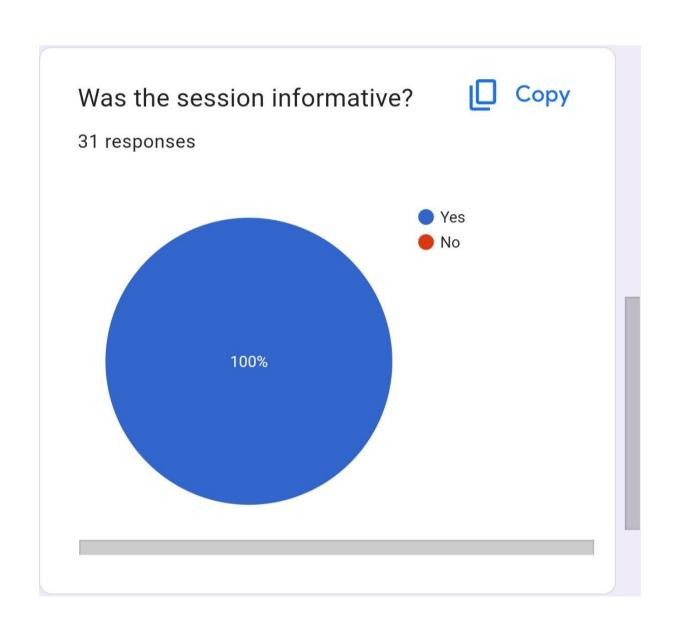


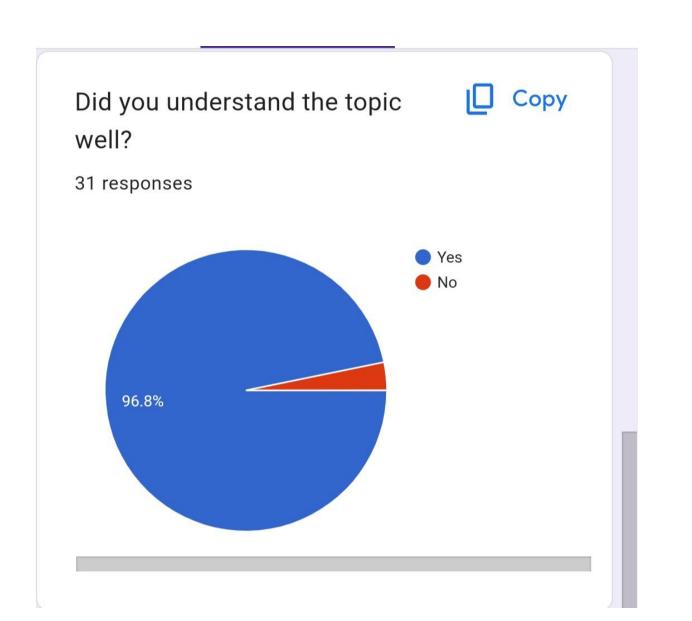


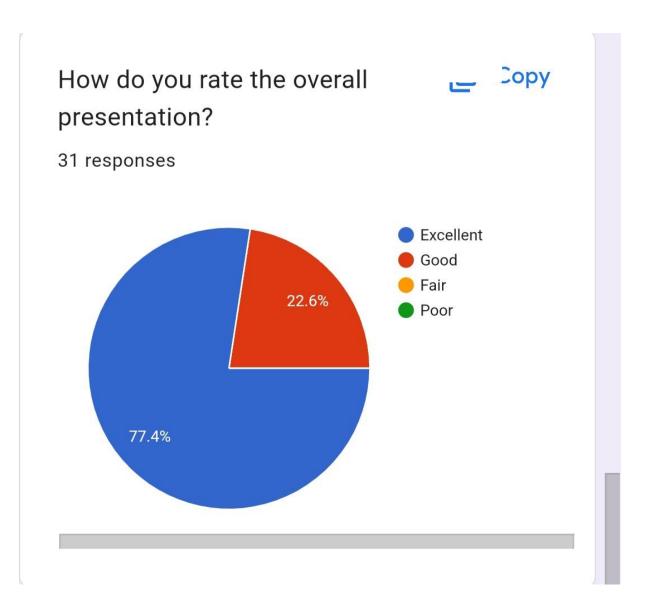












<u>RESULT</u>

Based on the response submitted , the 23rd IKAP session on Aesthetics in Prosthodontics proved to be an informative and well-coordinated event.

24th IKAP session 2023-2024 – REPORT **TOPIC: Temperomandibular Joint Disorders** Date: 25/04/2024 Speaker: Dr. Dhanya P Nampoothiri **Observer:** Dr. Helga S Maria **Coordinator:** Dr. Jency Davis The 24th IKAP 2024 was conducted on 25th April 2024 on the topic "Temperomandibular Joint Disorders" by Dr. Dhanya P Nampoothiri, Senior Lecturer in The Department Of Prosthodontics, Pushpagiri College of Dental Sciences. The event was coordinated and conducted by Dr. Jency Davis under the guidance of Dr. Vinod Mathew, with Dr. Helga S Maria as the observer. The presentation by Dr. Dhanya Nampoothri provided a comprehensive overview of Temperomandibular disorders contributing to the knowledge of the participants

24th IKAP POSTER



24TH IKAP SESSION 2023-2024



SPEAKER: Dr.DHANYA P NAMPOOTHIRI

SENIOR LECTURER, DEPARTMENT OF PROSTHODONTICS

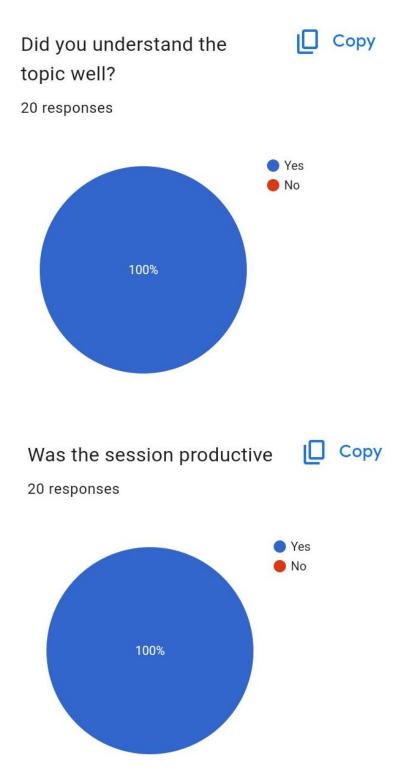
TOPIC: TEMPEROMANDIBULAR JOINT DISORDERS

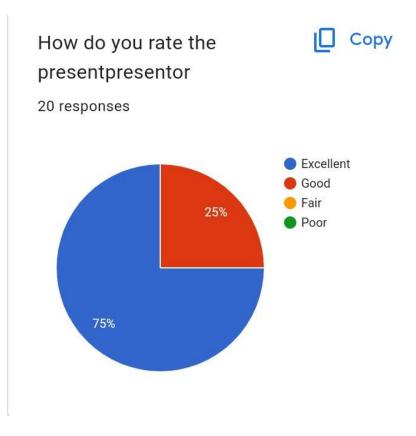
DATE: 25/04/24 TIME :1:30-3:00 VENUE :AUDITORIUM

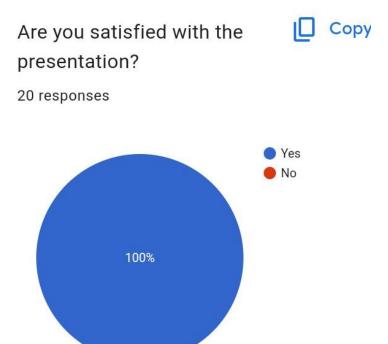
CHIEF COORDINATOR : Dr. VINOD MATHEW MULAMOOTIL OBSERVER : HELGA S MARIA INTERNS COORDINATOR : JENCY DAVIS The 24th IKAP session on "Temperomandibular Joint Disorders" commenced at 1:45 pm in the College Auditorium at Pushpagiri College of Dental Sciences with 32 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Jency Davis, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr. Dhanya P Nampoothiri. Dr. Dhanya P Nampoothiri in turn commenced the session by sharing insights on temperomandibular disorders and consequences of temperomandibular disorders if left untreated. The session concluded with a vote of thanks by Dr. Jency Davis, expressing gratitude to Dr. Anju for her enlightening presentation. The participants left with a deeper understanding of temperomandibular disorders. The session was observed by Dr. Helga S Maria who noted the seamless flow of the session and the engaging manner in which Dr. Dhanya P Namoothiri shared her expertise in the topic





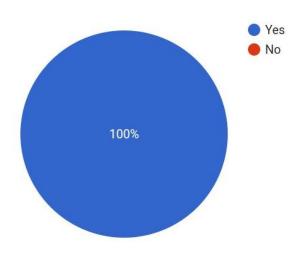






Would you recommend this Copy to your colleagues?

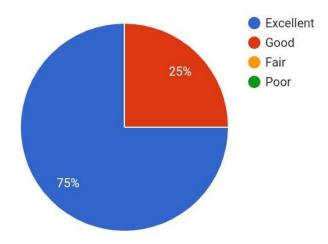
20 responses



How do you rate the overall presentation?

Сору

20 responses



RESULT

Based on the responses submitted the 24th IKAP session on Temperomandibular joint disorders proved to be an informative and well-coordinated event

<u>25th IKAP SESSION 2023-2024 –</u> <u>REPORT</u>

<u>TOPIC</u>: OCCLUSAL SPLINTS: AN INNOVATIVE TREATMENT MODALITY IN TEMPEROMANDIBULAR DISORDERS <u>DATE</u>: 09/05/2024

<u>SPEAKER</u>: DR JERIN THOMAS

OBSERVER: DR SRUTHY KRISHNA C S

COORDINATOR: DR JESWIN JOY

The 25th IKAP 2024 was conducted on May 09 on the topic of "Occlusal splints: An Innovative Treatment Modality in Temperomandibular Disorders" by Dr. Jerin Thomas, Senior Lecturer in the Department of Prosthodontics, Pushpagiri College of Dental Sciences. The event was coordinated and conducted by Dr. Jeswin Joy under the guidance of Dr. Vinod Mathew, with Dr.Sruthy Krishna CS serving as the observer. The presentation by Dr.Jerin Thomas provided a

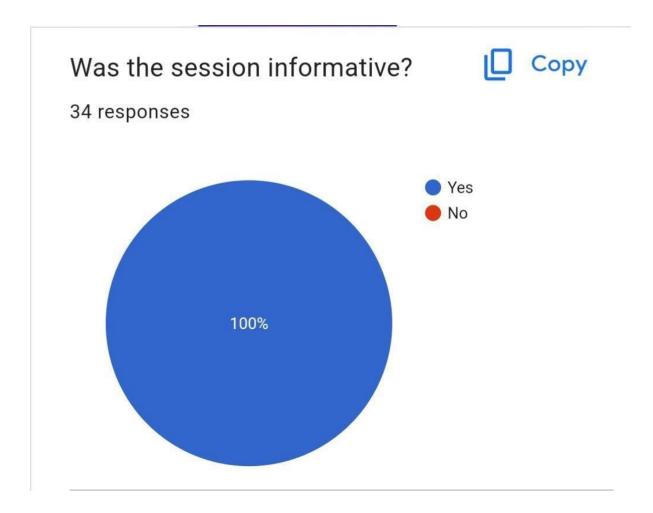
comprehensive overview on occlusal splints, contributing to the knowledge of the participants.

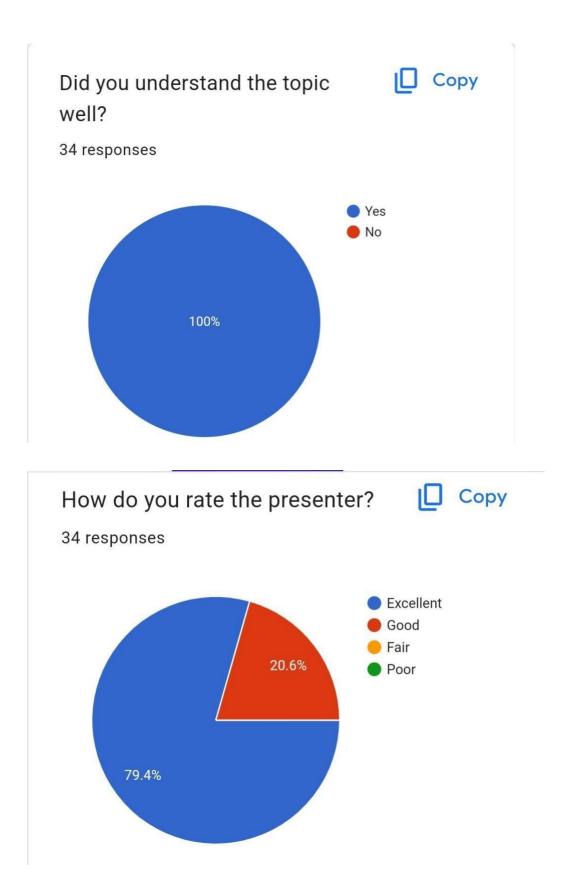
25th IKAP - POSTER

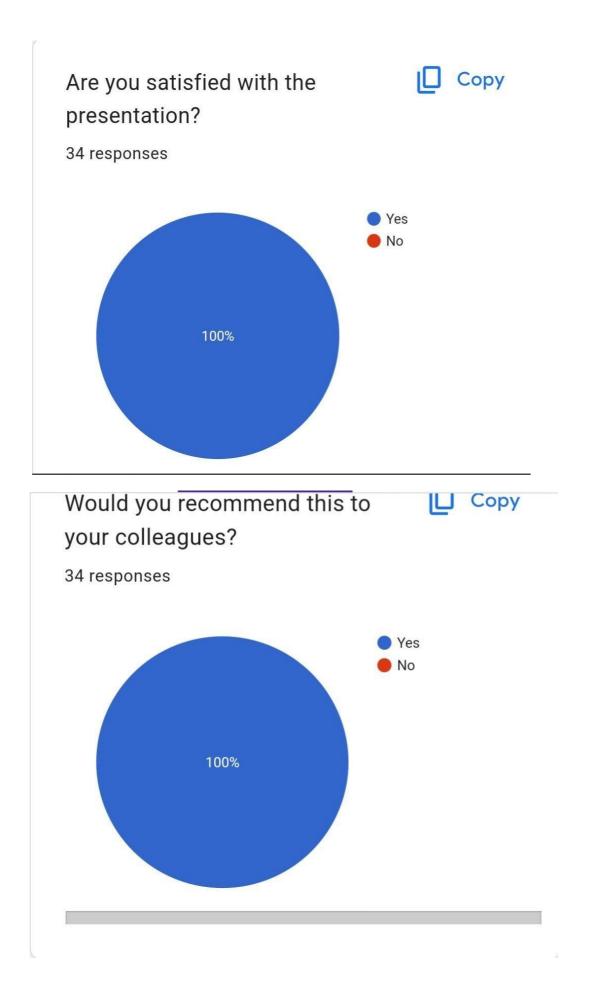


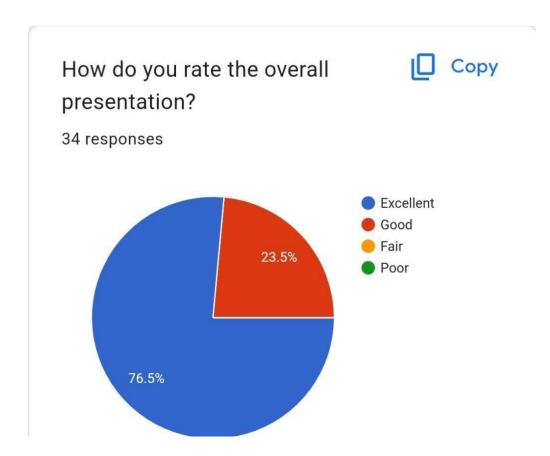
The 25th IKAP session on "Occlusal splints: An Innovative Treatment Modality in Temperomandibular Disorders" commenced at 1:40 PM in the college auditorium at Pushpagiri College of Dental Sciences with 42 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Jeswin Joy, in his introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr.Jerin Thomas. Dr. Jerin Thomas, in turn, commenced the session by sharing insights on what is occlusal splints, when to use occlusal splints, types of occlusal splints used. The session concluded with a vote of thanks delivered by Dr. Jeswin Joy, expressing gratitude to Dr. Jerin for his enlightening presentation. The participants left with a deeper understanding of Occlusal splints. The session was observed by Dr. Sruthy Krishna CS, who noted the seamless flow of the session and the engaging manner in which Dr. Jerin Thomas shared his expertise on the topic.











<u>RESULT</u>

Based on the response submitted , the 25th IKAP session on Occlusal splints proved to be an informative and well-coordinated event.

26th IKAP SESSION 2023-2024 – REPORT

<u>TOPIC</u>: TREATMENT PLANNING IN ENDODONTICS DATE: 16/05/2024 <u>SPEAKER</u>: DR JERRIN ABRAHAM GEORGE <u>OBSERVER</u>: DR LYDIA SAIRA MATHEW <u>COORDINATOR</u>: DR JIJI S P

The 26th IKAP 2024 was conducted on May 16th on the topic of "**Treatment planning in Endodontics**" by Dr. Jerrin Abraham George, Senior Lecturer in the Department of conservative dentistry and endodontics, Pushpagiri college of dental sciences. The event was coordinated and conducted by Dr. Jiji S P, under the guidance of Dr. Vinod Mathew, with Dr.Lydia Saira Mathew serving as the observer. The presentation by Dr. Jerrin provided a comprehensive overview on treatment planning in endodontics and it's importance contributing to the knowledge of the participants.

26th IKAP – POSTER



26TH IKAP SESSION 2023-2024



SPEAKER: Dr.JERRIN ABRAHAN GEORGE

SENIOR LECTURER, DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS

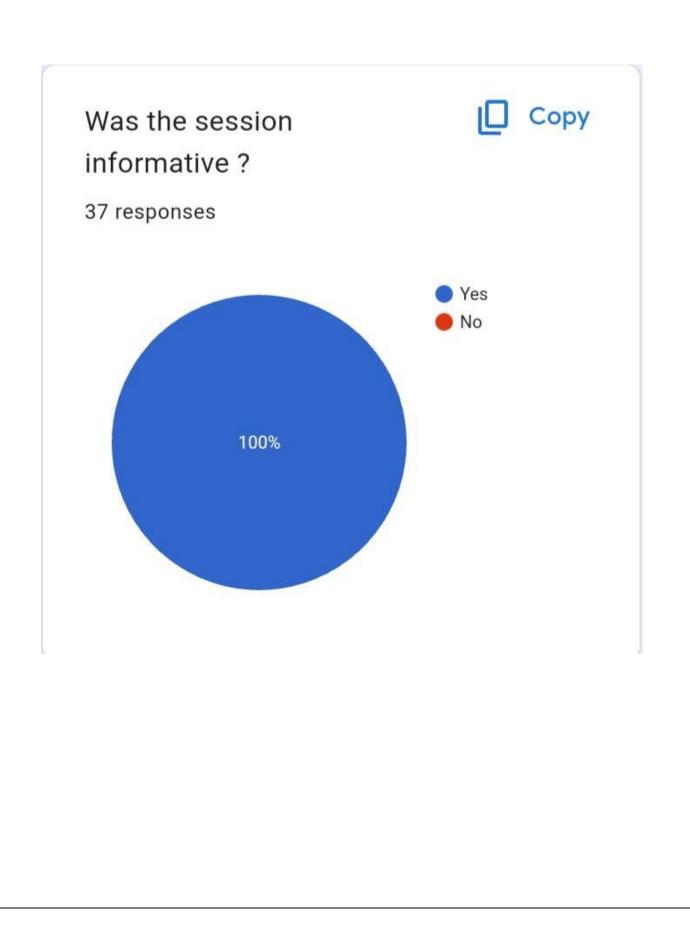
TOPIC:TREATMENT PLANNING IN ENDODONTICS

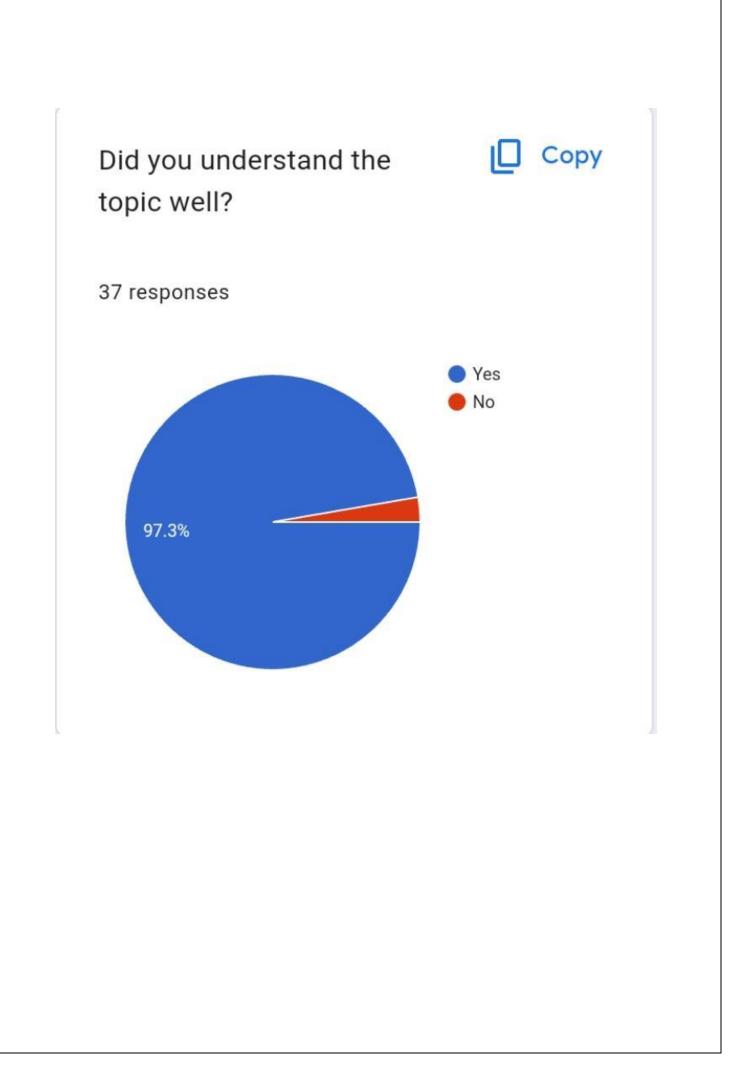
DATE: 16/05/24 TIME :1:30-3:00pm VENUE :AUDITORIUM

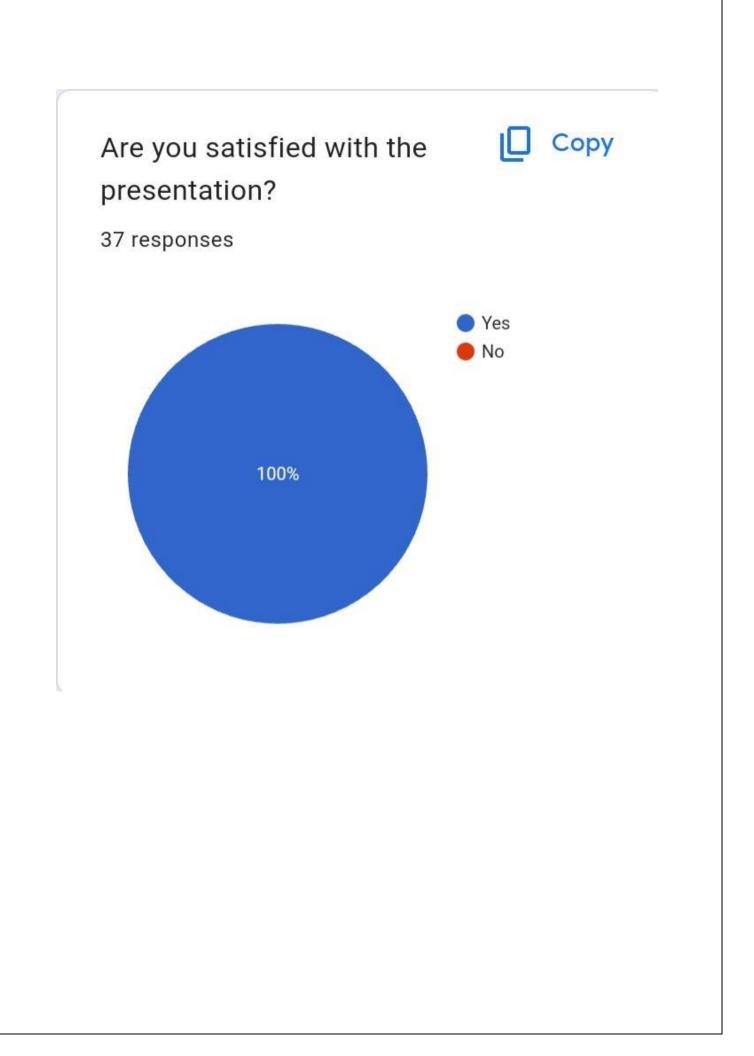
CHIEF COORDINATOR : Dr. VINOD MATHEW MULAMOOTII OBSERVER : LYDIA SAIRA MATHEW INTERNS COORDINATOR : JIJI S P The 2^{6th} IKAP session on "treatment planning in endodontics" commenced at 1:45 PM in the College Auditorium at Pushpagiri College of Dental Sciences with 37 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Jiji S P, extended a warm welcome and introduced the distinguished speaker, Dr. Jerrin Abraham George. Dr. Jerrin Abraham George, in turn, commenced the session by sharing insights on the importance of Case selection and treatment planning. The session concluded with a vote of thanks delivered by Dr. Jiji S P, expressing gratitude to Dr. Jerrin for his enlightening presentation. The participants left with a deeper understanding of treatment planning in endodontics. The session was observed by Dr. Lydia who noted the seamless flow of the session and the engaging manner in which Dr. Jerrin shared his expertise on the topic.

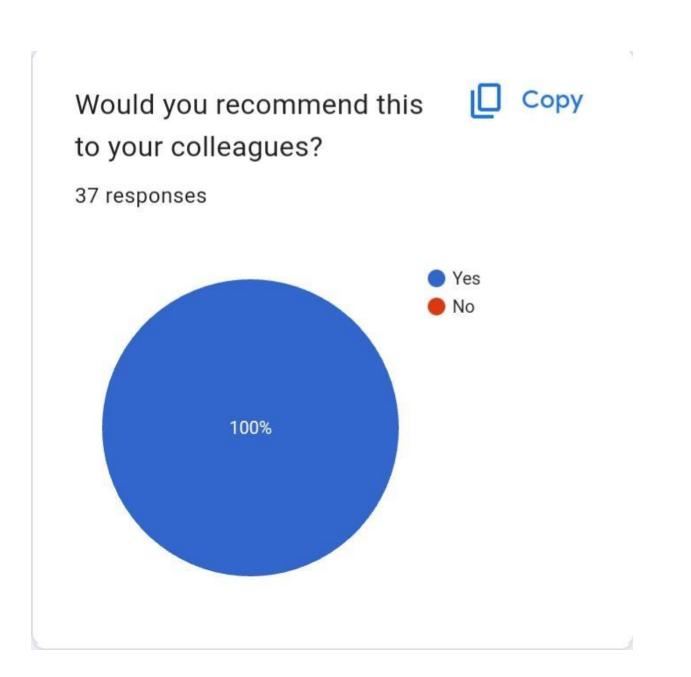


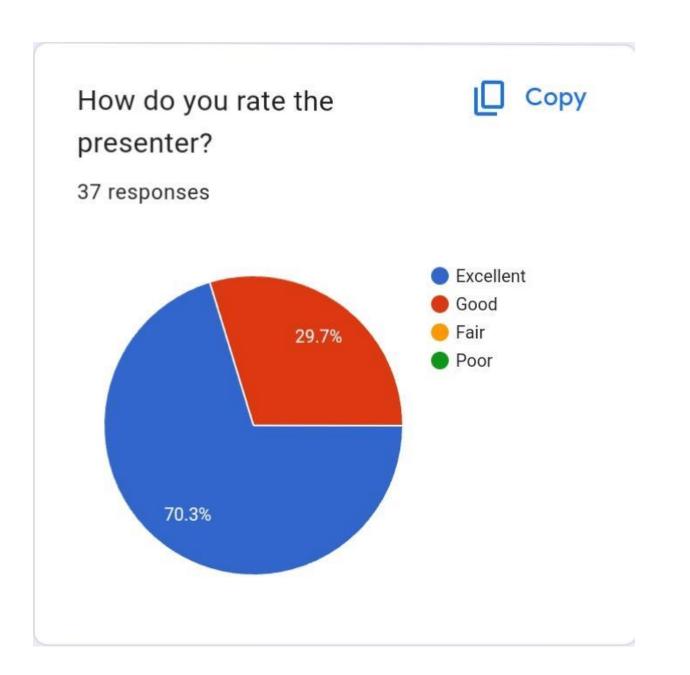


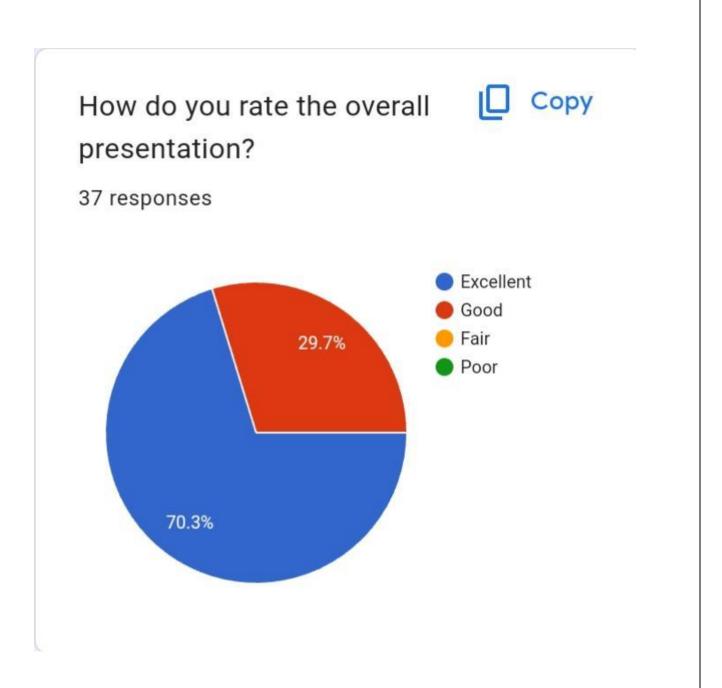












<u>RESULT</u>

Based on the response submitted , the 26th IKAP session on treatment planning in endodontics proved to be an informative and well-coordinated event.

27th IKAP SESSION 2023-2024–REPORT

<u>TOPIC</u>: VITAL PULP THERAPY DATE: 23/05/2024 <u>SPEAKER</u>: DR. LOVIN VALSAN MATHEW <u>OBSERVER</u>: DR AGAJA BIJU COORDINATOR: DR JOYCE HANNA GEORGE

The 27TH IKAP 2024 was conducted on the topic of "**VITAL PULP THERAPY**" by Dr. Lovin Valsan Mathew, Senior Lecturer in the Department of Conservative Dentistry and Endodontics, Pushpagiri College of Dental Sciences. The event was coordinated and conducted by Dr.Joyce Hanna George, under the guidance of Dr. Vinod Mathew, with Dr.Agaja Biju serving as the observer. The presentation by Dr.Lovin Valsan Mathew provided a comprehensive overview on Vital pulp therapy, contributing to the knowledge of the participants.

27TH IKAP - POSTER

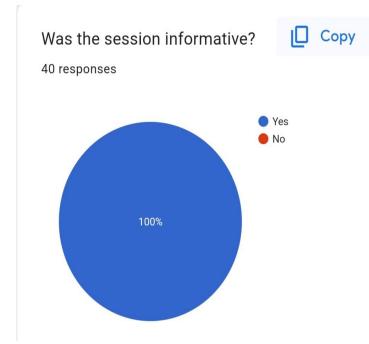


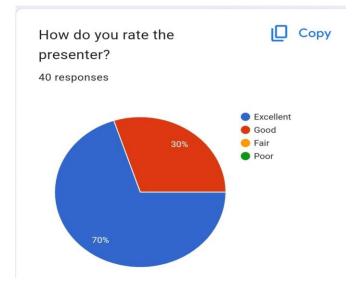
The 27TH IKAP session on "Vital Pulp Therapy " commenced at 1:45 pm in the College Auditorium at Pushpagiri College of Dental Sciences with 40 participants. The session began with a silent prayer, setting a reflective tone for the gathering. Dr. Joyce Hanna George, in her introductory speech, extended a warm welcome and introduced the distinguished speaker, Dr.Lovin Valsan Mathew. Dr.Lovin Valsan Mathew, in turn, commenced the session by sharing various methods of vital pulp therapy. The session concluded with a vote of thanks, expressing gratitude to Dr.Lovin for his enlightening presentation. The participants left with a deeper understanding on various methods of vital pulp therapy. The session was observed by Dr. Agaja Biju, who noted the seamless flow of the session and the engaging manner in which Dr.Lovin Valsan Mathew shared his expertise on the topic.

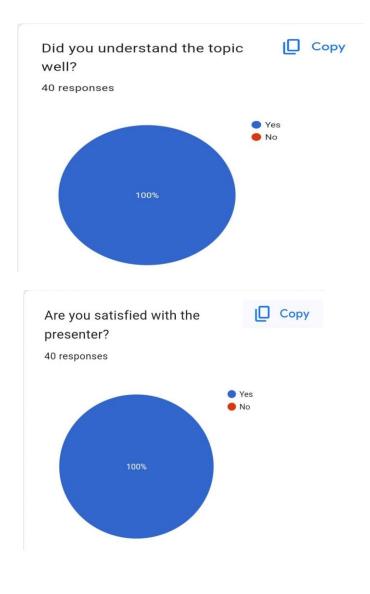


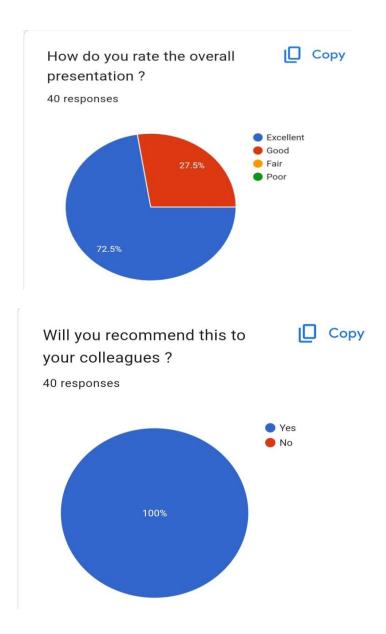


FEEDBACK FORM OF THE SESSION









<u>RESULT</u>

Based on the response submitted, the 27th IKAP session on "VITAL PULP THERAPY" proved to be an informative and well-coordinated event.

IGNITE PROGRAM

28th IGNITE SESSION PROGRAMME REPORT

The 28th Ignite session (CDE Programme) was conducted on 4th December 2023 at Pushpagiri Dental College auditorium from 08:30am to 04:00pm in association with the leading dental lab in Asia, DentCare Dental Lab. The topic of the CDE programme was 'Achieving success with Zirconia restorations' and 'Fundamentals of Orthodontic clear aligner treatment'.

All the registered participants are eligible for 6 KDC credit points (Ref.No. : CDE/12764/23/KDC). The session was observed by KDC Observer, Dr. Jose Jacob.

The CDE programme was coordinated under the guidance of Dr. Vinod Mathew.

The inaugural session started with a silent prayer followed by Dr. Rene Kuriakose (Senior lecturer, Department of Prosthodontics and crown and bridge), welcoming and introducing the speakers.



There was a total of 85 participants which included 54 interns, 23 faculty members and 8 post graduates.

A Memento was presented to Mr. John Kuriakose, founder and managing director, DentCare Dental Lab for his contribution towards this session. The Memento was given by Dr. Aby Mathew T (Principal and HOD, Department of Prosthodontics and crown and bridge) and was received on behalf of Mr. John Kuriakose.

The first session was taken by Dr. Abhishek Jairaj, MDS, Prosthodontist. He is a respected specialist in Prosthodontics and oral implantology with over 15 years of experience. He graduated from SDM Dental College, Dharwad and completed his post graduation at the Oxford Dental College, Bengaluru. Dr. Jairaj



has taught in India and Malaysia and worked as a consultant in dental clinics and also serves as a technical specialist with Dentcare Dental Lab, Kerala.

The first session started from 09:30am and dealt with 'Achieving success with Zirconia restorations'.

Then there was a tea break at 11:00 am and the session restarted by 11:15 am.



The session was interactive with time for doubt clearance as well. The first session ended by 12.30 pm followed by a lunch break.



The second session started by 01:30 pm and dealt with 'Fundamentals of Orthodontic clear aligner treatment'.

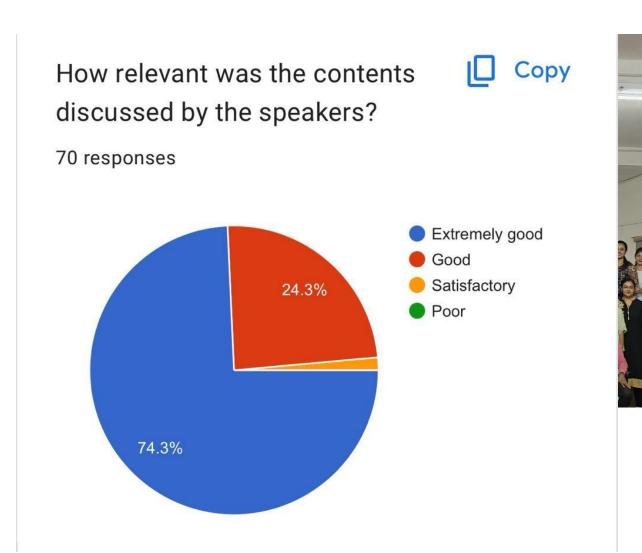
The speaker for this session was Dr. Binu Punnoose Gold, MDS, Orthodontist. He is a licensed orthodontist and clear aligner specialist with over 7 years of clinical experience in dentistry. He graduated from Christian dental college, Ludhiana followed by post graduation from SRM dental college, Chennai. He is an Invisalign certified orthodontist and has done courses on Damon system and Mini implants. Dr. Binu is currently working as a technical advisor at Dentcare aligners.



After the sessions were over, the speakers were awarded with a Certificate of appreciation by Dr. Vinod Mathew, as a token of gratitude.



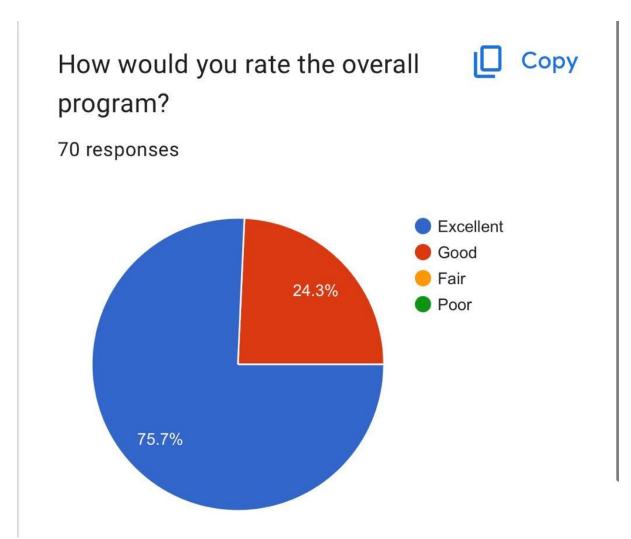
The session was concluded with vote of thanks by Dr. Vidhya Merin Vincent (Intern) at 04:00 pm.



Feedback of the event was collected from the participants via google forms. From this feedback it was noted that all the participants were satisfied with the lectures on the topic 'Achieving success with Zirconia restorations' and 'Fundamentals of Orthodontic clear aligner treatment '.

About 74.3 % of the participants found the content to be relevant and extremely good.

Around 98.6 % of the participants gave a response that they understood well about the topic.



About 77.1 % of the participants commented that the presenters were excellent.

All the participants agreed that the session was productive.

About 75.7 % of the participants rated the overall programme to be excellent.

The session was coordinated by Dr. Bastin Bright Cherian, Dr. Apsara P. B, Dr. Anugraha Mariam John, Dr. Fathima Fabin, Dr.

Joyce Hanna George, Dr. Merin Saji, Dr. Merrin Ann Koshy, Dr. Neena K John, Dr. Sruthy Krishna C S, Dr. Tracy Jose Thevary, and Dr. Vidhya Merin Vincent.

29th IGNITE SESSION PROGRAMME REPORT

The 29th Ignite session (CDE Programme) was conducted on 12th March 2024 at Pushpagiri Dental College auditorium from 9:30am to 04:00pm in association with 3M India Limited . The topic of the CDE programme was 'Post & core' & 'Anterior & posterior crown cuttting'.

All the registered participants are eligible for 6 KDC credit points (Ref.No. : CDE/12764/23/KDC). The session was observed by KDC Observer, Dr. Jose Jacob.

The CDE programme was coordinated under the guidance of Dr. Vinod Mathew.

The inaugural session started with a silent prayer followed by Dr. Joshy, welcoming and introducing the speakers.



There was a total of 93 participants which included 55 interns, 21 faculty members and 16 post graduates.

The first session was taken by Dr. Manikya Arabolu , MDS , Prosthodontist. She has been clinical practice since 2011. She completed her BDS and post graduation from Rajiv Gandhi University of Health Sciences , Banglore. She has developed her expertise in treatment planning and restorative dentistry through working with senior practitioners and top notch dental chains across Delhi, Mumbai and Indore as a Consultant Prosthodontist as well as a General Dentist. She has conducted more than 600 workshops on CDE across South India.

The first session started from 09:30am and dealt with 'Anterior & posterior crown cutting'.



Then there was a tea break at 11:00 am and the session restarted by 11:15 am & continued with same topic.



By 12.50 pm session about post & core started.

The session was interactive with time for doubt clearance as well, ended by 1.40pm followed by a lunch break.



The second session started by 2.00 pm and continued with "Post & Core".



Hands on session began by 2.30 pm where an index putty was provided to all who were in pairs with a prepared tooth(typho). Then separator applied over tooth. Everything was demonstrated by Dr. Manikya

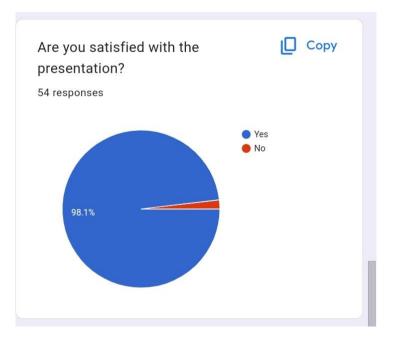
After the session was over a memento was presented to Dr Manikya Arabolu the speaker of the session by Dr Jose Jacob observer of the 29th Ignite session as a token of gratitude.



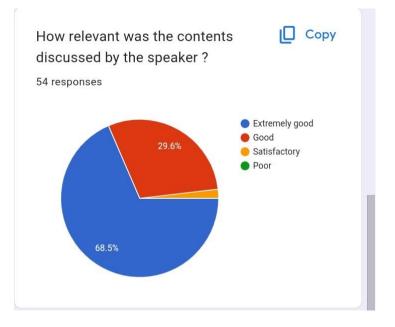
The session was concluded with vote of thanks by Dr Helga S Maria(Intern)at 4.00 PM.



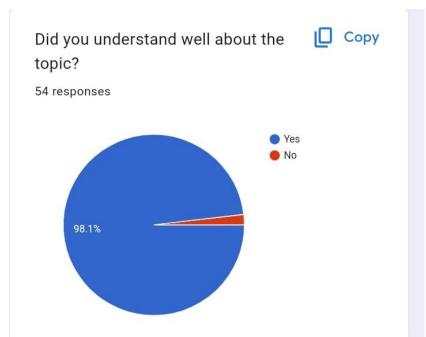
Feedback of the event was collected from the participants via google forms . From this feedback it was noted that all the participants wrere satisfied with the lecture on the topic 'Anterior and Posterior crown cutting' and 'Post & Core'.



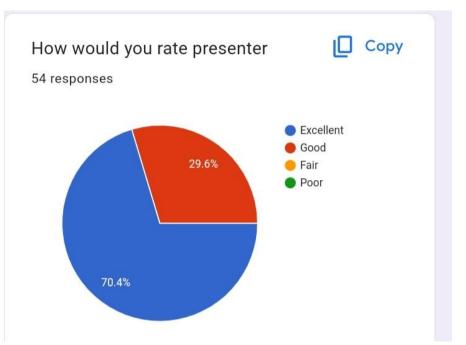
About 98.1% of the participants were satisfied with the presentation.



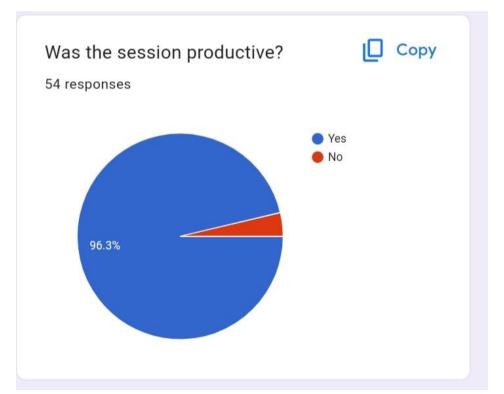
Around 68.5% of the participants found the content to be relevant and extremely good.



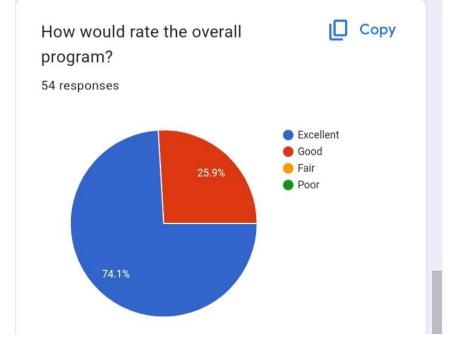
About 98.1% of the participant gave response that they understood the topic well.



70.4% of the participants commented that the presenter was excellent.



Almost all the participants agreed that the session was productive.



74.1% of the participants rated the overall program to be excellent.

The session was coordinated by Dr Helga S Maria , Dr Namitha M Moncy , Dr Agaja Biju , Dr Alan Reji , Dr Aleena Ann George , Dr Allan Santhosh ,Dr Catherine Joe , Dr Diana Peter , Dr Jeswin Joy , Dr Blessy



PCDS BOOK CLUB

GENERAL BODY MEETING

Date :04/09/23

Time: 01:30 pm

Venue: College Library ,7th Floor, PCDS

The PCDS BOOK CLUB was created to expand the college's literary horizons and to promote the sharing ideas between faculty and students. A total of 29 individuals, comprising faculty, interns and students became part of the group.

Decisions taken:

A book donation program for the library.

A designated WhatsApp group for the book club.

A notice board for announcing upcoming meetings and events.

A white board for displaying creative contents.



Dr. Akhilesh Prathap President Book Club



1.1

Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences



PCDS BOOK CLUB-EXECUTIVE MEETING

Date: 27/06/24

Time: 02:00 pm

Venue: College library,7th floor, PCDS

Mamebers gathered for a meeting to determine the course of action for the book donation program. All staff members and students have been informed about the forthcoming book donation and encouraged to donate books to the library. The program is set for July 1, 2024.

No. of participants from PCDS (UG+PG+ Faculty) = 4

Participants list (only of PCDS)

Slno.	Name of the Participants	Designation
1	Dr. Akhilesh Prathap	Faculty
2	Dr. Saumya V John	Faculty
3	Dr. Ananthakrishnan	Faculty
4	Vidhya Merin Vincent	Intern



Dr. Akhilesh Prathap President Book Club

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Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences





PCDS LITERARY CLUB ACTIVITY 1- DEBATE

Date: 18/10/23

Time:1.30-3.00pm

Venue: PCDS auditorium

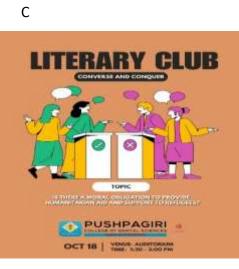
Organized by: PCDS literary club

PCDS literary club first meeting was held on 18/10/23, Wednesday in the college auditorium from 1.30-3.00pm. After a small interactive session we conducted a debate "Converse and Conquer" on the topic – "Is there a moral obligation to provide humanitarian aid and support to refugees? ". Dr. Minimol K Jhonny and Dr. Anandhakrishnan were present as the judges, Dr. Thomas Abraham as the interlocutor provided a very effective platform for exchanging ideas. This meeting could foster the verbal competence and confidence in its members.

No of participants from PCDS (UG&PG + Faculty) = 12

Participant list

Sl.no	Name of the participant	Designation (BDS/MDS/ Faculty)
1.	Dr. Minimol K Jhonny	Faculty
2.	Dr. Thomas Abraham	Faculty
3.	Ashlin Titus	Intern
4.	Agaja Biju	Intern
5.	Arpith James	Part 1
6.	Namitha	Part 1
7.	Abhishek Joshy	Part1
8.	Ashitha Sibichen	3 rd year
9.	Leenus Varghese	3 rd year
10.	Marvel Dani Charles	3 rd year
11.	Miriam	2 nd year
12.	Manasi Reji	2 nd year









Dr. Minimol k Jhonny President PCDS Literary Club

> Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

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RECORDING OF PUSHPAGIRI ANTHEM

Date: 25.03.2024

Venue: MACFAST

Organized by: Music Club

The members of the music club recorded the Pushpagiri Anthem at MACFAST Studio in Thiruvalla. The anthem will be played or sung at all official Pushpagiri functions.



Dr. Prameetha George Itticheriya President Music Club

> Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

thJ.





PUSHPAGIRI COLLEGE OF DENTAL SCIENCES MEDICITY CAMPUS, PERUMTHURUTHY



"TREE TALK: CONNECTING WITH NATURE"

Date: 31.10.2023

Time: 2:00 -2:30 pm

Venue: Medicity campus

Organized by: "Nature club"

The members of the Nature Club convened on campus for a meeting during which they engaged in an environmentally friendly initiative. They planted flowers and other plants in discarded plastic bottles, then hung on trees to promote sustainability and enhance the campus's natural beauty.

No of participants: 10



Nature club meeting

31/10/23





Perumthuruthy, Kerala, India CH64+XCR Pushpagiri backwaters, Kollam - Theni Hwy, Perumthuruthy, Kavumbhagom, Kerala 686548, India Lat 9.412536° Long 76.555722° 31/10/23 02:56 PM







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Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

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Dr. Sharlene Sara Babu President Nature Club





WORLD NATURE CONSERVATION DAY

Date: 27.07.2023

Time: 1:30 -2:30 pm

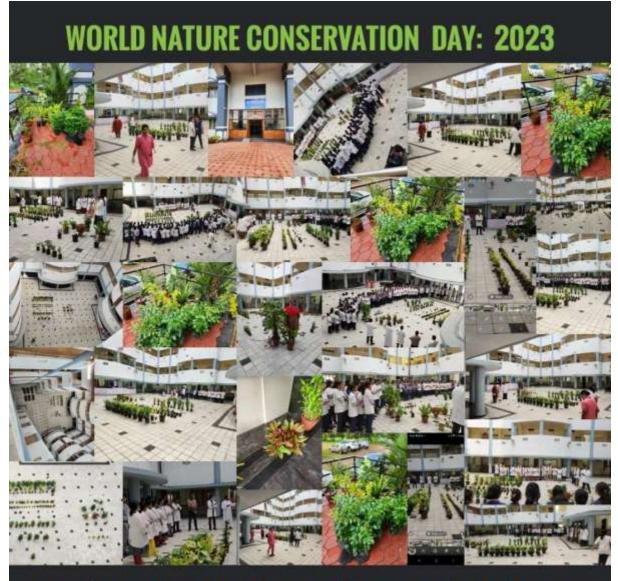
Venue: PCDS Foyer

Organized by: "Nature club"

The staff and students of the nature club generously donated saplings and plants, which were subsequently potted in various locations throughout the college campus. This collaborative effort not only enhances the aesthetic appeal of the college environment but also contributes to biodiversity and promotes environmental awareness among the campus community. The initiative underscores the commitment of both staff and students to sustainability and ecological responsibility.

No of participants: 150





Pushpagiri College of Dental Sciences

Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

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Dr. Sharlene Sara Babu President Nature Club









BLOOD DONATION CAMP

Date: 25.10.2023

Time: 8:30 am -1:30 pm

Venue: PCDS Exam Hall - 1

Organized By: "Maithri" - Social Service Club and NSS

The blood donation camp was conducted by the blood bank of Pushpagiri Medical Hospital. Rev. Fr. Aby Vadakkumthala inaugurated the blood donation camp. Dr. Aby Mathew, Principal gave a briefing of the blood donation and the social club activity club. 46 students had registered for the camp, but only 24 were selected to donate blood. Juice and biscuit were provided after blood donation

No of participants: 50

24 October 2023 CIRCULAR There will be a Blood donation camp organised by NSS and Social Service Club or 25 10.2023 from 8.30-11.00pm at Examination Hall 1. Alist of students and faculty who have enrolled are attached with the circular. J J Benney George Vice Principal (Administration) Copy to: Director Institutions Departments OMR OMFS Public Health Perio Pedo Ortho			G OF PUSHPAGIRI N			
There will be a Blood donation camp organised by NSS and Social Service Club o 25 10.2023 from 8:30-1:00pm at Examination Hall 1. A list of students and faculty who have enrolled are attached with this provide. Dr Benkey George Vice Principal (Administration) Copy to: Director Institutions Departments	24 Octob	er 2023				é.
A list of students and faculty who have enrolled are attached with this crowlar.			CIRC	ULAR		
A list of students and faculty who have enrolled are attached with this prouter.	There wi 25 10.20	I be a Blood 23 from 8:30-1	donation camp orga 00pm at Examination	nised by NSS 1 Hall 1.	and Social I	Service Club or
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Dr. Miranda President Social Service Club

> Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

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Old age home visit

Date: 15-12-.2023 Time: 8:30 am -1:30 pm Venue: Jeevan Jyothi.

Bethany Ashram , Thiruvalla

Organized By: "Maithri" - Social Service Club and NSS

Description:

On 12th December 2023, the Social Service Club of Pushpagiri College of Dental Sciences, Thiruvalla organized a visit to Bethany Ashram as part of its community outreach program. A group of students and faculty members departed from the college at 9:30 AM by bus, eager to spend quality time with the 20 elderly residents of the ashram.

The event began with a warm welcome by the ashram staff. Marina Roy, the program's compere, initiated the activities with a cheerful and engaging introduction. The students performed a carol song, spreading the festive spirit and bringing smiles to the residents' faces. This was followed by a cake-cutting ceremony, which added joy and a sense of togetherness to the celebration.

Fr. Aby Vadakkumthala delivered a heartfelt Christmas message, emphasizing the values of love, compassion, and sharing. His words inspired both the students and the residents, reinforcing the spirit of the season. As a gesture of goodwill, the college donated a sum of money to support the ashram's activities and its care for the elderly.

The visit concluded with heartfelt interactions between the students and the residents, leaving both parties with warm memories. The team departed from the ashram at around 12:30 PM, enriched by the experience of giving back to the community.

This visit not only brought joy to the residents of Bethany Ashram but also served as a meaningful lesson in empathy and social responsibility for the students. It was a successful initiative that truly embodied the spirit of Christmas and the essence of service.

Staffs

1. Dr Miranda

- 2. Dr. Tibin
- 3. Dr. Sunu
- 4. Dr. Lovin

Interns

- 1. Harikrishnan
- 2. Arya
- 3. Sruthy
- 4. Alan
- 5. Jeswin
- 6. Bastin
- 7. Sandra
- 8. Catherine Joe
- 9. Swathy
- 10. Kareena
- 11. Apsara
- 12. Neena

Students

- 1. Krishna Joshy
- 2. Grace
- 3. Krishna sree
- 4. Sherin

2 Non teaching staffs

No of participants: 23

Photos of circular and old age home attached below

Dr. Miranda President Social Service Club



We, *Maithri*, the Social Service Club is planning to celebrate this Christmas by lighting up some lives at

Venue: Jeevan Jyothi (Bethany old age home)

Time : 10 am to 12 pm







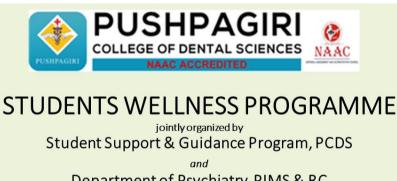


STUDENT WELLNESS PROGRAM

Date: 12.12.2023Time:11:00-1:00pmVenue: PCDS AuditoriumOrganized by: Student support and guidance cell and Department of Psychiatry

The student's wellness program was inaugurated by Dr. Roy Abraham Kallivayalil, Professor and head of the department of Psychiatry, Pushpagiri Institute of Medical Sciences and Research Center. Dr. Sunil S, Vice Principal (Academic); Dr. Elizabeth Joseph and Dr. Sunu Alice Cherian, Nodal Officer, Student guidance and Support Cell, post graduate students and the faculty of Psychiatry department were present. First BDS students were divided into groups for discussion. The group leaders gave their feedback.

No of participants from PCDS = 50



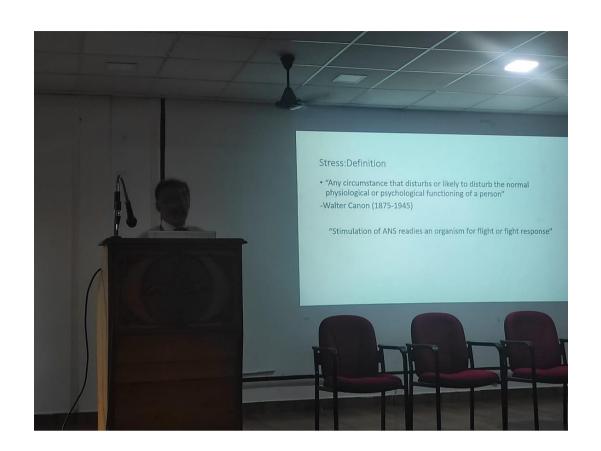
Department of Psychiatry, PIMS & RC Date: 12.12.2023 Time: 11:00 am-1:00 pm Venue: PCDS College auditorium



Fr. Aby Vadakkumthala Director, Institutions



Chief Resource person: Dr. Roy Abraham Kallivayalil Prof & Head, Department of Psychiatry









FEEDBACK FROM STUDENTS

Joanna:

The students wellness program was a really helpful and informative program that helped me to learn and understand about how I could manage stress admist the busy and tight schedules that we have. We had a very interactive session with our mentor Lal sir who was very keen on knowing and understanding our problems. He made sure each one of us were comfortable which formed a good rapport between us. One of the things he said that struck me was, not adjust to a situation instead understand the situation and learn to deal with our problems. The session ended quite early due to time constraints, however it was a very well conveyed and conducted.

Liz:

First of all, I would like to thank our teachers for organising such a wonderful session for us. Our group session was led by Sir. Vijaylal. After the initial introduction and enquiry about our daily troubles and hardships, he asked us about the things we do to outlive these stresses. There, he focused on the need for a good sleep, and it's benefits. Sir told us to have a positive mindset and to focus on our hobbies or talents when feeling down. Lastly and most importantly, he said that we will face a lot of challenges in the future, and during those times, we must learn to understand rather than adjust to those situations. All in all, it was a pleasant and uplifting session.

Josna :

I had a wonderful experience during the student welfare session. Sir guided us into understanding the circumstances we are in rather than adjusting to it. He enquired each of our problems. He even gave us tips on studying such as dealing with easier subjects on the first go and sparing time for tougher subjects later on. Thank you so much Sir for your guidance.

Archana :

It was such a wonderful short session about stress relief. interactive session was so helpful.

Abhijna:

The session was very helpful and helped us in stress management and how to overcome study related issues. It was a fruitful session. We inquired about how to study more effectively and it was helpful too.

Angel:

The student wellness program was a very essential thing through which we got to think

about our reasons for stress and many stress-controlling methods. The team supported and uplifted our minds.

Kezia Mariam George (Leader- Group 3)

In the recent years, celebrities and influencers are opening up on stress, anxiety and depression they have been facing. This has eventually led Mental Health to be a factor that is gaining quite a lot of attention in the recent years.

The team for Student Support Cell headed by Dr. Elizabeth Joseph and managed by Dr Sunu Alice Cherian recently partnered up with the Psychiatry department of Pushpagiri Institute of Medical Science and Research Centre to host a Mental Wellness session for 1st Year BDS Students. The session was led by Dr Roy Kallivayalil and his team of dedicated doctors. The class enlightened our knowledge and understanding on Mental Wellbeing. Post the main talk, we were divided into groups of four.

The leader of Group 3 and the session was led by Dr Soumya P. Thomas. We had shared with Dr. Soumya on the challenges we have been facing in our academic life and sought her suggestions on how to sail through our academic life with ease. Doctor put forward effective and practical solutions on how we can effectively tackle every difficult situation. The session was insightful, encouraging and productive. This golden opportunity has definitely helped to broaden our understanding on various factors that can be adopted to take care of our mental wellbeing.

Mithul Pappachan

The Student wellness program was led by the psychiatry department of PIMS. It had been a good class on stress management. The group discussion helped everyone to share their worries and thoughts. Many ideas were shared by Soumya mam to overcome stress and how to solve the difficulties in studies. Time management was another topic which was discussed in the session. All the students were thankful for this opportunity as it was very much needed.

Tania Thomson

After getting into the new phase of our life we expect more, fear more and have more stress too, but through the wellness program I could speak out my problem without anyone judging

me. The doctor who was appointed to us was a really good listener who taught us not to live on others expectations but rather on our own and also that time will solve every problem.

Nandana Gopinath

The students' wellness program conducted was really helpful. I'm really glad that they incorporated this kind of awareness class on stress, responsibility, anxiety and all in the early days of our campus life. I think as we are facing our first internal exams next month it was really helpful to know about regulation of stress while studying, importance of small breaks during long study sessions, also management of time. The group wise discussions were so beneficial as we were also able to hear our friend's problems and solutions. Overall, the program was wonderful and made my take on stress different. Thank you Pushpagiri College for this amazing opportunity.

K. Afsiya

The session which was organised by student welfare association was an effective one. Some of the students raised their questions on how to study effectively with time management for that Sowmya mam from psychiatric department put forward various measures that we could include in our studies which we felt really helpful. The objective of the session was on how to deal with stress, after the program I felt relieved and thought of adding the new tips to my studies. They made us understand on the fact that studies is not actually stress but it's our responsibility.

Dr. Elizabeth Joseph SSGP Nodal Officer Dr. Sunu Alice Cherian SSGP Nodal Officer



Dr. Aby Mathew T. MDS Principal Pushpagiri College of Dental Sciences

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